

# THE ECHO

CALIFORNIA LUTHERAN UNIVERSITY

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February 4, 2009

## Dreams become reality at CLU

In a tough economy, projects are still on track

By Natasha Spiroff  
*Echo Staff Writer*

Changes are coming to the California Lutheran University campus.

A new residence hall, community swimming pool and more on-campus parking spaces are just some of the construction projects that are planned to contribute to the growth of CLU.

Two of the most recently completed projects are the community pool and the Poulson Tennis Center.

The Conejo Recreation and Park District and the city of Thousand Oaks teamed up with CLU to build the new pool. Construction has been

completed and a ribbon cutting ceremony is set for Feb. 20 of this year. Upon its opening, the pool will be open to the community members in addition to acting as a warm-up pool for athletes.

Near the new pool is the Poulson Tennis Center, the new home to the tennis courts previously located on Faculty Street. The courts have been open to the CLU tennis teams since their return to campus. An official dedication is scheduled for Feb. 21.

"It is exciting that the university is financially strong enough to continue these projects," said Bill

Rosser vice president of student affairs. "It is great not to have to stop because of lack of financial confidence."

The Swenson Center for Academic

campus' first (Leadership in Energy and Environmental Design) building, will be built in the space previously occupied by the tennis courts. In order



Photo by Doug Barnett

A construction worker carries a ladder through the second floor of Trinity Hall. The building is expected to be ready for the Fall 2009 semester.

for a building project to gain LEED certification the building must meet the green building and performance measures as outlined in the 'Green Building Rating System' developed by the

U.S. Green Building Council.

The decision to make the Swenson Center a LEED-certified building fits in with the goals of CLU's Sustainability Task Force, a group of CLU faculty and administrators that share the desire to make the university more eco-friendly.

"I think universities need to take a leadership role in being good stewards of the earth," said Ryan Van

Ommeren, associate vice president for facility operations and planning in an upcoming issue of the CLU Magazine.

The new Swenson Center is on track for the ground breaking ceremony to take place this spring.

In addition to the pool and the new tennis center, North Campus will soon be the home to the new KCLU Broadcast Center and Facilities buildings and the Early Childhood Center.

The KCLU project is still in its fundraising stage but is close to the amount that is needed

to begin construction. The two-story building will contain improved broadcasting facilities, a newsroom and classrooms for students.

The new facilities building will provide more storage space for the facilities department and create 113 new parking spaces for general-campus use.

Junior Andrew Walker is looking forward to the additional

parking that is coming to the CLU campus. "I am very excited. It's always a toss up whether or not you're going to find a good place to park," he said. "I've just resorted to walking

everywhere so I don't lose my spot."

In addition to the parking spaces connected to the new facilities building, Trinity Hall will also make more spaces available to students.

For more information on CLU construction projects, visit the construction Web site at <http://www.callutheran.edu/construction>.

"It's exciting that the University is financially strong enough to continue these projects..."

— Bill Rosser



Photo by Doug Barnett

A construction worker cuts pieces of wood in front of Trinity Hall. In tough economic times CLU is hopeful for Trinity Hall to be completed on time in Fall 2009.

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Dance team finishes year with a sixth place win.

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Students lead worship during Common Ground.

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Kingsmen look for two-straight against Oxy.

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## Quick connections on CLU's campus

By Ben Hogue  
*Echo Staff Writer*

The Lord of Life student congregation encouraged students to "come connect with people new and old" in its annual "Connect in 60 Seconds" event last Wednesday.

The informal meet and greet was "like speed dating, but cooler" as the promotions advertised.

The set-up was simple: introduce yourself, usually the most awkward part, and the question for conversation was asked. Then, you were left to your own devices to chat away. The answers, sometimes predictable, would slowly turn less awkward and deviate to side conversations, even with a few follow-up questions once in a while. After about a minute or so, participants would rotate to a new friendly face to meet.

"My friend invited me and I thought it sounded fun," sophomore Amber McGaw said. "It was so awesome to meet some new people and the cookies were good too!"

However, for some it was a chance to reconnect and catch up.

"I just got back from studying abroad in Australia and I wanted

to meet new people," junior Stephanie Crabe said. "I have been feeling like I don't know anybody on campus so I decided to come with my friend."

The cookie break in the middle allowed most participants to retreat to familiar faces and helped others to make a get-away through the front door, but some stayed to chat some more.

Senior Daniel Fernandez, an organizer for the event and a member on the Lord of Life Council, said the group wanted to provide an outlet for students interested in meeting new people.

"This event was very successful," Fernandez said. "Although we had more students last semester, with many more freshmen participating and wanting to meet other students."

The Lord of Life Council will be organizing events like this one in the future so students have more opportunities to get to know their peers.

However, every week the council provides students a chance to connect through worship with the Sunday evening Lord of Life congregation service and common ground on Wednesday nights.



Lion Dancers captivate the audience with their traditional dance.

Photo by Eric Vaughn

## Chinese celebrate New Year with an Ox

By Kelsey McBride  
*Echo Staff Writer*

Students at California Lutheran University embraced the year of the Ox by celebrating the Chinese New Year in the Lundring Events Center on Friday.

Chinese food, calligraphy, paintings, musicians, dancers, Tai Ji, artists and an acrobatist were displayed at the event.

"We want to introduce the students to the Chinese culture," said Debby Chang, a lecturer in Chinese.

This is Chang's third year helping organize this event. "The turn out doubles every year," she said.

She teaches many Chinese classes at CLU.

"I think teaching a language is not enough, you have to show them the culture," she said.

This is the year of the Ox. The Ox years are 1913, 1925, 1937, 1949, 1961, 1973, 1985 and 1997. According to Chinese Zodiac, Ox people are dependable and calm. They are good listeners and have very strong ideas.

President Barack Obama, born in 1961, is a person of the year of the Ox. The Ox is generally easy going, but they can be very stubborn and have a fierce temper.

Those born in the year of the Ox are patient, speak little and inspire confidence in others. The Ox is smart, trustworthy, caring and honorable.

The Chinese Zodiac is based on a legend about the Jade Emperor who

invited all animals to participate in a race and the winners would be chosen as the zodiac animals. In the race the animals had to cross a river.

Since the rat and cat cannot swim they hitched a ride on the back of the Ox. In the middle of the river the rat pushed the cat into the river.

The Chinese believe this is why cats are afraid of water today and like to chase rats.

The race determined the order of the zodiac signs. The rat was first, followed by the ox, tiger, rabbit, dragon, snake, horse, ram, monkey,

"I think teaching a language is not enough, you have to show them the culture."

— Debby Chang

rooster, dog and boar. The cat was too late and therefore did not get a place in the Chinese Zodiac. Next year is the year of the tiger.

Chinese culture places a great deal of importance on symbols. For New Years, people wear red because it's good luck. The Lundring Events Center was covered with red Chinese decorations and lanterns.

"I need to wear more red for good luck," Chang said.

The event began with a traditional Chinese dinner. Chinese food is the most important part of a traditional Chinese new year celebration. Every dish served at the event had symbolism.

Dumplings and egg rolls represent wealth, oranges are good luck, apples are peace, noodles represent long life and fish symbolizes abundance.

The event was so successful that the Multicultural and International Programs ran out of food and had to go purchase more.

After dinner the event consisted of a traditional dance by Zhang Nan Dance and Acrobatic Ensemble, which was followed by a Tai Ji Fan demonstration, which is the slowest form of martial arts.

Next CLU students performed a Chinese rap called Shuai Ge Mei Nu Tuan, followed by traditional Chinese music performed by Ze Cong and Zach Nelson.

After that acupuncture, a traditional Chinese medicine, was demonstrated by Dr. Qireng Wang and performed on a number of students. One of the masters of ceremonies, Victor Jones, had the opportunity to have acupuncture demonstrated on him.

"It felt good. It did not hurt at all. It worked. It was pretty cool," he said.

The event came to an end with martial arts demonstrations, a hip hop performance and an origami demonstration.

The Multicultural and International Programs was very pleased with the turn out at the event.

"Last year we had a lot of community members and this year there were a lot more students," Mari Stromsvag said.

**"The Word" is now accepting  
2009 submissions. If you do  
photography, write poetry,  
draw, paint, or journal  
and would like your work  
published, please feel free to  
submit your work today!**

**Send your work to:**

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**Chaz Hodges at [Chodges@clunet.edu](mailto:Chodges@clunet.edu)**

**Or**

**Assistant Editor,**

**Jakie Rodriguez at**

**[Isrodrig@callutheran.edu](mailto:Isrodrig@callutheran.edu)**

# New venue and look for leadership institution

By Aaron Hilf  
Echo Staff Writer

California Lutheran University will be holding its 13<sup>th</sup> annual Leadership Institute at the Ronald Reagan Presidential Library in Simi Valley on Saturday, Feb. 21st.

The theme of the day will be "Where Are You Headed?" and will consist of many speakers and workshops dealing with a variety of work experience tips, ideas and insight into their professional worlds.

"I hope it's a day that students can listen and learn from people who have 'been there, done that,'" said Amanda Whealon, coordinator for Student Leadership and Programs.

This free event is open to all CLU students and welcomes not only campus leaders, but those who take leadership roles in all parts of their communities and lives, in and outside of school.

"We want to branch out from the normal definition of leadership and find those who show these qualities in every aspect of their lives," Whealon said.

The day will consist of three sessions and will have speakers from a variety of different professional backgrounds, including resume building, career planning and workshops to help you get ahead.

Speakers include CLU alumna Alex Mallen, who will be advising on audience networking and Maryland Senator, "American Joe" discussing leadership and youth in politics. Dr. Rev. Howie Wennes will be covering servant leadership.

"We are focusing on giving students the opportunity to gain tangible tools and information to help them make decisions for the next step of the professional and academic lives," Whealon said.

Students must sign up online through the campus life portion of the CLU Web site and RSVP that they will be attending. Registration for the event is open until Feb. 19<sup>th</sup> at 5:00 p.m. Students are required to RSVP to attend and lunch will be provided by Ronald Reagan Presidential Library catering staff.

"We're hoping that this year

will be even bigger than last year," said sophomore McKenzi Hurick, Student Leadership and Programs intern.

The Leadership Institute has typically been held on campus. This year, Student Leadership and Programs wanted to bring it off campus as a way to give students something to do in the surrounding area and gain valuable knowledge in return.

"We have a very unexpected gift for people," said junior Lauren Anderson, Student Leadership and Programs intern. "Students will also be able to take free tours of the Reagan Library afterwards."

With this year's revamp of the traditional on campus Leadership Institute, Whealon and her staff hope to bring a wide variety of participants to the event.

"We are trying to reach out to all student leaders, whether it is in athletics, academics, clubs or their communities," Whealon said.

For more information or any questions regarding the Leadership Institute please contact Whealon in the student life office.

# More students for largest freshmen class

By Kailee Loughlin  
Echo Staff Writer

It is not uncommon to walk across campus and see a few familiar faces along the way. But what about the faces you don't recognize? These students could very well be one of the 70 new transfers that were admitted into California Lutheran University for this spring semester.

Out of the 70 spring transfer students, 30 of whom are incoming freshmen.

However the numbers didn't correlate with Orientation with only 20 freshman and about 20 transfers showing.

Five are international students coming from Taiwan, the Netherlands and Sweden. Some of these international transfers met students from CLU who were studying abroad in their home country.

"A few of the international students are actually in an exchange program. They met CLU students who are abroad [in their country] and were encouraged to come to CLU for a semester," said Kristin Price, assistant director for student life.

Among the transfer students, three-fourths of them are male, which is unusual since the majority of incoming students are typically female.

"I chose to come to CLU because of the location, the small size and the academic scholarship I received. I knew I wanted to go to college somewhere in southern California so CLU was easy to come to. Everyone's real friendly," said John Mussatto, a sophomore transfer from Kansas State University.

Like incoming freshmen, transfer students are assigned transfer peer advisors to help

them comfortably transition into life at CLU. This spring there are six peer advisors in teams of two per group.

"I always tell my peer students to get involved on campus! Intramurals, clubs, service days and events like The Need and Club Lu are great ways of meeting new people and making new friends," said Kevin Holt, one of the transfer peer advisors and a former transfer student.

The sense of unity on campus is a positive factor for transfer students, many who are coming from bigger universities.

"It's really easy to get involved on campus. I don't feel like a number at this school so if you don't want that feel, this is the place to come to," Mussatto said.

The personable atmosphere that surrounds the campus transfers over into the classrooms, as well. The student-teacher ratio is comforting; especially when classes aren't taught by teacher's assistants. Also, the abundance of clubs and organizations on campus gives students the opportunity to get as involved in the school as possible.

"Not that I wasn't told this, but I think it is important to reiterate that there is something for everyone at CLU," Holt said. "This campus embraces its great diversity of students with its various clubs and organizations."

The transfer peer advisor program is helpful because it is geared specifically toward transfers. To add even more of a comfortable setting, these spring transfer students are split up into their grade level.

"Students are looking for a community within a community like CLU because that's what they're used to," Price said. "CLU has a small community feel."

# Wes Rodgers

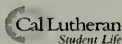


Come and see 3 time Need Veteran Wes Rodgers play his soul-rock-pop music, which garners unique, inspirational lyrics accompanied by emotionally, irresistible melodies that comb through his experiences with love and loss, fulfillment and failure, the good, the bad, and the worst.



February 11, 2009  
10:10 pm • SUB  
Free refreshments!

Questions, please email [need@callutheran.edu](mailto:need@callutheran.edu)






## 2<sup>nd</sup> Annual Black History Month Open Mic Night!

Come and show respect to the present and past African American Leaders and Hero's. It will be a night of poetic expression, food, and fun!

It will take place Wednesday, February 11, 2009.  
At 7:00pm. in the SUB.

For more info, contact Chaz Hodges at  
[Chodges@callutheran.edu](mailto:Chodges@callutheran.edu)

## Around the Campus

WEDNESDAY February 4	THURSDAY February 5	FRIDAY February 6	SATURDAY February 7
<b>Sustainability in Action:</b> <b>Greening Lessons Learned</b> <b>from the Democratic National</b> <b>Convention</b> 4 p.m. SUB  <b>The Need: Justin Klump</b> 10 p.m. SUB	<b>100 Days Party</b> 8 p.m. Sunset Hills Country Club  	<b>Nordic Spirit Symposium</b> 5:30 p.m. Samuelson Chapel	<b>Athletics Food Drive</b> 5 p.m. Gilbert Sports and Fitness Center
SUNDAY February 8	MONDAY February 9	TUESDAY February 10	NEXT WEEK ON CAMPUS
<b>Lord of Life Student</b> <b>Congregation</b> 6:15 p.m. Samuelson Chapel		<b>"All our dreams can</b> <b>come true, if we have</b> <b>the courage to pursue</b> <b>them."</b> ~Walt Disney	<b>Valentines</b> <b>Day</b> 

## Justin Klump

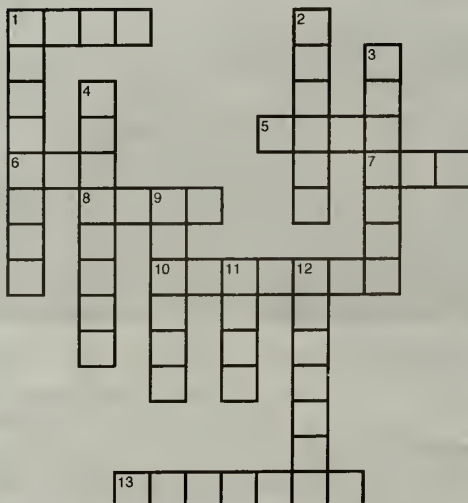
Justin's sound combines sophisticated guitar playing, with acoustic Folk-Pop tendencies.



February 4, 2009  
10:10 pm • SUB  
Free refreshments!

Questions, please email [need@callutheran.edu](mailto:need@callutheran.edu)

## BASEBALL



### ACROSS

1. Baseball players are usually safe here.
5. Leather object worn on hand to catch baseballs.
6. Metal or wooden object used to hit the bat.
7. Hat worn by baseball players.
8. A ball hit out of bounds.
10. Player who throws the ball over the home plate.
13. The area between the three bases and home plate.

### DOWN

1. A game played on a diamond.
2. A baseball game has nine such divisions.
3. Catches the ball thrown by the pitcher.
4. The area of the field furthest from the batter and outside the diamond.
9. Calls balls and strikes.
11. Group of people playing a game.
12. When a player can run around all the bases on just one hit.

## Students grow spiritually at Common Ground

By Michelle Schwartz  
*Echo Staff Writer*

Every week students can attend a relaxing and musically-charged event to take a break from classes and stress.

One of the possibilities on the California Lutheran University campus is Common Ground, the student-led religious gathering where about 70 students shared fellowship last Wednesday.

This mid-week event is a relaxing time for students to take a break from their classes and

"[Common Ground] gives me the chance to find a sense of peace that is so easily lost in daily life."

— Lindsay Riddle

stress.

Kyle Hansen, a senior at CLU, is one of the leaders of Common Ground, and has been involved in the program since his freshman year.

"Common Ground has helped in times of need," Hansen said, "When stress levels get too high either because of school or friends I always could rely on Wednesday nights. I knew

I would walk back to my dorm room with a smile on my face."

Every week at Common Ground, one student leads a devotional and shares a personal story about his or her religion or relationship with God.

Along with the devotional there is communion, prayer and music.

Music plays a big part of Common Ground.

CLU students Lindsey Riddle, Katey Wade and Karen Emmert lead the music this past week. Riddle, a senior, says she feels blessed to be able to use her gifts to make help make Common Ground happen.

"It gives me the weekly chance to gather with my peers in the presence of God and find a sense of peace that is so easily lost in the busy routines of daily life."

The theme of Common Ground, being a break from the busy week, is popular among most of the students I talked to that attend the event.

For junior Katey Wade, Common Ground is a great spiritual and musical outlet that she can enjoy with her peers.

"We're able to come together with the same burdens and stresses and really let them go," said Wade.



Photo by Eric Vaughn

Kyle Hansen shares communion with Katey Wade at Common Ground, a meeting for prayer, worship and song.

This religious community has really grown over the last few years at CLU.

For Hansen, it has been great to see the event really bloom.

"We try to keep Common Ground an open atmosphere and will always keep the doors open to anyone that wants to simply test it out," said Hansen.

Wade, who studied abroad this past fall, came back to a

very crowded service.

"I'm used to crowds of about 30-50," said Wade, "I came back to visit people before winter break this year and help lead with Karen and Lindsey and it was insane!"

Common Ground regulars are pleased to see the event becoming more popular for students.

"Running out of space at a church service is a wonderful

problem to have," said Riddle, "My co-leaders [Karen Emmert and Kyle Hansen] are really great at inviting people and spreading the word."

I think that is why Common Ground has grown this year."

For more information about Common Ground, visit: [www.callutheran.edu/university\\_ministries/](http://www.callutheran.edu/university_ministries/).

## CLU team dances its way to success



Photo by Maxx Buchanan

The CLU Dance Team performing in unison during halftime of the CLU girls' basketball game.

By Jen Reissman  
*Echo Staff Writer*

Once again, the women on the CLU Dance Team have proven themselves by placing 6<sup>th</sup> in the nation in the College Cheerleading and Dance National Championship.

Upon arrival at the Walt Disney World Resort in Florida, the CLU Dance Team was ranked 18 out of 38 teams.

Emily Cowles, who is one of the senior co-captains, explained that getting to nationals wasn't an easy process and there was a lot to do in order to get there.

To qualify for nationals and receive a ranking the team had to record their routines and send it in for the preliminary rounds to the competition.

Besides for sending in the preliminary video, there was also a lot of work that the women had to do in order to prepare for nationals.

Fina Lopez, who is also one of the senior co-captains, said that there was a lot of fundraising that the team did and that they were lucky enough to have almost all their expenses paid for by their fundraising efforts.

Their biggest fundraiser is

ongoing throughout the year and is held at Borderline Bar and Grill, said Lopez.

Another event that they held that helped the dance team out was the fundraiser they held at Outback Steakhouse.

In order to get the ranking they did at nationals a lot of practice had to be done.

"We practice three days a week and come back early in August and January," said Kelly Butler, senior co-captain.

At nationals they competed in two different competitions, hip-hop and jazz.

The team hired someone to help choreograph the routines for nationals so that they would be unique and exciting for people to watch and enjoy.

Lopez explained that the jazz routines are a lot more technical than the hip-hop routines but both are still fun to do.

The team competed in the open division category.

In the jazz portion of the competition they competed against 30 other teams and in the hip-hop portion they competed against 24 other teams.

The women were just a few points off from making it into the finals for the jazz competition but out of the 24 teams that competed in the hip-hop competition only

16 teams went to finals and the CLU Dance Team was ranked 4<sup>th</sup> going into the finals.

Their performance in the final competition led them to 6<sup>th</sup> place in the final round.

"Being in 6<sup>th</sup> place is so rewarding. The team that got 5<sup>th</sup> place, Orange County College, are our idols so it felt amazing to be right next to them," said Cowles.

"The whole competition was just awesome, I mean it was at Disney World!"

The women feel so privileged that they were able to compete against so many other great teams from across the country.

The team expressed excitement over getting a chance to go to Disney World to compete.

"Well it was my fourth year going but still as fun as ever," said Butler.

Try-outs for the 2009-2010 competition team will be held mid-April. For more information about the dance team e-mail [dance.team@yahoo.net](mailto:dance.team@yahoo.net).

## THE ECHO

California Lutheran University  
2008-2009

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# Immigration examined in award-winning film

By Amanda Lovett  
Echo Staff Writer

The Sundance Film Festival's best documentary of 2000, "Well-Founded Fear," which focuses on the immigration process of gaining asylum in the U.S., was presented in the Reel Justice Documentary Series last week.

The event was co-sponsored by the Center for Equality and Justice and Student Leadership Programs.

The film, by Shari Robertson and Michael Camerini, sheds light on both sides of the spectrum of the Immigration and Naturalization Service and the immigrant stories of people who are trying to gain asylum to live legally in the U.S.

"A film like this gives us perspective on what we have, and what people go through to be in this country," said Dr. Don Waisanen, communication instructor.

Adjudicating immigration officers decide the fate of immigrants who have fled their home country on the basis that it would not be safe for them to return home due to persecution.



If an immigrant's story is judged to be a legitimate one of persecution due to politics or religion in their home country, the person is granted asylum and can begin the path to citizenship in the U.S.

However, if the person is initially rejected due to circumstances or insufficient credibility, he or she is referred to an immigration judge for a decision.

According to the documentary, only one out of five cases that are referred to an immigration judge are granted

enough to grant asylum.

"The hardest thing about this job is the things we can never say," he said.

Another INS officer remarked on his decision to refer a woman from Algeria, a decision he made almost regretfully.

"Strictly to better their lives is not grounds for asylum," he said.

Among the immigrants who were granted protection included a man who had been beaten and tortured in a prison for weeks because of his military service.

refuge.

"When you read these files, you remember just how important the decisions we make are," said Gerald Brown, an INS officer featured in the documentary.

Another officer shared his feelings regarding an immigrant in a desperate situation that was not credible

The INS officers based their decisions on whether the answers the immigrants provided were plausible, and if there was an affirmative threat to their lives due to legitimate persecution.

Some of the cases that were referred to an immigration judge were eventually granted asylum including the woman from Algeria who was persecuted due to her religion. The case was granted based on a mistake that the INS officer made in accusing her of insufficient credibility.

For some students at California Lutheran University, such as senior Cheyanne Anderson, who was in charge of the advertisement and

showing of the documentary, these stories are ones that they have heard before.

"This film was really, really powerful," Anderson said.

"All I could think about was a friend of mine who is here on asylum and is being questioned of his refugee status. So it hit really close to home."

In today's society it is estimated that there are 1.1 million people who are trying to achieve refugee in the U.S. alone.

"This could be us. We are all citizens of the world," Waisanen said. "It gives us the imagination to step into each other's shoes and see what they have to go through and the complexity of the immigration process."

Documentaries are shown at least once a month in the Student Union Building. Future showings will include "Negro Zone" on Feb. 10 in honor of Black History Month, "Sicko" on Feb. 17, "The Gleaners and I" on March 3 and "Go Further" on April 14.

In today's society it is estimated that there are 1.1 million people who are trying to achieve refugee in the U.S. alone.

"All of the documentaries are relevant to inform students of the pieces of our world. Not just the issues, but visually demonstrating life experiences,"

said Kristin Price, event coordinator. "These documentaries allow us to start thinking outside the box at this university."



Friends, hors d'oeuvres, memories and cheers... join us to celebrate the past four years!

**SENIORS!** Come dance the night away at Sunset Hills Country Club to celebrate the last 100 days until graduation! Free appetizers will be served along with the opportunity to purchase cocktails at the bar.

Sponsored by Alumni and Parent Relations  
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Thursday, February 5, 2009  
8:00 – 11:00pm  
Sunset Hills Country Club  
4155 Erbes Road  
Thousand Oaks

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Thousand Oaks, CA 91360  
(In the Best Buy plaza, next to Ross)

# Safety first for alumni sheriff

By Emily Peterson  
Echo Staff Writer

Cmdr. Jeff Matson, a former manager of the sheriff's department's Technical Services Bureau in Thousand Oaks, is being appointed as the new police chief.

Matson is a California Lutheran University alumnus and graduated with a master's in public administration in 2003. He received his bachelor's in business administration from CSU Northridge.

Dedicated to his career and familiar with the local area, this former assistant chief of police at the Thousand Oaks and Moorpark departments has been working with the Thousand Oaks department since 1983 and is embarking with a new job title starting in 2009.

"Jeff is highly capable and very professional," said Dr. Herbert Gooch, the director of Masters in Public Policy and a professor in political science at CLU. "We are very proud of him," he said.

Jeff Matson is replacing police chief Cmdr. Dennis Carpenter as Carpenter accepts a position as chief deputy of the Ventura

County Sheriff's Department (VCSD).

Matson was chosen for the police chief position from a list of candidates by Scott Mitnick, city manager, which was given to him by VCSD officials.

"Jeff's extensive experience, intimate knowledge of the Thousand Oaks community and proven track record make him the ideal candidate to build upon our foundation

"Jeff's extensive experience, intimate knowledge of the Thousand Oaks community and proven track record make him the ideal candidate."

— Scott Mitnick

of world-class public safety," Scott Mitnick said, according to the Ventura County Star.

"The City Council and the entire city organization look forward to working with Jeff to provide the high levels of public safety service that this community expects."

Matson's impressive background includes working in detention services, patrol

services, on the SWAT team and in forensic and photo laboratories.

"He comes with a really strong portfolio for this position," Sheriff Bob Brooks said, according to the Ventura County Star. "It's a real logical position for him in terms of expanding his career."

Maintaining the strong relationships that exist between the police department and the businesses, schools and residents is a task that Matson hopes to accomplish. He plans to be persistent in expanding the programs for the parents and youth in the community.

Along with educational programs, Matson declared that traffic safety is an ongoing priority for the department in Thousand Oaks.

Thousand Oaks is a proactive leader in development of law enforcement. The cities of Moorpark and Thousand Oaks contract with the Sheriff's Department for law enforcement, Thousand Oaks being the largest.

Since 1965, the Police Department continues to be committed and is determined to provide the best possible services to the citizens of Thousand Oaks."

## Campus Quotes

**"What was your worst Christmas gift this year?"**



"A grooming kit with nail clippers."

—Sophomore  
Mike Mitchell

**"My parents told me to start paying for my own gifts."**

—Freshman  
Erin Dobson



**"A virtual pet."**

—Senior  
Cheyanne Anderson



**"Pants that were an inch too short."**

—Junior  
Eugene Beville



**"A starburst-shaped pillow."**

—Sophomore  
Logan Paris



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## No such thing as stupid questions

Today's topic is something you've heard before and you'll hear again: "There are no stupid questions." We accept that statement without reservation, especially here, in the world of academics.

But outside the academia world, sometimes there's a fine line between the logical and the absurd, especially when it comes to New Year's resolutions.

Take, for instance, mine.

I decided to live a more healthy and active lifestyle. This is a more practical goal than losing x amount of pounds.

For one thing, x is too many.

The latter resolution would have easily led to disappointment and I've already had my quota of unfulfilled New Year's resolutions thus far in life.

Back to my resolution for this year. I'm working out regularly and have resisted fast food. Good thing, too, because Burger King has been advertising the "Angry Whopper" that bites back. I

don't like confrontations, especially with hamburgers, so this is a double-win for me.

Right about now, you're probably asking, "Kevin, what does any of this have to do with 'There are no stupid questions'?" To which I reply, "Patience is a virtue so keep reading," and "How many quote marks are too many?"

My decision to get active and eat healthier required some research, such as, "Which exercises burn the most calories?" and "Which fruits and vegetables

are most beneficial?" and "What kind of water should I be drinking?"

These are not stupid questions, are they? (What about that last one?)

Some people say water is water, which is probably one too many. Others would disagree.

Studies have shown that there's no significant difference between tap and bottled water. But people do have their personal

preferences.

For me, I've always preferred generic bottled water. Unlike the distinction between generic and brand-name cola, I can't taste the difference between generic and brand-name water.

Getting to the point, people have their preferences in water: Aquafina, Dasani, Arrowhead, etc. Another popular brand, although pricey, is Fiji.

As an astute columnist who does research to better serve you, my loyal readers, I recently visited Fiji's Web site so that this column wouldn't be watered down (pun intended).

I was surprised at what I found in Fiji's FAQ section. For those of you who don't

questions that have been asked repeatedly. And some of them are nonsensical.

"Is Fiji water kosher?" Thankfully, the answer is yes. (There have been too many times when I drank water that tasted like salted pork. It's good to know that Fiji is on top of this.)

"How many calories does Fiji water contain?" For people concerned about their weight, the answer is zero. (But if the marketing folks at Fiji are smart, they'll soon introduce "Diet Fiji" to save us the trouble of asking that question.)

"Can I drink Fiji water if I'm pregnant or nursing?" Of course (assuming you're not spiking it with tequila or bourbon).

"Can I freeze Fiji water?" We can only assume this question was asked by folks who missed the "three states of water" lesson in school.

In conclusion, if you are ever asked, "True or false: There are no stupid questions," the answer is false.

Absolutely false.

That question in itself is a stupid question.

If the marketing folks at Fiji are smart, they'll soon introduce "Diet Fiji" to save us the trouble of asking that question.

know, FAQ is an acronym for Frequently Asked Questions. In other words, these are

### How to Respond

#### Mail

Letters to the Editor  
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60 W. Olsen Rd. #3650  
Thousand Oaks, CA 91360

#### Phone

(805) 493-3465

#### E-mail

echo@callutheran.edu  
(preferred)

Letters to the editor are welcome on any topic related to CLU or to The Echo.

Letters must include the writer's name, year/position and major/department.

Letters are subject to editing for space and clarity.

## Confessions of a car salesman

Insider information on how to purchase the perfect car in a savvy way

I am a car salesman. Ladies quit clutching your purses.

Gentlemen, please, those white knuckles you have wrapped around your wallet aren't flattering.

Relax.

I am not trying to rob you, or sell you anything.

Quite the contrary actually.

On the totem pole of life, car salespeople rank somewhere between child molesters and lawyers.

I think tax auditors are in there somewhere also, especially this time of the year when they have everyone on edge.

Perhaps I'm trying to change

that perception or just trying to reduce my karmic weight but I'm going to teach you how to buy a car.

There are lots of different resources out there all professing to know how to buy a car.

You can buy books, check out Web sites and I'm sure a lot of you have a friend or two who knows a guy who knows a guy that can get you a screamin' deal.

Most of these resources are pretty good and most of them leave a thing or two out...

I give three Essential Car Buying Tips.

**Tip #1: Research, until your eyes bleed.**

The better educated you are on the options you have the less likely it is you'll get bent over the sales desk and taken advantage

of. Prior to stepping foot in the dealership you should

know:

A.) Your credit score.

Preferably from all three reporting bureaus, Experian, TransUnion and Equifax.

B.) What interest rate to expect, get quotes from at least three different banks.

C.) How much the car you're interested in buying is selling for. Again, three quotes minimum. Dealer internet sites are usually the best place to get these.

(If you have trade-in research, bring that too.)

Will you sell it privately or is it easier/better to sell to the dealership?

**Tip #2: Be reasonable and respectful.**

Don't go into a dealership and offer some ridiculously low figure and act offended when the salesperson can't come anywhere near it.

Typically there is anywhere from 6-12 percent markup from dealer invoice to Manufacturer's Suggested Retail Price (MSRP), more

Don't go into a dealership and offer some ridiculously low figure and act offended when the salesperson can't come anywhere near it.

commonly referred to as the "sticker price."

More expensive cars have more profit built into them. For example, a \$60,000 Escalade may have \$10,000 of profit built in to it. A \$15,000 Sentra, maybe \$800.

Remember, the dealership is a business; just like any business, they need to make a profit.

You should decide what amount of profit is reasonable for them to make off of you.

Many dealers will show you their invoice if you request to see it. Make an offer off of that not the MSRP.

**Tip #3: Don't get emotionally involved.** Buying a car, new or otherwise, is a special, albeit

stressful and exciting thing.

It's usually done only once every few years and is the biggest purchase most of us will make next to buying a house.

It's easy to get wrapped up in the process and succumb to "the ether."

"The ether" is a result of the new car smell and the test drive.

Think of it as afterglow.

It is that strong, overwhelming wave of emotion voiced in your head saying "I need this now and I need it no matter what!"

As difficult as it may be, do not, I repeat do not, justify payments that are too high or terms that are too long just because "you have to have it."

Other deals will come, some worse, some better anytime you choose to look.

You don't need this "right now."

Good luck, good shopping and good negotiating.

\*\*\*Nathan Hoyt has been selling cars in the area for the last 3 1/2 years.



Kevin Holt



Nathan Hoyt

# Beth knows best: long-distance love

Do you ever have those burning questions eating away at you that you don't want to ask, but really still want to have answered? Look no further... that's what this column is here for.

Have questions or need advice on relationships, CLU policies or traditions, campus activities, dorm life, things in the surrounding community or college life in general?

Just ask me...you name it; I'll try to answer it.

Just recently, I had a friend ask me if she was moving too slowly in her relationship.

She and her partner weren't even thinking about getting engaged, let alone getting married. However she was worrying something was wrong because it seemed like so many of their friends were engaged or planning weddings.

In a case like this, it's important to remember that each person is different.

Just because some people seem ready to get engaged or be married, doesn't mean you are.

In fact, some people lead great lives without

marriage.

Many students at CLU are just in a stage in their lives now where they're thinking about the future and for some of us that means marriage.

Some say this is due to the economy, some say it's just love in the air and some will tell you that it's just all the baby boomers' kids finally growing up.

Others believe it's a small, private school thing.

However, just because many of your friends are thinking about engagement or marriage does not mean you have to.

Everyone's relationship moves at a different pace, and everyone has different needs and goals for the future.

Don't feel like you need to jump on the bandwagon. Just do what's right for your partner and you.

Realize that this self-proclaimed "new wave of engagements" comes with hordes of critiques too.

In my own case, some people tell me I'm too young to even think about being engaged and people are judging my relationship.

I got asked how my fiancé, Tyler, could even afford the

ring right off the bat.

I think that is just rude.

When people start asking these questions one may start to think, "Well, am I too young for this?"

My answer? No, I'm 21 and engaged, no big deal.

I'm ready for it.

My fiancé and I were at a point in our relationship where we wanted to make that commitment to each other.

Our wedding won't happen for another year and a half to two years.

Yes, it's a long engagement, but I think it will be nice.

It will give me plenty of time to plan a spectacular wedding and allow me to graduate before I get married.

To all of you engaged couples, I say congratulations and enjoy it.

It's a special time in your life.

To those of you who aren't ready to think about engagement or marriage yet, I say don't worry.

You're not strange or moving too slowly; you have to do what's right for you.

Another recent question I was asked by a friend of mine was, "Beth, I am currently in a long-distance relationship and I know that you're currently in one; how do you make it work?"

Honestly, I feel you get out

of a relationship whatever you put into it.

If you really and truly like

**W**hen you do see each other, cherish your time together, but don't forget to include friends and family in that time.

or even love someone, one will usually do whatever it takes to make it work.

At first, it may seem stressful and a lot of work, which don't get me wrong, it is, but at the same time it's all worth it.

I've found that Skype and the Internet are wonderful and less expensive ways to keep in touch.

My real advice is just talk about your day.

Just act like he or she is right there with you.

Tyler loves to just hear about my day and stuff I did around campus.

When you do see each other, cherish your time together, but don't forget to include friends and family in that time.

It's hard to remember to do that especially if you don't get to see each other that often.

It is, however, important to remember to keep others involved in your relationship.

Without your friends and family supporting you, how would you get through this long-distance relationship anyway?

I can't imagine myself without Tyler in my life.

He is stationed in Schweinfurt, Germany, as a combat medic and paratrooper in the U.S. Army.

It does take time and effort to make a long-distance relationship work, but, as I said before, it's worth it.

If you care about someone that much, how can you let them go?

I would like to hear more from you on topics you'd like to see covered in future columns, questions you've been dying to ask or things about which you don't have a clue but would like to know about.

Here's your chance to get some free advice and information about anything CLU or any issues that concern you.

Just e-mail me at [empeters@callutheran.edu](mailto:empeters@callutheran.edu) or The Echo at [echo@callutheran.edu](mailto:echo@callutheran.edu).

You can also drop your questions in the mail slot at The Echo office.

I want to make this column relevant to you.

I'm here to help with any problems you may face, you just have to ask.



Beth Peters

## 100 Days away from life

Be patient, but persistent when looking for jobs after graduation

When I tore open the invitation for the seniors' 100 Days Party, I was overcome with bittersweet emotion.

On one hand, 100 days from now, I will receive my college diploma.

On the other hand, 100 days from now, I will receive my college diploma.

It is the final semester for seniors and many of us are struggling to grip the reality of college ending, the loans we have to pay back, the new bills and trying to find a career in a failing economy.

Just thinking about it makes my heart race and my hands slide off my laptop from perspiration.

Why is it that we are allowing ourselves to stress over the idea that we will be forced to move back home with our parents, be jobless and unsuccessful?

What a painful thought.

It can't be right, all this hard work and money paid for nothing.

I can't accept this fate, I refuse to, and the rest of you shouldn't either.

The truth is, college graduates are in the best position during this economic downfall.

According to research conducted this past December by the Public Policy Institute of California, the economic demands will increase earnings and employment opportunities for workers with a college education.

Also, our state's need for college-educated workers is outpacing the state's ability to produce them.

At last a beam of hope shines on us all.

The PPIC's research continues to say that 41 percent of California workers will need a bachelor's degree to meet the state's projected economic demand in 2025.

I realize that this information does not say "finding a job will be easy."

I don't believe finding a job is ever easy.

What these facts are saying is there are jobs available for college graduates, and blaming the economic state we're in is not an excuse.

We have to research job openings, schedule interviews and be patient, but persistent.

All of us at CLU should be utilizing Career Services (and it's not just for seniors).

For the people who haven't met the Cynthia's that work in the department, I would suggest it, and soon.

They are incredibly helpful and offer loads of insight.

They have dedicated their livelihood in order to secure ours.

The late NFL coach, Vincent Lombardi, put it rather nicely saying, "The difference between a successful person and the others is not a lack of strength, not a lack of knowledge, but rather a lack of will."

I feel the anxiety lifting, the sweat drying and the opportunities rising.

I have to admit I'm now quite eager to attend the 100 Days Party.



Leslie Gerard



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## Sport Schedules

	Wed 4	Thurs 5	Fri 6	Sat 7	Sun 8	Tues 10
 <b>REBELS Basketball</b>		Occidental* 7:30 p.m.		C-M-S* 5 p.m.		
 <b>KINGSMEN Basketball</b>	Occidental* 7:30 p.m.			C-M-S* 7:30 p.m.		
 <b>KINGSMEN REBELS Diving</b>				@ SCIAC Diving Prelims		
 <b>KINGSMEN Baseball</b>			@ La Sierra 2 p.m.		DH* La Sierra 11 a.m. 2 p.m.	
 <b>REBELS Tennis</b>			@ Westmont 2 p.m.			The Masters College 2 p.m.
 <b>KINGSMEN Tennis</b>				@ UC Santa Cruz 9:30 a.m.	@ Sonoma State 11 a.m.	

Shade denotes home game. \* Conference Game. DH= Double Header.

New Year: new  
fitness outlookBy Jeff Shalem  
Echo Staff Writer

The time of year has come to live out those New Year's resolutions of getting back into shape, to work off that huge Thanksgiving meal or that extra slice of fruitcake Aunt Edna baked.

California Lutheran University's Fitness Center has teamed up with Marine and CLU Alumnus, class of '03, Mark Glesne, to develop a fitness program called Boot Camp.

Boot Camp is a mixed class offered to students and staff Monday, Wednesday and Friday from 7-8 a.m. The five week class starts Feb. 2 and continues through March 6. The class is scheduled to end the last week before spring break a perfect time to have a beach body for vacation.

"The class is targeting all fitness levels," said Clark Cripps, coordinator of Intramural Fitness and Recreation. "We want to make the physical wellness of this campus a priority."

Clark and his two colleagues, Amanda Whealon and Josie Santiago worked together to find a way for students and staff to become more accustomed to staying in shape. Glesne will use calisthenics to improve fitness and muscle tone. Some of these exercises include push-ups, sit-ups and jumping jacks, along with cardio workouts like running stadium steps.

"Programs like these are beneficial for students to take advantage of," senior Kathryn Mataya said. "More people should definitely realize the amount of opportunities that are available to them. Physical fitness should be something that everyone does on a daily basis."

According to a recent study done by the University of California, Los Angeles, two-thirds of men (63.4 percent) and almost half

of women (45.2 percent) are overweight in California.

In 2003, the year most students in college now were in high school, a study showed that 40 percent of female high school students and 27 percent of male high school students did not meet the recommended amount of physical activity.

So far, the class has generated 40 interested participants, and is open to anyone. The class is free and participants simply are expected to show up willing to work.

In addition to installing a Boot Camp class this semester, the Forrest Fitness Center will be implementing a new workout program called Activtrax. Activtrax is a program co-sponsored by ASCLU-G. It provides a personal training software program for all undergraduate students.

The program records information and what is wanted to be achieved with your fitness goals and creates workouts for you to keep on track.

Activtrax will be located near the front desk of the Fitness Center and will be up and running this week. Sessions will begin today and run through the remainder of the week with other sessions during the month of February.

With positive feedback, Cripps plans to run a similar program later in the semester and again in future semesters.

For more information regarding Boot Camp and Activtrax, e-mail Clark Cripps at ccripps@calluheran.edu.

Flyers are in the gym with information about other programs available like Yoga, Martial Arts, Cardio Kick, Hip Hop, Pilates, Core Class and Jazz Cardio.

All fitness classes are located in the Dance and Fitness Studio on the second floor of the Gilbert Sports and Fitness Center.

## Steelers reign supreme

A vintage Pittsburgh Steelers performance resulted in a 27-23 victory over an unexpected and ultimately inferior opponent in Super Bowl XLIII on Sunday.

The Arizona Cardinals, like five other Super Bowl losing teams before them, could not break the Steelers' dominating defense well enough and could not stop their efficient offense when it counted most.

One play by the defense, a 100-yard interception return for a touchdown by linebacker James Harrison, kept the Cardinals from taking the lead before halftime and shifted the momentum in the Tampa Bay air to the side of the Steelers.

Santonio Holmes, the game's MVP, kept his toes inbounds with 35 seconds remaining in the fourth quarter for the game-winning touchdown reception, all but officially ending a noble Arizona comeback attempt.

In the end, the Steelers proved once again why they are the premiere franchise in the National Football League.

Coming from a Cleveland as a Browns fan (hey, you can't choose where you were born), that's saying a lot.

The Steelers' blueprint has been amazingly successful in recent decades, giving them the league's most championships and the third most Hall of Fame inductees. The

Cardinals are still, the same old heart-breaking Cardinals.

Since the NFL merger in 1970, the Steelers have amassed 363 regular season wins, 24 playoff appearances, 19 division titles, played in 13 AFC championship games and won six Super Bowls (1974, 1975, 1978, 1979, 2005 and 2009) in seven appearances. All of these stats rank at or near the top of the NFL.

Think stability and continuity are important? There have only been two new head coaches hired in Pittsburgh since 1970.

In comparison, the Atlanta Falcons have had three different head coaches in the last year.

And the ownership of the Steelers has remained in the committed family of Art Rooney since he founded the team in 1933.

Names including Terry Bradshaw, Lynn Swann and Jack Lambert, and phrases like "the Steel Curtain" and "the Immaculate Reception" give the Steelers one of the best histories in the NFL.

Now Ben Roethlisberger, Hines Ward and Troy Polamalu make Pittsburgh the preeminent professional football franchise.

Their fans, though not tested with many losing seasons, are among the best in the country, often turning other teams' stadiums into a Steelers' Terrible Towel-waving mob. They have sold out every home game since the 1972 season.

Harrison, who was named league's Defensive Player of the Year, perfectly exemplifies the Steelers' model for success.

As an undersized player out of Kent State, hardly an NFL breeding ground, Harrison was not selected in the 2002 NFL Draft.

After seven years in the Pittsburgh system, he is now a two-time All-Pro and a two-time Super Bowl champion.

"Steelers football is 60 minutes," head coach Mike Tomlin said during the presentation of the Vince Lombardi Trophy after the game. "It's never going to be pretty, and throw style points out the window. These guys will fight to the end."

The style has been working for 40 years, and it does not seem like it will change any time soon.



Cory Schuett

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## Regals look to stay strong at home

By Tiffany Michaels  
Echo Staff Writer

The Regals of California Lutheran University will begin their second round of SCIAAC basketball competition tomorrow when they face Occidental College at 7:30 p.m. in the Gilbert Arena.

Coming into the meeting the Regals have a record of (5-14, 3-5 SCIAAC) while Oxy has a record of (14-5, 6-2 SCIAAC).

CLU is returning to action off of a loss to Whittier and hoping to turn around its season and

"We just needed to start playing our game and come out with more intensity and energy."

— Mylene Alarcon

defeat Occidental to bring them closer to the SCIAAC conference playoffs.

"In order for us to beat Oxy, we need to play together with great confidence and intensity, keep the turnovers down and play great team defense," senior guard Cheryl Lee said.

The Occidental Tigers are coming off of a big win over Redlands Saturday night and see it as a big game.

The Regals are ready to put up a fight to make it into the SCIAAC finals this year. This game, along with those to follow, is an important factor in the Regals post-season.

The Regals beat Pomona-Pitzer College 53-49 Thursday with a strong first half and a powerful comeback in the second period.

CLU started off with a six-point deficit, but took back the lead with four minutes left in the half.

The Regals entered the second half with a strong lead.

"At halftime we realized, as a team, that we were playing at our opponent's level," Alarcon said. "We just needed to start playing our game and come

out with more intensity and energy."

That is just what they did. The Regals started the second half with strong defense by junior team captain Kelsey Paopao.

Pomona took the lead with 3:47 to go in the game, 46-48, by the offense of the Hughes-Stinson sisters with a combined 30 points.

CLU came back with a 5-0 scoring run by team captain, sophomore Kourtney Jones, to take the lead.

The depth of the Regals basketball team was shown as junior Nita Sims and sophomore Kendra Carter combined for 25 points which led the Regals to a victory. Carter played 22 minutes and had nine points of her own along with five rebounds and two assists.

CLU shot 22-of-64 shots from the field for a 34.4 shooting percentage.

After taking it to the Sagehens, the Regals fell short 64-54, to Whittier College. The Poets held CLU to a season low field goal percentage, shooting only 16-of-58 from the field.

Jones started the game off strong with a three-point shot.

However, it was the one and only CLU three-pointers in the first half (1-for-7).

The Poets offense came on strong with a 20-3 run in the first half.

Regal forward Sims stepped up in the first half with a game-high 14 points.

The CLU junior had a team-high nine rebounds, a pair of assists, blocks and steals bringing the deficit down to only seven points.

The Regals came out ready to even the score in the second half, bringing the score to 55-51 with only 1:22 seconds left in the game.

Whittier's strong point was in their free throws.

As a team, they made 31 trips to the foul line.

In the final 70 seconds, the Poets made 7-of-10 free throws.



Photo courtesy of Ashley Benz

Danika Briggs dished out a game-high six assists.



Photo by Doug Barnett

Aaron Van Klaveren tallied a career-high 22 points against the Sagehens.

## Kingsmen look to bounce back against Occidental

By Melissa Conway  
Echo Staff Writer

The California Lutheran University men's basketball team will try tonight to do something twice in one year that it has not been able to do in the previous four.

The Kingsmen look to knock off Occidental College again at home at 7:30 p.m.

CLU was able to beat the Tigers for the first time in four seasons, 53-46, earlier this year.

"I personally haven't beaten them since I've been here so it was good to finally get one," junior guard Kyle Knudsen said. "Hopefully the next few practices go well. If they do then we will definitely be prepared (for Wednesday)."

Occidental is in a three-way tie for second place in the SCIAAC standings with the Kingsmen trailing close behind in third.

The Kingsmen struggled to keep pace in Saturday night's away game

fell to Pomona-Pitzer, 69-65, last Wednesday.

The Sagehens had a hot hand all night as they shot 7-of-10 from three-point line in the first half and kept it going with 6-of-10 shooting in the second half.

The Kingsmen fell behind early and trailed by 11 midway through the half.

The Sagehens continued their hot streak in the second half and increased the lead to 19 with 12:46 left to play.

As time wound down, the Kingsmen chipped away at the lead when they brought themselves within three points with 52 seconds remaining on a three-pointer from freshman Aaron Van Klaveren.

Van Klaveren had a career-high scoring performance with

22 points and a game high 17 rebounds.

With time expiring, Knudsen's 3-pointer missed and the Sagehens secured the rebound for the win.

Saturday night's away game didn't prove to be any easier

as the Kingsmen fell to the Whittier Poets, 80-65.

Whittier led the entire first-half as the Kingsmen tried to fight back.

Aaron Fisher made a lay-up with 43 seconds left in the

"I personally haven't beaten them since I've been here so it was good to finally get a win."

— Kyle Knudsen

first half to bring the score to 39-31.

The Poets put together a 15-point lead early into the second half but the Kingsmen continued to fight back and tied the score at 57 with 7:55 to play, but then ran out of gas as Whittier closed the game with a 23-8 run.

How will the team rebound against Occidental?

"We know we have to enter the next few practices with a lot of intensity to help us prepare," junior guard Cameron Mitchell said.

Sophomore forward Cassidy Hallagin is looking forward to the game. "We have a good chemistry and we love playing at home," Hallagin said.



# Kingsmen capitalize in the clutch

By Andrew Parrone  
Echo Staff Writer

The baseball season opened up in thrilling fashion as the California Lutheran University Kingsmen secured two home victories this past weekend.

On Friday, they scored early and held on late to defeat the Westmont College Warriors of Santa Barbara 6-5.

Sunday's game against the Simpson University Redhawks of Redding went into extra innings. Tied 4-4 in the bottom of the 12th, senior Nick Pinneri singled in junior Jordan Ott for the winning run.

The Kingsmen's opponent this weekend is La Sierra University of Riverside. They travel to La Sierra on Friday and host the Golden Eagles in a double header on Sunday, starting at 11 a.m.

Head coach Marty Slimak, now entering his 16<sup>th</sup> season, with the Kingsmen, was pleased with the way his team performed this weekend.

"It's always good to start your season with a win," he said. "No matter how well you play it's always good to get things started with a victory."

The Kingsmen led Westmont 6-2 after seven innings, but three runs by the Warriors in the eighth made it a one-run game. Sophomore Byron Minnich was

able to record the last five outs and earned the save.

"There were two critical points in the game; one early when we got out of bases loaded with one out, and the other here at the end when Minnich was able to put away the game," Slimak said. "He did a great job getting those last three outs for us."

The Kingsmen have been waiting since last May to get a taste of real competition.

"We've all been waiting since last spring to get out here again," junior Paul Hartmann said. "We've got a great group of guys and we want to continue our winning streak from last year."

Junior Greg Gelber started the game pitching for the Kingsmen and gave up one run in five innings. Ott had two RBIs, while

"We stuck together and played within ourselves and came away with the win."

— Paul Hartmann

seniors Landon Smith and Chris Hertz each had one.

Mike Roe started Sunday's game at pitcher and allowed two runs, though one was unearned. Senior Nick Dingman had two RBIs. Hartmann and sophomore Rich Michelin each had an RBI, while Pinneri had the game winner. Minnich pitched three plus innings of shutout baseball and secured the victory.

So far, the Kingsmen have shown a knack for winning



Photo by Maxx Buchanan

Paul Hartmann (26) dives back into first base to avoid the pick-off attempt.

close games.

"The ability to win close games can make or break a season," senior David Iden said. "Our ability to come out on the winning side of these games shows promise for the rest of the season."

The Kingsmen have not faced La Sierra since 2006, when they won all three games against the Golden Eagles.

The team is working on several things to have the same success this season as they did last year.

"What we need to do better is take advantage

of the opportunities we've had to really open the game up by scoring runs and taking the pressure off of our pitching staff," Iden said. "They've done a great job for us so far."

If the Kingsmen show the same poise against La Sierra, more victories are sure to follow.

"We didn't give up," Hartmann said. "It got close but we never gave in. We stuck together and played within ourselves and came away with the win."



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7:00-8:00 pm Hip Hop	7:00-8:00 pm Pilates		7:00-8:00 pm Pilates
8:00-9:00 pm Circus Kick	8:00-9:00 pm Jazz Cardio		8:00-9:00 pm Core Class

All classes are located in the Dance and Fitness Studio on the second floor of the GSC.  
It's cclark@cal Lutheran.edu

# THE ECHO

CALIFORNIA LUTHERAN UNIVERSITY

Volume 53, Number 2

February 11, 2009

## Car theft shocks CLU community

By Candice Cerro  
Editor-in-Chief

Three vehicles were burglarized Feb. 1, while a fourth was stolen at California Lutheran University just behind North Hall in a crime that appears to be one of opportunity rather than design.

According to Fred Miller, director of Safety and Security, it appears that after-market stereo systems were targeted, but other miscellaneous items were lifted from the cars as well.

Keys and a credit card were left in the fourth vehicle allowing for the thieves to subsequently steal it.

"The sheriff believes this could be the work of an out of town auto-burglary gang," Miller said. "They knew exactly what they were doing."

The driver's side windows on the cars were broken and the incident is believed to have happened in a short amount of time between the hours of 3:30 and 5 a.m.

So far no witnesses have come forward, but the Thousand Oaks police department has some leads based on fingerprints and use of the credit card that was in the stolen vehicle.

The stolen car was retrieved last Tuesday at the Trader Joe's parking lot in Thousand Oaks.

"After-market stereo, speakers

and golf clubs were taken [out of the car]," Miller said. "Besides this and the broken window, there was no other damage."

With these recent crimes and the attack of a student on the bridge near the Gilbert Sports and Fitness Center, some students are worried about safety on campus.

"I do feel a little less safe since that car was stolen," senior Roxanne Ramia said. "I don't think crime is increasing at CLU though. I believe that our school was looked at as a target because there are so many cars on campus at all times, so people need to realize they can't leave certain things in their cars overnight."

The Thousand Oaks police department will now be doing more patrols around the campus and CLU Safety and Security will be intensifying the graveyard shift.

However, individual students must take responsibility for their safety as well. Miller explained that the best deterrent of crime is to report suspicious people and activity.

Students can also protect themselves and their belongings by parking in a lighted area, leaving nothing visible inside the car and keeping a spare copy of registration and license somewhere outside of the



Photo by Doug Barnett

Campus security vehicle patrols memorial parkway. In response to recent car thefts security patrols have been increased.

vehicle.

It is also important to remember not to leave spare keys or credit cards in the car. Miller offered specific suggestions for after-market stereos such as writing down serial numbers, keeping original boxes and marking the item with something that identifies it as yours.

Bill Rosser, dean of students, also offered safety advice to students in an e-mail sent Jan. 27, just days before the incident.

He encouraged students to be aware of one's surroundings, respond to gut feelings and

always let someone know where you are. Rosser also gave specific advice on car safety such as: always lock the doors, take valuables with you or lock them in the trunk and utilize the escort service provided by safety and security for late-night classes.

"While CLU is a very safe campus, we are not immune to crimes against people or property," Rosser said.

"We are in constant dialogue about making the campus safer [for instance] improving and increasing surveillance cameras, improving lighting, adding 'blue

light' phones, improving our emergency notification system, going to 24 hour card access in residence halls and adding security staffing."

Despite these recent incidences, Miller explained that there is no trend happening on CLU's campus and that crime runs in spurts.

For more information about campus safety and security such as the escort service, visit [http://www.callutheran.edu/safety\\_security/](http://www.callutheran.edu/safety_security/) or call 805-493-3208. In the event of an emergency contact 805-493-3911.

## Fans feed the hungry in food drive

125 nonperishable items collected in 15 minutes

By Kailee Loughlin  
Echo Staff Writer

After the first 15 minutes, the "Feed the Hungry" food drive on Saturday at Gilbert Arena had collected 125 nonperishable food items at the Gilbert Sports and Fitness Center.

The drive was created by the Community Service Center and all of the donations were given to the Ventura County Food Share.

Students who received an e-

mail regarding a food drive and free Chipotle for the first 100 participants, found there was no reason to read that twice over to make sure there was not mistake.

For every two nonperishable goods that someone donated, he or she would receive a free Chipotle gift card. Students could donate food items during both basketball games.

"We weren't sure what kind of feedback we would get because we didn't have a lot of publicity for the event," said Jocelyn Bourgault, fellow CSC member.

However, the event was a great success.

Stacks of cans containing soup, baked beans and corn were mixed in

with Rice-a-Roni and macaroni and cheese donations.

Freshman Spencer Votipka decided to get creative with his donation and chose to give the drive Coco Puffs. "Most of the other stuff they get is boring; I wanted to spice it up with chocolate," he said.

Even though there was a mass e-mail sent out to all California Lutheran University students regarding the "Feed the Hungry" food drive, some students didn't have any knowledge about it.

"I never saw posters and I didn't know what was going on or else I would have made a special trip to the store to buy some canned goods," junior Jakob Hall said.

Fortunately, through word of mouth and on Web site groups on Facebook, several students were more than willing to participate in this event.

"I found out about the food drive on Facebook," said Leon Townsend, who graduated from CLU.

"I wanted to help out because I think anything that promotes helping others is good."

Some people felt that the free Chipotle gift card gave them that extra push to help out for a good cause.

"I love fire burritos, but I would have donated anyway," Votipka said. The goal was to have 200 items donated.

There were people donating after the volunteers were done officially staffing the event, so there were 248 items at least.

"We're looking to do this again next year with more giveaways and more ways for students to support local non-profits, so come out and enjoy a game and helping support local issues," Kirstine Odegard co-ordinator for community services said.

There are so many different ways to get involved with the Community Service Center, so check back in and find something that interests you, fits your academic field or gives you an edge to make you stand out on a resume.

INSIDE



Involvement Fair displays clubs for students.

Page 6



Kingsmen bats-continue offensive surge.

Page 11



Kingsmen and Regals dominate in opening meet.

Page 12

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# Student discontent with dining addressed

By Aaron Hilf  
Echo Staff Writer

As students gear up for the spring semester many are already looking for some changes to California Lutheran University's food service company Sodexo.

As an outsourced food service company, Sodexo is responsible for all dining facilities on campus and the technical aspect of the student meal plans.

They, along with the university make decisions regarding the food on campus to better suit the student body.

Although it is early in the semester, students and ASCLUG are trying to work with the company to better provide for student needs and concerns.

"I think it's great that Sodexo is sitting down with students and facing the concerns they have," said Amanda Whealon, Coordinator for Student Leadership and Programs. "I am excited for the possible changes."

Sodexo has worked with the university for many years and is now receiving a lot of flak from the student body regarding quality and timeliness, among other things.

District manager Martin Genereux and general manager Dina Davis sat down with ASCLUG to discuss the problems and brainstorm possible solutions.

"We want to understand the student population on campus," Genereux said. "Then we can better understand the problems and come up with solutions."

The meeting covered a range of topics from short-term changes like the happiness at different dining facilities and long-term issues such as the possible need for an additional dining hall on

campus.

Sodexo will also be looking into bringing more brands to campus and giving students the opportunity to travel off campus using meal plans.

However, student discontent was a main topic of conversation in the conference while trying to figure out solutions to the problems.

"I think students are generally dissatisfied with the amount of time it takes to get food at the Centrum," Student Body President Andrew Brown said.

"CLU and Sodexo should do their best to ensure students are satisfied and get the best dining experience possible."

To alleviate some of the congestion at the Centrum Café, Sodexo will be installing a self-order kiosk station to help with the lines.

"The kiosk should be up and running very soon," Davis said.

Working much like the touch screens in the cafeteria, the kiosk station will give students the chance to customize their order and speed up the process.

Not only will the kiosk help with the problem but students will be filed into two separate lines leading through both doors at the front of the Centrum.

Davis will also be addressing timeliness of food delivery and quality with the staff to try to speed up the process.

Changes to the cafeteria will be made in the near future as well.

"We hope to incorporate a grab and go option at the dining commons," Genereux said.

Possibly being set up on the upper level of the cafeteria, a grab and go station will give students more freedom during

the rush between classes while freeing up a lot of traffic at the Kiosk Café.

Sodexo will also be looking into ways to better suit students "meal only" portion of their meal plans.

By possibly freeing up options on already existing meal plans, Sodexo will be working to better serve students at all dining facilities on campus, including the Mogen Market.

As one of the least used facilities on campus, Mogen Market may see some changes.

However, for now, the hours will remain 5 p.m. to midnight and Mogen will no longer accept the "meal only" option of the meal plan.

"At the end of the day, Sodexo needs to run a fiscally viable company, while also remaining competitive with their competition," Brown said. "But they also need to understand the needs specific to the CLU community."

But with record-breaking freshmen and transfer students, the idea of another dining facility all together may not be as foreign as many may think.

Without being able to give a distinct time line or plan, a new formatted dining facility may hit somewhere in the near future.

This will with the constant overcrowding that is seen many dining halls throughout the day.

Though it seems, at least for now, that both sides will continue to help one another improve the facilities on campus and continue to grow with new ideas.

Ideas, questions or concerns should be diverted to general manager Dina Davis at [Dina.Davis@sodexo.com](mailto:Dina.Davis@sodexo.com).

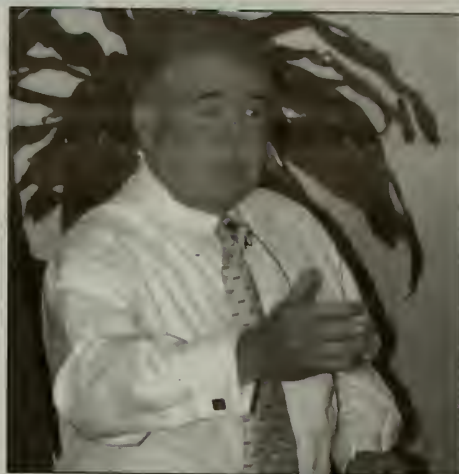


Photo by Eric Vaughn

The newspaper's dismal future was a topic of George Cogswell's presentation.

## Newspapers are struggling during tough economy

By Ben Hogue  
Echo Staff Writer

With journalism at a crossroads, the president and publisher of the Ventura County Star remains optimistic about its future.

George H. Cogswell shared his professional insights about the newspaper business with a record-breaking crowd at the Corporate Leaders Breakfast held in the Lundring Events Center last week.

"There will always be a demand for reliable and credible journalism, but it costs to support and produce quality," Cogswell said.

"There is always going to be a need for journalists as well, even with a shift to online media... stories are still going to need to be covered."

Introduced by Dr. Chris Kimball, university president, Cogswell is best known for his involvement within the area.

"George is an active member in the Ventura County community, sitting on the Camarillo/Oxnard Chamber as well as the Ventura County Economic Development Association," Kimball said.

Cogswell spoke to the community leaders and business professionals about his experiences working in the field of journalism during the last 20 plus years, but mainly focused on the future of newspapers and if there even is a future.

After showcasing a series of newspaper headlines all talking about the huge hit newspapers are taking due to the rough economy Cogswell asked, "Would you like to be a publisher?"

"Many are going bankrupt," he said. "There is no quick fix for recovery. The long established

newspaper format is going away and the face of journalism has changed."

The Ventura County Star, an award-winning newspaper is the county's most read news publication.

Cogswell wants to promise customers the same reliable and credible journalism that his paper provides and that readers have come to count on each day.

"It continues to be a

"There is always going to be a need for journalists as well... stories are still going to need to be covered."

— George H. Cogswell

community watchdog, providing news products to fit the growing needs of the community and will maintain the excellent customer service and home delivery," he said.

Event organizer Sharon Nelson said the objective of the breakfast is to "highlight companies, civic organizations and foundations in a professional, friendly and informative setting for business executives on a quarterly basis at the university."

Students interested in attending will be included and can be accommodated, but if there is an overwhelming interest in the breakfast topic, arrangements are made to broadcast live in Ed Tech room 139, as in the case of Cogswell.

For more information about upcoming breakfasts or questions, students are invited to go to the Corporate Leaders Breakfast Series Web site at <http://www.callutheran.edu/clb/>.

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## Around the Campus

<b>WEDNESDAY</b> February 11  <b>2nd Annual Black History Month Open Mic Night!</b> 7 p.m. SUB  <b>The Need: Wes Rodgers</b> 10:10 p.m. SUB	<b>THURSDAY</b> February 12  <b>Naomi Wolf: The Beauty Myth</b> 2 p.m. Samuelson Chapel  <b>Naomi Wolf: Hooking Up: Sex, Alcohol and the Death of Romance on College Campuses</b> 8 p.m. Samuelson Chapel	<b>FRIDAY</b> February 13  <b>Spit It: Hip Hop Rapping Battle</b> 7 p.m. Grace Basketball Courts	<b>SATURDAY</b> February 14  <b>Elmer Ramsey, His Trumpet and Orchestra</b> 8 p.m. Samuelson Chapel  <i>Valentine's Day</i> ♥
<b>SUNDAY</b> February 15  <b>Glow-in-the-Dark Worship</b> 6:15 p.m. Kingsmen Park	<b>MONDAY</b> February 16  <b>PRESIDENT'S DAY</b> NO SCHOOL  	<b>TUESDAY</b> February 17  <b>Sicko (2007)</b> 5:30 p.m. SUB  <b>U.S. Army Training and Doctrine Command Band Brass Quintet</b> 8 p.m. Samuelson Chapel	<b>NEXT WEEK ON CAMPUS</b>  <b>Kamran Mofid: Promoting Globalization for the Common Good</b> Samuelson Chapel February 23 4 p.m.

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## Donors put KCLU back on air

By Emily Peterson  
*Echo Staff Writer*

Since the burning of their FM transmitter, California Lutheran University's KCLU National Public Radio station at 102.3 FM, in Santa Barbara, has received ample donations to help get the news back on the air.

The FM transmitter burned down during the Tea Fire in Santa Barbara on Nov. 13.

KCLU received hundreds of phone calls from members that felt like the station was a friend that had been lost in the fire.

"CLU is thrilled to help KCLU expand access to 'Morning Edition,' 'CrossTalk' and the other quality shows it airs," said Dr. Chris Kimball, university president, in the *Noozhawk Newsletter*.

Five weeks prior to the fire, KCLU had purchased KIST-AM (1340) in Santa Barbara. This allowed the community to switch to the AM station and recover information on the fire as the disaster occurred.

"We were never off the air in Santa Barbara," said Mary Olson, the station's general manager in the *Noozhawk Newsletter*. "We just kept plugging along."

KCLU is an important resource of information to the community.

Many Cal Lutheran students do not know that the KCLU station exists; however, the community still tunes in to the station. Most of the listeners are not CLU students, therefore KCLU allows listeners to become connected with the university.

"Even though we are not a student station, we are an extension of the university," said Lance Orozco, the news director at KCLU.

KCLU relies on their listeners to support them and get them back on the air. The amount of donations that KCLU received shows the station that their listeners truly value the information they receive from the radio station.

Most people who donated were listeners in the Santa Barbara area.

Olson said that buying and setting up the new equipment will cost the station approximately \$40,000.

On a side note, KCLU was acknowledged for the best news reports and feature stories on Jan. 24, and was granted six Golden Mike Awards by the Radio Television News



Photo by Eric Vaughn

Just a handful of KCLU's many Golden Mike Awards.

Association.

All six of these awards were for breaking news coverage and two were for the coverage during the Tea Fire.

KCLU competes against stations of similar size in the Bakersfield and Santa Barbara areas.

"We don't set out to win awards," Orozco said. "Our job

is to cover the news. However, it is nice to be recognized. It shows that people respect what we do."

A total of around 45 Golden Mike Awards have been awarded to KCLU since they started on the air about thirteen years ago. The awards are beneficial for KCLU because they tell supporters and listeners that the station is valued and supported

throughout the community.

KCLU serves more than 70,000 listeners in Ventura and Santa Barbara counties. Now that the station has a new FM transmitter, the signal will have the power to match the current stronger programming.

You can listen to KCLU at 88.3 FM in Ventura and 102.3 FM and 1340 AM in Santa Barbara.

## Senior countdown commences

By Jen Reissman  
*Echo Staff Writer*

With 100 days remaining until graduation, the class of 2009 gathered together at the Sunset Hills Country Club to celebrate their last four years together at the 100 Days

Party thrown by the Alumni Association.

The party had a great turnout this year, with very few seniors missing from the event.

"The 100 Days

Party was originally started for the class of 2007 and it turned out to be such a hit among the students that it is something the Alumni Association has decided to keep on doing for the graduating seniors," said

Lindsay Murray, associate director of alumni relations.

While many of the seniors were gathered around talking to their closest friends or rekindling friendships with people that they haven't seen in a long time, many of the seniors danced

to music provided by DJ Erik Mathre.

"I was so excited to be at the party with all of my friends and getting to look back on the great times we have all shared."

— Kathryn Mataya

great times we have all shared throughout the last four years," senior Kathryn Mataya said. "It is such an exciting but yet sad time too because I don't want this amazing time in my life to come to an end."

The 100 Days Party gave

seniors the opportunity to forget about any quizzes, tests or homework that was due in the near future and enjoy what may be one of their last nights all together.

"It was so great to see everyone gathered together and see people that I haven't seen in a long time," senior Lauren Emerson said.

The 100 Days party was filled with seniors who were dressed to impress and kick off their last semester together with a big bang.

The constant smiles on everyone's face, the laughter coming from every corner and the students dancing their night away proved this night to be a night that everyone will remember.

To make sure the seniors had an unforgettable evening, the Alumni Association has been planning the event for the past

few months so that everything would be perfect for the big night.

The night went smoothly and everyone enjoyed themselves. The Alumni Association provided the students with appetizers to munch on and

also with calendars to begin the countdown to graduation.

Seniors can look out for other events offered by the Alumni Association, such as the One Year Reunion in 2010 and other happy-hour events that are offered throughout the year.

## THE ECHO

California Lutheran University  
2008-2009

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# Involvement Fair entices students

By Desiree D'Arienzo  
Echo Staff Writer

Various clubs on campus gathered around the courtyard last week with the same two goals in mind: awareness and expansion. The Involvement Fair was organized to create awareness about the clubs at California Lutheran University and get people more involved in all of the things that are going on.

Some of the clubs are sport related, while others are more scholastic. From psychology to hip hop clubs, all of them want to expand in order to achieve the initial goal of sharing their ideas, beliefs and interests with as many people as they can reach.

One such group is Not for Sale. It is an international organization that has created a buzz worldwide due to the outstanding number of children sold into the slave trade every year.

Senior Amy Brown, president of the CLU chapter of Not for Sale, made a plea on behalf of everything and everyone Not for

Sale stands for.

"Slavery is a real issue," she said. "We want everyone at CLU to be involved."

One way that she promoted her club was by passing out little pins with a quote written on the front of them. She also offered a time to go see Dr. David Batstone speak, as a launching ground into the club or simply to gain some knowledge on their efforts.

Batstone is the founder of the Not for Sale organization and has agreed to stop by Cal Lutheran as part of his Backyard Abolitionist Tour. Samantha Lochner, director of memorandum for Not for Sale, sought to gain members by being part of the Involvement Fair.

"We want to spark awareness and educate and make people more aware of the tangible ways they can stop slavery," she said.

The Involvement Fair created a platform for her club and many other clubs to have their voices heard. It also offered room for club presidents to get people more involved with their clubs.

CLU rugby team was also represented. Last year it consisted of about 20 people. This year the



Photo by Maxx Buchanan.

Members of the rugby team entice CLU students to learn more about their program.

club has increased its membership to 30-35.

Rugby team president Andrew Aguiniga is pleased that the Involvement Fair has helped the team.

"It gave us a firm base for the future of our club," he said.

The team has grown so much

that a team mom was added to help with organization. They appointed Rachel Wolf this year as team mom and the club has been running smoothly.

The rugby team is set to travel to Las Vegas to meet UNLV at the end of February.

Aguiniga said that the

Involvement Fair "is essential for our clubs and organizations to continue their legacies for future generations of CLU students."

Many clubs were present at the fair and the outcome seems promising as most clubs will likely reap the benefits of sparking the match for their future success.

## Students and community help rebuild Biloxi

By Amanda Lovett  
Echo Staff Writer

Three years after Hurricane Katrina, California Lutheran University community service members joined the effort in restoring homes in Biloxi, Miss., during the January winter break.

The eight-day Biloxi Boomerang trip consisted of 20 people, two staff members Kirstine Odegard and Pastor Melissa Maxwell-Doherty, 16 CLU students and two UC Berkeley students as part of the Fuller Center Disaster Rebuilders organization.

The cost of the trip was \$750, which included airfare, ground transportation, food and lodging for the community service members taking the time and effort to do something good for humanity.

The sacrifice of giving up their winter break was etched in due to the weather. The coldest week of the year brought 17-degree Fahrenheit temperatures, but no rain, as they continued to complete the project despite the cold.

The task accomplished was to install insulation and siding and completely drywall an entire house for a family affected by the storm on the gulf coast, which is

still in progress of restoration long after it occurred.

Several service members including Matt Johnson and Jenn Cline tried to find places that apparently do not exist anymore since the storm.

"One night Matt, Scott and I went looking for a bar with Sean's GPS on his phone.... and we walked for about 6 miles because sure, the bar/restaurant

"It was crazy to see how much was still just cement slabs, and what was still destroyed."

— Jenn Cline

building was still there, but the GPS hasn't been updated since the storm wiped everything out," Cline said.

"We tried doing the same thing for ice cream a few days later, but that place was just a cement slab, too," she said.

Taking community service members to Biloxi has become an annual process at CLU, where not only can these people unite within their group, but can also unite members of the community as well to help those in need of restoration on their homes.

Not only did the service members

tour the ghost town looking for fun, but they also experienced the appreciation of the community for the work that they were doing completely voluntarily for the people of Biloxi.

"A family from one of the churches we went to invited us over for king cake and dinner on two separate occasions, simply because we were volunteers and volunteers rebuilt her house," Cline said.


"The food was incredible and they were such kind people," she said.

Also added to the list of experiences on this trip were Katie Bode's tour of the largest house in Mississippi and the interaction between the community service members during the week long trip.

Students commented on the sight of the devastation yet, remarking that so much of the town is still cement and not yet rebuilt.

"It was crazy to see how much was still just cement slabs, and what was still destroyed," Cline said.


The upcoming trip for community service members will be the Alternative Spring Break trip to Mexico City on March 7-14. The contact is Community Service Center, csc@callutheran.edu.



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# Dreams do come true

By Tiffany Mataras  
and Matthew Railla  
*Special to The Echo*

The resounding lesson throughout history is that anything can happen if one dares to dream, which is exactly what 22-year-old California Lutheran University senior Roberta Gaugert



Roberta Gaugert did. "CLU had been my dream school since my sophomore year in high school," she said. "My parents always told me I was responsible for paying for my education and with CLU's price tag, I knew that wouldn't be easy."

At the suggestion of her father, who was a former F-16 pilot and retired high school JROTC teacher, she interviewed for an Air Force ROTC scholarship.

"When I got scholarships from both CLU and ROTC I knew it was God's way of telling me it was meant to be," Gaugert said.

AFROTC stands for Air Force Reserve Officer Training Corps. The program operates under the core values of integrity, service before self, and excellence in all we do in the name of national

security.

"AFROTC has given me an 80 percent tuition scholarship, which has allowed me to go to CLU. I get a stipend of \$500 a month and \$900 a year to pay for books," Gaugert said.

As wing commander in the AFROTC program, she is responsible for teaching and mentoring about 120 cadets from schools all over the Los Angeles area.

"I'm the highest ranking cadet responsible for overseeing the entire program," Gaugert said. "I work directly with an active duty officer to help the detachment run smoothly and accomplish all of the training objectives sent down by headquarters."

She operates from the AFROTC detachment located at Loyola Marymount University. At LMU, she attends a three-unit class, Leadership Laboratory, and meetings every Friday.

"At LLAB the upper classmen organize the training for the underclassmen who are preparing to go to field training. We do anything from

have active duty officers host a career day to flag football to marching," she said.

"All of this is in preparation for field training, which is the officer's version of boot camp. Cadets go the summer between sophomore and junior year."

Gaugert said she welcomes the challenge that her leadership ability faces everyday and believes the insight she gains into her strengths and weaknesses can be applied to all aspects of her life.

"It's a great lesson in humility because every success is the result of the people underneath me and every failure is ultimately mine. It's the name of the game," she said.

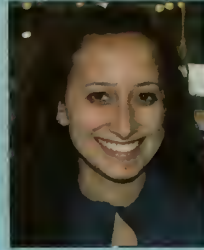
Although it may seem that her duties and full-time student status would leave her little time for anything else, Gaugert said she enjoys a plethora of other activities.

These include playing tennis, intramural soccer, volleyball and learning the guitar. She also works at the Study Abroad Center, is a transfer peer advisor and attends Common Ground every week.

Upon graduation, Gaugert will be stationed at Laughlin Air Force Base in Del Rio, Texas, where she will start undergraduate pilot training.

## Campus Quotes

"Who is your dream Valentine's Day date?"



"Former Cal Lu student, Anthony Williams."

-Sophomore  
Rachel Hubbard

"Kate Hudson!"

-Junior  
Kris Wikstrom



"Jessica Alba."

-Junior  
Andrew Adams



"Travis Dadigian, my boyfriend."

-Sophomore  
Mariah Block



"Carrie Underwood."

-Junior  
Jarrod Marini



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# State your opinion with decency

Do we not have a duty to show respect for men and women who dedicate their lives to service of this country?

If not a duty, then perhaps at least some common decency?

You might wonder why I ask the aforementioned questions when I have made it my policy this year to not personally get political whatsoever in The Echo.

It was important to me, as editor in chief, that my politics stay off the pages as to not risk the chance of showing bias on the part of this publication.

However during winter break, I was home with friends from high school. One of my male friends happens to be a Marine.

It was a surprise to my entire group of friends in high school the day we found out he had enlisted.

This was the guy who had been expelled for a semester the year before for coming to school stoned.

This was my friend who always had wild parties at his house and disrespected his mother on a regular basis.

Now he has been a Marine for more than three years and served two or three tours of duty in Iraq.

As he and two of his fellow Marines gathered around a bag of Doritos, they shared stories of their times in Iraq.

One talked about giving candy to Iraqi children while the other talked about walking through the streets with a gun and

an Iraqi child coming up and hugging him.

Then they began to talk about the responses they get here in America.

They live in San Diego and with their haircuts, they stick out as Marines.

Apparently they have people scream "baby-killer" and a list full of profanities at them on a regular basis.

Once at a bar, my friend had a girl approach him and tell him he would burn in hell for the atrocities he committed.

Story after story about the ill treatment they receive from fellow

Americans for the job they do.

Now I am not condoning war and I am certainly not asking anyone else to, but couldn't we show a little more respect for the young men and women who risk their lives?

We can all agree that the execution of this war has been less than perfect, and I am sure soldiers can admit that as well, but politics aside, isn't there something to be said for human decency?

Maybe this just upsets me because I know that my friend doesn't go into battle because he supports this war or President Bush's politics.

In fact, I happen to know he is a registered Democrat and considers his service strictly a job.

I also know however, that at 21-years-old he has walked through the streets of Fallujah with two guns across his chest and has already seen death firsthand.

How can one assume that anyone could enjoy that?

So I ask of all of you this semester, when writing into The Echo,

perhaps exercise what I am asking for on this topic.

If you don't agree with something, by all means, stand up for yourself and assert your views.

However, fallacious attacks on another person for his or her politics, or in my friend's case for his job, should not be made.

Also, it's important to do your research and not make assumptions about another human being and the life one leads or the thoughts one has.

Some pretty heated debates took place last semester over the elections.

This semester I hope we see more debates on other topics.

Just write with some integrity and respect for another human being.

While you may gravely disagree with an argument he or she makes, each of us has a right to our own opinions as well as the right to express them.

So have a great semester and WRITE ON.

I love reading your submissions.

## How to Respond

### Mail

Letters to the Editor  
Calif. Lutheran Univ.  
60 W. Olsen Rd. #3650  
Thousand Oaks, CA 91360

### Phone

(805) 493-3465

### E-mail

echo@callutheran.edu  
(preferred)

Letters to the editor are welcome on any topic related to CLU or to The Echo.

Letters must include the writer's name, year/position and major/department.

Letters are subject to editing for space and clarity.

## Beth knows best: V-Day gifts

### Helpful hints for finding the perfect present

*"Beth, I've been seeing a girl for the past couple months, and it's not really that serious yet, but we're probably going to be together over Valentine's Day, and I was wondering what would be an appropriate gift for her, I don't want to give her the wrong idea or make her think I'm cheap. So, what should I get her?"*

You're right in the fact that you don't want to give her the wrong impression.

I had a friend receive a gift from Zales, the jewelry store, and they had only been dating a month.

She freaked. She didn't know what to get him in return and didn't realize he was that serious about her.

All in all, it was a cute necklace, but a bad idea.

Here are some pointers for everyone when picking out Valentine's Day gifts or gifts in general for that "significant other".

Base it according to the seriousness of the relationship, gender and how long you've been in that relationship.

I'm going to take "the past couple months" as meaning two to three months.

For you, I would say something simple, yet thoughtful.

Think along the lines of a vase with roses and then maybe go out to dinner.

Most girls also enjoy something from Build-a-Bear and chocolate.

See's has great Valentine's Day gift sets, just FYI.

If you were thinking jewelry, maybe don't. Please don't get expensive jewelry, especially if you're not that serious about her.

I know some girls really enjoy receiving gifts that have to do with a hobby or something they really love.

If she really likes to cook, you could get her a set of bowls, or a frying pan or something. Then maybe go out to dinner or a movie or both if you feel so

inclined.

You could also do something that you both love to do together especially if you wouldn't normally do it.

I've heard of couples going hiking for the day, water skiing and so forth.

Since you don't know how serious you are with this person, I recommend something more casual and not too expensive.

But, just a hint, most girls do enjoy a present and dinner of some sort on Valentine's Day.

Everyone, I think, puts way too much pressure on Valentine's Day. It honestly is just another day that we happen to give people cards, candy and gifts.

All these things are enjoyable, but they honestly aren't necessary, especially if you, like many students, don't have a lot of money.

Just spending a special fun time together can be a great gift.

Try something new that she's always wanted to do. Show you care about her as a person and know what she likes.

If you're still questioning what to get, talk to one of her friends that won't tell her about it. That can be a great way to get ideas.

Again, I would like to hear more from you on topics you'd like to see covered in future columns, questions you've been dying to ask or things about which you don't have a clue but would like to know about.

Here's your chance. Just e-mail me at [empeters@callutheran.edu](mailto:empeters@callutheran.edu) or The Echo at [echo@callutheran.edu](mailto:echo@callutheran.edu) or drop your questions in the mail slot at The Echo office, 3256 Luther Street.



Candice Cerro  
Editor in Chief



Beth  
Peters

California Lutheran University Presents:



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# Don't be stupid, people

I generally don't think people are stupid. Then I remind myself that I work in retail.

There's no getting around it. Some people don't play with a full deck.

Anyone who works or has ever worked in retail knows that it's one of the toughest jobs, probably right up there with brain surgery.

And speaking of brain surgery, I'd like to say that some customers are in need of it for a variety of reasons.

Often, the customer/retail representative relationship begins with a stupid question.

If you read my column last week, you know how I feel about them. (Stupid questions, not columns.)

Frequently at my workplace, codenamed "Old Gravy" (hint: not an anagram), an unnecessary question is commonly asked.

Scenario: I am the only worker in the store who's standing in front of a cash register.

"Are you open?" a customer asks.

The temptation is to flatly answer "No," and then point them in the direction of the nonexistent self-checkout lanes.

Sort of like Wal-Mart, minus the indoor McDonald's and geriatric greeters.

But I never succumb to my anger, because as a wise Jedi muppet once said, "...anger leads to hate, hate leads to suffering, suffering leads to the Dark Side."

Just when I think the stupid questions are over, the customer has made his or her purchase and is heading for the door.

These days, a lot of high-end (and even some of the not-so-high-end) retailers include plastic detector tags on their merchandise to reduce product loss from shoplifters.

Old Gravy isn't even one of the not-so-high-end. However, we do have cut-off magnetic tags that say "Remove before washing," which a lot of people ignore

(a sure sign that brain surgery may be necessary).

So, whenever a customer "beeps" on the way out, the cashier typically tells them that they're OK to go, briefly explaining why the alarm went off, assuming that the customer accepts this simple explanation.

Even so, some customers still ask me if I am sure, as if they'll need motive to seek a second opinion

on the matter.

Holding back frustration, I politely say "yes."

Then I'm pretty sure a part of my soul dies.

We've all heard the expression, "the customer is always right," but, in reality, the customer is usually wrong (and he or she may require brain surgery).

In-store signage and ignorant shoppers are another common problem that I've noticed.

People love to look at prices on signs, but ignore the words surrounding those prices.

And let's face it, some stores have signs that are ambiguous.

For example, if you find a shirt on a clearance table, it's easy to assume that that shirt is on clearance.

Yet, more often than not, there's also a sign on the table that reads "Price as Marked, Select Styles Only."

Those six simple words inform the customer two things: first, the shirt will scan at the price that it is marked at.

Second, only a certain style of the shirt may be clearance priced.

Smart customers know the rules.

The other ones need brain surgery.

**T**here's no getting around it. Some people don't play with a full deck.

# We are all broke

## The state of California has run out of money

Unless you've been living in a cave, a closet, somewhere out of the way cabin or somewhere else without Internet access or TV, you've probably noticed we're broke. Well, California is, to be exact.

In a sign that even "The Golden State" isn't immune to the sickly economy, tight credit markets and high unemployment, the state officially ran out of money Feb. 2, according to ABC affiliate, KGO, a San Francisco radio station.

Now, like some starved college student who spends too much and earns too little, California has started selectively deciding which bills it wants to, and should pay first.

Queue the ramen noodles and trips to Costco for free samples.

It's not all bad news. Running out of money is different than going bankrupt.

State Controller John Chiang said, "C'mon man. California's good for it. We just need a little time to get through the rough patch."

All non-essential bills are being put on the back burner, and only those that the state has a legal obligation to pay are being dealt with.

Like many of you, I received my W-2 shortly after the first of the year signaling it was time for me to collect a tidy sum of money from my rich Uncle Sam and Gov. Arnold Schwarzenegger.

Uncle Sam is going to give me back several thousand dollars this year, thanks in large part, to the fact that I was/am a full-time student and pay too much for tuition at this bastion of higher education we call California Lutheran University.

Gov. Schwarzenegger, on the other hand, that cheap SOB, is only going to give me a few hundred dollars and now I'm hearing he's not even good for it.

So where's my money? Pay up sucka.

According to that same article from KGO, those expecting a state tax refund check this month are SOL.

The state will start issuing

IOUs (read: really we're good for it, trust us).

The state, legally, has until May 30 to issue those checks.

Oh, and if you were expecting a Cal Grant, you can kiss those monies goodbye too—for the time being.

While news outlets have been reporting that all students attending community colleges and state-run universities

are still guaranteed their money, little to no mention has been made to those of you attending private schools like CLU.

What's more, this isn't a new problem; any number of articles can be found on the interwebs from years back discussing projected

budget shortfalls in the billions of dollars.

That, and nothing has been done.

Instead, state leaders from both sides of the aisle have pussy-footed around.

Their own righteous self-interests and those of their constituents getting in the way of a compromise.

This leaves them unable to come to an agreement on which programs need to be cut and which taxes to raise to balance the state budget.

Our leaders, those motherf---ers, need to make decisions, some tough, many unpopular

but all decisive and precise to get us out of this mess.

They need to know it's all right if we don't like them; we're already going to

vote them out of office for getting us into this jam in the first place.

They need to fix it while they can, and retrieve the last scraps of public confidence left on the dinner plates of public opinion.

Ever the optimist, I guess it's nice to know it's not just me that has a problem with money.

Even those we entrust with our laws can have some occasional money management problems.

The only problem is their money management, or lack thereof, affects millions of people, millions of people who are already struggling to pay their bills.

My indiscretions only affect me.

Well, and my roommate who asks for my rent money on the first of the month.



Kevin Holt



Nathan Hoyt

# Valentine's not a scam

## Celebrate those you love on Valentine's and every other day

Every year when Valentine's Day approaches allegations arise that the holiday is just a scam crafted by See's and Hallmark in order to make money.

If this is so, why don't people accuse Hershey and the company that makes candy corn during Halloween for the same crime? Why?

It is because each year the people who are single feel they have to justify their reasons for not celebrating, instead of being happy for those who are in love.

To those who disagree with the idea of Valentine's Day, may I ask if you disagree with the celebration of birthdays?

At this point you're probably ready to move to the next article, but hear me out.

Today is not my birthday, nor is it any of my family members' and none of my friends'.

But somewhere out there it's somebody's birthday.

Just because everyone doesn't share the same one, should the person who's birthday it is not be able to commemorate themselves?

Valentine's Day is a day for couples to celebrate each other, and just because you're not in a relationship this year doesn't mean it's a fraud.

The Day has a valid history. In 270 A.D., Roman Emperor Claudius II forbid the marriage of young men and women, because he believed it made his soldiers weak.

A local priest named Valentine was appalled by the idea and began secretly joining young lovers in matrimony. Claudius II found out and ordered the arrest and execution of Valentine.

On Feb. 14, 270 A.D., Valentine was executed. He became a patron saint and every year on the day of his death a festival took place, where young Roman

men offered the woman they admired, or wished to court letters of affection.

All right, so I agree that historical traditions are long gone and people go a little overboard.

It's not just about the cards these days; it's the flowers, the chocolates, the jewelry and any other obscure gifts people can come up with.

But I don't see the problem with telling people you love them.

I haven't had a boyfriend on this holiday for quite a few years, so I haven't celebrated, but I have in the past and I will in the future.

This year I don't plan to celebrate, other than making some cupcakes for my roommates and this year you may not celebrate either, but another year you will.

If you plan on being in a relationship at any point in your life, you will have to celebrate.

The advice I'd like to offer is when you do find someone, try to make mini Valentine's Days for that person.

Store bought cards and huge bouquets aren't necessary.

Sometimes the sweetest thing is a note you find in your binder during history class, or the cookie your partner brought back to you from the caf.







See's and Hallmark do make a mighty fine profit off of Valentine's Day.

However this holiday is not a scam, unless it's the only day you choose to show your affection for others.



Leslie Gerard

## Sport Schedules

	Wed 11	Thurs 12	Fri 13	Sat 14	Sun 15	Tues 17
 <b>REGALS</b> Basketball		@* La Verne 7:30 p.m.		Caltech* 5 p.m.		
 <b>KINGSMEN</b> Basketball	@* La Verne 7:30 p.m.			Caltech* 7:30 p.m.		
 <b>KINGSMEN REGALS</b> Swimming Diving		SCIAC Finals Day One	SCIAC Finals Day Two	SCIAC Finals Day Three		
 <b>KINGSMEN</b> Baseball				Alumni Exhibition 1:00 p.m.		
 <b>KINGSMEN</b> Golf						SCIAC #1 @ Brookside 12:00 p.m.
 <b>KINGSMEN</b> Tennis				@ C-M-S 9:30 a.m.		

Shade denotes home game. \* Conference Game. DH= Double Header.

## A-Fraud caught juicing

Things are not going well in the Big Apple for Alex Rodriguez.

He already has to deal with jeers for not being a clutch hitter, for not being a "true Yankee," for being a narcissistic pretty boy and for numerous issues in his personal life.

Along with the tough New Yorkers, Rodriguez has been dealing with references of being called "A-Fraud" from ex-coach Joe Torre's new book "No need to read between the lines."

Last week everything got much, much worse.

The New York Yankees' third baseman, arguably the best player in baseball, has tested positive for steroids, according to a report by Sports Illustrated.

Rodriguez allegedly tested positive for Primobolan, an anabolic steroid, and testosterone in 2003.

He won the AL home run title and the MVP award while playing for the Texas Rangers that season.

After George Mitchell's report on drugs in baseball was released, he denied that he ever used steroids in an interview with "60 Minutes."

The tests were supposed to remain confidential and anonymous (oops!), and there was no penalty at the time for a positive result.

As it stands now, Rodriguez does not have to worry about punishment from the government or Major League Baseball.

Not surprisingly, he is keeping quiet, but we do know that he was aware he tested positive before the news was leaked.

With this damaging news now released, Rodriguez has a decision to make.

He could just deny it, like Barry Bonds, or he could claim it's all a big mistake, like Rafael Palmeiro.

Neither of these options seem to be very honest.

The only option he has left is to come clean. If Rodriguez did indeed flunk his test, he needs to admit it.

He needs to tell everyone what he did, when he did it, and most important, why he did it in the first place.

**T**he only option he has left is to come clean. If he did indeed fail a steroid test, he needs to admit it.

Playing the denying game will only further hurt his image, which he cares so much about.

What makes Rodriguez's case different than the others' is that

the former is only 33 years old and still has nine years left on his contract.

He won't be able to fade out of the public's consciousness like others have.

With Bonds ready to go on trial, Mark McGwire still in hiding and Roger Clemens backed into a tight corner, the only thing Rodriguez can do is tell the truth in front of the cameras.

It's obvious that Rodriguez will never get his old image back. He can go a long way, though, with a confession, apology and lots of details.

Consider Andy Pettitte and Jason Giambi, who admitted their past transgressions.

They have successfully returned to baseball without endless questioning. Sure, people still remember, but at least they have not been totally exiled.

No matter what, Rodriguez will have to deal with boos, signs and insults, as he rightfully should.

He committed the cardinal sin of baseball and must pay his penance.

But if he ever wants to make it to the Hall of Fame, he has to be smart about his next move.

He has nine years to prove that he can still be successful without the help of steroids.

Baseball fans will eventually, albeit reluctantly, forgive a cheater.

A liar, especially when it comes to steroids, not so much.

Regals youth  
looks to better  
past seasonFive juniors  
lead young CLU  
softball teamBy Salase Amoako  
Echo Staff Writer

Last Friday should have been the first games of the highly anticipated California Lutheran University softball teams season. but a field of soaked grass due to heavy rains prevented the team's debut.

Nevertheless, the Regals are still looking forward to their season opener rescheduled for yesterday where they were to take on Hope International of Fullerton.

Led by seven-year coach Debra Day, the Regals are looking to bounce back from their disappointing campaign last spring when they tied for fifth place in SCIAC with a 11-13 record and an overall record of 19-19, CLU's worst placing in more than 10 years.

The team will be looking for strong performances from pitcher Lizzy Chacon and catcher Emily Robertson and freshman pitcher Talia Ferrari according to Day.

"Emily Robertson caught for us nearly every inning, led us in hitting and broke the school single-

season home-run record last year and freshman Ferrari is expected to have a strong impact," Day said.

The Regals will have to rely on fundamentals rather than experience this season. No seniors are on the team, so the leadership will most likely come from the five juniors still competing on the squad.

"We take our season one game at a time," said Prudence Cathaway, assistant coach.

"They are quality examples of the CLU student population."

— Debra Day

"We look forward to all games throughout the season and consider each and every point a building point."

The team's chemistry will play an integral part in determining how far the team will go.

CLU will be tested of its convictions right away as it is set to square off against rival the Tigers of Occidental College on the road next Saturday. No one player will do it for them. It will have to be a collective effort this year.

"Our team gets along very well both on and off the field. Our coaching staff is extremely proud of our players on and off the field," Day said.

"They are quality examples of the CLU student population."



Photo Courtesy of Kevin Baxter  
Junior Emily Robertson leads a young Regals squad in the 2009 campaign.

# Kingsmen offense continues to dominate opposing pitching

By Andrew Parrone  
Echo Staff Writer

Sparky Anderson Field was host to an offensive explosion this past weekend as the California Lutheran University baseball team routed La Sierra University in both games of a double-header.

Junior Greg Gelber started the first game and pitched five shut-out innings as the Kingsmen defeated the Golden Eagles 15-2.

Game two was even more one-sided, as junior Chase Tigert also pitched five innings of scoreless baseball and the offense hammered La Sierra 27-2.

"La Sierra is a young team and has only been in Division III for a few years, so I expected us to do well," Head Coach Marty Slimak said. "If we would have struggled today I would be concerned, so I'm not really that concerned."

The Kingsmen will face off against former CLU players in the annual Alumni Game this coming weekend. The game starts at one o'clock p.m. Saturday.

Slimak's challenge was finding the appropriate balance between competitiveness and class.

"You never want to embarrass a team but you can't tell your guys to try and get themselves out," Slimak said. "I just tell the guys to continue to play hard and wherever the ball lands it lands. Just do it with class and don't embarrass yourselves or them."

Coming off two close victories to start the season, the bats of the Kingsmen came alive. Seniors Chris

Hertz and Nick Dingman each homered and had four RBIs. Junior Paul Hartmann also hit a home run, and junior Jarrod Marini knocked in three runs.

"We got a lot of hits and a lot of runs," Slimak said. "And we only gave up two runs each game so it was a total team win."

Things were no different the second game. Senior David Iden had an impressive seven RBI, while Dingman, senior Nick Pinneri and junior K.C. Judge each had four. Pinneri also hit a home run.

"The team effort was 100 percent today, we really stayed up for 18 innings," Judge said. "Without blowing them out really badly I think we did it with a lot of class, and we

played simple and straightforward Cal Lutheran baseball."

The impressive combination of pitching, defense and hitting led to a very successful set of games for the Kingsmen. Production like this may be hard to achieve again, but the teamwork that was displayed should last all season.

"The hitters did their job, they swung the bat really well all day," Tigert said. "The defense played well and the pitchers did their thing. It was a good day."

The Kingsmen start SCIAC play in a series against La Verne Feb. 20-21, Feb. 27-28 they face off against Claremont-Mudd-Scripps.

Home games start at 2:30 p.m. on Feb. 20 and 11 a.m. on Feb. 28.



#23 Scott Reed (LSU) slides back into second base while #13 Travis Dadi-gian applies that tag.

Photo by Max Buchanan

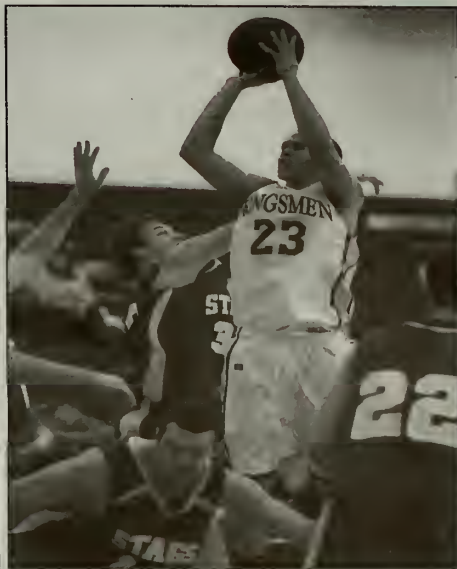


Photo by Doug Barnett

Sophomore Aaron Fisher puts a jump shot up between C-M-S defenders.

## Kingsmen look to continue strong play toward SCIAC tourney

By Melissa Conway  
Echo Staff Writer

The California Lutheran University men's basketball team looks to continue its climb to the top of the SCIAC ladder as they get ready to play at La Verne today at 7:30 p.m.

The last time the teams met, sophomore Aaron Fisher had a career-high of 28 points. What would another win mean for the Kingsmen's position within the conference?

"Right now we are battling to be the lone second spot in the conference. If we continue to keep winning, we can definitely still be in the mix to win the SCIAC again," Fisher said.

The men are in a three-way tie with Claremont and Whittier with a conference record of 6-3 for second place.

Wednesday was a good night for the Kingsmen as they beat Occidental College for the second time this year, defeating the Tigers 77-51 at home.

With 11:30 still to go in the first half the Tigers pulled within 18-14, but it didn't seem to bother the Kingsmen at all as they went on an 8-0 run. For the rest of the game the Tigers would never be able to get within 10 points.

Junior Kyle Knudsen and sophomore Greg Grimm had 17 points for the night, and combined for 5-of-6 from beyond the arc.

Grimm has returned from a back injury last year and has become one of many key players for the Kingsmen.

"It was hard being on the sideline last year but it helped motivate me to work harder in the off season. It took some time this year to get comfortable

on the court but I think I'm starting to get a feel for college basketball," Grimm said.

Freshman Aaron Van Klaveren and junior Andy Meier had a combined 20 points and 15 rebounds. The Kingsmen held the Tigers to 13 rebounds while the Kingsmen pulled down a total of 33.

It was a long night Saturday as the Kingsmen struggled to defeat Claremont-Mudd-Scripps.

The Kingsmen didn't let their guards down as they trailed at the half by 11, but came back full force to defeat the Stags 80-71.

The Stags took control of the

"I'm working on strengthening it right now and hopefully it will be good to finish the season."

— Andy Meier

game early as they extended their lead with less than nine minutes to go in the first half by 13 points.

The Kingsmen were able to bring it back within seven after their forward Andy Meier, was forced to leave the game with an injury.

Regarding his injury, Meier said, "I'm working on strengthening it right now and hopefully it will be good to go and finish out the season."

The Kingsmen came back ready to go starting the second half back-to-back 3-pointers by Knudsen and Fisher to cut the lead to one.

Once the Kingsmen gained the lead they never looked back, shooting 69.6 percent in the second half and making 4-for-6, 3-pointers.

## SPRING BREAK TRIP

Skiing and Snowboarding for 4 days and nights in Brighton Utah



Looking for 12 individuals to spend their Spring Break riding the best snow in the country. Trip cost \$2255, includes transportation, food and lodging. Lift tickets not included and will run from \$40-\$60. A \$125 deposit is due by February 10th. Deposit not refundable after March 1st. Contact Clark with questions: cclripps@clunet.edu.

**March 8th - 12th**



# Taking strides towards SCIAC championship

**Key returners  
& newcomers  
build framework  
for title run**

By Jeff Shalem  
*Echo Staff Writer*

At the beginning of every new sports season, coaches and players often say it is a different year from the one before. For the California Lutheran University track and field teams this year the saying rings true.

The 2009 season not only brings in new freshmen and new transfers, but also a new head coach.

Coach Matt Lea comes to CLU from the University of Arizona, where he graduated as an All-American, and was named to the All-Pacific-10 team four times. For the past two seasons, he assisted both the cross-country and track and field teams.

Prior to coming to CLU he was an assistant coach at UC Santa Barbara track & field program. With the new direction, Lea hopes to better last year's third place finish in SCIAC.

"Coach Lea is a great coach," said senior Kyle Hansen. "He really knows his stuff. What he brings to this campus does wonders for our track program. His knowledge of the sport helps with recruiting and getting more students on campus interested in the program."

Last year Hansen was SCIAC athlete of the year and finished one spot shy of becoming an All-American, which he said has motivated him a lot in the off season.

"It's like having that evil bug on your shoulder telling you you're not good enough. It helps to drive me to be better than I was a year ago," Hansen said.

Another first year coach, Geno Sullivan, is also excited about the upcoming season.

"We should do well. We have a lot of key newcomers coming

"I think with the talent on this year's team we should be able to contend for the conference title."

—Kyle Hansen

from other sports that are expected to do well," he said.

"Coach Lea is already doing a great job. He makes it fun to work under, and will be very successful for years to come."

Sullivan is expecting immediate contributions from many of the players he coached on the football team as well.

Expect big things from Danny Hernandez, Victor Lara and Kevin Shaifer this year. Shaifer and Hernandez are expected to compete in the sprints while Lara mainly competing in jumps.

Other returning top performers include senior Brett Cornejo who was ranked in the top 100 last year in the nation,

and senior Jordan Bebbler.

Both hope to contribute this year and compete for a SCIAC championship. Also returning on the women's side is junior Christa Youngern. Last year Youngern competed at the NCAA Division III Outdoor Championships.

Joining the team of already solid student-athletes are some talented freshmen and transfers. These athletes are expected to push their weight and score some big points during the meets to help solidify victory.

With all of last year's accomplishments, the track and field team still fell a bit short. The vibe this year is to continue to accomplish big feats, but this time have a better overall finish.

With the leadership of Bebbler and Hansen, and the direction of new head coach Lea, the Kingsmen and Regals feel very optimistic for the season.

The Kingsmen and Regals opened this past weekend in Santa Barbara at the SBCC Three-Way and will return to action after a two week break at the Rossi Relays hosted by Claremont-Mudd-Scripps on Feb. 28.

"The general team expectation is to finish better than last year," returning SCIAC athlete of the year, Hansen said. "We're definitely looking to finish as one of the top two teams in SCIAC. I think with the talent on this year's team we should be able to contend for the conference title."



Photo Courtesy of Tracy Maple

Freshman Kendra Carter had a game-high 16 points against C-M-S.

## Regals look to send seniors off with strong finish

By Tiffany Michaels  
*Echo Staff Writer*

The CLU Regals basketball team will be looking to pull out another victory over La Verne when the teams play Thursday at 7:30 p.m. on the road. Following the game against La Verne the Regals will return for their final home game on Saturday at 5 p.m. against Caltech where seniors Cheryl Lee and Melissa Conway will be recognized.

Coming into the game the Regals have a record of (6-15, 4-6 SCIAC), while La Verne has a record of (16-5, 8-3 SCIAC). The last time these two teams met, a little over three weeks ago, the game was tight, but the Regals came out with the victory 59-58.

CLU is coming off of a win over Claremont-Mudd-Scripps College and hope to follow up with two more victories this week to give them a shot at the SCIAC conference playoffs.

"We have to prepare for the game thinking that though La Verne is #1 in our league, we have beat them before. We know what it takes to beat them and we just have to be ready to do it on the road," junior Nita Sims said.

The La Verne Leopards are coming off of a win over Caltech and will be coming into the game looking for another win.

The ladies of CLU lost to Occidental College on Thursday due to a lack of offense and numerous turnovers.

The Regals got off to a lead, but lost it with 10:35 left in the first half to the Tigers, Brianne Brown, who hit a 3-pointer to take the lead back.

Brown with 19 points was the only member of the Occidental ladies basketball team to hit double figures.

After the half, the Regals came onto the court with more

intensity and came close to taking back the lead, but due to 33 turnovers for the third time this season, their deficit grew to 25 points.

The Regals top scorers, Sims and freshman Kendra Carter, were held to eight points a piece. Sims also led the Regals with five rebounds.

In total, Oxy shot for 40 percent from the field and held CLU to only 23 percent.

After the game, Lee said in anticipation for their next meet versus Claremont, "We can improve by taking care of the ball and everyone needs to work hard to get each other open on offense."

After a long practice Friday, the Regals came out strong with a victory over the Athenas 70-37, on Saturday at home.

CLU had a dominant start to the game with an 11-1 run in the first five minutes of the game. In the first half, Carter hit 3-of-4 3-pointers. They went into the second half with a 35-18 lead.

The Regals all posted great numbers for the game. Carter connected 5-of-7 3-pointers and 1-of-2 from the line to bring her to a game high 16 points as well as eight rebounds. Junior, Kelsey Paopao was an all-around threat with seven points, four assists, four steals and four rebounds. Lee and freshman, Danika Briggs had 11 points each.

CLU held the Athenas (15-9, 5-5 SCIAC) to a 26.2 percent shooting average, while the Regals shot for 43.4 percent of their attempts.

Aria Krumwiede was a standout player for the Athenas with a team high nine points with 3-for-6 shooting from the field and 2-for-2 from 3-point range.

"We need to continue this great basketball that we all know we are capable of playing throughout the rest of the season," Lee said.



Photo courtesy of Jacob Clark

Senior Chris Brouillette won the javelin on the men's side with a high throw of 50.90 meters.

# THE ECHO

CALIFORNIA LUTHERAN UNIVERSITY

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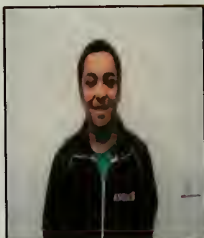
## ASCLU-G Election Edition

### Senate Director

I'm excited to announce my candidacy for the office of ASCLU Senate Director.

Serving as a Senator has been one of the most rewarding privileges of my CLU Career; I've witnessed first-hand the dedication of our student representatives to continually advance the CLU community.

My goal is ensuring the Senate's dedication to representing the student body continues to be

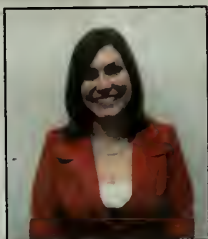


**Ben Martinez**

the utmost priority. I encourage you to voice your opinion by voting in the upcoming election!

Two years ago, I joined ASCLU-G as a Senator; this year I am serving as Senate Director. I have enjoyed these positions and Senate has had some great achievements under my leadership. I have seen what works and what doesn't, and I am confident in my ability to lead again next year.

Consider my experience, knowledge, commitment,



**Beth Peters**

friendliness and proven leadership, and I hope you will choose to stick with Beth for Senate Director.

This past year I served on the Executive Cabinet as Programs Board Director.

The experience that I've gained has given me the ability to achieve the goals of the student body and create the opportunities we all want to see at CLU. Because of my experience and



**Jesse Knutson**

enthusiasm, I know I can be a great leader. Thank you for your time.

### Programs Board

My name is Ryan Strand and I am running for Programs Board Director. My goal as Director is to have the board plan student driven, unique programs that are balanced with traditional favorites. This past year while serving on student government, I've observed the creativity and energy that it takes to lead this dynamic board. I



**Ryan Strand**

believe I possess those traits and promise to use them for good instead of evil if I am elected.

Hey CLU, and greetings from Washington, D.C. I believe in one thing, that the students should have an active part in campus programs. I want to enhance the relationship between the board and students so students may share ideas for Club Lu's. More important, I know I can work with the executive cabinet and next year's board members to bring amazing experiences.



**Write-in Ashley Ramos**

So I am asking you to consider me as for ASCLU programs board director

### PRESIDENT

As your representative in assemblies like the Board of Regents and the Alumni Board, I vow to you my complete advocacy, even against tough opposition.

Presiding over the Executive Cabinet, I will work with your other elected student representatives to ensure ASCLU-G reflects



**Reshai Tate**

the needs and interest of all students.

I appreciate your support!



Photo by Doug Barnett

Naomi Wolf grasps the audiences attention as she discusses the myth's of beauty.

## The myth of beauty redefined by raising awareness

By Ben Hogue  
*Echo Staff Writer*

Feminist, social critic and political activist Naomi Wolf encouraged students to redefine beauty for themselves while raising awareness of the pervasive inequities that exist in society and politics in her talk "The Beauty Myth."

Wolf is the author of eight books, including the New York Times best-seller "The End of

[beauty] on ourselves."

Many of the attendees came out of the talk enlightened and gained a better sense of the beauty myth.

Wolf's focus encouraged all people to take charge of their lives, voice their concerns and enact change.

"The talk was very empowering," sophomore Talia Loucks said. "I think it's a message everyone should hear."

Wolf's book was the inspiration of her talk, which will eventually be made into a documentary to be used in classrooms.

In both the talk and the book, she argued that women's insecurities are heightened by an "impossible standard of beauty and exploited by the diet, cosmetic and plastic surgery industries."

"The cosmetic industry sells things that don't work!" Wolf proclaimed when "outing" many different creams and quick fixes. "Men and women deserve to be informed."

Junior Danny Liles felt comfortable as a college male attending the event focused on issues concerning women. "I appreciated the inclusive language and the information given," Liles said. "In all, it was a very interesting talk."

## Panel talks of future jobs

By Aaron Hilf  
*Echo Staff Writer*

Students were able to get real world advice from professionals in the field today as California Lutheran University held its annual "Careers in Communication Speaker Panel."

Many students came to listen to the panel of notable speakers who didn't disappoint.

"I hope students get inspired to find a career that they love," said Sharon Docter, professor of communication and department chair at CLU.

Docter, along with other faculty members, continues to bring this yearly discussion to CLU in the hopes that students will gain tangible information to help them in their future endeavors.

Students were able to hear from a variety of speakers including many CLU alumni. Speakers were Jimmy Fox, executive assistant to the chairman of NBC Entertainment and Universal Media Studios and Trevor Kelley, manager of music and marketing of Myspace. Steve Hess sales manager for Goldcoast Broadcasting and Jaime Nack president of Three Squares Inc, and a CLU professor also talked with students about their careers.

"I love that they have people from all over the communications industry," senior Ana Garcia said. "It really allows me to see all the options available."

Speakers talked about a range of topics from possible careers after graduating with your specific degree, to the different salary ranges students can expect

upon entering the workplace. The distinguished panel also gave students tips on how to land jobs and how to be happy in the field they end up in.

"Be passionate about what you do," said Hess.

Hess along with Ian Brown, who is a recruiter, trainer and development manager for the Los Angeles Daily News, rounded out the panel giving their overview of the journalism world for students who are interested in the field.

Brown spoke heavily on the need of having great interviewing skills and the importance of networking your way through the job market. He gave students a harsh and realistic idea of what the workplace is like in the competitive field of journalism.

"You definitely need to be resilient," Brown said.

Fox was the only returnee to the panel this year. As a 2004 graduate of CLU, he was able to relate to the students and help them realize their potential.

Having worked his way up from numerous internships and entry level positions, Fox now helps with the inner workings of many NBC productions and assists the chairman of NBC Entertainment and Universal Media Studios.

He also stressed to students the need of preparation before graduating, to have that extra edge over the competition. Nack also relayed this message to students.

As a successful event planner Nack used her in college experiences to help her learn her trade even before graduating college.

Through clubs and on-campus organizations she built her skill through trial and error before even making it into the workplace. She and the rest of the panel told students the importance of this kind of preparation.

"Information is your currency," Fox said. "Know what it is you want, never stop learning trying to achieve it."



Photo by Eric Vaughn

Jimmy Fox from NBC addresses students at Comm. Careers Panel.

## Romance dead on college campuses

By Kailee Loughlin  
*Echo Staff Writer*

Sex, alcohol, pornography and hooking up were a few examples of the topics at the Naomi Wolf talk at the Samuelson Chapel on Feb. 12.

Wolf presented an hour long speech on the various subjects that encouraged participation from the wide ranging packed audience, some of whom were more eager to share their feelings on the matter at hand than others.

However, Wolf wanted to make sure that everyone walked away with the same deadpan message: Romance is dying and it needs to come back.

"We are all faced with various pressures and hooking up is a solution. Why is it so popular?" Wolf asked. "Your generation is stressed, exhausted and there isn't time for romance, but we still long to have a connection with someone. A drunken Saturday night gets the job done."

The talk was recorded for an educational film that Wolf is in the process of making. Wolf is an author of eight books including the New York

Times best seller "The End of America" and has given lectures on these topics at various universities across the country.

With the pressures of school and work, especially now in troubled economic times, people aren't falling in love because there is no time (or money) for it and that has become a true failure. So, if there really is no time left in busy schedules for a real relationship does hooking up just continue to happen?

"I don't think most students get the opportunity or allow themselves the opportunity to take time in the middle of it all to stop and reflect on decisions they have made or wonder about possible outcomes of an impending situation," said Amanda Whealon, coordinator for Student Leadership and Programs.

In particular, what seemed like a good idea of mixing alcohol and sex into a one night stand could lead to unwanted consequences. But, this could also be due to our lack of sexual education and not having someone, like Wolf, coming in and giving the facts point blank on this sticky issue.

"Negative sexual education can lead to higher rates of unwanted pregnancy and STDs. Your sexuality is very precious and sacred. It's a great gift."

If sexuality is a gift, then maybe it should be treated with a little more care. But, when phrases like "bring back petting," "beer goggles" and "walk of shame" are being tossed around like everyday vocabulary, it can be hard to take what Wolf is saying to heart.

"I understand why many might have found some of her language and topics shocking, but let's not forget that one of her main points was that your generation should consider the benefits of saving sexual intercourse for long-term committed monogamous adult relationships - that casual college relationship should stop at 'third base,'" said Dr. Adina Nack, an associate professor of sociology and the introductory speaker for Wolf's presentation.

If someone isn't aware of the distinction between the different bases, like Wolf kindly suggested, go ask a friend.

America."

She is also the co-founder and president of the Woodhull Institute for Ethical Leadership and co-founder of the American Freedom Campaign.

Film crews and cameramen, along with students, faculty and staff crowded the Samuelson Chapel on Thursday at to hear Wolf speak.

"Let's take it back. Let's redefine beauty for ourselves," Wolf said. "Look around us and see the radiating beauty. Make choices that make sense. Take it back and bestow it

# The safety of the campus explored

By Margaret Nolan  
*Opinion Editor*

The students at California Lutheran University are now thinking twice before leaving anything unattended in their cars due to the slew of car burglaries that have happened during the past month on campus.

The first three cars were broken into on Feb. 1, while another one was stolen from the student parking lot by the north side of North Hall and Potenberg facing Olsen Road.

On the morning of Feb. 17, two more student cars were broken into by the south side of Grace Hall.

In every situation, the front windows were broken in and valuable items such as I-Pods, cell phones and GPS's that were left visible were taken.

"I got four phone calls from security in the morning," junior Matt Heagy said.

"When I finally could check my messages, they said that my car had been broken into. My driver window was smashed in, everything in my glove box was scattered around my car. They

took my I-Pod, the adapter, my Bluetooth and all my spare change."

That same day, three other vehicles were broken into on the north end of Thousand Oaks, not on the CLU campus.

According to Fred Miller, director of Safety and Security, the rash of auto burglaries over the last month is affecting more than just this campus.

They have spread from the north end of Thousand Oaks, close to campus, to the areas

of Newbury Park along the 101 Freeway.

Several car burglaries have also occurred in one of the communities off of Avenida

de los Flores.

While the police have not yet shared any possible suspects with the school, they are conducting an ongoing investigation and have stepped up their patrol on the CLU campus and the surrounding areas.

"All this definitely makes me more conscious of what I leave in my car," junior Matt Lee said. "I roll up my I-Pod adapter and cover up anything that might

catch the attention of someone."

Campus security has heightened their levels of patrol, especially at nighttime when all of the previous robberies have occurred.

They have also passed flyers along to Residence Life to be given to students that provide warnings about leaving valuables in cars and advice for protecting vehicles.

"You should take all of the security measures that your car offers," Miller said. "Lock all your doors, your trunk, turn on your alarms, do everything."

The police do suspect that the thieves committing these robberies are watching people leave stuff like purses, I-Pods or cell phones in their cars and then break in as soon as the person leaves their car unattended.

"Don't think that this can't happen to you," Heagy said. "My car was parked right outside my room where I could see it and it was still broken into."

People also need to protect their aftermarket stereos, as those were the targets of the first four burglaries on campus.

Miller advises students to take the extra minute to take their faceplate off their stereo and throw it in their backpack before locking up their car.

"Use common sense," Miller said. "Don't leave stuff in your car, no matter where you go."

## Black History Month celebrated

Open mic night marks 2nd annual celebration

By Kelsey McBride  
*Echo Staff Writer*

Black history continues its celebration in February at California Lutheran University. The Black Student Union, also known as Brothers and Sisters United and The Word Multicultural Journal are hosting a variety of events in honor of Black History Month, featuring poetry, music, art, games, movies, lectures and more.

One of the first events was the second Annual Open Mic Night with poetry, music and food in the Student Union Building.

"Today we are here to celebrate black leaders from the present and past," sophomore Jackie Rodriguez said.

The goal of the BSU is to learn about, raise awareness, celebrate and share with the campus the richness of black history and issues affecting the black community and to enjoy the varied aspects of African culture in the U.S. and around the world.

Sophomore George Steeves sang the songs "Lean On Me" and "Ain't No Sunshine" with freshman Miguel Tenorio on guitar. They got the whole crowd to join in and sing along with them.

"I chose these songs because they are universal and everyone has

heard them at least once," Steeves said. "I feel Bill Withers is an icon in music when it comes to black history month because he represents true vocal talent."

Regarding the importance of celebrating Black History Month, Matthew "Catfish" Jean, a senior, said that "I think it is kind of bad because you simply say you have this month to celebrate it but you don't have a white history month or Jewish history month. I think it is a good thing though because a lot of people in general don't know the leaders or history. Why does it only get one month when it should be acknowledged all the time?"

Jean read two poems that he wrote.

One of them, "The Pigeons Paradise," is about the three types of women in the world today. The chicken head, the cosmetic conscious type, and the righteous woman. This poem was about how the way a person dresses shows who a person is.

Open Mic night was a successful event and had a lot of participation from students and faculty.

The Word and BSU will be hosting events all month long and encourage students to attend.

Last week was the fourth annual Black History Month Super Quiz. Another event is CLU's first Black History Month Poetry Slam outside of the SUB.

Every Friday during this month movies such as "The Autobiography of Miss Jane Pittman" and "Glory Road" will be playing in the SUB from noon till 1p.m.

# CLU's model UN visits Harvard

Students travel to Boston for Model UN

By Candice Cerro  
*Editor in Chief*

Political Science majors from California Lutheran University got a taste of Ivy League life last week when they attended the Harvard National Model United Nations.

CLU's Model UN team was founded by Gregory Freeland, Ph.D., in 1995 and has been attending the Harvard conference for five years.

Seventeen CLU students have been preparing since the beginning of the school year to represent the countries of Jamaica and Haiti and go up against schools such as Yale, West Point and Brown.

Model UN is a simulation of the real United Nations where students get an opportunity to serve as diplomats from a country and vote in a manner in which their countries would.

"Students prepare for HNMUN by participating in a Fall MUN class and attending a local (Anaheim or Buena Park) one day, California MUN for practice and to become

more familiar with the process," Freeland said.

"Students self-select themselves through their interest in international relations, political science, and communications primarily, although we have had participants from business, religion and other disciplines."

This year many students from CLU had the advantage of actually visiting Jamaica over winter break on a travel seminar lead by Freeland.

"Traveling to Jamaica was excellent prep for MUN students. They attended daily lectures by University of West Indies professors (most on subjects to be covered at HNMUN), went to cultural events (maroon festival, theatre) and ate local foods," he said.

"This is by far the most involved I think CLU has been at this conference..."

— Joelle Cortez

Freeland explained that CLU plans to visit Jamaica bi-annually and that other travel seminars to countries like South Africa are in



Photo Courtesy of Jessica Kolstad

CLU students with Dr. Freeland at Harvard National Model United Nations last week.

the works.

He did not work alone in preparing CLU students for the conference. Head delegate Joelle Cortez also helped smooth the process along.

"As head delegate I recruited students to the class, registered our school and all delegates for the conference, reserved our rooms for the hotel and stayed in contact with the dean in order to get our fees paid

for," Cortez said.

"I was also responsible for keeping in touch with all of the students to make sure that they had position papers written and plane tickets to get to Boston."






Students were in Boston for five days, affording them the opportunity to explore the city, visit Harvard's campus, enjoy the Bostonian seafood and stop for a

drink at Cheers.

"While there are a lot of other things that I enjoy about MUN, I just want to point out what an amazing group of students that we had this year," Cortez said.

"This is by far the most involved I think CLU has been at this conference, and that has a lot to do with the fact that our students were just really excited to be there."

## Around the Campus

<b>WEDNESDAY</b> February 25  <b>University Chapel:</b> <b>ASH WEDNESDAY</b> Nancy Nelson 10 a.m. Samuelson Chapel  <b>The Need: I The Mighty</b> 10:10 p.m. SUB	<b>THURSDAY</b> February 26  <b>Senior Salute Day</b> 8 a.m. - 5 p.m. SUB  	<b>FRIDAY</b> February 27  <b>"It's not what you look at that matters, it's what you see."</b> ~Henry David Thoreau  	<b>SATURDAY</b> February 28  
<b>SUNDAY</b> March 1  <b>University Soloists and the University Symphony</b> 2 p.m. Samuelson Chapel	<b>MONDAY</b> March 2  	<b>TUESDAY</b> March 3  <b>The Gleaners and I (2000)</b> <b>Reel Justice Documentary Series</b> 5:30 p.m. SUB 	<b>NEXT WEEK ON CAMPUS</b>  <b>SPRING BREAK</b> March 9 - 13

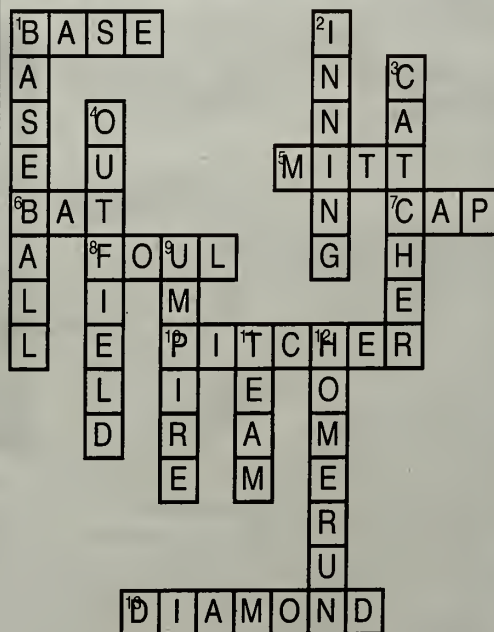


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CLU Students Get In FREE!

### Answers from Feb. 4 Baseball Crossword Puzzle



# Kwan Fong art unites community

By Jen Reissman  
Echo Staff Writer

Four artists have transformed common objects into unique pieces of art that are displayed in the Assemblage Exhibit in the Kwan Fong Gallery at California Lutheran University.

"Assemblage is a well established art making form going back to Dada in the 1940s," curator Michael Pearce said. "It is where artists find value in common place objects in a gallery setting where they become a thing of beauty in the gallery."

The Assemblage Exhibit opened Feb. 7 and will last for one month. The exhibit was initiated with a grand opening on the first day it was unveiled.

Pearce said "the exhibit was really well received and there was a great turn-out for the opening."

The exhibit brochure describes featured artist Bob Privitt as having many accomplishments. He is an expert drawer and sculpturist and his work is being displayed in many different public collections. He is also a former motorcycle racer, he worked as a journeyman ironworker and welder.

Fellow artist Gary Raymond is a sound artist who is fascinated by the mysticism of inanimate objects. He uses non-traditional art objects as the visual subject

facilities this perceptual metamorphosis due to the recalibration of our awareness of objects we have mentally catalogued and dismissed in our brains according to the brochure.

Leslie McQuaide is another artist who is featured in the gallery. McQuaide's art leads us into a path littered with signs of miraculous, mysterious and transcendent constructions. The gallery brochure describes "McQuaide [as] anything but a producer of nonfunctional art. Each piece acquires a sacred purpose as it comes together."

Larkin Higgins, CLU art professor, is also displaying artwork in the Assemblage exhibit and as stated in the brochure, "the body of work in this exhibit recycles books published in the United States, especially on topics involving rules relating to human behavior. Each of these 'found' books sparked a visual textual reaction in the artist," as stated in the brochure.

Higgins said that "what inspired me was the content of each discarded book. I reacted to each one individually and three-dimensionally. I hope each artwork allows the viewer to be engaged in the process as well, creating a dialogue."

The Kwan Fong Gallery has been open for almost four years and has new art shows about

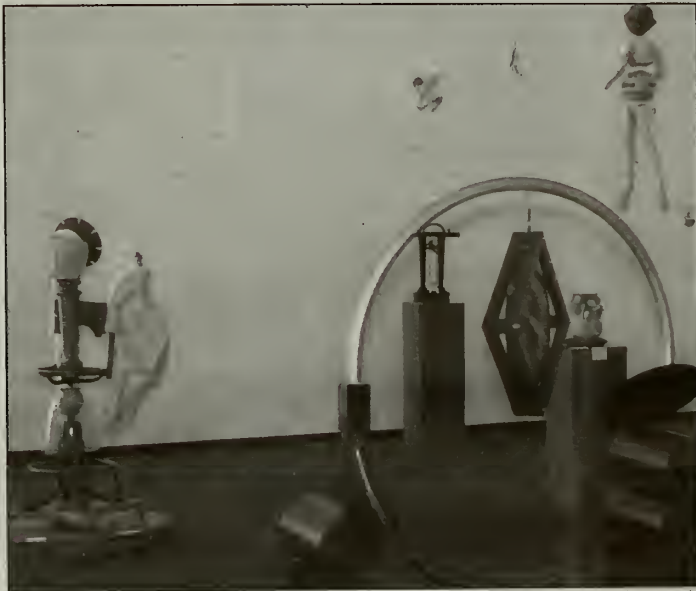


Photo by Eric Vaughn

Non-traditional art objects fill the Kwan Fong Gallery.

every month and a half. Pearce thinks the gallery has three different purposes.

"In Thousand Oaks there are very few places with art that isn't local so at CLU we are reaching out to a greater community in the area," he said. "Another purpose was to bring people

in the community to CLU to not only see the gallery but the school, too. The other purpose is to feed academic dialogue in the work, to have shows that relate to each other and create dialogue and discussion of academics in a liberal art institute."

The next exhibit that will be

displayed is a show called "New Work," by Megan and Murray McMillan. It will be in the gallery immediately after spring break. To find out more information on current Kwan Fong Gallery events be sure to look at the web site [www.callutheran.edu/kwan\\_fong](http://www.callutheran.edu/kwan_fong).

# CLU alum has brains and beauty

By Desiree D'Arienzo  
Echo Staff Writer

California Lutheran University has its very own beauty queen, Jillian Bischoff. The CLU alumna was crowned this year's Miss Ventura County and is on her way to doing things she always dreamed of doing. Bischoff graduated in December of 2007 with a degree in theatre arts and received a marketing certificate from Moorpark College.

After placing third runner up in the Miss Ventura County pageant in 2008, Bischoff turned around and got exactly what she deserved in the 2009 pageant. At the pageant, the contestants were asked to compete in three different areas: swimsuit, interview and talent.

Bischoff performed the musical number, "So Much Better" from the hit Broadway musical, "Legally Blonde: The Musical."

As Miss Ventura County, Bischoff gets the chance to compete in the Miss California pageant later this year. She said that she "will compete against, anywhere from 43 to 52 other girls." While she waits for her time to compete, Bischoff will be training and making appearances as part of her duties as Miss Ventura County.

"[I'm] trying to show girls it's okay to be smart and beautiful. You don't have to choose."

— Jillian Bischoff

In addition to all the things she does on stage, Bischoff still has maintained a thirst for knowledge. She is in the graduate program at Cal Lutheran and has received an academic scholarship as part of her prize for winning Miss Ventura County. She is on

track to receive her master's in guidance and counseling K-12.

Bischoff also received two other awards in addition to her title. She won the Spirit of Life and the Academic Achievement awards.

For her Miss Ventura County pageant, Bischoff was asked to prepare a platform statement. The statement was supposed to represent something that the contestant does as a service to her community. Her statement was based on "seeing beauty from the inside," something she put together due to her personal struggles with eating disorders when she was younger.

Bischoff wants to help girls that are struggling with their problems with self-image. She said she is "trying to show girls it's okay to be smart and beautiful. You don't have to choose."

One of the things she does to help create awareness about eating disorders and their consequences is to donate to NEDA. NEDA, or the National

Eating Disorders Association, has been responsible for many accomplished ways in which they have helped young people who suffer from eating disorders. Bischoff is very attached to this cause and has been raising money for this

foundation for a few years. She even mentioned that The National Eating Disorders Awareness Week is from Feb. 22-28.

Bischoff will compete in the Miss California pageant this June.

## THE ECHO

California Lutheran University

2008-2009

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# Hip hop club hosts lyrical duel

By Heather Taylor  
Echo Staff Writer

The bumping beat vibrating from inside the Grace Hall Lounge announced to the California Lutheran University campus that even though the day had been slick with chills and rain, the Spit It party was only getting started.

Hosted by the CLU Hip Hop Association, Spit It is a hip-hop freestyle battle between six contestants. Each contestant warms up with one minute to flow on a chosen subject against another challenger. A set of judges decide on who will go to the next level and the final two face off in a final bout of freestyle.

"I want to see some energy out there!" illdub said, the

first challenger of the evening before launching into song. The audience got into the sound, clapping and nodding along to the smooth beats.

Rex, the second performer, got the audience to walk up to the stage while spouting out lyrics proclaiming his girl's "jeans [are] supertight like airport security."

"Hip hop music events aren't that common on campus," junior Stacy Gross said. "I have major respect for people who get up there and freestyle like that."

From the subject of politics to ex-girlfriends, the challengers raise the bar on how low they can go during the warm-up sessions.

Contender Griffin started off the topic of ex-girlfriends by asking the audience, "First

of all, is my ex here?" before launching into catchy rhymes comparing his ex-girlfriend to being as easy as free Halloween candy.

While Griffin gets the laughs, it was his competition, Cross, who was the standout of the evening. Cross had strong flow peppered with expletives that didn't pause or get stuck easily.

This was unlike some of the rivals who made tired Star Jones and Paris Hilton references that barely got a polite chuckle from the crowd.

The final showdown was between Griffin and Cross, as chosen by the judges, with the topic of freedom.

Griffin's rap declared, "We won't even see social security... freedom, I demand it." Cross took a higher route, saying "It's all love from me to him..."

freedom is all I see."

The first place winner was Griffin, who won a mike-shaped trophy.

Second place went to Cross,

"I have major respect for people who get up there and freestyle like that."

— Stacy Gross

who received a 640 gigabyte hard drive and a praise of being "dope" from Griffin.

The third place winner was illdub.

"I loved the turnout," senior Josie Santiago said. "It was great for people who aren't familiar with the culture, they got to experience something

new."

Santiago, the vice president of the Hip Hop Organization, hosted the event alongside Elsa Perez, the club president. Santiago rounded up performers from Northridge, Thousand Oaks and Ventura County for the freestyle battle.

"It's very difficult to get into the industry," said Santiago. "Get your name out there, network with someone you know, and continue on."

Cross, whose real name is Stephen Barra, has been rapping for four years with Stainless Love Entertainment and encourages hopefuls to "never give up, no matter what."

The Hip Hop Organization's upcoming events include the Hip Hop Panel discussion on Thursday and the art exhibit in Overton Hall on Friday.

# Festival honors theater students

By Michelle Schwartz  
Echo Staff Writer

Eighteen theater students were missing last week, from the California Lutheran University campus.

Instead, these students were at Cal State Fullerton, for the American College Theater Festival, with seven of those students attending because they were nominated for their acting skills.

Students Gretë Bergland, Kelly Derouin, Zach Gallen, Beth Palko, Sophie Sinise, Noah Skultety and Ryan Strand were nominated for an acting award called an Irene Ryan, and they attended ACTF to compete with hundreds of other college students from the southern region to try to make it to the national competition in Washington, D.C.

ACTF is not just an acting competition, but is also for technical theater students, stage managers, dramaturges and directors. Not only are all of these students competing for awards, but ACTF is also a week-long festival featuring invited shows, scenes, workshops, student written productions and one acts.

Bergland was nominated for the first time for her role this past fall in "Anatomy of Gray." Although she felt honored to be nominated, the pressure that comes with a nomination is very intense. The nominee must have a scene partner and prepare two scenes and a monologue.

"I felt a lot of pressure to not disappoint," Bergland said. "One of my scenes was red listed and I didn't know this until a week or so before we left for Fullerton, and had to pull a second scene together in two days."

In preparing for this competition, each student read

10 shows or select scenes on average to try and find the right scene to compete with. Strand read over 20 different shows to find his scenes and has been

preparing for this competition since December 2008. Strand was nominated for his leading role in this past fall's blackbox, "Bright Ideas."

"I was very proud that as a freshman, I could be recognized for my work."

— Ryan Strand

"I was very proud that as a freshman, I could be recognized for my work," Strand said.

For any student, missing a week of school means a lot of make-up work, and usually an upset teacher. Although these theater students had department excuse notices and were competing to represent our school, not all teachers respond positively to their student being absent.

"Most of my professors weren't familiar with what I'd be doing and so they didn't really care," Bergland said. "They just wanted me to get my work done."

For Strand, his teachers' responses were mixed.

"Most were very understanding and excited," he said. "But some still gave me that, 'Theater? Really?' kind of look."

Gallen had been preparing for the competition since he found out he was nominated in November of 2008. This is his second Irene Ryan nomination. When it came to missing his classes for this week, Gallen said it was all about how he phrased the competition to his teachers.

"When I said, 'I have the privilege of performing' they simply encouraged me to have my assigned material prepared for my return. However, at other times the professors would not be happy about me missing class because of their absence policies."

After seeing hundreds of theater students do their scenes, the judges at ACTF only selected 32 actors to move on in the competition. No one from CLU moved on, but being nominated in the first place is a high honor.

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## Movie Review:

## ‘Slumdog Millionaire’

Destiny. The idea that we can meet someone as a child and fall so deeply in love that it pushes us throughout our lives, relentless in its pursuit of the one person who completes us, mind, body and soul.

In the movie “Slumdog Millionaire” we witness the story of Jamal Malik (Dev Patel) an 18-year-old boy from Mumbai, raised in the slums, who becomes a millionaire.

He gets the opportunity to be on India’s “Who Wants to be a Millionaire” game show. In doing so we are a witness to his life. It is a life full of trials and tribulations.

Directed by Danny Boyle and Loveleen Tandan, “Slumdog Millionaire” is a captivating movie that provides a first hand glimpse into the life of poverty in India. What makes this movie different from a normal “rags to riches” story line is the screenplay.

Written by Simon Beaufoy, the screenplay allows you to see firsthand Jamal’s life, as well as the lives of his brother, Salim (Madhur Mittal), and Latika (Freida Pinto), his one true love.

“Slumdog Millionaire” gives the audience a wake-up call about the poverty some people live in and opens our eyes to the lives of children who become innocent victims, and become the true casualties of war.

The game show is merely a microcosm in the film, and what gets the audience so enthralled are the flashbacks Jamal walks us through, about the things he’s had to go through and the monstrosities that have been done to him.

After Jamal is one question away from winning 20 million rupees (about half a million U.S. dollars) he is kidnapped by the local police and dragged through a terrorist interrogation. The police are convinced that he is cheating his way through the game show

and are determined to find out how he did it.

Throughout his interrogation, they play a tape of his episode and pause after each question to ask him how he knew the answer. By answering the police chief’s questions we are taken through his life and watch as he grows up and views his life experiences.

We see that he lived a life on the run, whether it is from gangs or just looking for a dry place to sleep. Jamal’s life plays out during each explanation of his answers and as we see his story unfold, we begin to get a true grasp of how far he has come.

Once the child who looked to his brother Salim for guidance, he grows into a self-driven call center chai runner whose never-ending search for his one true love, Latika, leads him in and out of many perilous situations. His relationship with his brother changes drastically after his brother takes Latika away from him and begins lacking for a well known mob boss in his old neighborhood.

Through Jamal’s trials and tribulations we come to understand his main desire for being on the game show, the chance to be seen by Latika. The one show she always watches is “Who Wants to be a Millionaire,” because as she puts it, “it is an escape from what’s going on around me.”

His story captivates the nation, inspiring people from what hope felt like.

It is destiny that helps Jamal answer that final question for 20 million rupees. “Slumdog Millionaire” is a must-see film that will leave you clapping after its final credits roll. Is there such a thing as destiny? Can we believe in fate? This movie will leave you with no doubt that anything is possible.

“Slumdog wins best picture!”



By Scott Beebe  
Movie Critic

## Music Column: Duo, Meg and Dia

By Desiree D’Arienzo  
Echo Staff Writer

I want to begin by introducing this project that I am trying to start up. Due to my absolute admiration for music and the world surrounding it, I want to share new bands and provide you with upcoming shows. Although these are artists that I prefer, I will cover all sorts of genres and I like to think I have pretty good taste in music. My hope for this column is to give the students at California Lutheran University an easy place to explore new avenues of artistry and options for new events in the surrounding areas. I hope you enjoy what I have put together for this column. Besos!

**Artist to Watch: Meg and Dia**

Meg and Dia have been on the rise since they released their first album, “Our Home Is Gone,” in 2005. The duo of sisters began writing together when they were young and jumped into it head-first after Dia graduated early from Shadow Ridge High School

in Las Vegas in 2005.

Personally, “Our Home Is Gone,” is my favorite album by them because it’s more acoustic than anything due to the fact that they produced it themselves and were a duo at the time, rather than the full band they are now.

Their second album, “Something Real,” was released in 2006 and is when the group started getting major attention. The “Something Real,” album consists of newly revamped songs off of “Our Home Is Gone,” and some new stuff as well.

They toured for 2 1/2 years after they released their second album. Meg and Dia made a few appearances on the Vans Warped Tour during that time, and got a chance to work and tour with big names such as Plain White T’s, Bayside and The Spill Canvas.

Coming up in March Meg and Dia will be releasing a new album, “Here, Here, and Here.” Two singles have been released and they are outstanding. “Black Wedding” is a crazy upbeat song with rad guitar solos and has such an amazing sound.

I love what they were but I embrace them for their adventurous attitude toward music. I hope you will listen to them and enjoy their music as I do. You can find their music on meganddia.com. In addition, you can see them at the House of Blues in West Hollywood on March 13.

My favorite Meg and Dia songs: “Indiana,” “Monster” and “Nineteen Stars.”

My favorite Meg and Dia Album: “Our Home Is Gone.”

**Upcoming Shows:**

Friday- Big Bad Voo Doo Daddy at Canyon Club Thousand Oaks.  
March 11- Shwayze and LMFAO at House of Blues West Hollywood.

March 13- The Subcity Take Action Tour w/ Meg and Dia, Cute Is What We Aim For, Breathe Carolina and Every Avenue at House of Blues West Hollywood.

April 4- Berlin at House of Blues West Hollywood; Gin Blossoms at Canyon Club Thousand Oaks.

## Campus Quotes

“What are some creative ways to save money during the economic recession?”



“Learn how to cook!”

—Senior  
Emily Cowles

“Buy a horse to save money on gas.”

—Senior  
Dan Erickson



“Cut out Starbucks, people spend more money than they realize there.”

—Sophomore  
Erin Strand



“Drive less, carpool more and bike more.”

—Seniors  
Johannes Koerm and Elliot Kimmel



“I steal my books from the bookstore.”

—Sophomore  
Unidentified



## What happened to all the role models?

Nothing thrills me more than awards season. That's a lie.

A lot of things thrill me more than awards season.

I am more thrilled that Conan O'Brien will be hosting "The Tonight Show" starting June.

I am more thrilled that baseball's spring training has started.

I was more thrilled when Denny's offered a free Grand Slam breakfast three weeks ago.

But, I'd also be lying if I said that I completely ignore the awards season.

Was anyone else as shocked as I was when Disney's "Wall-E" upset Disney's "Bolt" in the best animated feature category?

However, my column this week is not focused on Sunday's Academy Awards.

Don't get me wrong, I wanted to talk about the Oscars.

I wanted to talk about the red carpet fashion.

I wanted to talk about how awkward it was seeing Zac Efron at the ceremony.

And I certainly wanted to express my disgust over Robert Pattinson being a presenter.

I don't care that he was Edward Cullen and I don't care to see him at the Academy Awards.

But, I need to talk about some unfortunate events of the last few weeks.

I'll start with the brouhaha that overshadowed the Grammy Awards more than two weeks ago.

The awards ceremony itself had some big moments.

Blink-182 announced its reunion, with a tour slated for this summer.

Stevie Wonder performed with the legendary Jonas Brothers.

But the big news concerned what didn't happen at the Grammys.

Singer Chris Brown was arrested after reportedly assaulting an unidentified woman, believed to be his girlfriend, pop star Rihanna.

Both had been scheduled to perform on the program before canceling.

Brown has managed to screw things up for himself.

Chewing gum company Wrigley announced suspending ad

campaigns featuring the singer as its Doublemint gum spokesman.

He certainly has not doubled his pleasure, nor his fun, due to this incident.

But that's not the worst of his problems.

He has tarnished his reputation and standing among the public.

And that appears to be the trend all of a sudden.

Only a week prior to the incident involving Brown, Michael Phelps, winner of eight gold medals in the Beijing Olympics, was pictured

allegedly getting high from a "marijuana pipe."

As a result, Kellogg's decided not to renew his endorsement contract.

I'm still surprised Frito-Lay hasn't made an offer.

Sports Illustrated reported two weeks ago that baseball All-Star Alex Rodriguez took steroids for three seasons while with the Texas Rangers.

He later admitted the allegations were true, citing "an enormous amount of pressure to perform."

The irony is that even with performance-enhancing drugs, he still can't hit in October.

Isn't that when the pressure is really on?

Even action star Christian Bale was recorded verbally bashing the director of photography on the set of his new film, "Terminator: Salvation."

The outburst, which occurred last July and contains 36 f-bombs in under five minutes, was just recently released in an audio format.

After nearly a week of silence, Bale publicly apologized in a radio interview.

Many have come to his defense, including Whoopi Goldberg.

But unless Oprah also lends her influence, I think it's a lost cause.

The question must be asked: Who is thinking of the children?

These four celebrities are all legitimate role models for today's youth.

Imagine the many teenage girls that swoon over 19-year-old Chris Brown, the many kids that look up to Michael Phelps, the many Little-Leaguers that idolize A-Rod, and the many youngsters that adore Batman.

Now who can they look up to?



Kevin Holt



x2622

## He's just not that into you

Isn't it obvious when the person you like isn't into you?

I guess it isn't that obvious

when the newest craze is a book and movie telling women the apparent signs of when a guy isn't into you.

This past weekend I decided to go see "He's Just Not That Into You," for journalistic purposes of course.

I then realized how ridiculous people (and I say people because men are guilty

of it too) can be when it comes to love, or wanting to be in love.

I like to think of myself as a rather levelheaded girl with good perception.

However, when I look back I am definitely guilty of making excuses for a guy.

We all are, but I wasn't aware of how naive girls are.

This movie doesn't make women look stupid, instead women appear as unobservant tools.

Don't get me wrong; I thought the movie was thoroughly entertaining, mainly because there are so many people out there who just don't get it.

It would be ludicrous of me to

speak on behalf of men and the conversations they have among

guys.

What I do know is girlfriends are guilty of making excuses for guys.

"Maybe he lost your number or his phone broke."

How about, "He's playing hard to get," after two weeks of not calling.

I don't think so.

I understand not wanting to hurt your friend's feelings, but

aren't friends more hurt when you're not honest with them?

And how will they ever learn if they don't hear the hard truth?

So, many thanks to authors Greg Behrendt and Liz Tuccillo for writing this book.

Thank you for finally being honest.

Thank you for giving people some clarity.

The book and the movie have tips for the people who are little "oblivious" to what's going

on with the person they are interested in.

This book is a guide, a motivation, a rule book so to speak.

The rules are as follows:

If a guy won't call you, sleep with you, marry you or is already married, he's just not that into you.

These are the rules to live by.

When a guy comes around that will call you, will sleep with you and will marry you, then you have become the exception to the rule.

Use your gut, don't make excuses and think about your own actions.

I believe men and women think pretty similarly.

So think about when you told that guy, "I'm just not ready to be in a relationship," when you really meant, "I'm just not ready to be in one with you."

These are the rules to live by. When a guy comes around that will call you, will sleep with you and will marry you, then you have become the exception to the rule.

Are the things he's doing to you, something you've done to someone else?

If so, take the hint. He or she just isn't that into you.



Leslie Gerard

## LETTER TO THE EDITOR

When the ice cream melts, and the stickers fade...

What an amazing time it is to be a California Lutheran University student.

As a candidate running for ASCLU president, I've had the pleasure of witnessing the creativity and enthusiasm of some of my most respected peers.

Everywhere you turn, there is colorful marketing, massive Facebook groups, Improv shout-outs and even ice cream trucks.

To say the least candidates are pulling out all the stops.

However, after the ice cream melts, and those nifty stickers fade, it is important for you to know that the candidate you choose will be an advocate for all students.

With that in mind, if I am chosen to be your president, here are the things I am dedicated to do to benefit the CLU community.

As your president, I will reach out and make every effort to hear your voice and represent your ideas directly, to both the Board of Regents and the Alumni Board.

As one face of many faces, I will promote the needs of all students including athletes, under represented students of different faiths, races, political views and

sexual orientations, commuter students, transfer students, students who love the caf, students who don't and everyone in between.



Reshai Tate

I want to hear from you, whatever that may take.

And I challenge you to hold me accountable.

Working with the other elected student representatives on executive cabinet, I will strive to make student government visible, more approachable and all of our activities transparent.

What does that mean

for you?

Knowing how your student fees are spent, being able to access meeting agendas and minute records, having a say in what activities are planned, and feeling entitled to show concern.

Over the past three years, I have learned many things from my peers at CLU.

They have taught me the values of integrity and humility and for that I would like to say thank you.

If I could leave you with just one last thought, it would be that no other candidate will work as diligently, faithfully or relentlessly on your behalf as I will.

You have my word.

ReShai L. Tate '10  
Prospective ASCLU President  
2009-2010

## Straight from the red carpet

Watching the Oscars has been a yearly event for me as far as I can remember.

I've always been interested in them. I even have taken off work to watch them.

Obsessed? Maybe, but very worth it to me.

And this year I was going to the Red Carpet in person!

Joelle Cortez and I arrived in Hollywood at 10:15 a.m.

We parked and started walking toward the Kodak Theater.

I was so anxious. I just wanted to be there and watch all the celebrities arrive.

I couldn't believe I was finally going!

Freddie Krueger, the Joker, and Jason all tried to distract us or kill us (we weren't quite sure which), but finally we made it to a security guard who told us to go to Superman.

What an odd directive.

When we got to Superman he said, "Red Carpet bleacher seats? This way ladies."

We followed the volunteers in red shirts through the gate and arrived at check-in.

My anticipation was building so much I could hardly control myself.

I, Beth Peters, was going to sit in the Red Carpet bleachers for the 81<sup>st</sup> Academy Awards!

We got our snazzy nametags, went through security and got gift bags, Krispy Kreme Donuts and water.

Then, we were escorted to our

bleacher section, which was Section 6, row B, seats 3 and 4.

This means we were in the section right where the celebrities get out of their limos or cars and we were in the second row.

I immediately started to take pictures and watch all the people line up along Hollywood and Highland.

We had a few not so good moments while we were waiting. People in crowds really bug me sometimes.

They think they are so funny, when in fact they are just annoying and plain rude.

Yes, we were lucky enough to have some of those in our section.

You know the type: They're loud, obnoxious, can't be quiet about anything, everything has to be known.

To top that off our sandwiches for lunch were gross.

But I got over that and just relished the fact that I was in Hollywood sitting in the bleachers on the Red Carpet for the 81<sup>st</sup> Academy Awards.

I was so blessed to have won these tickets. I cannot even express how excited I was.

At 1:30 p.m. more

police started to arrive.

The hustle and bustle around the facility slowly grew.

There was more security and the people working it were coming all dressed up.



Beth Peters

## How to Respond

## Mail

Letters to the Editor  
Calif. Lutheran Univ.  
60 W. Olsen Rd. #3650  
Thousand Oaks, CA 91360

## Phone

(805) 493-3465

## E-mail

echo@callutheran.edu  
(preferred)

Letters to the editor are welcome on any topic related to CLU or to The Echo.

Letters must include the writer's name, year/position and major/department.

Letters are subject to editing for space and clarity.

## Octo-mom's actions questioned

## Mother of 14 unemployed and on state disability

Nadya Suleman, or "Octo-mom" as she's being called, has been vilified and venerated by the public in recent weeks.

About a month ago, Suleman, an unmarried woman, living on welfare and living with her mother, brought eight precious children into this world.

What wasn't readily apparent was those eight little bundles of joy already had six brothers and sisters.

Initially, media outlets sensationalized the fact that this woman had given birth to eight healthy, albeit premature babies.

The children were born 9 ½ weeks premature and still remain in the hospital today, one month later.

What a feat of modern medicine! After those initial reports were filed though, the facts surrounding this extraordinary story came to light.

Media outlets are now reporting that Suleman is unemployed, and on state disability. She apparently also receives

several hundred dollars a month in food stamps.

And three of her six earlier children receive federal income for disabilities they have.

Other reports indicate that Suleman is a graduate student with over \$50,000 in student loan debt.

And she denies taking any taxpayer money.

On Feb. 18, the Los Angeles Times reported that the three-bedroom house that Suleman lives in with her mother and six other children is in default to the tune of \$23,224 and in danger of foreclosure.

Specifically, the bank is set to sell her mom's house June 9.

It would seem to me that while the hard economic times have befallen a lot of people across the nation, and some of those people do have legitimate needs for government assistance, most are not seeking in-vitro fertilization after already having six children at the same time.

Suleman's actions are not only reckless, unethical and irresponsible, they are above all

selfish.

Even as a single parent there's nothing unethical, reckless or irresponsible about having a large family, so long as one has the capacity to properly care for such a family. Suleman doesn't.

Recently, in an effort to glamorize the situation even more and lend it some celebrity credibility, several media outlets have been making comparisons between "Octo-mom" and Angelina Jolie, a sexto-mom.

While the two may bear some vague resemblance to one another, the similarities stop there.

Jolie has adopted three children and has three biological children; moreover she makes a bazillion dollars a year with her movies and endorsements.

Suleman on the other hand lives with her mom, is a graduate student, receives disability and has a quite a bit of student loan debt.

If she tried to adopt six kids, let alone 14, she would most assuredly be turned down.

Ethically, morally and legally why would a fertility specialist

By 2 p.m. more valets and escorts began to arrive.

At 3 p.m. the first celebrity guest arrived. There was a bus and excitement in the air.

Who is it? I can't see! Sit down!

It's Miley Cyrus. In person I thought her dress actually looked a lot better than most critics have rated it, but I think that it potentially may weigh more than she does.

I love how Meryl Streep dresses for her age.

Anne Hathaway, Natalie Portman, Frieda Pinto, Angelina Jolie, Penelope Cruz, Amy Adams, Alicia Keys and many more all looked great, amazing even.

But, can we talk about Jessica Beil and Sarah Jessica Parker's boobs popping out? Yikes.

The guys were looking good in their suits and tuxes.

I wasn't so much a fan of Phillip Seymour Hoffman's beanie, but what ya gonna do?

Also, I'm still mad that some of the people didn't walk the red carpet.

If Sean Penn can do it, so can you Kate Winslet (just to name one of many).

We saw so many famous people, it was amazing.

I couldn't believe I was actually seeing these celebrities live and in person.







I've wanted to see some of them most of my life, and now, I finally did.

It was weird to realize that I had now done something that I had always dreamed of.



Nathan Hoyt

## Sport Schedules

	Tues 24	Wed 25	Thur 26	Fri 27	Sat 28	Sun 1
 <b>REGALS</b> Softball					@ Redlands* DH 12:00 p.m.	
 <b>KINGSMEN</b> Basketball	Whittier* 7:30 p.m.			SCIAC Tourney (TBA) 7:30 p.m.		
 <b>KINGSMEN REGALS</b> Track & Field					@ Rossi Relays C-M-S 12:00 p.m.	
 <b>KINGSMEN</b> Baseball				@ C-M-S* 2:30 p.m.	C-M-S* DH 11:00 a.m.	
 <b>REGALS</b> Tennis		Chapman 2:00 p.m.				
 <b>KINGSMEN</b> Tennis					Pomona-Pitzer* 9:30 a.m. Chapman 2:00 p.m.	

Shade denotes home game. \* Conference Game. DH= Double Header.

## Vaughn & Vermillion win SCIAC gold

### Swimming and Diving finish season with best showing

By Jeff Shalem  
*Echo Staff Writer*

The future looks bright for the Kingsmen and Regal swimming and dive teams. After finishing a step above from the previous season, the Kingsmen look to take a successful fourth place finish, while setting 15 California Lutheran University records along the way. Once again the Regals improve for next year, as they bring a young squad back to build on their accomplishments this season.

At the SCIAC Championships on Valentine's day weekend, the men's team broke every relay record. This impressive feat was highlighted by 400-meter freestyle relay podium finish with a time of 3:09.78.

This team consisted of Jordan Liebhart, Gannon Smith, Jake Kaija and Jared Vermillion. Vermillion also earned his first individual title by avenging his two podium finishes the previous year with a convincing win with a time of 1:54.63.

Vermillion was the second Kingsmen to win an individual title that weekend. Senior Eric Vaughn had a very good day from the 3-meter springboard. His total score 379.75 was 20 points higher than any of the other 14 competitors that day. This was his first individual title as well.

Liebhart also set a school record becoming the first swimmer in school history to record a sub-48 second 100-meter freestyle in prelims. The team continued to show improvements from previous meets, as Kaija also recorded a personal best winning. It took the consolation championship with a time of 47.84, and became the second person in school history to record a sub-48 second time in the freestyle.

Smith also chalked his name in the CLU record books. His fourth place finish proved to be a CLU best by almost three seconds, becoming the first in school history to finish under two minutes in 100-meter backstroke.

Jill Minehan led the young Regals to fifth place finish at the Belmont Plaza. In her final event in SCIAC play, the senior recorded a 2:07.08 time in the 200-meter fly, earning her a second place finish in the event. Senior Amanda Graves placed third with a time of 2:07.50 and finished under the NCAA "B" mark with Minehan.

The teams youth prevailed as freshman Lindsay Nolan had a podium finish in the 100-meter freestyle. Her time of 54.05 was good enough to take third place in SCIAC. Nolan joined Minehan, Graves and Brooke Dacus in the 400-meter freestyle relay to cap off the championships with a third place finish. The Regals finished fifth overall with 397.5 points.

Vermillion, Minehan, Graves all await to see if their times will hold for a National Championship Berth in their individual events.

## Where did the money go?

It's difficult to talk about any subject nowadays without mentioning the sad state of the economy.

The sports industry is no different than any other business trying to work through a tough situation.

Record high job-losses are occurring at a rapid pace, and things are looking to get worse before they get better.

Because of this, there is a noticeable difference in the complexion of fans at stadiums.

Sports give people something to cheer about, especially during a struggling economy.

The excitement of competition and the feeling of exhilaration when your team wins can be an escape from reality. Money spent on tickets is usually worth every dime.

One would think that attendance would be down at sports venues across the country, but statistics reveal the opposite.

In 2007, the NFL set an all-time attendance record for the sixth consecutive year.

MLB and the NBA maintained last year's figures, dropping by insignificant marks of between 1 and 2 percent.

At the same time, ticket prices for professional games are at a record high, according to Team

Marketing Report.

It now takes about \$400 for a typical family of four to attend an NFL game, \$280 for the NBA and \$190 for MLB (gas excluded).

The answer to this phenomenon lies in social classes.

Despite the sagging economy, popular sports are climbing the social ladder.

Customers with higher incomes are happily paying more and more to take "regular" consumers' seats at games.

The people with more money, at least for the time

being, have enough disposable income to keep the spinning turnstiles. This results in a

it is nearly impossible for a normal fan to buy a ticket to the Super Bowl.

While no stadium would ever get rid of cheap seats altogether, building small, single-use arenas allows teams to raise ticket prices and decrease the nosebleed seats at the same time.

Fans priced out of the stadium are, luckily, still able follow the teams they love, whether it be through the Internet, HD television, satellite radio or cell phones.

Even if a sport is out of season, companies have more chances than ever to make money without ever selling them a seat.

MLB's Advanced Media subsidiary, which operates its online and digital business, is worth \$400 million alone.

But if the economy does not get better soon, leagues that rely heavily on ticket sales (as opposed to television deals), like the NBA and NHL, could start visibly hurting.

It would not be surprising to see teams get relocated or contracted.

Leagues will really start worrying if those expensive suites begin to go unclaimed.

As it stands now, they have the audience, the revenue and a trendy product.

People will still file through the turnstiles, even if it's no longer the average fan who is taking a seat.



Cory Schuett

### Record high job-losses are occurring at a rapid pace, and things looking to get worse before they get better.

skewing of fans one would expect to see.

To people of a more white-collar variety, professional sporting events have become an opportunity for socializing and networking. That's why



Photo by Eric Vaughn

Lindsay Nolan and Brooke Dacus embrace at the end of their race.

# Regals close out season with tough loss

## Young Regals return majority for next season

By Tiffany Michaels  
Echo Staff Writer

The California Lutheran Regals basketball season came to a close Saturday night at Pomona Pitzer.

The CLU women's basketball team finished with a record of 7-17, 5-8 SCIAC.

The Regals struggled during the beginning of the season, but worked together in the second half of the season, winning half of their remaining games.

"The entire year we struggled to play well at away games and the La Verne and Redlands games were no different," said senior guard Cheryl Lee.

The Regals only pulled off two wins of their seven away

games, compared to winning five of their nine games at home.

The Regals came up short against the La Verne Leopards (17-4, 9-2 SCIAC), 73-51.

Sophomore guard Kourtney Jones had an outstanding game scoring 20 points, with three turnovers and a steal.

Sims brought in eight points with three assists, three turnovers, and a steal.

For the Leopards, Ashley Paul scored 27 points with an assist, a steal and three turnovers.

The Leopards held CLU to 39 percent from the field while they shot 53 percent and came out with the win.

The CLU Regals enjoyed their last home game for the seniors Feb. 14, where they came up with the win over Caltech (3-20, 0-12 SCIAC), their last win of the season.

The Regals had the lead the entire game. Senior Melissa Conway finished her season

with nine points, three assists and six rebounds. Lee had a career-high 15 points.

Lisa Yee led Caltech with 14 points and nine rebounds.

The Regals shot 34 percent from the field and held Caltech to only 23 percent.

The Regals ended their season with back-to-back SCIAC losses to Redlands and Pomona.

The Regals suffered a loss to Redlands (18-6, 10-3 SCIAC) on Feb. 19.

Sims had a total of 14 points and seven rebounds to try and keep them in the game but the Redlands' Bulldogs' defense proved strong holding the Regals to 23 percent shooting from the field.

Redlands top scorer was Ali Bueno with 16 points and a turnover. Meghan Yetman and Mariah Barretti-Cort gave up four turnovers each.

The Regals came up short to the Pomona-Pitzer Sagehens (7-13, 3-8 SCIAC), 62-64.

For the Regals, freshman guard Danika Briggs was the scoring leader with a total of 13 points, two assists and a turnover. Forwards Nita Sims and Christina Cherry scored 10 points a piece.

The Sagehens top scorer, Deirdre Chew had a total of 23 points, six assists, six turnover and three steals.

The CLU regals shot 38 percent from the field while the Sagehens shot 43 percent.

The Regals had a season of ups and down but learned to play together as a team. They had a lot of talent on the team and enjoyed playing the game.

"My favorite thing this season was going to Spokane, Washington for our basketball trip. I had so much fun," Lee said.



Photo Courtesy of Susan Stone

The Knights Rugby have set up another pivotal match with Occidental.

## Knights rugby slams Whittier

### Rugby set's up key match with rival Occidental

By Selase Amoaku  
Echo Staff Writer

The undefeated rugby club had another dominating performance in its last outing while squaring off against the club from Whittier College on Saturday at Mount Clef Stadium.

Coming off a dominating win last weekend as well, the rolling rugby club demolished their opponent 39-3. Although there was not a large crowd, one would never be able to tell when witnessing the sheer determination of the players out on the field.

It seemed as if all the Knights of California Lutheran University were contributing to the action as well as the stars.

Ian Freeman scored on two tries, Tim Coville scored his first try of the early season, Vince Bartels scored a try and had two conversions, Jacob Calderon, Malcolm Mostoles and Andrew Aguiniga each scored on one try.

However, after the game some players had a different perspective.

"Though we controlled the match for most of the time, it was a grind-out victory," Aguiniga said.

"There were quite a few opportunities that we gave them, but our defense clamped down. Offensively, we moved the ball but mental mistakes kept us from really putting up a lot of points." The key plays of the game for the CLU club were big runs from players Mostoles, Juan Carrillo, Freeman and John Diaz.

The club is 4-0 with a No. 1 ranking in Division III in southern Calif., but has company as it is early in the season and many teams are undefeated.

With team like rival Occidental College, Poin' Loma and powerhouse USC, the players certainly do have their work cut out for them this season.

However, the players definitely seem up for the challenge and expect nothing less than a championship.

"Though we controlled the match for most of the time, it was a grind-out victory."

— Andrew Aguiniga

A vision they share is being in the top four going to playoffs, playing against the northern California champions and moving up to Division II next season.

"I'm expecting us to really shock a lot of people and the tournament in Vegas is going be great for us in determining how real we really are," said Jeff Shalem, a senior in the club.

This coming weekend the Knights will hit the road and travel to Las Vegas where they will face off against the UNLV Running Rebels club team.

But make no mistake about it, even though they are heading to Sin City, they are treating this as a business trip and have winning on their minds.

The challenge does not end there, as the Knights will return to face Occidental the following week on March 7 at 1 p.m. in Mt. Clef Stadium for the conference title.



Photo by Eric Vaughn

Mylene Alarcon draws the foul as she took her against Caltech.

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# Kingsmen one win from title

## CLU routes Pomona-Pitzer for showdown with Poets

By Melissa Conway  
Echo Staff Writer

The California Lutheran University men's basketball team will battle the Poets of Whittier College today at 7:30 p.m. in the Gilbert Arena for a chance at yet another SCIAC title.

A second consecutive SCIAC Championship is just within the Kingsmen's grasp and the teams excitement is building.

"It's a great feeling we're right where we want to be," Grimm said. "I think experience from last year will pay off in these final games. I think if we play like we're capable of playing, we will bring another basketball championship to Cal Lutheran."

The Kingsmen were able to get a road win against the University of La Verne on Feb. 11 as two of the Kingsmen's starters, junior Kyle Knudsen and freshman Aaron Van Klaveren, scored 45 of the team's 68 points.

Freshman Xavier Walton's basket tied the game 6-6 with 16:47 left in the first half. From that point on the Kingsmen never trailed.

CLU extended its lead to 16 at the 7:20 mark but the Leopards didn't give up as they brought the score to 33-29 at the break.

With only six minutes remaining in the second half, La Verne tied the game at 47-47. Following this basket, Aaron Fisher, Van Klaveren, and Knudsen scored the team's

final 21 points to seal the game, 68-61.

Knudsen led all scorers with 23 points and led the Kingsmen with four assists. Van Klaveren also made a big contribution with 22 points, 6 rebounds, and 3 blocks and steals.

With senior Andy Meier out due to injury, the Kingsmen have to find someone who can replace his production.

"With him gone, and those numbers gone, several of us realized that we needed to step up and play bigger roles to substitute for the loss of Andy and his performance. I think we are doing a great job of that," Van Klaveren said.

The Kingsmen continued their winning streak as they defeated Caltech 73-45.

Sophomore Cassidy Hallagin notched career highs and led all scorers with 14 points and eight rebounds. Hallagin did most of his damage in the first half scoring 12 points, which nearly outscored the Beavers who had 17 points to close out the first half.

The Kingsmen went 31-for-56 overall, holding the Beavers to a 15-of-43 shooting from the floor. CLU was also able to hold Caltech to 19 rebounds while pulling down 39 themselves.

After an Occidental loss and Caltech victory, CLU clinched a spot in the SCIAC Tournament.

The Kingsmen showed up to play in their road game as they beat the University of Redlands 58-43 last Wednesday, extending their winning streak to five.

CLU got off to a good start going on a 6-0 run, but the Bulldogs fought back as they had an unanswered eight points, taking

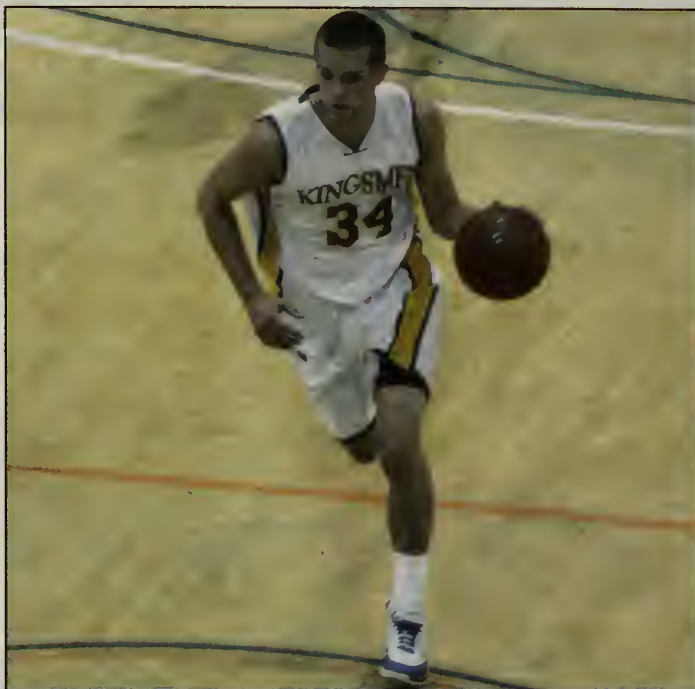


Photo Courtesy of Scott Chisholm

Kyle Knudsen leads the Kingsmen offense against the Whittier Poets for a chance at a SCIAC title.

their only lead for the game.

The Kingsmen went on a run to make the score 25-12 and would never fall behind after that. The Kingsmen were able to keep the lead in double figures throughout the second half.

Four of the Kingsmen scored in double digits to help secure the road victory. Van Klaveren had

12 points, Greg Grimm added 11, Fisher put up 14, and Knudsen led all players with 15.

The Kingsmen defeated Pomona-Pitzer 61-52 on Saturday night. The trio of Van Klaveren, Fisher and Knudsen were the key players in this game as combined they scored 52 of the Kingsmen's 61 points.

Knudsen led the rebounds with

nine and also had a game-high of 21 points. Van Klaveren added 16 points and eight rebounds, while Fisher ended with 15 points and seven rebounds.

With this win there is now a two way tie with CLU and Claremont-Mudd-Scripps for first place, one game ahead of Pomona-Pitzer and Whittier.

## Regals determined to return as contenders for SCIAC title

By Andrew Parrone  
Echo Staff Writer

The last two weekends have been especially busy for the California Lutheran University women's water polo team.

The Regals' next games will be in the Cal Lutheran Spring Tournament, during March 6-8 at Samuelson Aquatics Center.

The National Runners-Up started the season Feb. 14 at the Roadrunner Invitational at Cal State Bakersfield. The Regals lost two competitive games, 6-11 to Cal Baptist and 6-10 to Cal State Bakersfield.

"The tournament in Bakersfield was a nice starting point for us as a team," head coach Craig Rond said. "While we lost both games, it gave us a good indication of the things we need to improve on and the things we are solid at."

Although the two games ended in losses, it was necessary to get game experience.

"Our first weekend we had the jitters because it had been

so long since we had played," junior captain Meredith Butte said. "You can practice for games but there is no way to simulate that kind of intensity in practice."

The Regals traveled to the Bay Area this past weekend and on Friday, played Cal State East Bay in a rematch of last year's National Championship game. The Pioneers won the contest 15-12.

Saturday and Sunday the team competed in the Seawolf Splash at Sonoma State. The Regals won their first three games of the tournament, defeating Cal State Monterey Bay 10-8, Colorado State 8-7 and Pacific 5-3. They dropped the final game to the hosting Seawolves 8-11.

"We did fantastic this weekend," Butte said. "Our defense was incredible. People were talking about how the other teams couldn't even pass or shoot against us."

Rond agrees that the defense has played well the past two weekends.

"I was very happy with our team defense over the weekend as that has been our focus for the first half of the season," the coach added. "We need to work on offense but I would much rather be great on defense and let the offense work itself out over the course of the season."

These tournaments have given the team a good idea of what they have to work on to be successful.

"We need to play more games together," Butte said. "Obviously that is something we can't control, but it's key to playing well. We have a big freshmen class, and as soon as we play more games together we're going to be fine."

Perhaps more important than the game experience is the way team chemistry develops during these road trips.

"These tournaments are so much fun," Butte said. "It's like going on a trip with 16 of your best friends. We know each other so much better now. It's a great team bonding experience."

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# THE ECHO

CALIFORNIA LUTHERAN UNIVERSITY

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With Barack Obama's presidency underway and the expectancy for "change" consuming the minds of America, graduating seniors face a seemingly insurmountable task of finding a job after they graduate.

The stranglehold the economy has put on the job market will make it difficult for CLU seniors to transition smoothly from college to the workplace.

With the average national unemployment rate at a staggering 4.6 percent and the even more stunning 8.4 percent unemployment rate for California, the third highest nationally, obtaining a job after college may test the virtue of patience.

So as graduating seniors what can be done to be a head above the competition when it comes to job-hunting in 2009 and 2010?

Utilizing CLU's Career Services Department is one answer and Cindy Lewis, the director of Career Services is available to provide information for students.

"Job seekers should expect a longer job search and more competition; using Career Services will help put you at an advantage when it comes to

finding a job," Lewis said.

The amount of guidance that Career Services can provide you with goes way beyond just giving you career path options; they will help you sell yourself to future employers.

So what can Lewis and her staff help you with? Here is a list of what you can expect aid in: resume

**"Job seekers should expect a longer job search and more competition."**

— Cindy Lewis

building, cover letters, reference sheets, thank you cards, mock interviews and salary negotiations.

Bettering these aspects will greatly improve the chances at securing that job among other competitors in the market for that type of employment.

Another piece of advice that Lewis wants students to think about is opening the geographical region when looking for employment.

Search out of your city or town and even more so search out of your state.

This will only improve the chances of employment and reveal an area previously not experienced.

Now if this seems too much to bear and taking a leap of faith into the job market does not seem like something interesting at the moment Lewis has some advice.

"Ride out the recession by going to graduate school and also acquire internships which will help you become more marketable to future employers," she said.

So, even though the economy is going through tough times, in regard to the recession, and our ability as graduating seniors to obtain employment may be hindered, there is no reason not to try to persevere and make the most out of the opportunities around you.

Especially with help like CLU's Career Services available for a lifetime, getting that job after graduation may not be as bleak of a task as once thought.

To contact Lewis at career services e-mail her at [clewis@callutheran.edu](mailto:clewis@callutheran.edu).

Photo Illustration by Doug Barnett

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Kingsmen lose heart-breaker to Whittier.

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Kingsmen offense stays strong in SCIAC play.

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# Stimulus package explored

## Stimulus bill aids higher education

### Stimulus sends \$13 billion to financial aid

By Ben Hogue  
Echo Staff Writer

Shortly after the Senate and the House of Representatives passed the highly anticipated stimulus bill, President Obama put his signature on the final version of the American Recovery and Reinvestment Act of 2009.

The bill allotted \$787 billion in spending, government programs and tax cuts and imposed stricter limits on executive pay and bonuses for companies receiving bailout funds.

While most Republicans in Congress did not vote for the plan, Democrats in favor of the bill predicted that it would create and save as many as 3.5 million jobs.

According to many economists, including Dr. Jamshid Damooei, CLU professor of economics, the stimulus package was very important and needed to be done sooner rather than later.

"We needed to get this done soon or else we could have lost the opportunity," he said.

"Lateness is a good reason for ineffectiveness."

Specifically for college students, the stimulus plan could offer a record multibillion-dollar increase in financial aid.

The federal government will spend nearly \$13 billion of the stimulus funds, improving the accessibility of financial aid to college students around the country.

Some predicted that the stimulus will offset about \$2,500 in college costs on average for millions of lower class and middle class families.

In addition, Pell Grant and College Work Study allocations are set to increase.

"Families have less money available for students to continue their education," said Dr. Herbert Gooch III, professor of political science. "It's becoming harder to get jobs and people are scrambling on campus and off."

Pell Grant funds will increase the current maximum award by next school year by to \$5,350, an increase of \$500.

Additionally, taxpayers earning up to \$80,000 for single filers or \$160,000 for joint filers will be reimbursed for the first \$2,000 of tuition and books.



Photo Courtesy of Stock Exchange

Unlike previous student financial policies, college students who file separately from their parents and who don't make enough money to pay taxes will still be eligible for a rebate.

The stimulus bill is also expected to significantly affect the job market. Students are becoming more worried about their chances

"Families have less money available for students to continue their education."

— Dr. Herbert Gooch III

of being hired for jobs and internships.

While this year's job search may be more difficult than in years past, students need to remain optimistic.

"There is always hope," Damooei said. "The current state of the economy just means

students are going to have to work harder, articulate what they've learned, and never have the thought that 'I might not be hired!'"

While the stimulus bill might provide confidence in the American economy, American people might not see its effects immediately.

Even though the effects might not be felt until possibly 2010, some, including Chairman of the Federal Reserve Ben Bernanke, have hopes that we will recover by the end of 2009.

## President Obama hopeful about economy

### Hopes of federal deficit cut in half by end of term

By Kailee Loughlin  
Echo Staff Writer

The economy seems to be on everyone's minds these days. It's affecting everyone. Millions of Americans have been laid off from jobs and finding a new one seems near to impossible.

On Thursday, President Obama revealed before a joint session of Congress, his new stimulus package; one that will get America out of this economic slump.

He said that his "\$3 trillion-plus budget plan will halve the federal deficit by the end of his first term."

In his address, Obama said, "We will rebuild, we

will recover and the United States of America will emerge stronger than before."

To put it into perspective — according to an article on CNN.com, the deficit total is roughly equivalent to \$12,000 for every U.S. taxpayer.

Or to put it in another light that accounts for approximately \$6,000 for every man, woman and child in the United States of America.

According to the projected budget, the administration anticipates that for fiscal year 2009, (the government's fiscal year runs from Oct. 1 to Sept. 30) the deficit will reach \$1.75 trillion.

Americans have not seen a budget deficit this bad since World War II.

On the same day that Obama revealed his budget plan, job losses reached yet another all time low at 5.1 million.

This is a striking increase compared to this time last year where there were 2.8 million unemployed Americans.

Employers across the country lost close to 600,000 jobs just in the month of January, increasing the unemployment rate to 7.6

"We will rebuild, we will recover and the United States of America will emerge stronger than before."

— President Obama

percent.

Several economists hypothesize that at this rate, we will reach a 9 percent unemployment rate by the end of this fiscal year, even with the help of Obama's \$787 billion stimulus package.

However, Obama did shed some light for those

eagerly awaiting the change he promised during his campaign.

In his budget, he set aside money specifically for defense, education and energy.

In terms of education, The president has planned to spend \$46.7 billion.

He also outlined \$26.3 billion toward energy in estimated spending for fiscal 2010.

He plans on removing all troops by 2010, but is planning on sending in another 17,000 more U.S. troops into Afghanistan.

House Speaker Nancy Pelosi said that the budget is "a statement of our national values" and that "the budget is consistent with the president's message of accountability, fiscal responsibility, transparency from the standpoint of how we approach it.

It reflects the values that he conveyed about investing in education and energy and health care; also in how we grow our economy for infrastructure and how we support our troops."

Obama said that in order to succeed and rise above these economic hardships, we need to come together as Americans.

"They [Americans] exist in our laboratories and universities; in our fields and our factories; in the imaginations of our entrepreneurs and the pride of the hardest-working people on Earth," Obama said.

One in every 10 Americans is currently living off of food stamps.

That statistic is a huge wake up call and reality check to anyone who does not believe that hard times are ahead.

## Student wins Sodexo contest

By Aaron Hilf  
Echo Staff Writer

Sophomore Anthony Escobar was one of the grand prize winners in a contest held by the food service company Sodexo.

As one of the ten winners of the contest in CLU's Sodexo district, he is the only student from CLU to have won a major prize in recent history.

"I was shocked that I actually won something," Escobar said. "You always hear about this stuff but you never actually think someone wins."

As one of the grand prize winners, he received an American Airlines round-trip ticket voucher to the Grand Canyon.

Escobar initially took part in the contest in November and was not informed about his win until the middle of January. He was then able to e-mail a representative to collect his ticket vouchers.

He, along with many other CLU students, has seen and played the contests put on monthly by Sodexo. Students are given a card with a code in which they are supposed to text to see if they've won.

An array of prizes ranging from instant win meals and soft drinks, to T-shirts and the grand prize. Students must register online to play for the grand prize, which is exactly what Escobar did.

"I didn't win an instant prize, but remember reading that I could register online for the grand prize," Escobar said.

As retail manager for Sodexo at CLU, Ashley Marmaro is responsible for setting up the contest around campus among many other things.

As a new addition to CLU's, campus Marmaro was stunned to hear that a

student had already won the grand prize.

"I was still getting familiar with the campus and figuring out ways to market the contest," she said. "And when I heard a student won I was shocked."

Marmaro receives monthly marketing kits from Sodexo which contain the contest information for that month. She then determines the best way to get the tickets out to students.

"I tend to put most in the Centrum, since that has the most constant business and is the easiest place to redeem the prizes," she said.

The contests are there to generate sales for Sodexo, but because of the unique process of campus dining, students only receive the benefit of the prizes rather than the flip side of the marketing ploy.

"It's nice to have for the students," Marmaro said. "But I have not yet seen a dramatic rise in sales because of them."

Escobar along with many other CLU students play the contests just because they are free and easy and if one does win, they can redeem their prize instantly.

"I was pretty surprised that he actually won something," said sophomore Antonio McNeil, Escobar's roommate. "But I am definitely ready to take a free trip to the Grand Canyon."

Escobar is not yet sure when he plans on taking his trip. However this coming summer does look promising.

Since his big win, Escobar has continued to play the monthly games, and although he has won a few smaller prizes, he is still hopeful for another grand prize win.



Photo by Doug Barnett

Emma Kolden reads a script at "The Vagina Monologues" to spread awareness about sexual violence.

## Vagina monologues raise sexual awareness

By Kelsey McBride  
Echo Staff Writer

The audience squirmed and laughed as members of Feminism Is performed pieces from "The Vagina Monologues," written by Eve Ensler, in hopes of bringing awareness to sexual violence, women empowerment, and sexuality last Tuesday, in the Lundring Events Center.

"The whole taboo around the vagina is so odd. We primarily have women in the audience, and even they squirm just hearing about people talking about their vaginas. The monologues affect every person differently, but if I can help de-stigmatize a subject matter that has no business being taboo in the first place then I'm doing something good," said James de Haan, sophomore and president of Feminism Is.

"The Vagina Monologues" is a collection of monologues relating to vaginas, women empowerment, and sexuality.

The goal in reading them is to bring awareness to sexual violence, celebrate women and motivate others to do something about sexual assault and domestic violence.

"The monologues do a good job of creating a higher level of support for victims of sexual violence or abuse. No one talks about these things, and it can

make people feel like they are all alone. But the monologues allow for you to tell the story through the person reading the monologues," de Haan said.

Feminism Is is trying to create a place for feminism to thrive on campus and create awareness. The club is not solely for women, as men are encouraged to participate too.

"I'm pretty passionate about feminism and social causes. I was never really struck by the oddity of a male feminist. Feminism was never a backlash against men in my eyes, it was just a movement to equality," de Haan said.

In the past Feminism Is has been involved with Planned Parenthood and their No on Prop 4 campaign.

When asked what he hopes to accomplish by being president of Feminism Is, de Haan responded by saying, "I'd like to make it more of a voice on campus."

Overall, the campus is pretty accepting but it's still important to push for things like reproductive rights and equality. Especially now, before everyone kind of ventures out into the real world, it's important to know about alternatives to the patriarchal-structured environments that dominate a lot of areas."

Senior Cheyanne Anderson, a member of Feminism Is, performed the monologues

"The Vagina Workshop" and "The Lesbian Monologue." She chose to read "The Vagina Workshop" because it illustrated the importance of talking about vaginas.

"The Lesbian Monologue" deals with the importance of women having mutual satisfaction with their partners.

"It is really important for women to understand the importance of knowing their bodies," Anderson said.

This is the third year that Feminism Is has done the Vagina Monologues.

The club handed out buttons for the audience members to wear that said "cunt," "breakfast of champions" and "tunnel of love."

"This was my first time seeing 'The Vagina Monologues' and I thought it was really funny," said junior Kristin Karns. "The presenters did a great job. I don't think I'd have the courage to talk about vaginas in front of a crowd."

The next Feminism Is club meeting is on March 10 at 7 p.m. in E-8. Anyone is welcome to attend the meetings and help the cause. The club alternates meeting every other Tuesday.

The next event organized by Feminism Is is "Take Back the Night," which is an anti-sexual assault event that teaches people how to defend themselves.



### Learning isn't always planned.

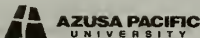
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# Around the Campus

<b>WEDNESDAY</b> March 4	<b>THURSDAY</b> March 5	<b>FRIDAY</b> March 6	<b>SATURDAY</b> March 7
University Chapel: Louise Johnson 10 a.m. Samuelson Chapel  The Need: Stacy Gross 10:10 p.m. SUB	<i>"When the days are hot and the skies are hazy, Spring Break '09 is gonna get crazy!" ~Anonymous</i>		Master Chorale of Ventura County 8 p.m. Samuelson Chapel
<b>SUNDAY</b> March 8	<b>MONDAY</b> March 9	<b>TUESDAY</b> March 10	<b>NEXT WEEK ON CAMPUS</b>
	<b>Spring</b>	<b>Break</b>	<i>Megan and Murray McMillan, Artists in Residence March 14 - April 5 Kwan Fong Gallery</i>



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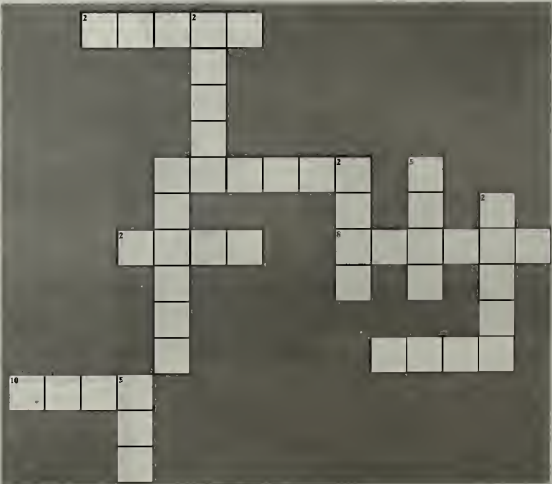
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0808

## Onomatopoeia -

(noun) word that imitates a natural sound.



### ACROSS

1. The sound of something getting hit.
3. The sound a rock makes falling into water.
7. The sound a lion makes.
8. The sound frying bacon in a pan makes.
9. The sound a dog makes.
10. The sound ice cream makes falling onto the ground.

### DOWN

2. The sound a baby bird may make.
3. The sound of a frisbee flying through the air.
4. The sound that a snake makes.
5. The sound a bee makes.
6. The sound a coin makes falling into a piggy bank.
11. The sound of a top coming off of a bottle.

# Mystery guest haunts Mt. Clef

By Heather Taylor  
Echo Staff Writer

Something mysterious comes to room 320 in Mount Clef's freshman residence hall. Within these walls, a myth creeps about a haunting spirit. Casper might have been a friendly ghost but the Mount Clef version prefers chaos.

The Mount Clef ghost has been listed online in the National Ghost Registry and has even been mentioned as one of the most haunted places

in California in the city of Thousand Oaks.

During the construction of Mt. Clef hall, a boy was allegedly playing and fell

to his death. He has supposedly been seen wandering the halls of the upper 300s side of the building.

"Nothing ever happened to me when I lived there," former Mount Clef resident and junior Danielle Kirk said. "Sometimes a door would be randomly opened. Supposedly mud would be thrown all over the room."

Locked doors to the bedrooms would mysteriously open by

themselves. According to urban legends, pillows would come out from underneath the heads of sleeping students and would be tossed across the room. Disturbing cries would echo throughout the room afterward.

Molly Clancy, the sophomore RA of Mount Clef, is familiar with the tale.

"Some residents got really scared this year about the ghost," she said. "We had to calm them down and tell them it wasn't real."

"Sometimes a door would be randomly opened. Supposedly mud would be thrown all over the room."

— Danielle Kirk

Clancy doesn't believe in the ghost but said, "sometimes the lights flicker on and off in the rooms though."

Candice D'Cunha, a freshman resident in room 320, has seen nothing unusual since winter break.

Prior to the break, a poster fell off the wall and landed underneath her roommate's shoes. The front door, though locked and closed, would swing open and shut. The door incident would happen to her fellow suitmates as well.

"There was no breeze. I don't think the wind had anything



Photo by Ooug Barnett

A ghost is rumored to haunt the halls of Mount Clef.

to do with the door opening," D'Cunha said.

She still remains a skeptic, "I'm not sure if I believe in the ghost." Not everyone on campus doubts the existence of the possible poltergeist.

"I know someone who lived in that room once," freshman Shelby

Saute said. "Her poster on the wall flew across the room in the middle of the night."

Kirk doesn't believe in the story and treats the tale lightly. "My roommates and I had an extra room and we used to joke that the ghost lived in there," she said. "We even had a name we made up

for the ghost: Francisco."

Saute still believes in the possibility of paranormal activity.

"I heard that someone woke up to everything in her room put into color coordinated piles. I mean color coordinated piles? How does that happen?"

# Students select new president

By Jen Reissman  
Echo Staff Writer

The students of CLU have officially elected their new student body president, ReShai Tate, for the 2009-10 school year.

Tate is a junior and is studying abroad in Washington, D.C. this semester. He came to CLU from Chicago where he was actively involved at his high school and in his community. Since Tate started at CLU, he has continued to be involved in school activities.

"At Cal Lutheran I've done several things. I've been a [Community Service Center] intern for the last three years," Tate said. "My other involvements include Presidential Hosts, Cal Lutheran Choir, [Brothers & Sisters United], Not for Sale and [Gay Straight Alliance]. Last year I was a student orientation



ReShai Tate

coordinator orientation planning the activities of the class of 2012 and transfer students."

He decided to run for student body president because he takes pride in CLU and saw being a part of student body as a great opportunity to give back to the school that has given him so many opportunities.

However, there is more to why he wants to run for president.

"Perhaps more important, I wanted to represent the student body in a more whole, authentic way (no disrespect towards our current ASCLU president at all)," Tate said. Andrew Brown CLU's 2008-09 president is excited to pass down

his role to Tate. Brown hopes that Tate can uphold the same values that he has instilled as president.

"[If you] have a strong work ethic, it's contagious. If other people see you working hard, they will follow. Also, I think you need to be very open and honest with accomplishments, challenges and just day-to-day things. The better you communicate with everyone around you, the more successful you will be," Brown said.

Tate said he feels confident in taking this position. He stated that he has many qualities that allow him to fill the position with ease.

"I'm a natural networker, so I'm confident that I'll be able to engage a broad population of students. I'm apathetic enough to personally identify with the concerns of my fellow students, and decisive enough to make tough decisions on their behalf," Tate said.

Students at CLU are confident about the new president they have selected to represent them in the 2009-10 school year.

"I think that ReShai is the best possible candidate because he is so involved at CLU and he takes everyone's opinions to heart," junior Lauren Klymshyn said.

Tate is ready to be president and wants to help make positive

changes at CLU.

"I'm really hoping to make student government transparent. I want students to know how much we're spending on campus improvement projects, student programming, what clubs are being passed, everything. I want students to have access to that information," Tate said.

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2008-2009

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# Beloved CLU employees pass

By Michelle Schwartz  
Echo Staff Writer

Two former members of the CLU community, Dr. James Esmay and Dr. Jan Bowman, died last month.

## James Esmay

The first dean of the CLU School of Business died at age 79 due to cancer.

Esmay began teaching at CLU in 1965 as an assistant professor and chairman of the social science division and economics department. After four years, he left CLU to teach at several other universities, in and outside the U.S.

His late wife Anna Ronning Esmay also worked at CLU. She was a well-liked teacher for the on-campus preschool.

Esmay returned to CLU as the chairman of the department of management and economics in 1979. Ten years after that, in 1989, he officially became the first dean of the School of Business.

Since taking that position, he led many student trips to Africa, Australia and the Caribbean.

Esmay had also been active in the local community, leading programs



James Esmay

that supported entrepreneurs and small businesses.

On top of his academic roles at CLU, he served as a Convocator and was a strong supporter of the CLU Symphony, the Community Leaders Association and the annual Scandinavian Festival.

Dr. Jamshid Damooei, a CLU professor in the School of Business, had been a friend of Esmay's for

more than 20 years.

"Dr. Esmay had a pivotal role in helping a relatively small department of Business Administration and Economics to develop and become a comprehensive School of Business," Damooei said.

"He had a clear vision of what constitutes a strong liberal arts business education within a Lutheran College."

"Hearing about his students and taking pride in their accomplishment was always a subject of conversation whenever you had a chat with Jim."

## Jan Bowman

The former CLU English professor died at age 69.

Bowman began teaching at CLU in 1975 and helped develop courses in global and women's studies. She was a leader in changing the curriculum to add the perspectives of women around the world.

She helped change the curriculum again in 1980 by incorporating more reading and writing throughout all academics.

Bowman helped found the

Women's Center on the CLU campus, which eventually evolved into the school's Center for Equality and Justice.

She not only worked in developing the Women's Center, she also helped develop Creative Options, a professional development event for women that took place at CLU for a number of years.

In 1996, Bowman retired from teaching, but returned as an adjunct faculty member in 1999, and stayed on until 2002.

Bowman was married to CLU's first full-time pastor, the Rev. Gerald Swanson.

The couple received CLU's Christus Award in 2003, in recognition of the contributions they made to help strengthen the connection between the church

and the university.

The couple was honored again in 2007 when they received Honorary Alumni Awards at that year's Commencement.

In 2004, Lutheran University Press published a collection of Bowman's poems titled "Carved Like Runes." It featured poems by her about the beauty of life, art and the meaning of change, loss, aging and death.

Dr. Joan Wines, CLU English department chair, worked closely with Bowman.

"Jan's many contributions to CLU and to the English department have been significant,"

Wines said in a CLU press release. "We will miss her presence, her poetry, her wit and her indomitable spirit."



Jan Bowman

# Environmental efforts awarded

By Emily Peterson  
Echo Staff Writer

Participating in the greenhouse gas reporting program has allowed CLU to be named a Climate Action Leader.

The respectable name that the California Climate Action Registry dedicated to CLU was due to the school taking action on climate change.

When discussing the benefits of being a Climate Action Leader, Ryan Van Ommeren, associate vice president of facilities said that "it sets up the benchmark so that we can know in the future where we stand in releasing greenhouse gasses."

The procedure has a pretty rigorous counting requirement.

CLU had to call in independent contractors: one contractor to do the work and put all the numbers together, and a second contractor to verify the numbers as being accurate.

The independent contractor analyzed all of the bills the school received for energy and trash and the amount of recycling that occurs. After this procedure, the carbon footprint was established.

Data collection for this process

began last summer and cost \$20,000 in order to complete registry.

"It's great that our school was named a Climate Action Leader because it shows our community that we are very concerned about the environment,"

senior Leah Kolbeck said. "I think it's good that our school is going green."

The effort that CLU has put into making a difference in the environment demonstrates the commitment from the University

to understand where exactly the school is compared to other schools.

After calculating and comparing the greenhouse gas emissions for some of the UC schools, it was decided that Cal Lutheran had lower greenhouse gas emissions per student than the other schools.

Even though CLU is a smaller school with smaller facilities, Van Ommeren said that CLU has always been pretty lean on the facilities and it was nice to be compared to the UC schools. Being compared in this way lowers CLU's carbon footprint, but does not offer as large of a scale.

By having CLU's greenhouse gas

emission numbers calculated, acts of what the university could and should be doing are brought to the attention of school.

"We have a very dedicated task force that is committed to looking at all ways Cal Lutheran can increase its sustainability," said Jean Sandlin, a member on the sustainability task force. "That includes, on the operations sides, reducing our carbon footprint, and in the classroom with projects related to the issue."

Knowing where CLU stands on the issue of greenhouse gas emissions allows the university to be able to compare numbers with other schools and to set a target for numbers in the future.

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KISS ME, I'M IRISH!!!

# Friendly face becomes grad student

By Nicole Jacobsen  
and Andrew Parrone  
*Special to The Echo*

Most students at CLU enjoy the experience of life on campus, but few embraced the change as well as graduate student Eric Eggleston.

A student from Santa Ynez, Eggleston was involved with many activities while an undergraduate at CLU. He is still one of the most recognizable faces around campus, but it was not always easy for him to be noticed.

"I always know somebody wherever I go," he said. "It wasn't like that my freshman year."

Eggleston did not have a problem with this while in high school. He played tennis for his school all four years and was involved in his local youth group and other extra curricular activities outside of campus throughout his high school years.

He found it a little difficult to adjust to college life initially, as do most new freshmen. But as

with most things, Eggleston has met the challenge.

At CLU, Eggleston made it a point to be just as involved with clubs and activities as he was during high school. Some of the clubs that he was a member of include the Aventure Club, Nomads, Steeze Brigade and Team Hospitality where he was also the president.

It became quickly apparent that the lifestyle Eggleston lives by is an active one.

This active personality also led him to participate in every intramural sport offered on campus. Most of the time, students have one or two favorite sports and just pick those if they choose to do intramurals. But Eggleston's enthusiasm and curiosity pushed him to give each one a try. Last semester he played softball.

In addition to all the clubs he was a part of, Eggleston also had other major responsibilities on campus. He was a senior representative for the Associated Students of California Lutheran

University, or ASCLU.

He was also the Presidential Host coordinator, which means he was very involved in the process of getting prospective high school students interested in CLU.

These not only show an interest in staying active in the campus, but improving the experiences of fellow students as well.

In between his activities, Eggleston was able to find the time to be a successful student. He received a bachelor's degree in social science in December and is attending graduate school. Once he finishes graduate school, his plan is to become a high school teacher in California, and teach either history or government.

"I grew up here in California," Eggleston said. "I love it and wouldn't want to teach anywhere else."

Being involved on campus takes a lot of time and effort, and this causes a number of students to shy away from it.

However, Eggleston was, and is, a prime example of how being an active participant at CLU can improve the overall college experience. As he puts it, "I love being involved on campus."



Eric Eggleston

# Music Column: Flogging Molly

By Desiree D'Arienzo  
*Echo Staff Writer*

I hope you all enjoyed last week's column. Maybe you listened, but maybe you didn't, either way at least you read it. This week I wanted to do something a little different due to spring break coming up and St. Patty's Day just around the corner. This band is amazing and you all should get out to a show because it is absolutely insane. Besos!

## Artist to watch: Flogging Molly

As the House of Blues Artist of the Month, Flogging Molly has raised more than a few eyebrows. With its music inspired by old world celtic and present day punk rock, Flogging Molly has made it apparent that it is not going anywhere soon. The Los Angeles-based band has an infectious personality and a banging sound.

Although the band is not very well known, Flogging Molly has been making music for a long time. Its first album, "Alive Behind The Green Door," came out in 1997.

Since its first album came out, Flogging Molly has released six additional albums including their latest album, "Float," which came out in March 2008.

"Alive Behind The Green Door," was the only album not recorded with music label Side One Dummy.

Flogging Molly's sound is undeniable, but it did not fit in the mainstream music world. The band never lost its passion to make great music, and with perseverance and dedication it

found a record label to help them do just that- make great music.

Side One Dummy Records picked up Flogging Molly and the two were a match made in music heaven. After signing with the Side One Dummy label, Flogging Molly released "Swagger" in 2000, which turned out to be one of its best albums yet. "The Worst Day Since Yesterday," one of the songs featured on "Swagger," found its way into the Jolie- Pitt film, "Mr. and Mrs. Smith."

"Drunken Lullabies," Flogging Molly's 2002 follow up, was quite successful and surprised everyone, including the band. This album is probably the album that will be remembered the most, due to crowd-pleasing songs like "Rebel of the Sacred Heart" and "The Son Never Shines."

The album "Within a Mile of Home" was when it seemed the band finally was able to truly showcase its ability to be diverse with its sound. "Factory Girls" is a lovely duet between King and Luscinda Williams, an amazingly talented singer. The song just proves that the band can go from playing these crazy punk songs to these beautiful pieces as well.

They have released a DVD with live performances on it called "Whiskey on a Sunday." The most recent album, "Float" was released in 2004 to the same expectations its fans always have of them - outstanding.

The band has become a knockout in the music industry and owes it to its belief in the music. Flogging Molly is more than the average band, but its fans are a huge driving force in

that. It is a regular at the Vans Warped Tour and can often be seen playing with another big name in celtic-punk, Dropkick Murphys.

The band will begin its Green 17 Tour on March 2. This tour is in celebration of the musicians favorite holiday, St. Patty's Day. They will tour the East Coast and the Midwest with The Aggrolites tagging along.

My favorite Flogging Molly Songs: "Black Friday Rule," "Requiem for a Dying Song" and "Devil's Dance Floor."

My favorite Album: "Drunken Lullabies."

## Upcoming Shows:

February -  
27 - Angry Samoans (Knitting Factory)  
27 - Pennywise, Authority Zero (Ventura Theatre)

March -  
6 - English Beat (Canyon Club)  
13 - Millencolin, The Briggs (Key Club)  
20 - The Adicts (Key Club)  
28 - FEAR (Galaxy Theatre, Santa Ana)  
31 - The Expendables, Less Than Jake (Avalon Theatre)

April -  
4 - Left Alone (Hollywood)

June -  
7 - Nekromantix (Queen Mary)  
28 - Vans Warped Tour (Seaside Park): NoFX, Bad Religion, Flogging Molly, Anti-Flag, Less Than Jake, Anti-Flag

# Campus Quotes

"What are you doing for spring break?"



"I'm going back home to San Diego. I haven't been home in a while."

-Sophomore  
Kourtney Jones

"I'm going on a choir tour."

-Senior  
Hayley Woldseth



"I'm going to Pennsylvania to visit some buddies."

-Sophomore  
Barron Steele



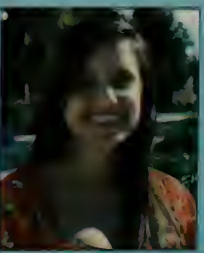
"I'm starting the softball league and going to Mammoth."

-Senior  
Spencer Doyle



"I'm going to Texas to visit one of my best friends."

-Freshman  
Emma Gardiner



# Lack of news in top headlines

About a week and a half ago, I noticed a story on CNN.com that made my stomach drop. "Socks, former Clinton cat, put to sleep," the headline read. I was devastated.

The beloved cat, a stray adopted by Chelsea Clinton when Bill Clinton was governor of Arkansas, had been euthanized after months of treatment for cancer.

Socks had been living with Clinton's former secretary.

The famous feline had resided in the White House for former President Clinton's eight years in office.

Undoubtedly, he had also been a source of solace for the former president during the Monica Lewinsky scandal.

Socks was probably either 19 or 20 years old, according to veterinarians.

But this story was not the reason for my devastation.

I was devastated, in general, because this was a top headline on CNN.com's homepage.

Why did I need to know?

Was there really nothing else to report on?

Don't get me wrong, I'm definitely not a cold-hearted individual (some will find that statement debatable).

I certainly believe that this was tragic news to the Clintons.

When a family loses a pet, it has to be depressing.

But I just don't see the point of informing the rest of the American people, or the world, for that matter.

I guess it's only rational because Socks was a presidential pet.

I find that to be a thin reasoning, even so.

I guess I should get used to it, though.

We are nearly a decade into a new millennium and with the popularity of the Internet, we are bound to come across the most arbitrary of stories online.

We're in the 21<sup>st</sup> century, for goodness sake.

And speaking of the 21<sup>st</sup> century, it's good to know that women are breaking through barriers.

Hillary Clinton was nearly the presidential nominee for the Democratic Party.

Sarah Palin was the first woman to be a vice presidential nominee for the GOP, and only the second woman to seek the vice presidency of the two powerhouse political parties.

And now, new FBI statistics show that more and more women are committing bank robberies.

The times, they are a changin'.

According to a CNN.com article, 6.2 percent of all bank heists

nationwide are committed by women these days.

That's an increase of 25 percent from 2002.

Okay, in all seriousness, I will admit that this story does have more merit than the one about Socks the cat.

I just wanted to mention it because I found it funny.

But we are seeing an increase of these silly, and sometimes pointless journalistic pieces.

And I'm finding out way too much than I care to know about people.

Take the Jonas Brothers, for instance.

A recent MSNBC.com article

discussed the popularity of the band and how they are unlikely to fade away any time soon.

Did you know their concert tour in 2008 grossed over \$41 million?

Or that their latest album, "A Little Bit Longer," has sold over 2.1 million copies worldwide?

It certainly made me rethink skipping the midnight premiere of their new movie, "Jonas Brothers: The 3-D Concert Experience".

I still ended up not going. MSNBC.com even had a commentary discussing how to become a "Jona-fied" Jonas

Brothers fan.

These stories are like train wrecks.

You see the headlines and you can't help but desire to find out more.

I don't doubt the integrity of journalism.

Most of the stories online are still legitimate, talked-about issues.

But at the same time,

I have to question why it was pertinent for me to know about

Socks being euthanized and why similar stories still find their way to the "Top Headlines" section.

But we are seeing an increase of these silly, and sometimes pointless journalistic pieces.



Kevin Holt

## How to Respond

### Mail

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Calif. Lutheran Univ.

60 W. Olsen Rd. #3650

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### Phone

(805) 493-3465

### E-mail

echo@callutheran.edu

(preferred)

Letters to the editor are welcome on any topic related to CLU or to The Echo.

Letters must include the writer's name, year/position and major/department.

Letters are subject to editing for space and clarity.

## "Eve of Justice"

Wednesday, March 4<sup>th</sup>

8 pm

Kingsmen Park



The California Supreme Court will be hearing the oral arguments to overturn Prop 8 on Thursday.

Please come out to light a candle and be together in the fight for justice.

Questions: contact Jocelyn Bourgault  
jbourgau@callutheran.edu

# Get over it America *Beth knows best: Tips for a fun spring break*

Several weeks ago a political cartoon that was ran in the New York Post created a maelstrom of criticism.

The cartoon depicted two police officers.

One of them holding a smoking gun, the other saying, "they'll have to find someone else to write the next stimulus bill."

They were standing next to the body of a dead chimpanzee with two bullet holes in it.

Almost immediately after the cartoon ran, the criticism started trickling in.

Talking heads flocked to all the cable news stations to have their say.

CNN political analyst Roland Martin said on CNN's AC360, "There is a history and legacy [of racism]...When I see it and I know it, I'm gonna call it out and that cartoon was racist...that was a racist cartoon pure and simple."

The fact of the matter is the cartoon referenced two unrelated current events.

The first, of course, was in fact, the stimulus bill that was making its way through Congress.

The second, was a lesser known story of a woman in Connecticut who was brutally attacked by a pet chimpanzee that was ultimately killed.

Does anyone realize that the stimulus bill wasn't even written by President Obama?

It was written by Speaker of the House Nancy Pelosi and Senate Majority Leader Harry Reid.

Folks, not everything is meant to be, or should be perceived as, a racially insensitive matter.

The Rev. Al Sharpton had this to say on MSNBC's Countdown with Keith Olberman.

"There's no way you can't draw a racial reference here," Sharpton said.

"What does a chimpanzee have to do with the stimuli [sic] bill and the president?"

That's an excellent question Al.

The answer is chimpanzees have nothing to do with the stimulus bill or Obama.

Instead, they have everything to do with Congress.

Personally, I feel the cartoon was more a commentary on the haphazard way Congress went about agreeing on the stimulus bill in the first place.

Have you ever seen monkeys try to work together? I have.

I've spent many late nights watching on the National Geographic Channel, especially now that I have my 62-inch 1080i DLP HDTV in the living room.

Perhaps one or two will work together, but when there's 50 or 100, all hell breaks loose. Its chaos.

Every one of them has their own agenda they're trying to fulfill, just like members of Congress.

Cartoonist Sean Delonas said himself the cartoon was never meant to be racially motivated.

Maybe he's just trying to cover his butt, but I'd like to give him the benefit of the doubt.

Racism still exists.

There's no getting around that ugly truth.

When we make a broad jump like Sharpton and CNN's Martin, we aren't just fanning the flames of hatred even more.

We're playing into ignorance, intolerance and idiocy when we make these insinuations.

It was a stupid, albeit, tasteless cartoon.

Nothing more, nothing less.

Get over it America.



Nathan Hoyt



Beth Peters

## The possibilities are endless this spring break

Spring break is almost upon us, and for many of us, it couldn't come any sooner.

Our spring break is not during the Easter holiday this year, so that means we have spring break before a lot of other schools.

I know many of us are weighing our options on how to spend our spring breaks.

Here are a few things to keep in mind while planning your week away from school.

Flights right now are relatively cheap due to the low price of oil, the fact that our spring break is not during a peak travel period and the general economic downturn.

For me to visit Tyler in Germany, the cost would be just \$521 round trip.

Compare that to \$900 or more over Christmas.

To go to Hawaii now, it's like \$150 round trip.

But, for me to go home to Dallas, it's \$400.

So, it seems flying everywhere except to Dallas is cheap.

Here's to hoping you have better luck with your hometown – your family, friends and dog (or cat, llama, etc.) probably all miss you very much.

The price may be right for you to do some exciting air travel, especially if you planned enough ahead of time to get

advance purchase tickets.

You don't always have to fly somewhere far away or exciting to have fun on spring break, though.

Those trips can have hidden expenses and turn out to be not as cool as you anticipated.

You might consider keeping it local.

There are plenty of fun things to do in Southern California.

Maybe go on a road trip with a few of your friends.

Take one car and pitch in for gas, food and hotels.

That can be a less expensive option and still great fun.

Our location in California puts us just hours from several awesome destinations.

Las Vegas is about five hours away, San Francisco is six hours away and San Diego (and the Mexican border) is just three hours away.

And ski season is still in full swing, so hitting the slopes at Big Bear (three hours away) or Mammoth Mountain (six hours away) is

very much an option for more adventurous types.

Some of you may opt to participate in an "alternative" spring break, making a difference in the lives of the less fortunate.

You could help clean up the beaches in Galveston, Texas, that were damaged by

Hurricane Ike.

Some hotels there are giving discounts to people who help with cleanup.

They want to do all they can to clean up the island and get tourists coming back.

If this isn't your thing, there are many other options for helping people locally or all over the country.

If you are considering doing something like this (and aren't already signed up),

be sure to act quickly, as the lead time on these programs can often be several weeks.

Whatever you do on spring break, please remember to stay safe.

Just use common sense and you should be all right.

Almost as important, be sure to have fun.

There really aren't going to be an unlimited number of these week long breaks in the spring semester, so try to enjoy it.

Remember, I would like to hear more from you on topics you'd like to see covered in future columns, questions you've been dying to ask or things about which you don't have a clue but would like to know about.

Just e-mail me at [empeters@callutheran.edu](mailto:empeters@callutheran.edu) or The Echo at [echo@callutheran.edu](mailto:echo@callutheran.edu).

You can also just drop your questions in the mail slot at The Echo office.

Whatever your question or problem may be, I'm here to help.

# Life is too short to wonder what if

In 50 years we will be ripe in age, wrinkled in physique and I wonder how many of us will look back on the years that have passed in regret.

Many will reminisce about pleasant memories and many will not.

Many will be satisfied with how their lives turned out, many will be surprised that it didn't go as planned and many will be disappointed with the decisions they have made.

Was it the actual choice that was the problem, or results?

I don't believe either one is the problem.

Your life isn't defined by the

choices you make.

It's defined by the attitude you have towards the results of your choices.

We struggle daily with petty obstacles.

Most women would agree with me that waking up and trying to figure out what to wear that day can be a challenge in itself.

But do you question your choice all day wondering, "if I only would have worn the blue dress instead..."

No you don't, so why do countless people live with the idea of what could have been?

To every choice there is a result.

Most of the time the result won't happen right away, and

when it does it may not even be visible.

But life is too short, too precious to live wondering what could've been or what should've been.

I find that with whatever result comes from my decision, it's my doing.

Obviously, I made the choice therefore I initiated the result.

But a lot of the time the effect isn't what I had in mind, but

I take it in and realize something good will come from it.

I've had to make some decisions lately that made me start to question myself and it

was a horrible feeling, and I got over it quickly.

Each and every day things occur as a result of our choices, some good, some bad, but that spontaneity is what gives life excitement.

The way a person reacts to these things is really what determines the way a person lives.

Do you take it for granted or do you appreciate what's happened and try to learn from it?

If you live the second way you'll find life to be much more rewarding.

You can't question yourself, and

you can't live in the "what ifs."

Being confident and happy with your life is the only way to enjoy it.

The "negative Nancys," and "pessimistic Petes" living their lives this way are not enjoying life the way they should be and it's obvious to the people around them.

These people are usually upset with other people, when they should really be giving the situation value.

For you "Nancys" and "Petes" I leave you with one of my favorite quotes that comes from the classic song "Simple Man" by Lynard Skynard:






"Take your time, don't live too fast. Troubles will come, and they will pass."

Take in the repercussions of your decisions, they really are a beautiful thing.



Leslie Gerard

## Sport Schedules

	Wed 4	Thur 5	Fri 6	Sat 7	Sun 8	Mon 9
 <b>REGALS Softball</b>				@ Redlands* DH 12:00 p.m.		
<b>Knights Rugby</b>				Occidental 1:00 p.m.		
 <b>REGALS Water Polo</b>			CLU Spring Tournament 8:30 a.m. 2:45 p.m.	CLU Spring Tournament 8:30, 12:15 & 4:00	CLU Spring Tournament 8:30, 12:15 & 4:00	
 <b>KINGSMEN Baseball</b>			@ Chapman 2:30 p.m.	Chapman* 1:00 p.m.	Ithaca (NY) 1:00 p.m.	Hendrix (AR) 1:00 p.m.
 <b>REGALS Tennis</b>			@ La Sierra 2:00 p.m.	@ Pomona - Pitzer* 11:00 a.m.		@ Washington (OH) Redlands 10:00 a.m.
 <b>KINGSMEN Tennis</b>				La Verne* 2:00 p.m.		

Shade denotes home game. \* Conference Game. DH= Double Header.

## Why all the cliches in sports?

With spring training just beginning, I felt it was important to bring up one of my least favorite parts of sports: clichés.

Baseball is known for being a game of numbers and statistics.

To anyone that spends significant time playing or watching baseball, one finds the game to be filled with annoying, overused or otherwise meaningless one-liners.

Here is my list of the five worst phrases in baseball:

1. "He's a gritty player" and other euphemism. Whenever you hear an announcer refer to a player as "gritty," "a gamer," or someone

very often.

Or a "crafty southpaw," a soft-throwing left-hander who occasionally baffles hitters with his slow pitches.

Why can't a right-handed pitcher be crafty? Why can't someone who throws a good fastball be crafty?

Why can't players just be referred to as what they really are?

2. "That's Manny being Manny." Manny Ramirez was my favorite player for the Indians during the mid-1990s.

Before the fame, the Red Sox, the dreadlocks and before people started saying, "that's just Manny being Manny."

How about someone with the cojones to say what it really is: That's just Manny being a boneheaded loaf.

Yes, he will be a Hall-of-Famer for his hitting, but his skills are seriously lacking in just about every other facet of the game.

3. "A walk is as good as a hit."

If I had a dime for every time I heard this as a kid, I wouldn't be so worried about finding a job after I graduate.

I remember standing on third base when my coach yelled this to my teammate.

Would a walk have brought

me in?

Nope. Not only is it overused, but it's not even true in most cases.

4. "Good eye."

When I played baseball, I never, ever, ever swung at the first pitch.

This was probably because I didn't want to make an out on only one pitch.

I would watch the first pitch go by, and one of the parents would always yell, "good eye, Cory!"

I wasn't going to swing anyway.

Sure, there are times when this phrase is appropriate, but let's reserve it for when someone takes a close ball on an 0-2 count or something.

5. "A good piece of hitting."

I cringe whenever I hear this. What exactly is "a good piece of hitting?" I've never heard it used to describe a home run, the best hit possible.

A good piece of hitting can't be a well-hit double down the line, a bouncer, bleeder or any other hit that "has eyes."

A good piece of hitting must be hit well, but not too well, and it should probably go the opposite field.

It seems our inability to call things what they really are is the foundation of most baseball clichés.

Maybe this article can raise a few people's conscience less and get them to stop (over) using these phrases.

## Regals continue strong performance

### Offense continues to power Regals

By Tiffany Michaels  
Echo Staff Writer

The Regals look to come out strong and continue to dominate this next Saturday during their double header away at Redlands.

The Bulldogs have a record of 5-3 coming off of a split last Saturday to La Verne.

"We are going to work on keeping up our offense throughout the whole game and maintaining the quality defense we are capable of," said Robertson who is looking forward to their next series.

The Regals (8-1, 4-1 SCIA) softball team fell short to Pomona Pitzer (2-7, 2-3 SCIA) Saturday in extra innings.

During spring break the Regals will have four home games starting with Wheaton University (Ill.) for a double-header on March 10 at noon.

On March 11 they will play Hendrix University (Az.) in a double-header at noon then square off in a conference affair with a double-header against Claremont Mudd Scripps at noon on March 14.

They will conclude their spring break games with a contest against Tufts University (Mass.) in a double-header at noon on March 15.

The Regals faced the Sagehens in a double-header and could only finish one of the two games. The first they lost 12-11 in the ninth inning. They got all the way through nine more innings of the second game, but

it was called due to darkness at 5-5 and rescheduled for April 11.

"We are looking forward to finishing out the second game against them when Pomona comes to play on our field," said junior Emily Robertson.

CLU came out strong scoring 10 of their 11 runs in the first three innings bringing the score to 10-2.

The Sagehens came back scoring nine runs by the sixth inning tying the game at 11-11.

The strong offense by Pomona brought the Regals their first loss of the season, bringing their record to 8-1.

Lizzy Chacon Erin Lewis, Lizzie Novak, and Emily Robertson had two hits each in the first game.

In the second game, Pomona dominated on two errors leading to the tying run in the ninth inning, forced a tenth inning.

The game ended at 5-5 with nine completed innings due to darkness and will be completed on April 11 when they meet again.

The Regals were undefeated coming into this game with a record of 8-0 sweeping La Sierra (0-8) the previous Saturday.

In the two games, they scored a total of 33 runs, 14 and 19 respectively ending both games in only 10 innings.

Chacon not only pitched five innings shutting out La Sierra, with 10 strikeouts sealing the win, she also brought the heat at the plate. She was 2-3, with a game high of 5 RBIs.

The Regals earned the win as a team with all 13 players getting on base, and 12 of them scoring at least one run.

La Sierra had a total of four hits throughout the two games.



Cory Schuett



Photo Courtesy of Kevin Baxter

The Regals offense continues its hot start of 2009 campaign.

who "plays the game the right way," it is most likely code for a slow white guy.

The same goes for "contact hitters," who just aren't very strong but don't strike out



Photo by Scott Nelson

Wetterholm and Hunt win their double's matches this past weekend.

## Senior duo leads men's tennis team

### Wetterholm and Hunt dominate in doubles pairing

By Jeff Shalem  
Echo Staff Writer

One of the greatest perks of college is the chance of meeting people from all over. Sometimes a cross town rival can become your best friend.

That's the story of Kingsmen teammates Paul Wetterholm and Forrest Hunt.

"In high school I knew of Forrest but we never faced each other," Wetterholm said.

Every year in San Luis Obispo, Calif., there is an All-Area tournament called "The Valley Championships."

Hunt and Wetterholm both represented their respective high schools in the tournament.

However, they never faced each other until the first time they met in practice.

When it came to college, initially, Hunt was at Cal Poly San Luis Obispo and Wetterholm, was a Kingsmen.

However, when Hunt wasn't playing tennis in college he decided to transfer.

"My private coach back home coached at CLU and coached [Mike Gennette, the Kingsmen head coach] when he was a player. What a small world."

"Naturally, at first there was immediate competition between us," Hunt said.

"Then it just became fun. I won our first match, but [Wetterholm] has my

number."

Now the duo partners are hoping to make nationals. In order to do that the doubles partners must finish in the top four pairs in the West Region.

Last year Wetterholm qualified for Nationals as an individual, and hopes to repeat that accomplishment this year.

While Hunt hopes to repeat his All-SCIAC honor he received the previous year.

"The competition between us is good," Wetterholm said. "We're constantly pushing each other to our limits."

Seniors this year, Wetterholm and Hunt look to lead the tennis team to a top two finish in SCIAC.

"We got a transfer from UNLV, Andrew Guiffreda, who has really improved the talent on our team," Wetterholm said. "Our toughest competition this year will be CMS," who are ranked third in the nation in the NCAA Division III.

Since sophomore year, these two best friends have been a part of the most intriguing thing about collegiate sports. Although there is "that awkward silence after we lose," Hunt said. "But in the end it makes us better."

This past weekend the two won both No. 1 doubles matches, beating Pomona-Pitzer, and Chapman.

Each of them split their singles match ups as the Kingsmen bettered themselves on an 8-1 record.

These two and the rest of the Kingsmen & Regals Tennis teams compete on the courts on Fridays and Saturdays.

# Kingsmen season comes to a close

## Stags finish with 16-4 run to oust Kingsmen

By Melissa Conway  
Echo Staff Writer

It was a battle for the SCIAC title as the men's basketball team struggled to come out on top against the Whittier college poets.

It was a tight game all the way to the end.

The teams went back and forth but it all came down to the last 2:35 with the CLU up 61-56.

That's when the Poets put up seven unanswered points, taking the lead 63-61.

It was junior Kyle Knudsen for CLU and Marcus Gibson for WC who in the final minute traded baskets.

He knocked down a 3-pointer with 38 seconds, taking back the lead 64-63.

With Gibson in control of the ball he drove baseline and hit a jumper to take the lead with 24 seconds left.

Knudsen found himself open in the paint as he got the ball and laid it in with only 14 seconds left putting, the Kingsmen ahead by one.

As time was expiring Whittier struggled to get off another shot and a timeout was called.

The Poets in-bounded the ball, and Gibson made a last second prayer from about 24 feet putting the Poets ahead by two with 00.8 left.

The Poets would go on to win 68-66, after a final prayer went wide off the backboard.

Losing to WC denied the Kingsmen of another SCIAC title, but they were still in the conference tournament.

CLU faced Claremont-Mudd-Scripps in the first round Friday night.

"I think the worst part of the last two games was that we were up in the final minutes of the game, but couldn't close it out," Knudsen said.

"We as a team need to improve on putting a team away when we have the chance."

Despite the Kingsmen's best effort CMS pulled out a win 60-54. CLU finished with an overall record of 18-8 and 10-4 in SCIAC.

It was Knudsen and Aaron Fisher who shot the lights out with a combined 48 of the team's 54 points.

After coming out of the locker room at halftime the Kingsmen were only down 10.

In the opening minutes of the second half that would all change as Knudsen scored their first eight points to bring them just within two.

The Kingsmen were able to take their biggest lead over the Stags 48-44 with just over four minutes to go.

After that the Kingsmen were not able to score for over three

minutes, bringing the game down to its final seconds.

Knudsen's fifth 3-pointer of the game would bring them within two with only 43 seconds left to play, but that would be the last basket for the Kingsmen in the rest of regulation.

The Kingsmen had a strong season and will only be better next year as the whole team will be returning next year.

"The guys have improved drastically throughout the year especially because the team is so young, half the squad being freshmen.

Each part of the season brings more experience. From the pre-season, to league play, to finally the conference tournament the guys were able to understand and excel with the system here," said Josh Thies, student assistant for the team.

"And I'm really excited about everyone coming back next year."

With the conclusion of the season coming to a close the All-SCIAC teams are set to be announced.

As the paper was going to press the All-SCIAC teams were announced, with three Kingsmen earning a spot.

Knudsen earned the only first-team nomination, while senior Andy Meier and freshman Aaron Van Klaveren earned second-team nominations.

"We as a team need to improve on putting a team away when we have the chance."

— Kyle Knudsen



Photo by Doug Barnett

Aaron Van Klaveren gets fouled hard going up for a shot by two Poet defenders.

# Kingsmen begin strong in baseball

## CLU battles tested for No.11 Chapman series

By Andrew Parrone  
Echo Staff Writer

The winning streak has come to an end, but the excellent season for the Kingsmen baseball team continues.

A week after sweeping the three-game series against defending SCIAC champion La Verne, the Kingsmen took an 18-game winning streak into Saturday's against Claremont-Mudd-Scripps.

They dropped their first game of the season to the Stags, 3-7 in 11 innings.

However, they did take two of the three games in the series. On Friday the Kingsmen won 6-2 at CMS.

In the second game of the doubleheader on Saturday, they defeated the Stags 3-2 in seven innings. The game was shortened due to darkness.

This weekend the Kingsmen have a tough two-game series against Chapman University.

They play at home on Saturday at 1 p.m. at Ullman Stadium.

Head coach Marty Slimak does

not believe the long winning streak created any extra pressure on his team because the focus is one game at a time.

"From the beginning we've always said you have to look at the game at hand," he said. "You can't look ahead and you can't look behind, and we've already put this one behind us."

The starting pitching was solid on Saturday. Senior Mike Roe pitched over six scoreless innings in the first game, while junior Chase Tigert gave up only two runs in six innings in the second. The problems came in other aspects of the game.

"I think we pitched well, but we have to play better in our all-around game," Slimak said.

"We did not play as well defensively as we should and we didn't play as well offensively as we can."

In the first game, the Kingsmen led 3-2 in the ninth with two outs, but CMS was able to tie the game and later scored four runs in the 11th to put the game away.

Senior Nick Reitz was a large part of the victory in the second game, with three hits, two runs and an RBI at the plate. He also secured the final out in the seventh inning by making a difficult catch in center field that would have scored the Stag's runner from third had it



Photo by Max Buchanan

(Above) Senior David Iden singles during game one of Saturday's double-header.

(Below) Sophomore Byran Minnich delivers a pitch during game one of Saturday's double-header.

dropped.

"I think we pitched well, but we have to play better in our all-around game."

— Coach Slimak

The players now can look ahead

to their series against Chapman and make adjustments in their play.

"We will have a good week of practice and stay focused all week," junior Matt Martin said. "We need to hit the ball better and get some clutch two-out hits and bring the intensity all game." Though the undefeated season is over, there is still the

confidence that the winning will continue throughout the rest of the year.

"We just have to be more consistent in our play," junior Jordan Ott said. "It's definitely disappointing that it's over but now we get a new win streak to start so we'll just do it all over again."



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### SCIAC Baseball Standings

	Conference	Overall
Pomona-Pitzer	3-0	7-2
Redlands	3-0	6-3
Whittier	3-0	5-6
Cal Lutheran	5-1	10-1
C-M-S	4-2	5-5
La Verne	0-3	3-6
Occidental	0-6	8-7
Caltech	0-6	0-9

For Games Through: Mar 1, 2009

# THE ECHO

CALIFORNIA LUTHERAN UNIVERSITY

Volume 53, Number 5

March 18, 2009

## Candlelight vigil marks Prop. 8 appeal

Students hold  
"Eye of justice  
candlelight vigil"

By Jonathan McDermott  
*Echo Staff Writer*

In November most Californians could be overheard discussing their position on one of the most hotly debated issues of California Ballot Propositions in recent history, the matter about the legality of same-sex marriage between domestic partners in California.

In regards to the passing of Prop. 8, exactly four months to the day that California repealed gay marriage, CLU held a memorial at 8 p.m. in Kingsmen Park on March 4. The event labeled the "Eye of Justice Candlelight Vigil" brought together about 25 CLU students in order to peacefully assemble and mourn the fact that universal equality has been lost to the new state constitutional amendment banning gay marriage. CLU student Jocelyn Bourgault planned and coordinated the event.

"I first went to the

equalitycalifornia.org Web site to find out information about the protest," Bourgault said. "Then I went to Media Services to get the word out and created a Facebook page to attract word-of-mouth support and finally, I went to Ministry Services to have the candles donated for the Vigil."

It consisted of an opening prayer followed by a moment of silence after which junior Casey Kloehn read a personal invocation about the fight against Prop. 8. The event ended with an informal meeting with all attendees expressing why they attended this event and how strongly they felt about equality for gays and lesbians.

The CLU chapter of the Gay-Straight Alliance supported the Candlelight Vigil. This event has helped students and staff alike gain awareness about the inequalities that Prop. 8 protects and give a voice to those who feel wronged by this amendment's passing.

For people unfamiliar with what Proposition 8 dealt with, here is a little background of what it covers. Prop. 8 changed the state constitution to restrict the definition of marriage to opposite-sex couples and banned same-sex couples from the right

to marry.

The advocates for and against this proposition seemed to be as equal in numbers as they were in blatant support for their sides.

Each side had its specific reasons why they thought gay marriage should or should not be outlawed. Those for Prop. 8 felt that heterosexual marriage was an essential institution of society, whereas those against believe equality under the law is a fundamental constitutional guarantee for all people regardless of sexual orientation.

The Roman Catholic Church, The Church of Latter Day Saints, and various Orthodox Jewish Congregations, that included high profile conservatives in political office, supported the conservatives.

The liberal side was supported by U.S. House Speaker Nancy Pelosi and two U.S. Senators Dianne Feinstein and Barbara Boxer, who adamantly believed that everyone has a right to equality under law and President Obama, verbally has opposed the contraction of gay rights in California.

Proponents are now collecting signatures to get a repeal on the ballot.



Photo by Doug Barnett

Students lit candles to show their support for the Prop. 8 repeal.

## Students advised on spring break

By Aaron Hilf  
*Echo Staff Writer*

To get themselves ready for an exciting and amazing spring break, California Lutheran University students took part in a Safe Spring Break event to learn more about traveling and sexual responsibility over the holiday break.

"It is just another way for us to get information out to students on ways to be safe on spring break," said Amanda Whealon, coordinator for Student Leadership and Programs.

As an event organized by the Wellness Programs office, Safe Spring Break brings a multitude of information to the students to help them prepare for the week-long break filled with traveling and fun.

With many different tables

ranging from healthy eating to first aid tips, students seemed very excited to take part in the event and learn how to keep themselves safe.

"We reached our goal for student participation and seem to have exceeded the expectations of the students," said freshman Kristina Barckley, Wellness Programs intern.

Students were also able to learn about more mature subject matter like safe sex and safe drinking tips.

From information pertaining to how alcohol affects the body and your hydration to pamphlets filled with information about sexual responsibility, students were able to learn about these topics in a non-threatening and informative way.

The event also brought on to campus Deputy Shawn

Holzberger of the Ventura County Sheriff's Department.

Holzberger was there to give students more information regarding safe drinking and ways to stay safe over the break.

"I'm talking mostly about alcohol responsibility and DUI awareness," he said.

Students were also able to try on beer goggles that the deputy brought with him.

These give the person wearing them the perception of being drunk.

Students were able to drive a remote control car to show how much they are affected by drinking and take part in a relay

race that involved the goggles.

"It's great to see how interested students really are about the information that we are all trying to get out there," Holzberger said.

As an event that generally took place in the evening, Safe Spring Break has been

"It is just another way for us to get information out to students on ways to be safe on spring break."

— Amanda Whealon

moved to the daytime to amp up student participation.

Having it at the Student Union Building during class hours has helped make the event more available to students.

Also giving away free Shave It

shaved ice, the Wellness office gave a great incentive to students who attended.

Upon arrival, students were given a bag and signature card.

They would then go through the event learning about what each table had to offer and get information regarding the different subjects.

Students would then get their card signed and at the end receive a coupon for free Shave It.

"We've been hearing some really good feedback from students," Whealon said.

"We're happy they were able to enjoy the event and gain valuable knowledge to help them be responsible over spring break."

With a lack of pamphlets for students to take late in the day, the apparent success of the event shows the eagerness for students to learn how to stay safe.

# INSIDE



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gain experi-  
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continues hot  
start.

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## KCLU begins semi-annual fundraiser

### Membership drive has target of \$200,000

By Ember Mitchell  
*Special to the Echo*

The phones will be ringing this spring at CLU's radio station, KCLU, as the semi-annual membership drive gets underway March 26-April 4.

The KCLU membership drive is an opportunity for listeners and advocates of the radio station to donate money and time to support KCLU on FM in Ventura County at 88.3 and Santa Barbara County at 102.3 and on AM at 1340.

"The gratifying thing is that people really love the station and really want to support it," said Mia Karnatz, director of member services at KCLU for almost five years.

KCLU is a National Public Radio station that is licensed to CLU. The membership drive is a major way that the station receives funding.

The station's daily lineup of programs includes "Morning Edition," "Fresh Air" and "All Things Considered." Saturdays

feature "You Bet Your Garden" and "Car Talk" and Sundays have "A Chef's Table." On Saturdays and Sundays, "A Prairie Home Companion" is among the KCLU programs.

Donors in the past have pledged anywhere from a few dollars to \$5,000, but the average donation is \$90, Karnatz said.

She said one local family with three young children ages 5, 7 and 9, calls in each year, and each child donates \$5.

Karnatz suggested that CLU

students and community members who don't have money to donate can help by coming to KCLU at Mt. Clef residence hall at the corner of Mt. Clef Boulevard and Memorial Parkway to volunteer by answering phones and accepting pledges.

"It's a really great opportunity not only to learn how radio works, but to meet people in the community who support the radio station," she said. "We have people from the community who have been coming in for years."

"We've been very lucky. All of our volunteers here have been really great."

The spring membership drive is crucial to KCLU because 60 percent of the radio station's funding comes from community donations.

The money is used to pay for operating expenses, acquire new programming, produce programming, pay the salaries of the staff and cover other expenses.

Karnatz's job is to provide services for both listeners and members and to raise money from members.

"You're very fortunate when you get to find a vocation that you're very passionate about," she said. The ultimate mission of

KCLU is brand identity, getting California Lutheran University's name out. KCLU also aims to better expand its services and strives for audience loyalty.

The station has been broadcasting to audiences in Ventura County for 15 years, and expanded to Santa Barbara County in the past seven years. The audience is an

"The gratifying thing is that people really love the station and really want to support it."

— Mia Karnatz



estimated 87,000 listeners.

"Our greatest thing is word of mouth, people telling other people about the station," Karnatz said. "I believe in the mission of public radio to provide quality programming to listeners."

In addition to private donations, the radio station also gets funding from the Corporation for Public Broadcasting, private companies and corporate sponsorship.

The goal for the spring membership drive is \$200,000, from an expected 2,000 donors.

"We brought in \$240,000 from our last drive. I'm pretty confident we'll bring in more than the last

drive," Karnatz said.

KCLU hopes to eventually be able to move to its very own building equipped with classroom space for students who wish to focus on radio communication.

It is slated to be a 10,000-square-foot, two-story building and will be located on north campus next to the new Early Childhood Center.

Karnatz said that the Capital Campaign for the new building—separate from the Membership Drive—36 percent has been raised.

For more information about KCLU or to donate money, call 805-493-3900.



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## Skeptics arise regarding Obama's budget plan

By Kailee Loughlin  
*Echo Staff Writer*

A total of 651,000 jobs were lost in the month of February. With the economy in a spiraling-downward plummet, is there hope for any of us in the future to gain employment, keep a job and see America prosper again? The road ahead is definitely going to be a long one, but according to President Obama, there still is hope.

Obama's \$3 trillion plus budget plan has gained quite a lot of criticism from both political parties. However, the president continues to take an optimistic approach to the "mess" that was passed down to him by the Bush administration.

"If we are keeping focused on all the fundamentally sound aspects of our economy, all the outstanding companies, workers, all the innovation and dynamism in this economy, then we're going to get through this," Obama said.

As he begins lobbying for his budget plan, Obama will need the support of the Republican Party, which he has not gained, thus far. The president did not

receive a single Republican House of Representatives vote toward his plan, which includes significant changes in health care, the public education system and renewal of energy resources.

However, his approval ratings continue to stay strong. According to a recent Gallop poll, 60 percent of the American public approve of Obama's policies. The percentage did go down as a result of decreasing support from Republicans since he was sworn into office.

The U.S. Department of Labor released more startling statistics for the week. Unemployment has now reached 8.1 percent, with 13.8 percent of the unemployed under the age of 29, compared to December 2007 when it was at 9 percent.

The Dow Jones continues to take a dive with the index 12 percent lower than when the market opened on inauguration day for Obama.

His continuous reminders that former President Bush left the American public in "a trillion dollar deficit, a 14-month recession and a broken financial system" may be the reason why so few Republicans

are backing his own plan.

Former Vice President Dick Cheney defended Bush's actions in a recent interview with CNN. He said it was necessary to spend the money on "the September 11" attacks, the resulting war in Afghanistan, the disaster Hurricane Katrina in 2005 and the war in Iraq."

"All of these things required us to spend money that we had not originally planned to spend, or weren't originally part of the budget," Cheney said. "Stuff happens. And the administration has to be able to respond to that, and we did."

Whether one agrees with the new proposed budget plan or not, the Obama administration remains confident that it is the solution to get the country out of a trillion dollar deficit.

"There is no doubt in our minds and there is no doubt in the president's mind that in fact we will overcome this. We will climb out of this hole," Vice President Joe Biden told the Associated Press. "It just takes some real perseverance, and you've got to have a guy as gutsy as the president who's willing to make some really tough decisions."

# Provost Search Completed

## Neilson appointed new Provost

Neilson chosen among three candidates

By Ben Hogue  
Echo Staff Writer

Dr. Leanne Neilson was appointed provost and vice president for academic affairs of CLU after a national search for a permanent provost began in the fall. She replaces Dr. Chris Kimball, who was appointed as president on April 1, 2008.

"Working directly with the academic deans, associate provosts, other directors within the Academic Affairs division, and her administration colleagues, Leanne will help us realize our vision and achieve the goals outlined in the university's strategic plan," Kimball said in an announcement to faculty and staff.

She joined the CLU faculty in 1993 when she began teaching in the psychology department after earning her doctorate in psychology from Pepperdine University. Neilson

has been a leader on campus, co-chairing the \$80 million capital campaign and serving as director of the graduate psychology program.

Three qualified candidates were invited to campus, each one possessing considerable gifts and talents. The search committee, chaired by Dr. Kristine Butcher,

assessed each candidate and found each one had strengths that would fit the CLU community well.

"The choice of Leanne, then, represents a decision that her talents are those best suited to serve CLU now and in the years ahead," Kimball added.

She has also served as associate provost for Graduate/Adult Programs and Accreditation at CLU since 2004. She helped

lead the university through the most recent Western Association of Schools and Colleges accreditation process while overseeing several areas related to enrollment, marketing and academic enhancements in the graduate programs.

"In addition, Leanne's standing in the Ventura County community will be an asset as

we undertake campaigns for academic buildings in the arts and in the sciences," Kimball said.

Aside from her involvement on campus, Neilson is a leader in the community. She has been on the Board of Directors of the United Way of Ventura County for four years. She is also a founding member of the United Women's Leadership Council, a program supported by the United Way.



## Letter from the Office of University President Chris Kimball

Dear Campus Community,

I am delighted to announce that Dr. Leanne Neilson has accepted appointment as provost of California Lutheran University.

The search committee, chaired by Dr. Kristine Butcher, is to be commended for bringing three outstanding candidates to campus.

Each one possesses considerable gifts and talents and would, the committee said, make a very fine provost.

Though different, each candidate has great strengths that would serve CLU well, and the entire campus is to be commended for so clearly articulating what each one offered.

Thank you all for your honest assessments of their suitability.

While this situation made it challenging to select just one to be our provost, it should also be seen as a statement of CLU's attractiveness as an institution.

That three outstanding leaders wanted to come to CLU is testimony to the high quality work that you do.

For that, I am very grateful.

The choice of Leanne, then, represents a decision that her talents are those best suited to serve CLU now and in the years ahead.

Leanne is, of course, well known to most everyone on campus.

She is a long-time member of the faculty, including having been elected for a term as Faculty Chair, as well as having served in several important academic administrative roles.

Even though you know her well, it is important to say a few things about why I believe that she is the person best qualified to serve as provost at this time.

Leanne has shown that she can do the work required of the provost.

She has served well as Interim Provost this year.

Before that, she acted as associate provost under her two predecessors and was responsible for ensuring that many of the duties that come with the office were fulfilled to a high standard.

During this time when the global economic crisis

makes stability essential to keeping CLU growing in academic quality, Leanne promises to bring the necessary consistency to the role, along with knowledge of devotion to the institution.

Her attention to our governance structures and processes, such as those outlined in the Faculty Handbook is also a particular advantage and she has shown herself to be a strong advocate for the faculty and for academic programs.

She has done all of this while managing to stay professionally active through presentations and publications.

Working directly with the academic deans, associate provosts, other directors within the Academic Affairs division, and her administration colleagues, Leanne will help us realize our vision and achieve the goals outlined in the university's strategic plan.

In particular, this means implementing those strategies needed to raise the university's academic profile while achieving our critical goals such as improved compensation.

In addition, Leanne's standing in the Ventura County community will be an asset as we undertake campaigns for academic buildings in the arts and in the sciences.

For these reasons, then, Leanne's gifts fit extremely well with what the university needs from its new provost.

Please join me in congratulating Leanne on her appointment.

Chris Kimball  
President



## Ryan McDermott

Current CLU student and Soccer Player  
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## Around the Campus

<b>WEDNESDAY</b> March 18 <b>University Chapel:</b> Warren Chain 10 a.m. Samuelson Chapel  <b>Pierrette Hondagneu-Sotelo</b> <i>All Religions Believe in Justice</i> 5 p.m. Roth Nelson Room  <b>The Need: Cinemania</b> 10:10 p.m. SUB	<b>THURSDAY</b> March 19 	<b>FRIDAY</b> March 20 <p><i>"Keep your face always toward the sunshine and shadows will fall behind you."</i>  ~Walt Whitman</p>	<b>SATURDAY</b> March 21 <b>HOLI</b> <b>Indian Color Festival</b> 11 a.m. Kingsmen Park  <b>Hein-Fry Lecture Series</b> 1 p.m. Samuelson Chapel
<b>SUNDAY</b> March 22 <b>Lord of Life Student</b> <b>Congregation</b> 6:15 p.m. Samuelson Chapel	<b>MONDAY</b> March 23 <b>Silhouette City</b> <b>Documentary</b> 7 p.m. Samuelson Chapel 	<b>TUESDAY</b> March 24 	<b>NEXT WEEK ON CAMPUS</b>  <b>A School for the Kids in the Bush</b> <b>Fundraiser for ACM</b> <b>Ministries of Uganda</b> March 25 California Pizza Kitchen

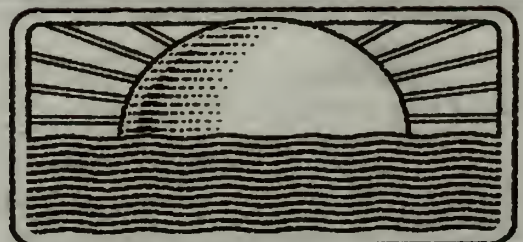
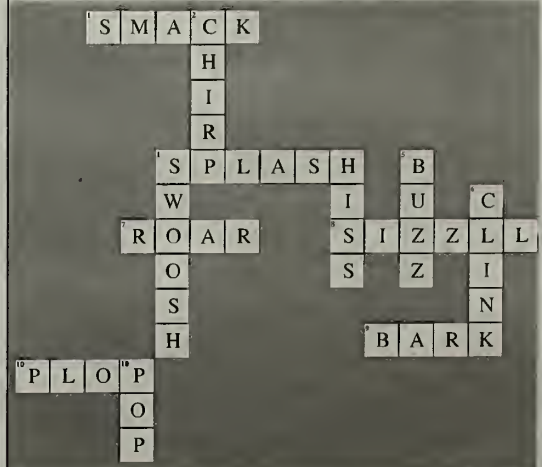


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### Answers from March 4 Onomatopoeia Crossword



## Nothing like dinner and a movie *Muvico Theaters offers customers both style and convenience*

By Scott Beebe  
*Echo Staff Writer*

The film world has had many evolutions since its start. From black and white films, to silent movies, to colored pictures and finally to a state-of-the-art luxury theater that goes by the name "Muvico Theaters," we have seen evidence of such changes.

In late February the Muvico Theater franchise opened its Thousand Oaks cinema at the Oaks Mall. The theater features 14 state-of-the-art theaters that are home to select 21-and-over venues and reserved and general admission seating.

It's a one of a kind theater in Ventura County, featuring Bogart's Bar & Grill, which is open for lunch and dinner.

This theater embraces the saying, "A Night at the Movies," catering to its audience and providing a 21-and-over theater. If you purchase a premier ticket for a cost of \$20, you are given the opportunity to sit in a full love seat while consuming a cocktail and a full-course meal.

The prices are comparable for general admission seating, \$9 for a movie before 4 p.m., after that time the tickets cost \$11 for general and reserved seating.

"Muvico is amazing. It's good for all ages. If you want to drink beer, you can, and if you want to just relax on a leather seat and watch a movie with some friends it's perfect. Overall the theater is amazing," senior Kyle Hansen said.



Even the general seating at the Muvico Theaters in Thousand Oaks is impressive.

Photo by Doug Barnett

Though people may think this is a theater that fosters to those of drinking age it still has a family atmosphere. Parents can bring their children and have them sit in the general admission seating while they utilize the love-seats on the balcony level and enjoy

a cocktail away from noisy children.

The cinema even considers

"If you want to just relax on a leather seat and watch a movie with friends, it's perfect."

— Kyle Hansen

mothers with small children. On Tuesdays, the theater has a special for matinee shows. Parents can bring children 3-and-under to a movie and the children have free admission. The

theater lowers the volume and dims the lights to foster to younger children's eyes and ears.

While viewing your film you'll embark on an experience in a plush seat that you will melt into with extra leg room. So there is no need to get up or contort your body into unnatural positions when someone needs to walk in front of you.

"I was impressed with the quality of the theater and the level of customer

service I received," Meghan Kelly said.

What is the big deal about this new Muvico Theater? Yes, all theaters are the same in the sense that you are seeing a film, but people pay for the atmosphere and the experience as well.

After viewing a movie at Muvico, you will not go anywhere else. Where can you go see a movie, have dinner and a cocktail all in the same chair? No where else in Thousand Oaks, that's for sure!

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California Lutheran University

2008-2009

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# Gardner garners playwright praise

By Michelle Schwartz  
Echo Staff Writer

Ken Gardner, the CLU arts chair, has been recognized for playwriting. He received the National Playwriting Program Excellence in Education Award through the Kennedy Center American College Theater Festival Region VIII. It was a surprise and an honor, Gardner said.

He has been teaching theater arts at CLU for 24 years, and 11 of his original shows have been produced on campus.

Gardner, a member of the Academy for New Musical Theater in Los Angeles, has also directed more than 70 shows, and two of his CLU productions have been invited to the regional Kennedy Center American College Theater Festivals.

Gardner began at CLU directing the Children's Theatre Program.

"I think we need to commit to creating and producing new plays at CLU," he said. "We have a lot of talent in the department and the future of theater lies in the development of new works."

CLU sophomore Kelly Derouin is in the theater department and has had Gardner as a teacher and a director.

"Ken is silly and brings a very unique energy into his classroom," Derouin said. "He is casual, laid back and very collaborative."

Derouin was a lead in Gardner's most recent original show on campus, "Ohio," that was performed in the spring of 2008.

"It was very different for me, doing an original show," Derouin said.

"I probably won't have another chance to do that for a while. I also enjoyed his creativity and drive for the show. He really wanted to bring new perspectives to the campus and I really respect that."

The Kennedy Center American College Theater Festival is a program designed to recognize and celebrate the most diverse work produced in university and college theater programs, according to a CLU press release.

"It's nice to be acknowledged for your efforts," Gardner said. "I love teaching at CLU. This is icing on the cake."



Photo by Eric Vaughn

Ken Gardner has been honored with the National Playwriting Program Excellence Award.

# Choir croons across the country

By Emily Peterson  
Echo Staff Writer

A bus-full of CLU choir students departed on its spring tour on March 8 to begin sharing its music for the 2009 year.

The choir performed lighter fare which included hymns,

spiritual and multicultural songs under the direction of Dr. Wyant Morton.

Hayley Woldseth, a senior and the president of the CLU choir said, "the tour went really well and we were as good as we've ever sounded."

As the choral group at the university, the choir has a

respected status on the West Coast for being committed to performing optimum music from choral literature in its original language.

Andrew Zimmermann, a freshman and member of the choir, said, "the CLU Choir Tour provided a wonderful experience, cultivating

friendships within the Choir and all over the West Coast."

They mostly performed in Lutheran churches in cities including Fullerton, Glendale and Bakersfield.

The final performance of the tour was last night in the CLU Samuelson Chapel.

Not only does the choir use

choral literature that reflects CLU's Lutheran heritage, but it also creatively applies newer pieces that allow for a culturally different perspective.

"It was great to be able to spend time with the choir and become 'better friends with some members I didn't know so well," said Noelle Kraus, a sophomore and member of the choir. "We also lucked out with beautiful weather and even got to see some snow on the last day."

Morton became the CLU director of choral activities in 1992, making him the third conductor in the history of the CLU choir. As the head of the music department, he is large contributor to the voice faculty. Morton is also a conductor, adjudicator and clinician as a guest for performances across the U.S.

"Spending a week on a bus and traveling a thousand miles to bring music to people would not have been enjoyable without the amazing new friends I made on tour," Zimmermann said.

Urmias Sisask, an Estonian composer, beautifully incorporated his study of the solar system into his music.

American Eric Whitacre, will join the CLU choir in a concert of his music on April 24. Both Sisask and Whitacre will highlight the show.

"All in all it was a great trip with some great performances," Kraus said.



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# Fighting for equality

*CLU senior involves herself in Gay Straight Alliance, Feminism Is and Center for Equality and Justice.*

By Sophia Naranjo  
and Krystle Mataras  
*Special to The Echo*

Most students in their senior year at college are only focused on graduation, but some are involved in much more than that.

Cheyenne Anderson is one of those involved students. The Ventura County native and sociology major at California Lutheran University is the president of Gay Straight Alliance, treasurer of Feminism Is and programs assistant of the Center for Equality and Justice.

"They're all really time consuming and all of them tend to overlap a lot," she said. "All three organizations are concerned with equal rights and making sure people aren't marginalized. All three organizations tend to co-sponsor events with one another and work together closely."

Anderson is passionate about people and strives to see them all treated well. She wants to make a positive difference.

"I became president of GSA because I wanted to create a safe community for all students on campus, especially my close friends," she said. "I believe that no one should be treated unfairly because of their sexual orientation or gender identity, and I wanted to be a part of an

affirming community at CLU."

With so much responsibility, Anderson is stressed at times, especially because of her concerns with the progress of GSA. She's always trying to figure out ways to get people involved. Anderson plans programs and events to draw in people GSA is trying to reach out to.

"I want to make sure that I do it as best as I possibly can and that I portray the community and the issues in a way that makes it relatable for students who may not be a part of it," she said. "It humanizes the issues and gets more support from the rest of the students on campus."

Anderson worked hard to get people informed about Proposition 8, which works to take away the rights of same-sex couples. She was a part of the Ventura County No on Prop. 8 Campaign Team.

"I did everything that I possibly could have for the campaign, so this apparent defeat is very troubling for me," she said. "However, I am proud of the work that GSA and the CLU campus has done for the No on [Prop.] 8 campaign and I know that we will all continue to fight."

Anderson has been part of the Feminism Is since her freshman year in college and has identified as a feminist since she was 12. She was vice president last year and worked on the Take Back the Night committee.

"I love Feminism Is," she said. "It's a really important club and it's really important that more young people self identify as feminists and we don't run from that label."

As the programs adviser, Anderson helps the directors of CEJ with event planning and administrative tasks. Some examples of events in the past are World Aids Day, the Out Panel and the Reel Justice film series.

Even though Anderson is involved with GSA, Feminism Is and CEJ, she still finds time for other organizations, Not for Sale, Brothers and Sisters United, Secular Student Alliance and College Democrats.

"I honestly love activism and trying to make positive changes in the community, whatever that community is," she said. "I'm making change and forming a supportive community on campus. I feel like I'm making a difference."

**"No one should be treated unfairly because of their sexual orientation or gender identity."**

—Cheyanne Anderson

## Music Column: Soldiers of Jah Army

By Desiree D'Arienzo  
*Echo Staff Writer*

I hope you all had a fantastic break and had a crazy St. Patty's Day. Over break I have been trying to think about the next genre of music I should cover. Being that we are coming out of a break and trying to get back into the whole swing of things, I figured I should cover something that is chill and laid back. I have decided to feature Reggae this week and I wish you all would really check this band out. Anyhow, pleasant reading, listen to the band, and have fun this week. Besos!

### Artist To Watch: SOJA

Bob Marley, the one name that comes to mind instantly when talking about reggae music. Well, I've got news for you. There's a new band in town and it is about to tear the reggae world apart. SOJA is a Washington, D.C.-based reggae band and it is jam-packed full of sound and soul.

SOJA's sound is rooted in reggae, but it is in no way limited to just that style of music. The band picks up vibes from hip hop, rock

and reggae. The reggae message and the constant promotion of revolution was SOJA's reason for making reggae its predominant style.

Its insane vibes and moving lyrics make SOJA one of my top choices. Reggae has maintained all of the ideals that Marley was such an advocate for.

SOJA, which stands for Soldiers of Jah Army, originally formed in 1997. The five-member band has issued three full length albums and two EPs since 2000.

Starting with the self-titled album, "Soldiers of Jah Army" then followed in 2003 with "Peace in a Time of War," its first full length album.

"Dub in a Time of War" was a dub version of "Peace in a Time of War." A dub is a type of reggae that makes revisions on existing songs. In January of 2006 it released "Get Wiser," its third full-length album.

SOJA's latest album, "Stars and Stripes," its fourth for its label, was released in 2008.

The band will release its second DVD "SOJA Live In Hawai'i - A Marc Carlini Film," in the first half of 2009. The band's DVD

release will be followed by the highly anticipated album, "Born In Babylon," which is scheduled for release in the summer of '09.

SOJA averages 150 gigs per year, which happen all over the world from Hawai'i to the East Coast to Guam.

The group is now on tour and will be hitting select cities in the United States, Canada, Caribbean, Pacific Islands, South America and Europe.

My Favorite Album: "Soldiers of Jah Army"

My Favorite Songs: "Peace in a Time of War" and "Freedom Time"

### Upcoming Shows:

March -

31 - The Expendables, Less Than Jake (Avalon Theatre)

April -

4 - Left Alone (Hollywood)

June

7 - Nekromantix (Queen Mary)

28 - Vans Warped Tour (Seaside Park): NoFX, Bad Religion, Flogging Molly, Anti-Flag, Less Than Jake, Anti-Flag

## Campus Quotes

**"What did you give up for Lent?"**



**"I gave up fast food and medicine."**

—Freshman  
Bri Aleman

**"We gave up Dingman."**

—Seniors  
Landon Smith and  
Chad Heschoing



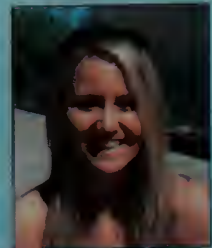
**"[I gave up] chocolate...that's intense for me."**

—Sophomore  
Jared Robles



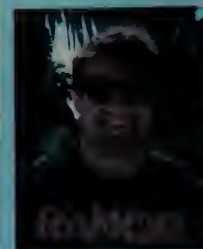
**"I gave up energy drinks."**

—Junior  
Lauren Klymshyn



**"[I gave up] sweets and snacks."**

—Senior  
Andrew Aguiniga



## Rihanna needs sense knocked into her

The star lets her career fall instead of inspiring others

The latest news regarding Rihanna and Chris Brown is ultimately ruining Rihanna's career.

This may sound ludicrous, but it's true.

Rihanna has an opportunity to have a positive impact on abuse victims and she's choosing not to take it.

One in five teenage relationships result in reports of being physically or sexually abused, and women between 16-24 are the most likely victims.

Rihanna should be taking this chance to

become an advocate for violence prevention or encouraging teens to get out of unhealthy relationships.

Instead she flies to Florida, to spend a weekend with her abuser, Brown.

It blows my mind that she would even consider speaking to him again after he beat her to a pulp.

It's really quite sad.

In the meantime, Brown's record sales have seen no fluctuation and his career is holding strong.

Although many people are angry and disappointed in his actions, they are hoping he will change.

That's very optimistic and I also hope that for him, but until then he should not be receiving any sort of fan loyalty.

As Brown continues to make money from his record sales, Rihanna is being mocked for her lack of backbone, and rightfully so.

As a role model to not only American teenagers, but also to youth around the world and on her home island of Barbados, Rihanna is quickly losing credibility and respect.

Every magazine cover in the grocery store, every radio station, Web site and news station has

covered the story wondering what she is thinking.

**I**t blows my mind that she would even consider speaking to him again after he beat her to a pulp. It's really quite sad.

I too wonder why she has chosen to be with him, but I also have never been in her situation, and I'm very thankful for that.

The only hurt someone should feel when he or she is in love is from heartbreak, not a broken nose.

Healthy relationships are only physical with mutual consent. Rihanna has a chance to save her career if she chooses to do so.

Fellow celebrity Robin Givens is one who chose to do the right thing.

After being married to the

former heavyweight champion of the world, Mike Tyson, for eight months, she filed for divorce due to physical abuse.

She is now a spokesperson for the National Domestic Violence Hotline.

Givens has admitted publicly that it was extremely difficult for her to leave, but in the end she had to.

I hope that Rihanna is able to gather herself together and make some clarity out of this situation.

Numerous people are available for her, offering support and guidance and hopefully she will make the best choice for herself.

But, if she does choose to stay with him, maybe the next time he hits her, he'll knock some sense into her.

I realize that's an awful thing to say, but if he did it once, it's probable he'll do it again.



Leslie Gerard

### How to Respond

#### Mail

Letters to the Editor  
Calif. Lutheran Univ.  
60 W. Olsen Rd. #3650  
Thousand Oaks, CA 91360

#### Phone

(805) 493-3465

#### E-mail

echo@callutheran.edu  
(preferred)

Letters to the editor are welcome on any topic related to CLU or to The Echo.

Letters must include the writer's name, year/position and major/department.

Letters are subject to editing for space and clarity.

## Time for the future is now

As one chapter of my life experience ends, another great adventure is set to begin.

I'm greeted with mixed emotion at that prospect.

A little over a week ago I received a flyer detailing all the upcoming graduation festivities.

It was an unexpected gut check and a time of self reflection.

It's with both excitement and a sense of uncertainty that I countdown the days until May 16, 2009, commencement day.

Excitement for the day that until recently, seemed too far away, unachievable and too much of a far-off dream.

For someone who, after being gone from college for almost four years, finally decided to return to academia to fulfill both parental and personal expectations of earning a four year degree, May 16, 2009, has been a day long in waiting.

A day that is now coming too soon.

I have excitement for all that lies ahead and for the things I assume will happen in the future and all the things I haven't yet fathomed I'll experience.

I feel excited at the prospect of getting the chance to use my degree and do something "great."

I'm excited for all the possibilities to be afforded to me in the years to come now that I'll have a piece of paper certifying a commitment of four years of study.

For any big juncture in life, be it a marriage to or of a loved one, the starting of a new career or the occasion of graduation from college, we're offered two choices.

We can make the best of the resources we've got available to us, or dwell on those things in life we don't.

Regardless of what the news of the day is, what co-workers, fellow students and even faculty may say, I know this is the right and perfect time to graduate.

There's a whole world of possibilities that are just waiting to be discovered.

Life, this "thing" we experience while moving from day to day, is a road trip and

there will be detours, flat tires and breakdowns.

Sometimes it may just be a case of running out of gas.

As before, we're offered an opportunity, we get to take stock of the situation.

Rather than get mad at that flat tire, the detour, or the breakdown,

use those interruptions as an opportunity for growth, the learning of a new skill.

When one runs out of gas, he or she gets the opportunity to depend on someone else to fill them up; literally and figuratively.

The detours one will be faced with can be used to discover a previously unknown way of getting from point A to point B.

That's what makes the adventure fun, the unknown, the learning of new things.

These speed bumps in life we experience, often called "crises" or "bad luck" are really just opportunities for growth.

Inevitably any new adventure will be fraught with these obstacles.

How we choose to deal with them largely determines how we'll let them affect our trip.

Remember, those before us had disease, poverty, war and eminent destruction to deal with too.

The "problems" we face today aren't new.

They've been perpetually recycled, repackaged and sold to each successive generation.

The only difference now is technology.

With the Internet and 24-hour cable news, we can "crap" ourselves out at all hours of the day.

Someone should really do something about that.

That someone is you.

Life's an adventure, embrace the unknown, and above all grow.

The uncertainty should excite you.

Congratulations and good luck Class of 2009.



Nathan Hoyt

**I** feel excited at the prospect of getting the chance to use my degree and do something "great".

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# Beth knows best: dating advice

"My girlfriend makes fun of me in front of my friends and I don't know how to tell her it bugs me. What do I do?"

— O n — C a m p u s Sophomore



Beth Peters

Well, if it's really bugging you that much, you should confront her.

Honest communication is an important part of a good relationship.

Confrontation may be scary, but it is still one of the best ways to share your feelings.

Just be honest with her about how you feel.

Express that you don't appreciate it when she constantly makes fun of you, especially in front of your friends, even if it's in a playful way.

Also, say how it makes you feel.

You'll come off being even more sensitive and willing to talk. Golden!

Now, at first she may get offended. But let's face it, girls can be silly at times.

If she remains mad, try to talk it out more.

Maybe you could ask her to try to put herself in your place — how would she feel if you always made fun of her in front of her friends?

Take in to consideration as well how serious your relationship is.

Is it important to you and one that you see going places?

If not, what's the point? Maybe you should just break it off.

This may sound harsh, but if you're not happy, that's not good.

In all honesty, if she continues to do this after you talked about it, you should seriously consider breaking up.

A girlfriend who continues to treat you rudely doesn't seem to be one worth keeping.

My best advice, though, is to first confront her about it.

If you can work it out and be happy, great; if not, maybe it's time to be done with this relationship.

"I have a friend who lots of girls find attractive and has a great personality, but he has trouble getting a girl when there are so many standing right in front of him. How do you make him realize that?" — Annoyingly Confused

Hmm, this really is a frustrating problem.

Have you ever talked to this person about his relationships or people he wants to date?

Maybe what he's looking for in a girl is not the same thing you think he wants in a girl.

If it seems he's just being blind to all the girls who might want to go out with him, maybe you should start making suggestions and point people out to him.

Start making him realize that there are many girls that find him attractive and do really like him.

Tell him about the qualities he has that they (or yourself) may find attractive.

He may have low self-confidence in relating to women and may

Confrontation may be scary, but it is still one of the best ways to share your feelings. Just be honest with her about how you feel.

suggestions and point people out to him.

Start making him realize that there are many girls that find him attractive and do really like him.

Tell him about the qualities he has that they (or yourself) may find attractive.

He may have low self-confidence in relating to women and may

need a friend to reassure him that there are actually girls out there who would want to go out with him.

If he's having trouble, it honestly might be him.

Maybe he's afraid to commit to a relationship right now, or maybe he's not putting forth the effort.

Or, maybe he's just focused on getting his degree and doesn't want a dating relationship to complicate his life right now.

You may need to find out if he really wants to date at this point in his life.

Some people just prefer to focus on school and maybe go out with groups of friends once in a while.

If that's what he wants, don't push him into something else.

Everyone moves at a different pace in relationships.

CLU students, I would like to hear more from you on topics you'd like to see covered in future

columns...questions you've been dying to ask or things about which you don't have a clue but would like to know about.

They don't have to be questions about relationships ... you can ask about any aspect of college life.

Just e-mail me at [empeters@callutheran.edu](mailto:empeters@callutheran.edu) or The Echo at [echo@callutheran.edu](mailto:echo@callutheran.edu).

You can also just drop your questions in the mail slot at The Echo office.

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NOT FOR SALE

# Utah, Hawaii and Wyoming come out on top

## Gallup polls reveal the happiest states

Utah, Hawaii and Wyoming. What do these three states have in common?

A recent poll conducted by Gallup, in partnership with Healthways and America's Health Insurance Plans, ranked these three states as the happiest, respectively.

The survey started in January 2008.

I can venture a guess as to what you might be thinking right now.

Two out of those three states come as a complete shock (Wyoming was beat out by Utah



Kevin Holt

and Hawaii?).

States were rated overall on criteria including mental, physical and economic health.

Although, to be fair, all the states probably aren't very healthy when it comes to the economy right now.

Utah received high marks for its various outdoor recreational activities, along with the tropical islands of Hawaii and the rugged nothingness of Wyoming.

So it should come as no surprise that Kentucky ranked second to last.

I blame the Colonel and his Original Recipe of 11 herbs and spices.

Interestingly enough, the world's first KFC is located in South Salt Lake City, Utah.

If you're from Colorado, you'll be happy to know your state came in

at No. 4.

It makes sense, most of the people I know that are from Colorado seem to be the happiest.

This is great news for me since I'd like to live there one day. And rounding out the top five is Minnesota.

Again, not much of a shocker. Let's face it, Midwesterners are happy folk.

Don't worry, California. We are within the top 10 of the list.

And by "within the top 10," I mean we ranked ninth.

I'm still reeling from the fact that Maryland is ahead of us.

What exactly does Maryland have to offer?

Oh yeah. John Wilkes Booth and

Two out of those three states come as a complete shock (Wyoming was beat out by Utah and Hawaii?).

the first dental school in the United States.

I kid, I kid.

Generally, the highest well-being scores came from western states, while the South

tended to have the lowest scores. The goal of the survey was to measure people's well-being, examining criteria such as eating and exercise habits, and work environment.

The Gallup-Healthways Well-Being Index also ranked congressional districts.

And while money may not buy happiness, there's no doubt that money can make people happy.

Some of the happiest congressional districts are also some of the wealthiest.

Good news, California.

Our state's 14<sup>th</sup> Congressional District, located between San Francisco and San Jose, is highest among congressional districts.

The survey involved more than 350,000 interviews, with questions ranging from, "Did you smile or laugh a lot yesterday?" to "Are you satisfied or dissatisfied with your job or the work you do?"

My favorite was, "Do you feel safe walking alone at night in the city or area where you live?"





I guess West Virginians don't. They ranked dead last.

In general, the actual difference between states wasn't huge.

Utah's average score was 69.2 points while West Virginia's was 61.2 points.

The survey is going to be generated for 25 years with the hopes that the data could be used to compare health and happiness by ZIP code.

## Sport Schedules

	Wed 18	Thur 19	Fri 20	Sat 21	Sun 22	Tues 24
 <b>REGALS Softball</b>				La Verne *DH 12:00 p.m.		Lewis & Clark (OR) DH 12:00 p.m.
<b>Knights Rugby</b>				Cal State Fullerton 1:00 p.m.	Occidental 1:00 p.m.	
 <b>KINGSMEN Baseball</b>			Rutgers-Camden (NJ) 2:30 p.m.	Rutgers-Newark (NJ) 11:30 a.m.		
 <b>REGALS Tennis</b>		Salisbury State (MD) 2:00 p.m.			Linfield (OR) 1:00 p.m.	Mills 1:00 p.m.
 <b>KINGSMEN Tennis</b>		Salisbury State (MD) 2:00 p.m.				

Shade denotes home game. \* Conference Game. DH= Double Header.

# Let the mayhem of march madness begin

By Selase Amoaku  
*Echo Staff Writer*

Spring break may have ended, but its just starting to heat up as the NCAA Division I men's basketball tournament committee finalized the contenders Sunday evening.

Every year fans all over the country root on Cinderella teams and alma maters in hopes of seeing their team win the coveted national championship title.

But out of the 65 when it is all said and done, there can only be one.

The competitors are said to be the best in recent memory. Teams like Connecticut, University of North Carolina, Pittsburgh and

Louisville all earned top seeds as was predicted by most sports analyst around the country.

But opposite of the powerhouses, teams looking to be the next Cinderella squad to make it to the final four include Robert Morris, who won on a last second shot to clinch the northeast tourney title.

Cal State Northridge, who beat Pacific in an over-time thriller.

The Binghamton Bearcats, who just received their first tournament birth in school history. Morgan State, who clinched the Mid-Eastern Atlantic Conference title with a win over Norfolk.

These Cinderella contenders will all be the 15 seed.

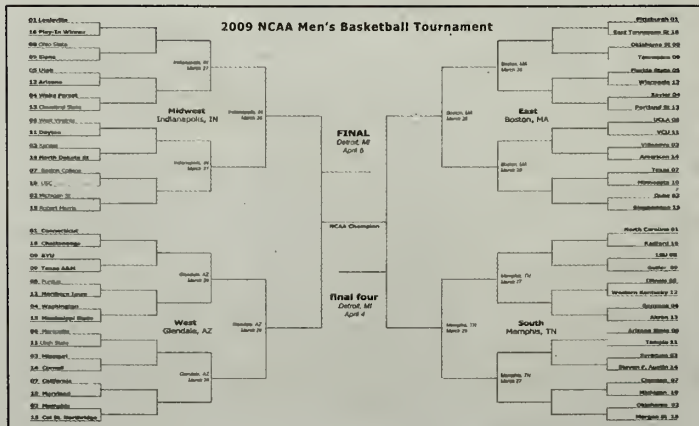
The battle for the top will be on Tuesday between Alabama State

and Morehead State. The winner will play No. 1 seed Louisville tomorrow who is out of the Midwest bracket.

Brackets are going to be exceptionally difficult to fill out with so much evenly matched competition in the first round, but with so many surprise teams in the tournament, prepare to see more upsets than ever before.

If one would like to participate in the madness all he or she would have to do is go online to [yahoosports.com](http://yahoosports.com), [MSNBCsports.com](http://MSNBCsports.com) or [espn-go.com](http://espn-go.com) to find free brackets pools for the upcoming tourney.

After filling out brackets, sit back, relax and enjoy the show.



## Regals stay focused against powerhouses

By Tiffany Michaels  
*Echo Staff Writer*

The ladies of the CLU water polo team closed out the weekend with a pair of wins in the Convergence Tournament in Pomona.

The Regals (9-9) look to continue the streak when they play their next game against Whittier (5-5) on the road March 25 at 5 p.m.

"I think we will kick off SCIAAC really prepared and I am excited to see how well we do," said freshman Kelsey Bergemann.

The Regals came up short to Bucknell, 9th, on Saturday, but came up with the win against Concordia, 10-9, that afternoon in Claremont.

In the first game against Bucknell, Ashley Bentz, Meredith Butte and Joy Cyprian, Regals juniors, scored two goals a piece. Sophomore goalie Rachel Hahn made five saves and three steals.

In the second game, Butte hit a team-high six goals, totaling eight for the day.

Hahn had six saves in the goal as well as an assist. On Sunday, they defeated Macalester (10-6) and Fresno Pacific (14-12) in Pomona.

"I thought last weekend went great. We played seven games in three days which is very difficult but we learned a lot and grew as a team," said Coach Rond of the Women's water polo team.

"We played some very highly ranked NCAA Division I teams in UCLA and Cal, but I thought the experience really helped us for the future."

The Regals just recently hosted the CLU Spring Classic held at Oaks Christian School on March 6-8th included 17 teams during the course of those three days.

They finished the tournament with three wins of the final four games over Chapman, Caltech (SCIAAC) and Villanova.

CLU opened with a SCIAAC victory over Caltech, 12-3 with Christina Messer, Rachel Rohweller, and Tiffany Ly each recording hat tricks.

The Regals defeated Chapman 16-6 with Joy Caprian, Ashley Bentz, and Lauren Bridges each scoring three or more goals each to lead the CLU offense.

The women were victorious over Villanova led by Caprian's four goals. Bentz, Lauren Bridges, Butte, Ly and Messer each scored once.

The Regals came up short to UC Santa Cruz 10-4.

The Regals were able to keep up with the Banana Slugs until their fourth goal run in the fourth quarter.

Cal Lutheran had the chance to play Division I opponents, No. 7 California, No. 12 Northridge, and No. 3 UCLA opening Friday, Saturday and Sunday.

The Regals fell short each match but stayed up with the Matadors, falling 15-9 to open Saturday. They lost 17-5 to the Golden Bears and 22-3 to the Bruins.

"We are able to compete with Division I and II teams which is really awesome and I am honored to be apart of this program," Bergemann said.



Photo courtesy of Kevin Baxter  
Junior goalie Heather Bridges blocks a shot during the CLU Spring Tournament.

# Hansen, Youngern shine at SCIAC 4-way meet

By Melissa Conway  
Echo Staff Writer

The men and women's track and field teams competed in the SCIAC 4-way at the Regals finished in second place and the Kingsmen in third at Occidental College on Saturday.

The meet consisted of the top four SCIAC teams: Claremont-Mudd-Scripps, Occidental College, University of Redlands, and CLU. An outside competitor was Augsburg (Minn.) College.

The Regals were able to get 47 points as they are close to getting the SCIAC title for the first time in school history.

"I think the biggest factor in order to beat out C-M-S is staying healthy," sophomore Erica Carter said. "There are a few people who are hurt right now and can come up big for us and score points in championships."

"As long as we stay focused, healthy and work hard throughout the season we have a good chance of beating them."

Along with Carter the woman's throwers had a dominating meet with multiple top place finishers in all the respected events.

In discuss the Regals had strong placing with taking the second through fifth spots in the competition. In all four throwing events the Regals had a top six finisher.

Junior Christa Youngern threw 11 feet over the provisional national qualifying mark in hammer (49.11m).

"Last year my hammer throws were very inconsistent in meet situations and that carried over to Nationals," said Youngern. "I was insecure at Nationals because I hit the provisional mark on accident on a hail Mary last throw at finals, and I wasn't sure I belonged there."

"So this year I knew consistency was what my focus should be. I expected 160 in the hammer at every meet, and because I have accomplished that, I feel confident in my form."

Senior Brett Cornejo finished second in the women's 100-meter dash after she ran a 12.85 in the finals.

She added a third place finish in the

100-meter hurdles with a finals time of 16.35.

In the triple jump junior Kourtney Jones fresh off basketball season, competed in her first meet of the season and finished third with a jump of 10.70 meters.

The highlight of the day for the Regals was the photo finish that took place during the 4x100 relay with senior Jordan Beber anchoring the team.

Beber gave a tight charge down the home stretch to come with in .02 seconds of edging out winner C-M-S at 52.07.

The Kingsmen had 32 points, which was only half a point behind Occidental for second place.

For the men, senior Kyle Hansen had three first place finishes. He won the 110-meter hurdles (15.23), the 400-meter hurdles (56.54), and the long jump with 6.86m.

Hansen's mark in the long jump was only .24m off the NCAA Division III provisional mark to be a National Qualifier.

Even with a great performance Hansen said, "I know that I need to improve in both the hurdle races in order to compete against the nation's best at the end of the year."

Hansen wasn't the only Kingsmen that was victorious on Saturday.

Freshman Patrick Torrellas won the 400 meters with a time of 50.02 seconds against a strong field that included fellow teammate junior Brian Coan who placed third with a time of 50.94 seconds.

Junior Chris Brouillette is continuing his dominate performances in the javelin this year by placing second with a throw of 55.62m (182-06 feet) behind defending SCIAC champion Andrew Bogrand.

With this being Brouillette's first year competing in the javelin, the Kingsmen are hopeful that he can make a run for the first place spot when the Kingsmen return to Oxy for the Conference Championship at the end of April.

The Kingsmen and Regals will return to action at the Point Loma Collegiate Scoring Meet at Point Loma Nazarene University on March 27-28 at 10 a.m.



Photo by Doug Barnett

Junior Matt Heagy looks to follow up his All-American nomination with a SCIAC Title in his senior season.

## Heagy lands spot on All-American team

### Heagy looks for SCIAC title in senior campaign

By Jeff Shalem  
Echo Staff Writer

If you've ever played a collegiate sport, a personal goal or dream is to become an All-American. Well what do you aspire for as a returning 3-time All-American? "A SCIAC Championship," said Matt Heagy, a CLU junior.

In his third straight year, Heagy led the Kingsmen in scoring, earned All-SCIAC honors, and All-American honors.

He decided to come to Cal Lu after looking at other attractive schools. Schools such as University of San Diego and Chapman were really going after the San Mateo native.

"I decided to come here because I really liked the campus," Heagy said. "I came to play water polo."

That's what he has done, leading the Kingsmen to their

best overall

record,

earned the

most wins

in school

history, won

the most in

conference

games and

finished

third overall,

another

school landmark.

The team's biggest accomplishment was beating Redlands who was ranked No. 1 team in NCAA Division III.

The SCIAC semifinal match ended 13-11 and sent the Kingsmen into the Championship game against Pomona-Pitzer. The final score was a 12-9 loss and left the Kingsmen wanting more.

"I want to win the SCIAC championship," Heagy said.

"We were a young team this year, and this is my last chance to win one."

The Serra High graduate continues to weight train in the afternoons and hopefully can get a scrimmage in.

"During the summer is really when the intense training begins," he said.

Heagy's workout is self-designed by himself.

"The only real special training

I received was when I was a junior and senior in high school.

I used to work out with the Stanford Club team who was coached by the '88 men's U.S. Water

Heagy would have the privilege of working out and training with NCAA Division I athletes when he was still in high school.

He hopes to continue playing once he graduates but right now he is just focusing on winning that championship.

"The main focus is next season, and getting to that next

milestone. We've never won a championship, that's what I want," he said.

This business management major is working toward sending the team to Hawaii this summer for a tournament.

"It would be real good to get some competition from all over," he said.

"We're looking to try and fundraise for most of our expenses and pay whatever difference.

Any extra competition is good to have before the season begins."

Next the team will be in action by the gym at 5:15 a.m. when the team begins its practice.

Then it's straight to class, then weights and back in the pool.

For team bonding, they usually get together and have a team dinner before tournaments. Tourney games are usually scheduled on Friday, Saturday and Sundays.



Photo Courtesy of Jacob Claborn

Senior Brett Cornejo finishes third in the 100-meter hurdles race.



Polo team."

# Baseball earns No.17 ranking in nation

Hartmann's four  
homeruns fuel  
sweep of East Bay

By Andrew Parrone  
Echo Staff Writer

Spring break was anything but relaxing for the Cal Lutheran baseball team, as the Kingsmen played seven games in nine days and traveled up to the Bay Area this past weekend.

They won five of the seven during that stretch, bringing their overall record to 15-3 with a little more than half the season still to play. Their record in SCIAC play is 5-1.

This weekend the Kingsmen host two teams from New Jersey. They will face the Rutgers-Camden Scarlet Raptors on Friday at 2:30 p.m., and the Rutgers-Newark Scarlet Raiders in a doubleheader starting at 11 a.m. on Saturday.

The Kingsmen started their busy week by splitting a two-game series with the Chapman Panthers, with losing 9-2 and winning 11-4.

They concluded the first weekend with a loss to the Ithaca (N.Y.) Bombers by a score of 8-3 and a victory over the Hendrix (Ariz.) Warriors, 4-3.

Head coach Marty Slimak believes that intensity is the most important factor in his team's

success.

"I don't think our effort was great the first game against Chapman or against Ithaca and we lost both games," Slimak said.

"But if this team comes to play every game there aren't going to be a lot of other teams that can beat us."

Apparently the team was prepared for their long road trip up to Cal State East Bay, as the Kingsmen swept the Pioneers in a three-game set.

CLU won 9-2 on Friday, and defeated the Pioneers 5-4 in 10 innings and 6-5 on Saturday in a game shortened by darkness.

"These road trips make you mentally tougher," Slimak said. "And it's always fun to bring the guys on a long trip. It gives them a chance to get away and to bond."

Junior Paul Hartmann has hit six home runs since March 6, including four in the East Bay series alone.

Junior Jordan Ott has four home runs in that stretch, and the most crucial was a two-run blast in the eighth inning against Hendrix with the Kingsmen trailing by one.

Though the Warriors tied the game, the Kingsmen won in the ninth when a passed ball allowed freshman Wes Garwood to score from third.

"We have a saying that 'Seven, eight, nine is Kingsmen time,'" Slimak said. "We always tell each other that even if we're behind,



Photo courtesy of Kevin Baxter

Junior right-hander Chase Tigert is 4-0 on the season for the Kingsmen.

as long as we can bring the tying run to the plate then we are in the ball game."

The starting pitchers enjoyed an impressive weekend up north, each pitching six solid innings in their respective starts.

Junior left-hander Greg Gelber allowed only one run on Friday.

Senior right-hander Mike Roe gave up only one earned run on Saturday, while junior right-

hander Chase Tigert followed that up with seven strikeouts and no runs in his appearance.

The team was also happy to see the return of senior Nick Pinneri.

The center fielder missed most of the previous five games with a

hamstring injury, but returned to the starting lineup and knocked in four runs over the weekend.

"It felt great to get back on the field," Pinneri said. "I don't think I could have waited any longer. I want to be out there to help my team win."

Though he feels he could have performed even better, Pinneri agrees with his coach in that the most important part of the game is the end result.

"There were some key spots where I would have liked to get a hit," he said, "but I'm just glad we swept."

"If the team comes to play every game there aren't going to be a lot of other teams that can beat us."

— Marty Slimak

## SCIAC Baseball Standings

	Conference	Overall
Pomona-Pitzer	6-0	15-2
Redlands	6-0	12-4
Cal Lutheran	5-1	15-3
C-M-S	6-3	9-9
Whittier	4-2	8-11
Occidental	0-6	9-11
La Verne	0-6	5-10
Caltech	0-9	0-12

## SCIAC Softball Standings

	Conference	Overall
C-M-S	6-2	12-3
Redlands	6-2	8-5
La Verne	6-4	14-8
Cal Lutheran	4-5	12-7
Pomona-Pitzer	4-5	4-11
Whittier	4-6	13-9
Occidental	1-7	11-9

## SCIAC Women's Water Polo Standings

	Conference	Overall
Cal Lutheran	1-0	9-9
Pomona-Pitzer	0-0	8-4
Whittier	0-0	5-5
Occidental	0-0	7-8
C-M-S	0-0	5-7
Redlands	0-0	6-10
La Verne	0-0	1-12
Cal Tech	0-1	0-3

For Games Through: Mar 16, 2009

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# THE ECHO

CALIFORNIA LUTHERAN UNIVERSITY

Volume 53, Number 6

March 25, 2009

## Choir returns home for concert

By Kelsey McBride  
Echo Staff Writer

Instead of relaxing over spring break like most students, the CLU choir took a bus along the West Coast and had a busy schedule performing in Fullerton, Glendale, Bakersfield, Palo Alto, Chico, Eugene, Ore., Tacoma, Wash., and flew back to Thousand Oaks to perform the annual Home Concert in the Samuelson Chapel.

"It was really exhausting but so much fun," said junior Katey Wade, Regals Quartet member. "I wouldn't have wanted to be anywhere else for spring break."

The concert tour locations vary each year including the international tours. Last year they traveled along the East Coast and had the privilege to perform in Avery Fisher Hall at the Lincoln Center in New York City. Internationally, the choir has traveled to Sweden, Italy, Norway and England.

Singing selections from all different eras, the program was eclectic with innovative modern music, gospel songs and songs of love, grief, family and spirituals.

The concert featured different composers including Poston, Sisask, Britten, Gilkyson, Jansson, Holmes, Eric Whitacre, Dubinsky and Friesen-Carper.

"My favorite songs are the ones by Eric Whitacre because they're so ethereal and really seem to send you to a higher place—only great music can do that," Wade said. "I also loved performing 'To the Mothers in Brazil: Salve Regina' because we have some percussion and we could really move and get into the piece."

The choir sang "Lux Aurumque," "A Boy and a Girl" and "the Sea Lullaby" by Whitacre. "Lux Aurumque" had beautiful harmonies and received a very positive response from the audience.

The choir is very dedicated and has been practicing the songs performed since the beginning of the fall semester in class with Dr. Wyant Morton and in the students spare time.

He has been a CLU faculty member for 17 years and was voted Professor of the Year in 2001. He is a professor of music, director of Choral Activities and chairman of the music department.

"Professor Wyant Morton brings extraordinary talent and passion to his direction of the choir," said Dr. Chris Kimball, university president.

The choir sang some songs in their original languages such as "To the Mothers in Brazil: Salve Regina" by Jansson which was sung in Latin.

"Learning songs in different languages has never been a



Photo by Eric Vaughn

The last stop for CLU's choir tour is the Home Concert in Samuelson Chapel.

problem," junior Steven Newman said. "Some languages are a bit more difficult than others (like Polish which I remember doing freshman year), but because most languages are phonetic and it's written out in syllables it's fairly simple."

"To be honest with you, I don't usually know where one word ends and the other begins. But if we follow Dr. Morton and phrase the

line correctly, it turns out just fine."

The choir sells CDs that can be purchased in the bookstore or music house on campus and the money goes to the choir fund for their music, equipment and choir tours.

"I feel like the concert went really well. I studied abroad last semester so I came in and was blown away by how great the choir sounded. The men are so strong this year and

everyone is really passionate about CLU choir - it was the best home concert I've ever been a part of," Wade said.

The home concert had a successful turnout with a large amount of people attending from the local community to support the CLU choir. The next concert is the University Wind Ensemble tomorrow at 8 p.m.

## Neilson happy to be new provost

By Ben Hogue  
Echo Staff Writer

Dr. Leanne Neilson will be replacing Dr. Chris Kimball as CLU's provost and vice president for Academic Affairs.

"During this time when the global economic crisis makes stability essential to keeping CLU growing in academic quality, Leanne promises to bring the necessary consistency to the role, along with knowledge of—and devotion to—the institution," said Kimball in his announcement of Neilson as provost.

"I am so excited for the future of Cal Lutheran," Neilson said. "Things are going so well and I am so glad to be a part of it."

With her new role comes new responsibilities, and for Neilson it

has a bit of a balancing act.

"Right now, I am kind of wearing two hats," she said regarding her role as the provost.

Part of her job involves day to day activities, dealing with academic affairs, including appeals, policies, contracts and faculty development.

"Keeping up with student programming and maintaining the same sense of community will be essential to its success."

— Dr. Leanne Neilson

The other part has to do with the leadership and strategic vision for the academic programs of the university.

This involves representing the

university as a spokesperson, our critical goals such as improved compensation," Kimball said. With her vision of moving the university to the next level and her excitement for the future, Neilson has set goals for herself and for the campus community.

Her specific goals for the Academic Programs at CLU include a total evaluation and enhancement of each program plus a review of the Core 21 requirements and the strengthening of the Honors



Dr. Leanne Neilson

programs. Summer school will also be at the top of the list.

programs.

Summer school will also be at the top of the list.

"We want the same environment and experience during the summer," she said.

"Keeping up with student programming and maintaining the same sense of community will be essential to its success."

As for the future of CLU in such tough, economic times Neilson says the university is going to stay "cautiously optimistic."

"We have no intentions of laying off staff or closing programs," Neilson said.

"CLU has been fortunate in this tough economy and we're doing remarkably well. It's a testament of the university and the wise decisions that are being made."

# INSIDE



Tennis continues strong performances.

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Knights Rugby conquer Fullerton for playoff bid.

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Baseball looks to bounce back with familiar foe.

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## SWAT moves to Palm Springs

Spring break festivities change due to terror in Mexico

By Jonathan McDermott  
*Echo Staff Writer*

For those certain spring break enthusiasts from Cal Lutheran who were hoping to soak up the sunshine in towns like Cancun and San Felipe, they were redirected from the white sand beaches in Mexico to the pool parties of Palm Springs.

The reasoning behind this has to do with the ongoing drug wars the Mexican government has been dealing with over the last 15 months.

These drug wars have caused the United States State Department to issue a blanket "travel alert" which provides U.S. citizens with a warning about

the dangers of travelling and vacationing inside Mexico during these turbulent times.

Also, these war zones often lie in close proximity to tourist-heavy areas, which gives way to increased skepticism

about the safety of spring breaking in Mexico.

The current dangers in Mexico of the drug wars have led the death toll to rise into the thousands.

Although, like many college students, their worries were not focused on the stability of the Mexican government but whether their much-needed spring break was ruined.

Their minds were put at rest by the staff of the

SWAT Team, LLC, which is a acronym for Summer and Winter Action Tours.

This company hosts college students and other customers on various trips and vacations around the globe that focus on the travel, entertainment and action sports industries.

The SWAT staff issued this statement via their Web site to let all upcoming spring breakers know that although their trip would not be in Mexico this year everything was still going according to plan.

The statement read: "SWAT has always been about the safety and well-being of our customers and friends and San Felipe is one of the safest destinations in all of Baja California and Mexico. However, because so many of our existing customers and their families are concerned by the recent Mexico travel alerts issued by various agencies, SWAT has made

the decision to provide our customers with peace of mind for their SWAT Spring Break 2009 experience."

This peace of mind took form in the relocating of this year's spring break from Mexico to Palm Springs.

Even though the location had changed, everything else

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## Returning home from study abroad can be a hard transition

By Emily Peterson  
*Echo Staff Writer*

Students who study abroad used to only be prepared for the transition of living in another country, but now students are also being helped with the effects of returning home to what can seem like a different world.

The transition back into the United States can be just as difficult as the transition into another country.

The Study Abroad Center has created new ways of dealing with this reverse culture shock.

"When students return, the Study Abroad Center has a welcome back banquet within the first month of the semester," said senior Andrew Aguiniga, a student worker at the Study Abroad Center.

"All the students who studied abroad are invited, including alumni who went abroad."

Reverse culture shock is the second biggest issue next to culture shock.

Students can become

bothered by the amount of waste in the United States or the abundance of supplies many Americans take for granted.

Students can feel out of place because it is hard for an outsider to understand a study abroad student's experiences.

The only way to truly understand the lifestyle of another country is to experience the customs first hand and to have the opportunity to learn on one's own.

"As we send students to more diverse places, the need for re-entry orientation probably increases,"

said the director of study abroad at CLU, Lisa Loberg, according to the Ventura County Star.

CLU along with other California Universities have organized consultations to help students get the most out of their experiences when abroad.

When a student becomes adapted to certain customs, it

can be difficult to change the student's mentality even after being away for only a short amount of time.

Lauren Anderson, a junior at CLU, who spent a semester at sea in the fall of 2007 said, "I think it is hard to separate from the people that you have spent four months with."

The Study Abroad Center welcomes students to share their stories and find other study abroad students to relate to who have undergone similar experiences.

Many students who travel abroad find themselves wanting to find others to share their stories.

"To see your family again is kind of surreal and you have changed so much from the experience," Anderson said. "Others that stayed home don't have the same experience as you and can't relate so you really rely on your friends that you traveled with."

Andrew Aguiniga studied abroad in Salzburg, Austria in 2007 and mentioned there are study abroad mentors available to help students determine where they want to travel in their destination of choice and how to take care of themselves when abroad.

# Teachers targeted in state budget cuts

By Kailee Loughlin  
Echo Staff Writer

Letters went out to 9,000 educational staff members in the Los Angeles District last Wednesday regarding the possibility of losing their jobs due to the crippling economy. The Los Angeles Board of Education approved the distribution of the initial layoff notices.

According to a Los Angeles Times article, the board "approved sending letters to about 2,000 permanent elementary school teachers and about 3,500 probationary teachers." The remainder of the notices were sent to faculty, counselors and administrators.

"What is unusual this year is the large number of preliminary pink slips that were issued," said Dr. Carol Bartell, Dean and professor for the School of Education at CLU.

"This will, of course, have an impact on schools. K-12 schools are trying to absorb more than \$8 billion in state funding cuts. This includes increasing class size and reducing programs and services as a way to absorb cuts."

Being the second largest school system in the nation, the board must approve all terminations

by this June before any layoffs actually happen.

President Obama said in a speech given at the U.S. Hispanic Chamber of Commerce in Washington last week that he believes education has lost its true meaning and that it needs to get back on the right track.

"Despite resources that are unmatched anywhere in the world, we've let our grades slip, our schools crumble, our teacher quality fall short and other nations outpace us," Obama said. "What's at stake is nothing less than the American dream."

In an education plan that Obama unveiled, he specifically targeted the improvement of early childhood education programs, superior standards of education for primary and high school levels, better teacher pay and recruitment and a more affordable price tag to those who wish to go to college.

"I have been in education for many years and have seen the demand for teachers go up and down over time," Dr. Bartell said. "However, this is still one job that can't very well be 'outsourced.' Nor can the teacher be replaced by technology. In the long run,

there will continue to be a demand for highly qualified, dedicated teachers."

She also participates in a workshop sponsored by the Ventura County Office of Education. This workshop is geared toward helping teachers and prospective teachers deal with potential cutbacks.

"We are also encouraging them to think about areas of teaching that continue to be in demand, such as special education and math and science. We will be providing information about how they can enhance their skills and marketability," Bartell said.

In a USA Today article, the recently signed \$787 billion stimulus bill includes "\$41 billion total grants to local school districts."

"It is time to prepare every child, everywhere in America, to out-compete any worker, anywhere in the world," Obama said.

"It is time to give all Americans a complete and competitive education from the cradle up through a career... America's entire education system must once more be the envy of the world, and that's exactly what we intend to do."



Photo Illustration by Doug Barnett

## Can legalizing marijuana help California's budget deficit?

### Marijuana brings in \$14 billion a year in sales

By Aaron Hill  
Echo Staff Writer

With the U.S. economy quickly plummeting to new lows, California is getting creative with its possible revenue sources.

Last month state Assemblyman Tom Ammiano (D-San Francisco) introduced legislation that would legalize marijuana and make it possible for the state to regulate and tax the sale of it.

"With any revenue ideas, people say you have to think outside the box, you have to be creative," Ammiano said, as reported by The Malaysian Insider.com. "I feel that the issue of the decriminalization, regulation and taxation of marijuana fits that bill."

As California's biggest cash crop, marijuana brings in \$14 billion a year in sales, and could, if legalized, bring in an estimated \$1.3 billion a year in revenue for the state through different taxes applied to its sale.

"There are definitely revenue possibilities for the state," said Dr. Jamshid Damooei, a professor of economics at CLU.

"But it is not entirely about having the money, but how the state uses it."

If the legislation is passed (Marijuana Control, Regulation and Education Act) it would give the state control of the substance in similar ways they have control of alcohol, by prohibiting its use to those under 21.

The money made would come

from a \$50/oz charge on the retail sale of pot and an increased sales tax on the product.

Damooei said he believes that among other uses for the money made through the decriminalization of marijuana, the state must use a portion of the revenue for drug education and drug treatment.

"It must be made sure that it is considered and treated as a public health issue," he said.

Many also believe that due to the legalization of marijuana people will take the drug less serious and be more inclined to use it.

"Although I am not against the decriminalization of marijuana, I do not believe that it should be thought of as the way to save California's economy," Damooei said. "It makes it seem as though it is encouraging the use, when it is really not."

The legalization would also free up funds in other areas of the states budget.

If legalized there would no longer be money spent on arresting and jailing non-violent offenders.


This would free up an estimated \$1 billion a year and with the revenue would create an estimated total of \$2.3 billion a year in money the state could use in other facets of the budget.

"I don't think that it will be a problem," said junior Jennifer Robledo.

"It is easy enough to get now, and with the money it will bring in, the state will be benefiting from it."

Although the legislation has been put forth, Ammiano does not think it will be up for voting for another year. So we will have to wait to see what happens.

## Around the Campus

WEDNESDAY March 25	THURSDAY March 26	FRIDAY March 27	SATURDAY March 28
<p>A School for the Kids in the Bush <i>Fundraiser for ACM Ministries of Uganda</i> California Pizza Kitchen</p> <p>The Need: Ryan McDermott 10:10 p.m. SUB</p>	<p>Artists in Residence Lecture and Reception 6 p.m. Kwan Fong Gallery</p> <p>Red, White and Blue: The Americana Experience <i>University Wind Ensemble</i> 8 p.m. The Ronald Reagan Presidential Library and Museum</p>	<p>CSI Day <i>CSI with the FBI</i> 9 a.m. Pavilion</p>	<p>Gustavus Adolphus College Choir 7 p.m. Samuelson Chapel</p>
SUNDAY March 29	MONDAY March 30	TUESDAY March 31	NEXT WEEK ON CAMPUS
	<p>Made in LA <i>LASO presents Encuentros Week</i> 6 p.m. Samuelson Chapel</p>	<p>Not for Sale's Backyard Abolitionist Tour 6 p.m. Samuelson Chapel</p> <p>Salsa Dance Night 6 p.m. Soiland Recreation Center</p>	<p><b>April Fool's Day</b></p>



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**BRANT CHRISTOPHER**

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**Time: 6 p.m.**

# Students celebrate in color

*Vibrant shades of color saturate participants of a traditional Indian holiday, Holi*

By Heather Taylor  
Echo Staff Writer

A light drizzling rain falls from the sky but the students couldn't care less. They are too busy spraying one another with bright reds and purples out of supersoaker water guns in celebration of Holi, an Indian festival sponsored by the India Club in Kingsmen Park.

"People in India celebrate Holi by making a sad day into a happier one with colors," said Anand Murgand, the president of the India Club.

Celebrated every year in India, Holi is not only culturally significant but also mythologically, socially and biologically important. It stems from the legend of the Hindu gods Radha and Krishna. As a prank, Krishna painted Radha with vibrant colors. This act turned popular and is now a part of the Holi festivities.

It also works to bring society together and to strengthen the secular fabric of the world. Anybody can celebrate so long as you leave the drama at the door. On this day, everyone is an equal and the barriers between friends and enemies are broken.

"I'm Indian and I celebrate it like an Indian festival. I just joined CLU this semester and I'm happy to be here," graduate student Aarti Bangali said.



Photo by Mario Tama/Getty Images

Large Holi celebrations take place all over the world like this one in New York City.

Senior Josie Santiago adds, "I'm here to support my friends in the India Club."

Junior Mari Staromsvag is president of the Multicultural Programs group who worked to put the event together with the

India Club. Each year the group has one event for the Fall and Spring semesters on campus. During the fall, they celebrate Diwali, the festival of light.

"We have a lot of people not in the India Club who show up,"

Staromsvag said on this year's turnout.

International student Ashwin Govindraj said, "We should have ordered more colors."

Biologically, Holi's use of spraying watercolor is said to

have great benefits. When the dye touches the skin and enters the pores, it strengthens the ions and adds health and beauty to the skin.

"I had green parts of the body last year," Staromsvag jokes.

# Couple takes up residence in gallery

By Heather Taylor  
Echo Staff Writer

The screeching of drill saws echoing throughout the empty front hall of the Kwan Fong Art Gallery building presents a rather strange sight. Piles of sanded wood ready to be assembled into work desks and clusters of mismatched lamps are gathered by the entrance doors of the Soiland Humanities building.

Video installations are ready to dominate the campus as part of the newest Artists in Residence exhibit running from now until April 5.

Created by Providence residents Megan and Murray McMillan, the artists are presenting a large scale video installation exhibition of a man walking around, moving the various lamps.

"We like to have people interacting in space as though it's not there," Megan said on the pieces that she and her husband Murray have carefully crafted.

New Work, the tentative title

for lamp video installation, is a project the McMillans have been working on for five months.

The lamps were chosen because each lamp is an individual with its own personality. Like people, these lamps have light bulbs which represent ideas. Once they are lit, the lamps hold a commanding space.

"We are not interested in getting answers as much as questions," Megan said about the installation.

Video installations combine video technology with installation art. Eighty-five lamps will fill the space having traveled from Rhode Island. New Work will play at a continuous loop all day with ambient sound in the background.

"We like to build these environments that are very unusual," Megan said.

The McMillans' previous work

has famously included The Listening Array, in which a staged dinner party is surrounded by over a hundred 4-foot-long golden pipe tubes. Off to the side, a group of ordinary people watch the diners every move.

"Their work is fantastic," said chair of the art department Michael Pearce about the McMillans' installations. "It is always changing. It's fascinating to see how they intermingle the performance and installation parts together."

— Michael Pearce

One might wonder where video installation art will go in the long run.

"I think it's at a checkered past because it doesn't have a natural place to see it," Murray said.

At less than two minutes per video with minimal, if any dialogue, video installation is considered too short for film but perfect for online video streamer

YouTube, which according to Murray, "changes the way people approach art" because it is inexpensive to create.

"We will see a new era in video art that is going to explode."

The McMillan duo will continue to electrify the world with their next piece appearing in the State

Museum of Contemporary Art at the Thessaloniki Biennale in Greece. They will also present a showing at the Art Athina International Art Fair and also at a gallery in Berlin this fall.

Opening night for the reception will be tomorrow from 6-8 p.m. Admission is free.

## THE ECHO

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2008-2009

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# Students plan future with clothing line

By Jen Reissman  
Echo Staff Writer

Maxx Buchanan and Ryan Kolb, two students at CLU, have decided that they do not want to spend life after graduation working behind a desk. Rather, they would like to spend time working and designing new T-shirts and other apparel for their clothing line, Feral Threads.

"Since day one at CLU, I've never really known exactly what I wanted to do after I graduate. Now I finally feel like I know what I'm going to do," Buchanan said.

The idea for Feral Threads started out as just something to cure winter-break boredom. After making a few shirts they saw how unique they were and realized that something big could actually come from this. They decided to further their

endeavor.

The word feral, which means, "to return to one's natural, wild state; as from domestication," was not readily decided upon.

"We had a lot of trouble finding a name for the company that fit the look that we were

going for and that was not already trademarked. Feral pretty much fell into our lap after I read it in a magazine one day," Buchanan said.

While trying to decide upon a name, the two resorted to somewhat desperate measures in order to get the company going.

"We had so much trouble trying to figure out a name we even put a posting on Facebook that offered free T-shirts to the person who could come up with a name that we liked," Kolb said.

The shirts are heavily influenced by a surf type

of look that features color schemes and designs that have an 80's-retro feel. They use homemade stencils to create the designs on the shirts and then spray fluorescent spray paint over the stencils to create the designs.

"Their stuff is really original and stands out more than a lot of the stuff you see in clothing stores right now," said CLU sophomore Whitney Hillis.

The spray paint thing is working for them right now, but Buchanan has bigger plans for Feral Threads in the future.

"We've been using spray paint and stencils to make a few shirts here and there, but eventually we are going to have our shirts screen-printed with many more designs and Feral's logo," Buchanan said.

For now, Feral Threads is a work in progress because Buchanan and Kolb are trying to focus on school and graduating in the spring of

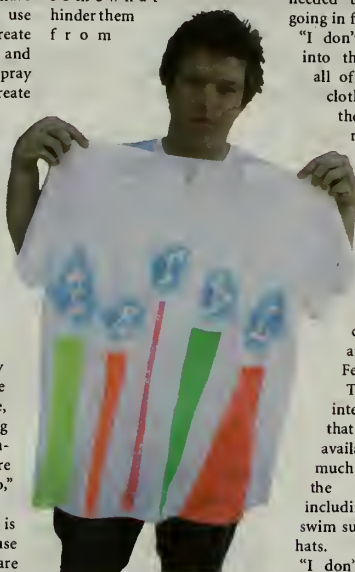
2010. Classes and homework s o m e w h a t hinder them f r o m

spending the time that is needed to get the company going in full force.

"I don't want Feral to fall into the same category as all of the other surf style clothing lines that are in the mainstream market right now," Buchanan said. "Even though these companies are extremely successful, I want our stuff to stand out and be completely original. I want people to see a shirt that's completely outrageous and recognize it as Feral Threads."

Those who are interested in the shirts that Feral Threads has available now can expect much more to come from the clothing company including denim, shorts, swim suits, board shorts and hats.

"I don't want Feral to be only shirts. I want to do it all," Buchanan said.



Maxx Buchanan

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**Fem Is...**

# Music Column: Hollywood Undead

By Desi D'Arienzo  
*Echo Staff Writer*

I always love something new and creatively complex, especially when it comes to my music. It's rather intriguing when I find artists that can create something unique in more than just one way. Granted that most things in life are in some way unique, there are things that are just so obviously original that it cannot go unnoticed. All of the bands that I have discussed thus far, and will continue to talk about, in some way are those profound originals in life. Pleasant listening, ladies and gents. Besos!

## **Artist to Watch:**

### **Hollywood Undead**

California Lutheran University, please welcome to the stage the sick styling and vicious vibes of Hollywood Undead. The Hollywood based group recently began gaining recognition. It is getting radio play now with the first single, "Undead," off of its debut album and is even featured on MTV.

Hollywood Undead is a group of six distinctively masked males that grew up in the heart of Hollywood, which it makes apparent in its songs. Charlie Scene, J-Dog, Da Kurlzz, Deuce, Funny Man and Johnny 3 Tears, as they are known, make up Hollywood Undead. Their music is a collaboration of hip-hop, rock and metal, which seems to be a huge metaphor for the city in which they find their inspiration.

HU formed in 2005, meaning it is still a relatively new group, but do not let that deceive you. Myspace has given many opportunities for unsigned artists to step on the map and begin to share with the world the music they have created.

Although Hollywood Undead just released its first album in late 2008, it has been growing on fans through its profile on Myspace and owes a lot of recognition to the medium.

Hollywood Undead at one time was one of the most viewed unsigned artists on Myspace, which led to Myspace Records signing the group in 2005. After

leaving Myspace Records the group signed with A&M/Octone Records, which produced its first album "Swan Songs."

This is an amazing album. I have listened to the group since 2006 and I already love half the album due to the old songs that HU used to put this record together. The first single that it has released, "Undead," is a crazy upbeat song with a hardcore vibe and sickly powerful lyrics, screaming sporadically throughout the song.

The whole song just gets you amped up to do something forcefully. "Sell Your Soul" has a more dark tone to the music, but is accompanied with brilliant lyrics. To no surprise, the fifth song on the album, "No. 5," is an extremely vulgar anthem to partying and the Hollywood scene.

This naughty song is a perfect song to get ready to right before going out on the town. It is fresh, upbeat and fun. "No. 5" finds a familiar old friend in the song "Black Dahlia."

Both of these songs were released before "Swan Songs" was even a thought, but were recorded and added onto the album. "Black Dahlia" is one of my favorite songs by Hollywood Undead.

The song is about a relationship, which we can all relate to, but it's the power behind their words and the pain that you can actually feel while listening to it that really drives it home for me. The music is especially dark and the way HU sings is partly a singing cry and the other is singing in a painful tone.

In addition to the debut album "Swan Songs," the group had put together a demo CD that contained some songs that did not make it onto the album. Although the songs did not find a place on the record, I still think one in particular deserves to be mentioned. "A Knife Called Lust" is a wonderfully-written song and a creative mixture of string instruments and hip-hop beats with the beautifully contrasting combination of screaming and singing (the voice in the chorus is extremely well done).

This song found a common ground for hardcore, hip-hop, strings and lyrics to flow so

evenly. "Scene For Dummies" is a hilarious song that is pretty much a guide on how to be seen in Hollywood.

It is poking fun at Myspace, Tila Tequila and, on top of that, letting you know what the band's lifestyle is like. The other songs that I did not mention are awesome in many different ways as well.

Hollywood Undead is now on its "Saints and Sinners Tour" with Senses Fail, Haste The Day, and Brokencyde. It is traveling all over the globe to share with the world what it has to offer. As for you guys, go onto YouTube.com and listen to its stuff and if you like it, go out and buy the debut album "Swan Songs" in stores now. To learn more about the group and its upcoming events, you can find it on Myspace or on its official Web site [hollywoodundead.com](http://hollywoodundead.com).

HU may be new to the game, but it has mastered it in an outstanding amount of time. I think it is its interesting sound, thought provoking messages, clever combos, sarcastic (almost satirical) tone and extremely witty lyrics that make Hollywood Undead the artist to watch.

My Favorite HU album: "Swan Songs" (that's kind of a given)

My Favorite HU songs: "My Black Dahlia," "No. 5," "Undead" and "A Knife Called Lust"

## **Upcoming Shows:**

### **March -**

28 - 7 p.m. Emery (Troubadour in West Hollywood)

7:15 p.m. Bleeding Through (Key Club in West Hollywood)

29 - 5 p.m. Saints and Sinners Tour (House of Blues in Las Vegas)

30 - 6 p.m. Saints and Sinners Tour (Grand Ballroom at Regency Center in San Francisco)

### **April -**

2 - 7:30 p.m. Vans Warped Tour (Key Club in West Hollywood)

4 - 8 p.m. Bamboozle Left (Verizon Wireless Amphitheatre in Irvine)

5 - 6 p.m. Saints and Sinners Tour (House of Blues in San Diego)

# Campus Quotes

**"What is your favorite way to unwind after a tough week?"**

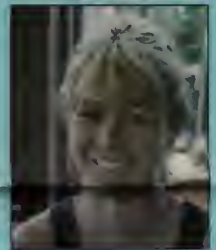


**"I shave my face."**

—Freshman  
Nate Maxwell-Doherty

**"[Have a] movie night."**

—Sophomore  
Lindsey Tucker



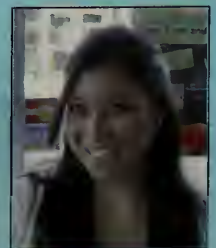
**"I go to the beach."**

—Freshman  
Alex Luizzi



**"I got to Sunset with my friends."**

—Senior  
Liz Grosser



**"I put in a DVD and eat cookies."**

—Junior  
Mike Christensen



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Letters to the editor are  
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Letters must include  
the writer's name, year/  
position and major/  
department.

Letters are subject to  
editing for space and  
clarity.

# Everything is old news

Rihanna and Chris Brown...  
the Ocotomom...the economy.  
Sick of hearing about these  
topics?

I know I am.

First of all, let's talk about  
Rihanna and Chris  
Brown.

Now, there are  
the skeptics who  
think that this didn't  
happen, and, while  
this could be true,  
there sure seems to  
be a lot of talk for  
nothing to have gone  
on.

But I wasn't there,  
so I have no idea  
what's true and what  
isn't.

As for Rihanna going back with  
Chris Brown, again I don't know  
why she would, and frankly it's  
none of our business.

If you really want to get in to  
it, it's probably the battered-wife  
syndrome.

Frankly, their private lives are  
none of our business.

I mean, honestly, people get  
abused all the time, as sad as  
that is to say.

But, we hear about it because  
they're celebrities? Great.

Why is that news when all the  
other abuse that goes on rarely  
is?

Isn't abuse bad for anyone who  
is abused?

Now for the "Ocotomom."

You do realize if the  
doctor hadn't put all  
the eggs in her, we  
would have never  
heard about her.

She maybe would  
have had eight kids  
total instead of 14.

Ultimately it is the  
doctor's fault.

She already had  
six kids, some with  
disabilities, and now  
you're putting eight  
eggs in her?

Wow, smart one.

I understand how she didn't  
want to waste the eggs, and did  
not believe in that, but at the  
same time, she could have found  
someone to take them.

There's a need for egg donors all  
the time.

14 kids are just way too many  
for anyone, but for a single  
mother with no job?

This is a problem.

There should be some ethical  
guidelines that require fertility

clinics to look at the whole  
family situation.

I'm all for equal opportunity,  
but there has to be some  
common sense, too.

As far as the economy goes, yes,  
we know it sucks, and yes, we're  
in a recession, and, yes, I am  
aware that the next two classes  
to graduate will have problems  
finding jobs.

Thank you news stations for  
continually reminding us that  
the economy sucks.

That's just not news anymore.  
The economy is important to  
keep track of and we do have the  
right to know about it.

However, when you rehash that  
it's terrible over and over again,  
it just gets old.

Why not  
focus instead  
on stories of  
innovative  
ways people  
are coping and  
still finding  
ways to have a  
good life?

Or maybe,  
look at some  
good things

that can come out of the people  
and companies needing to

rethink the way they do things.

Give us some new news...not  
just the same old lines about how  
bad everything is and how it's all  
Wall Street's or the government's  
fault.

I'm sick and tired of hearing  
about these things.

Do news stations really have to  
keep harping on them over and  
over again?

Why can't they do stories on  
things that have more effects on  
the average viewer's life?

Where's the substance to the  
stories?

I'm not sure how to get this to  
change—they say celebrity sells  
and it's all about the ratings.

But has any station recently

tried putting  
out a more  
substantive,  
relevant news  
show?

They might  
be surprised at  
the following  
they could  
develop.

Granted, I do  
love some good  
celebrity gossip,

but enough is enough.

We need something new.



Beth  
Peters

# Stressed to the max

## Tips on how to eliminate end-of- the-year stress

School got you down? Try  
something new.

In the midst of college coming  
to a close, I find myself stressing  
out beyond what my body can  
handle.

This is not a sarcastic comment,  
when I'm stressed I usually don't  
realize it until I've hit a breaking  
point or my body breaks out in  
some sort of rash.

Eww, I know.

I don't think I'm  
alone in this feeling,  
and many of you may  
not realize you're  
under as much stress as  
you think.

As full-time students,  
and most with jobs it  
is extremely difficult  
to find time to try new  
ways to relieve stress.

I thought I would do  
some research on good  
ways to relieve stress for myself,  
and share them with you.

Here are the main points I  
have come up with from what I  
learned.

According to the U.S. Consensus  
of 2008, the most common causes  
of stress for college students

include: academic pressures,  
social stress and miscellaneous  
stress that may consist of  
money, family or career issues.

In order to lower and manage  
stress levels, it is important  
to know where it is stemming  
from.

Any of the things above may  
be supplying stress, but it is  
vital to target which particular  
area in your life is affected the  
most.

I can't give any advice on how  
to figure out the exact origin of  
your stress, but I would start  
by making a list of  
concerns that you  
face daily.

Now that you have  
an idea of what is  
pressing on you,  
think about your  
usual activities.

It may be good to try  
something completely  
different, if these no  
longer work.

Three of the most  
productive things I  
found were:

•Exercise and a healthy  
balanced diet.

Attend one of the classes at  
the fitness center, followed by a  
healthy meal.

Or take a jog to Wildwood,  
and then a hike.

Once you've finished go

to Trader Joes, pick up the  
newsletter, and try cooking a new  
dish.

•Power naps are also a great way  
to reduce stress.

The hectic life of a college  
student inevitably makes us lose  
hours of sleep every week.

A power nap will help the  
quality of work and life increase  
in a positive direction.

•Visualization is something I  
have found works very well.

You can also think of it as a  
"mini vacation" or a daydream.  
Sit somewhere alone in a quite,  
private place.

Close your eyes and picture  
yourself somewhere that is  
relaxing.

Imagine every aspect of it.  
Maybe you're in a boat on a  
lake, with the wind blowing  
through your hair and the water  
sprinkling on your face.

When you're ready to come out  
count backwards from ten and  
you should feel much better.

Other alternatives include  
music therapy, creating a home  
spa, writing in a gratitude  
journal, praying and sex.

Yes, sex is a huge stress relief.

My personal favorites are  
painting, and making lists to stay  
organized.

Try a few of these things, and  
enjoy the rest of your semester  
stress free.



Leslie  
Gerard

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10 pm-2 am

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# Twilight readers get sucked in

Two words: vampire love.

To the delight of many, the box office hit "Twilight" was released on DVD and Blu-ray on Saturday.

I believe the demographics include crazed teenage girls and lonely single women.

Now, if you have decided to continue reading, you probably fit into one of the following two categories:

1. You, much like me, don't understand the bizarre obsession surrounding this book-turned-film and you are eager to agree with whatever I have to say.

2. You are one of the obsessed and you are only reading to fuel your anger against me.

Who knows, you may even decide to write a heated response if this column warrants one.

As a user of Facebook, I am a fan of the bumper stickers application.

I'm sure many of you who also use bumper stickers recall seeing a ridiculous amount of bumper stickers referencing "Twilight" a few months ago.

At the time, I had no idea. What I did know was that I was not amused by it.

I was immediately tired of seeing Edward Cullen this and Edward Cullen that.

I didn't care that all you wanted for Christmas was Edward Cullen.

And then when this film opened in theaters, my news feed was bombarded with Facebook statuses making note.

"(Insert name) is super excited to see the midnight showing of 'Twilight!'"

Or, "(insert name) plans on seeing 'Twilight' at least five more times!"

Or, "(insert name) wants to quit living in reality and instead marry Edward Cullen!"

In fact, as I write this column,



Kevin Holt

a friend of mine has posted in her status that she just preordered the three-disc special edition of "Twilight." And she "can't wait" until it arrives.

Is this not absurdity at its finest?

Of course, who am I to criticize?

We all have our guilty pleasures.

I was at the midnight countdowns for the last two Harry Potter books.

And speaking of Harry Potter, the only other time that I've seen Robert Pattinson (the guy who played Edward Cullen in "Twilight") on film was in a Harry Potter movie.

And I think we all remember how that ended.

Here's a fun equation for you: Edward Cullen equals Cedric Diggory.

Cedric Diggory was killed by Voldemort. Voldemort was killed by Harry Potter.

Thus, Harry Potter is better than Edward Cullen.

At this point, I'm guessing

those of you from Group 2 are starting up a Word document to tell me I have no idea what I'm talking about.

And you're technically right. I haven't read "Twilight." I haven't seen the movie.

And frankly, I don't plan on doing either.

But, I figured the journalistic thing to do was to ask someone who has read these novels and find out what makes them so worth reading.

So I talked to my sister.

She fits the bill of a crazed teenage girl.

Apparently, I didn't "get it."

I was told that it was a romantic story of forbidden love, similar to Romeo and Juliet.

"He's not supposed to love her because he's a vampire and she's a human and vampires drink human blood," my sister said.

"But he's different because he and his family live an alternative lifestyle, drinking animal blood and refusing to harm humans."

What was I thinking?

That's absolutely comparable to Romeo and Juliet.

## So much for saving water

### How we can change old habits to help improve our environment

This past week I had the pleasure of spending a little more than half of my day on campus with the folks from Sundance Film Channel.

Some of you may have noticed the crew filming the show on Thursday.

The show, called the "Lazy Environmentalist" highlights changes one can make in their day to day lives that can make a big difference to the environment.

The show's host is the author of a book by the same name, Josh Dorfman.

He and his crew came by to interview myself and five others for a spot highlighting

CLU's green efforts, specifically the campus-wide initiative to reduce disposable

water bottle usage.

Naturally, the shoot also concerned itself with waste reduction.

The coffee cups and plates were made out of recyclable content and the forks at lunch were made out of some potato by-product so as to be biodegradable in the landfill.

The water was...well, the water was bottled.

To be fair there were refillable bottles too.

Nalgene water bottles just like the ones CLU has been advocating for.

But bottled water? I couldn't believe it.

Here we were promoting a campaign to stop disposable water bottle usage and they're using the very bottles we're campaigning against. Is nothing sacred? I'd heard jokes that the film crews in those TRUTH anti-smoking commercials all smoked like chimneys on set.

That, I thought was comical. But this, this was hypocrisy.

I thought a lot about how I felt in the five hours of shooting.

By the end of the day, I came to a conclusion.

Who am I to judge?

They're doing W, X, and Z things right. Why should I care?

People are not perfect.

When given the option of doing the same thing they have been doing, or something new, people will almost always choose their old ways.

Even if those old ways are worse for the environment.

Old habits die hard, especially when those old habits concern themselves with convenience.

Those old habits though, do have consequences and it's important we recognize them.

California's in a chronic drought, world oil resources are finite and getting scarcer, and we're all going to die from climate change if the hole in the ozone layer doesn't give us skin cancer and kill us first.

It's important that one does what he can, when he can, how he can.

It doesn't mean you have to be perfect 100 percent of the time.

There won't be some green Nazi roaming around waiting to round up those of you not adapting. Just do what you can. No matter how little.

For me that may mean recycling my bottle of water (yes I'm guilty of buying bottled water too).

For you it may mean not using bottled water at all.

It may mean putting a brick in the tank of your toilet or taking shorter showers to reduce water waste.

For some it may mean buying a Prius rather than a Silverado when given the choice (I know a guy who sells Toyotas who can hook you up).

In the short term anyhow, if everyone can "pitch in" and make those small changes, even if they're only convenient for them, we'll all be a lot better off in the long run.



Nathan Hoyt

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## Sport Schedules

	Wed 25	Thur 26	Fri 27	Sat 28	Sun 29	Mon 30
 <b>REGALS Softball</b>	Pacific Lutheran (WA) DH 1 p.m.			@ Chapman DH 12 p.m.		
<b>Knights Rugby</b>				Occidental 1 p.m.		
 <b>REGALS Water Polo</b>	@ Whittier* 5 p.m.			@ Arizona State Invitational TBA	@ Arizona State Invitational TBA	
 <b>KINGSMEN Baseball</b>			@ Occidental* 3 p.m.	Occidental* DH 11 a.m.		
 <b>KINGSMEN Track &amp; Field</b>			@ Point Loma Nazarene 10 a.m.	@ Point Loma Nazarene 10 a.m.		
 <b>KINGSMEN Tennis</b>		Williams (MA) 2 p.m.				

Shade denotes home game. \* Conference Game. DH= Double Header.

## March how Sweet 16 it is!

The first two rounds of the men's NCAA basketball tournament are in the books.

March Madness, one of the most universally followed events of the sports year, has reached the Sweet 16 stage.

This is my favorite time of the year.

Upsets and buzzer beaters, not to mention having 63 games in less than three weeks, make for a thrilling tournament.

Sixty-five NCAA Division 1 colleges from across the country began the fight for survival.

With just one loss, the season is over. The team that wins six consecutive games is crowned the national champion.

Hearing about the tournament is almost unavoidable on campus.

Both televisions at the



Cory Schuett

laptops during class and the tournament is a popular topic of conversation.

And all around the country, millions wager on the outcome of each game.

Both hardcore fans and casual viewers fill out tournament brackets before the games start.

Forty-five percent of Americans planned to enter at least one basketball pool this season, according to MSN's Hoop Hysteria Survey.

Last year, 92 percent of people who watched games at NCAA Sports.com did so at work, according to Nielsen

Online data.

The tournament could cost employers as much as \$1.5 billion in lost productivity, according to outplacement firm Challenger, Gray & Christmas. The firm believes workers will spend about 10 minutes per day following the tournament.

Another random fact: the odds of filling out a perfect bracket are over 9.2 quintillion. That is the number 9 followed by 18 zeroes.

That's if the odds of each game were 50/50, which obviously isn't the case, but you get the picture.

Anyway, that's enough numbers. Here are the highlights from the first two rounds:

The biggest upset in the first

round went to No. 13 Cleveland State (my hometown team, I cannot fail to mention this) in its out-of-nowhere dominating victory over No. 4 Wake Forest.

No. 12 Arizona is the biggest surprise in the Sweet 16.

However, the Wildcats were markedly better than the two teams they got matched up against, Utah and CSU.

My pick for the most exciting game of the tournament so far goes to the first round matchup of Siena and Ohio State.

The Saints hit two three-pointers, one at the end of regulation and another at the end of the second overtime, to defeat the Buckeyes 74-72.

Five of the 16 teams left belong to the Big East Conference, which is a record for any conference.

It's my lifelong desire to see a No. 1 seed lose to a No. 16. East Tennessee State gave Pittsburgh more than they wanted, but I will unfortunately have to wait another year for the upset to happen.

Those who went with the chalk and picked the higher seed to win every game are looking pretty good.

Only two teams, Purdue and Arizona, were not one of the top 16 overall seeds.

This year's tournament, despite the lack of Cinderellas, is still just as thrilling as years past.

It will no doubt continue into the remaining rounds.

## Regals fail to hold on in sweep by Leopards

### La Verne's late rally downs Regals

By Tiffany Michaels  
Echo Staff Writer

The Regals softball team head into a busy week coming off of a tough loss to LaVerne.

The women hosted a non-conference double header against Lewis and Clark (1-12).

Wednesday CLU hosted a double header against Pacific Lutheran (7-9) starting at noon.

The Regals will close out the week on the road playing a double header at Chapman (10-10) starting at noon.

Cal Lutheran (12-9-1, 4-7-1

"The losses were hard as always but we've got to keep looking ahead to making the top four..."

— Emily Robertson

SCIAC) was swept by the La Verne (14-8) Leopards last weekend, 3-1 and 6-5.

In the first game, the Leopards scored an early run, along with another two in the sixth and seventh bringing them to a 3-0 advantage.

The Regals looked like they were coming back in the bottom of the seventh with three hits and two runners in scoring position.

The Regals scored on a single by April Rosas with only one out. ULV pitcher, Delaney Baylor, closed the game with two consecutive strike outs to end it 3-1.

Talia Ferrari pitched for the Regals for all seven innings allowing only three runs, two earned, on nine hits.

She also had five strikeouts and no walks.

"First game we really couldn't get our hitting together," said junior Emily Robertson.

"Talia pitched a great game but we struggled to make something happen offensively."

The second game was a close race to the finish. After four inning CLU led 5-2.

La Verne took one back in the fifth.

The Leopards own Melissa Carlson scored a three-run homerun in the top of the sixth moving ULV ahead 6-5.

Lizzy Chacon pitched for the Regals and brought her season record to 6-4.

She had six runs, five earned on nine hits. Chacon struck out four and walked four.

Emily Robertson was 2-2 with two RBI's and Lizzie Novak was 2-3 with two RBI's.

"We've just finished the first round of conference, so we're looking to pick up some momentum in the two weeks until our next conference games," Robertson said.

"The losses were hard as always but we've got to keep looking ahead to making the top four and getting into the conference tournament."



Photo Courtesy of Kevin Baxter

The Regals offense continues its hot start of 2009 campaign.

Centrum had the games on last week, many people check scores on their iPhones or

# Knights clinch playoff bid with victory over Fullerton

By Melissa Conway  
*Echo Staff Writer*

The Knights rugby football club battled Cal State Fullerton for dominance of the Collegiate Division III conference on Saturday at Mt. Clef Stadium.

Sporting brand new uniforms, the Knights took to the pitch in quest for their first league title and a chance to solidify a spot in the playoffs.

It was a very good game as the Knights scored three tris against the opposing Cal State Fullerton Rugby Club, making the final score 19-0. In rugby each tri is worth five points while an extra point is worth two.

The Knights were successful on two of their three extra point opportunities. With the win the team was able to solidify a play-off spot and the number one seed.

Senior Jacob Calderon was unstoppable as he scored two of the three tris made. Coming off an all-American campaign for the Kingsmen football team, Calderon is feared by all teams, with his hard-nosed tackling and his bruising power running the ball. Known as

half of the bash brothers, seniors Ian Freeman and Calderon, set the tone for the Knights in each match with there punishing hits and their gritty leadership.

Even with a great game, Calderon expressed thoughts on how he can improve his game further. "Getting in better shape and being healthy will help me be able to utilize my skills to get others on the team involved," he said.

In seasons past, the Knights have gone 19-6 but this season they are 6-0 and atop Division III in Southern California. Still being 6-0 and having a spot in the playoffs locked up, the Knights see opportunities to improve as a team.

"We can work on keeping the back line straight with crisp passes and making strong open field tackles on breakaways," Calderon said.

The Knights are trying to move up to Division II next season and this means they will need a lot more publicity to help solidify the program.

The president of the rugby football club is senior Andrew Aguiniga, who has been on the

team for four years.

He said the team will be graduating a lot of seniors but that they still have a good mix of underclassmen to help ensure the future of the team.

"I look forward to the playoffs with this team, and hope to bring home some hardware to Cal Lutheran," Aguiniga said.

The Knights will be competing

Saturday at 2 p.m. at Mt. Clef against Occidental College in their season finale before they begin playoffs.

"Against Oxy, we want to communicate better as a team, both vocally and physically," Calderon said. "Not to lose focus on our goal of playoffs, continue our strong, physical play and finish the season healthy and victorious."



Photo courtesy of Julien Schamp

Senior Jeff Shalem makes a tackle on a Fullerton player.

## IN BRIEF

The Regals tennis team battled the regions seventh ranked Wildcats of Linfield (Ore.) during the weekend.

Senior Suz Nomura highlighted the day with a 1-6, 7-5, 6-4 victory over current No. 10 west region ranked single player Sallie Katter.

The teams battled to the end, with the Wildcats earning the team victory with a 5-4 margin.

CLU (7-5) will be back in action as they host Pacific Lutheran University (WA) on Monday Mar. 23 at 2 p.m.

This game has special meaning to the Regals coach Mike Bensen, as he will face his former school.

The Kingsmen tennis team suffered its second straight loss this past weekend at the hand of Salisbury State (Md.).

Like the Regals, the Kingsmen fell by a score of 5-4. Trailing 3-1 early in the day, the Kingsmen had trouble climbing out of the hole.

CLU's Andrew Giuffrida and Jordan Culpepper were responsible for three of the four Kingsmen points, teaming up for a No. 3 doubles win and winning the No. 1 and No. 6 single contests.

The Kingsmen (10-4) will host Williams College (MA) tomorrow at 2 p.m.

## Some Tests You Hope You Don't Pass

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# Baseball looks to bounce back against OXY

## Kingsmen lose two straight for first time this season

By Andrew Parrone  
Echo Staff Writer

This week was full of ups and downs for the Cal Lutheran baseball team, as it split its last four games at home.

The Kingsmen defeated Illinois Tech 10-2 and followed that up on Friday with a shutout victory over Rutgers-Camden, 18-0.

However, they lost a pair of games to Rutgers-Newark 6-4 and 8-7 to finish off the week.

The Kingsmen next play SCIAC opponent Occidental this weekend in a three-game series.

They travel to face the Tigers on Friday and host a doubleheader on Saturday, beginning at 11 a.m.

In the past three seasons CLU has a record of 5-4 against the

The Kingsmen look to continue those winning ways and bounce back after these two losses.

After two victories early in the week, head coach Marty Slimak was disappointed with the outcome on Saturday.

"We just didn't play well," he said. "We just didn't do the things that we need to do to win the ballgame. And give the other team credit for beating us."

The Kingsmen were caught stealing or picked off on several occasions throughout Saturday's games.

They were also responsible for one error in the first game and three in the second, while the Scarlet Raiders had none.

Junior Matt Martin had similar views of the team's performance in the losses.

"Our baserunning was terrible and we didn't play well on defense," Martin said. "We just played with no intensity all day."

Junior Paul Hartmann had two RBI in each game, bringing his total to 28.

Junior Chris Hertz had two RBI in the second game as well, and senior Nick Dingman homered.

In both games the Kingsmen trailed early and fought back, only to come up short.

"They never quit, we just came up short both games," Slimak said. "But we cannot continue to give good teams opportunities. We never had the lead once in these two games."

The chances to win were there,



Photo courtesy of Kevin Baxter

Junior left-hander Greg Gelber delivers a strike during the opening game of the Cal Invite.

but they never fully capitalized.

A late rally in the second game was answered by Rutgers-Newark with two runs of its own in the eighth.

"We had opportunities and we just took ourselves out of them," Slimak said. "If the effort was there we wouldn't have made a lot of those mistakes."

This stands in contrast to the two contests earlier in the week.

In the victory over Illinois Tech, Martin hit a grand slam and was a single away from the cycle.

Junior Dane Delfs made his second start pitching and gave up no runs in five innings.

The game against Rutgers-Camden was even more

impressive.

Nine Kingsmen had at least one RBI, junior Greg Gelber pitched five scoreless innings and the game was called after seven innings.

While the Kingsmen must improve in order to get back to their winning ways against Occidental, the outlook for the team remains positive.

"I think we'll be able to respond to the losses," Martin said. "We are a mature team and just had an off-day. We'll study these games and make sure it never happens again."

"We are a mature team and just had an off-day. We'll study these games and make sure it never happens again."

— Matt Martin

Tigers and last season a record of 2-1.

### SCIAC Baseball Standings

	Conference	Overall
Pomona-Pitzer	6-0	18-2
Redlands	6-0	15-6
Cal Lutheran	5-1	17-5
C-M-S	6-3	11-11
Whittier	4-2	10-14
La Verne	0-6	10-10
Occidental	0-6	10-12
Caltech	0-9	0-12

### SCIAC Softball Standings

	Conference	Overall
Redlands	8-2	10-5
C-M-S	6-2	15-4
La Verne	8-4	16-8
Pomona-Pitzer	4-5	4-12
Cal Lutheran	4-7	12-9
Whittier	4-8	13-11
Occidental	1-7	11-9

### SCIAC Women's Water Polo Standings

	Conference	Overall
Cal Lutheran	1-0	9-9
Pomona-Pitzer	0-0	11-4
Occidental	0-0	9-8
Whittier	0-0	6-7
C-M-S	0-0	5-7
Redlands	0-0	8-13
La Verne	0-0	1-13
Cal Tech	0-1	0-4

For Games Through: Mar 23, 2009

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# THE ECKO

CALIFORNIA LUTHERAN COLLEGE

Volume 53, Number 6 1/2

April Fools' Day

## Trinity demolished 4 parking



### Need for parking is cause of demolition

By Ben Hogue  
*Echo Staff Writer*

Deconstruction of the newest residence hall at CLU will begin in April due to the demands of parking on campus.

"After careful consideration, along with student, faculty and staff input, we have decided to demolish the future Trinity residence hall and fix the parking problem on campus," said one university official last week.

"A 300 space parking structure will be constructed for residents of this campus, as well as

commuters, faculty and staff."

Demolition is slated to take until the end of May, allowing the parking structure to be built in time for the 2009-10 academic year.

"Parking has been such an issue on campus," said Ana Garcia, senior resident assistant for Mogen, Kramer and the University Houses.

"It's about time they do something about it, they need to stop building new residence halls and focus on fixing the parking problem."

The decision was made after a closed door meeting of university

officials. Announcements of the plans will go out to the CLU community starting in April. Officials are expecting positive reactions and feedback.

"I heard Trinity wasn't even going to be that nice," one CLU student said.

**T**hey need to stop building new residence halls and focus on fixing the parking problem.

Now people don't have to park at Gilbert [Sports and Fitness Center]."

With the university gearing up for its largest freshmen class yet,

upperclassmen will be expected to have five people living per one suite.

"Where are students going to park if this doesn't get built?" said the university official.

"It's a tough decision, but one that has to be made. Sacrifices are going to have to happen and cramming into the Old West and New West complexes is one of them."

Members of the CLU community were given input in the forms of an online survey which five people chose to participate in.

The overwhelming majority of those who took the survey noted

that parking was a top issue, along with more residence halls and nicer facilities on campus.

— Ana Garcia

So while there might not be a place for everyone to sleep

next year, at least all of the parking problems will be alleviated.

Some students have complained however, that this location will not close enough so school officials are now looking into paving Kingsmen Park for additional parking spots.... APRIL FOOLS'!!

Photo Illustration by Doug Barnett.

## SIDEIN



Hansen chosen as next bachelor.

Page 6



Kimbal trades history for money-rich Yankees.

Page 11



Baseball ends season due to contract negotiations.

Page 12

## Time has come to drink at CLU

By Araon Hilf  
*Echo Staff Writer*

As part of its 50<sup>th</sup> anniversary, CLU will be making a few major changes to its alcohol policy on campus.

"Due to some new regulations CLU will be making it OK for students of age to drink on campus," said Sam K. Adams, CLU's alcohol awareness and implementation specialist.

Although many believe that CLU has always been a dry campus, this is not the case. They have always had, until now, very strict rules on alcohol and have maintained and regulated this policy but have allowed alcohol in the appropriate venues.

Sources say that due to the school's growth potential, CLU is looking to attract students from all walks of life and believe that the policy may have an affect on some perspective students' opinions of the school.

Partnering up with Anheuser-Busch the school hopes to have all the necessary tools to start implementing the policy by the

beginning of the Fall semester 2009.

Students and staff look forward to the welcome change to the atmosphere of CLU.

"I'm so excited for it," said Sandra Mouley, coordinator for student projects and events. "I think this will definitely boost the attendance of events on campus when we can include alcohol."

The first program Mouley hopes to put on in the fall will be a seminar on bartending. Student Life is looking for ways to help students adjust to the new policy and also teach them how to make a fine martini.

CLU also hopes to implement some new locations on campus to better suite the new pro-alcohol policy. These ideas include a full sports bar on the first floor of Trinity Hall, Margarita Mondays in the Caf and Thirsty Thursdays in the Centrum. These days will have varying drink specials much like the Centrum weekly meal specials.

Although the alcohol on campus will not be regulated through Sodexo, the university's

food service company, students will be able to use bonus points and even meals to count toward their purchase of any of the fine beer, wine or premixed drinks served in the establishments.

Of course drinking on campus will be only for those who are 21-years-old and above and will be monitored through student ID cards. This way, students will be unable to get fakes to allow them to drink on campus and put a limit on those of age to make sure they do not take advantage of the new policy.

"I can't wait to drink side by side with faculty," sophomore Laura Sanderson said. "It will also make different programs on campus so much more fun."

However, not everyone shares the enthusiasm about the new policy.

Many faculty members and even students are fearful that the policy will increase excess noise and lack of peace of campus as well as create an environment that condones drinking in excess.

"I am not sure that students are ready to have that kind of

freedom so easily accessible on campus," said Matthew Richtern, dean of student attendance. "It could end up being a detriment to students and the school."

However, to counter these arguments many believe that this will actually be beneficial to the safety of students by keeping

them on campus and removing the need to drive somewhere to drink then possibly drive back intoxicated.

Regardless, students can look forward to this freedom in the fall and be ready for intramural beer pong.

April Fools' Day!

**Intramural Beer Pong  
Sign-Ups Begin on  
April 1<sup>st</sup>  
in the SUB  
(Yeah right... APRIL  
FOOLS')**



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# 8-year-old genius plans to be new student in fall

By Jonathan McDermott  
*Echo Staff Writer*

At the start of the 2009 fall semester at Cal Lutheran, there will be hundreds and hundreds of new incoming freshmen, which of course will be no surprise to current students.

What will be a surprise though will be that one of these new students happens to be an 8-year-old boy genius from London, England.

Ahman Joi Jr. is the son of Ahman Joi Sr. and Shiva-ray Joi and brother to Hasim Joi, who works in their native London, England.

He and his family are of Indian decent and they are also a part of a small population of Indians in England that are devoted Lutherans.

Ahman's parents have been quoted as saying that their decision to send him to Cal Lutheran was due to the school's Lutheran heritage as well as their outstanding Communicative Studies program.

Dr. Hugh Grantly from the Center

of Academically Gifted Children in London confirms Ahman's genius.

"Ahman's gifts are extraordinary and he is the real deal," Grantly said. "He has the potential to become one of the greatest minds of his generation as long as Cal Lutheran can foster such profound intelligence."

Ahman's gifts were first noticed when his father noticed that he solved a Rubik's cube in under ten seconds with a blind fold on in the middle of his favorite fast food chain.

"It was from that moment that I knew that my son could be one of the smartest children in the world," Ahman Sr. said.

It was this incident that led Ahman's parents to the local university he could take the SAT, which for those that do not know is the Standard Aptitude Test and helps acknowledge a baseline of intelligence, which Ahman scored an amazingly high 1500 for his first try.

This score got the attention of Grantly who has helped the Joi family

in garnering scholarship money for Ahman's education.

"With the Joi's family limited financial means, I tried to do as much as I could in order to make sure that Ahman would get anything he needed in order to feel comfortable and safe, especially when he will be living in a foreign country for the next two years," Grantly said.

He will only be attending Cal Lutheran for two years because he plans on graduating in two years with a degree in general communication. According to Ahman, "It should be fun and easy."

He has also stated that he is looking forward to living in Grace Hall because he has never had his own room and that is an exciting prospect to him.

So come next semester, if you see a little boy wondering around campus looking like he is lost, be a good samaritan and offer a little help because you never know, he might just be your boss in a few years.

# CLU campus to establish new co-ed dorms

Co-Ed rooms welcomed by all

By Kelsey McBride  
*Echo Staff Writer*

Co-ed dorm rooms will be available starting next year at California Lutheran University's campus in order to give students a real life experience. The world is not separated by sexes and university officials believe men and women should start learning while in college how to relate to each other and a dorm can be good practice before going into the work environment.

"That's pretty chill," said junior Matthew Frazer. "It would help people learn to live with the opposite sex. I completely agree with having co-ed dorms."

Suite selection is coming up and sophomores, junior and senior students have the opportunity to sign up to share a dorm room with the opposite sex. All of the dorms, except for the freshmen dorms, will be co-ed on CLU's campus.

Freshmen year can be stressful enough with making new friends, college classes and living away from home. The only dorms that will not be co-ed are Thompson Hall, Peterson Hall and Mt. Clef Hall.

"This sounds crazy!" junior Alexandra Butler, said. "CLU has an image of a Lutheran school. I think this would ruin the purity of the school."

CLU is a Lutheran school and some students may choose not to live with someone of the opposite sex because of religious or moral reasons. Students have a choice and do not have to live in a co-ed dorm room.

Previously, the rule was that members of the opposite sex

could not stay overnight. The visitation hours were from 7 a.m. to 2 a.m. every day.

"I think CLU should have co-ed dorm rooms," said junior Bailey Gable. "If you feel like you can live with someone of the opposite sex than maybe it would be ok to have that option, but I don't think that everyone can handle it."

Living in the dorms is a huge part of the college experience. It can also be very educating. Both sexes can learn responsibility and how to respect each other.

CLU is not the only school allowing co-ed dorms. Many schools such as Brown University, Clark University, the University of Pennsylvania and the California Institute of Technology allow students the choice to live with whoever they want.

"I think co-ed dorms would be fun, but only for a while. Girls and boys are very different from one another and I think those differences might only get magnified in such a close proximity," junior Jenny Guy said.

"Things can happen, like if a boyfriend and girlfriend want to move in together and then they break up," she said. "This could cause a lot more issues for Residence Life, and I don't think I'd live with someone of the opposite sex for this reason."

April 9 is the last day to draw a lottery number for suite selection. April 14 is the suite selection for lottery numbers 1-699 and April 15 is the suite selection for numbers 700-1,300 at 4 p.m. in the Lundring Events Center.

April Fools! Even though this article was an April Fool's joke, Residence Life did not choose to participate. CLU is not going to be having co-ed dorms and probably won't ever will. Sorry to get your hopes up.

# Backstreet Boys to return with concert at Cal Lutheran's SUB

By Kailee Loughlin  
*Echo Staff Writer*

The popular 1990s boy band "Backstreet Boys" will be performing at CLU on May 5 in the Gilbert Arena.

They are in Mexico for their "Unbreakable" tour which has been going on for over a year now.

While they are back in the studio to record their reunion album one of their stops will be at CLU for one night only.

Due to popular demand of a musical guest to perform at CLU and complications of booking an artist, negotiations went back and forth between the school and the band and finally came to a consensus.

There will be a ticket price of \$20 to see the band.

"I would have liked to see [the concert] stick to the 'Club Lu' version of being free," said Eric Eggleston, former programs board member.

Students like Eggleston are not happy about the entrance fee to see the Backstreet Boys, but the popular boy band seems worth the ticket price to them.

"I will go on stage and sing with them," junior Jordan Culpepper said.

The boy band has toured around the globe for their 2007 album release, including at small venues so an event at CLU was far from an exception.

They just want to perform for the fans who helped made them such a success from their first album release in 1992.

"We can't wait to get back onstage and put a big extravagant show together using this material as the base," Backstreet Boys

member Nick Carter said on their Myspace page.

"Half of what we do is vocals and harmonies on our albums, but our other

role is entertainers, which we take pride in."

The event to get the Backstreet Boys to perform on campus has been a long process, but the wait is finally over.

"When we were planning the events for the year, someone brought up a

concert, and everyone was for it," said Jesse Knutson, programs board member. "No one could decide on a band to bring, until Amanda Whealon suggested that we bring a boy band."

"At that point I asked everyone to break off into his or her committees and think up of bands. It was unanimous, everyone wanted the Backstreet Boys," Knutson said.

"The only way that the Backstreet Boys would agree is that if it was on Cinco De Mayo and if we allowed alcohol at the event for those who are 21 and over."

The boy band will be at the flagpole from 10 a.m.-2 p.m. signing autographs, taking pictures and talking with fans.

"I found out about this a few months ago. A lot of student fees were used but it'll be really cool," Hallie Walsh said.

This event is set to draw a packed crowd with ticket sales also available to the public. You can buy them in the SUB starting today.

If you actually plan on showing up to this you will be very disappointed because this is not a real event. Don't you know what day it is?

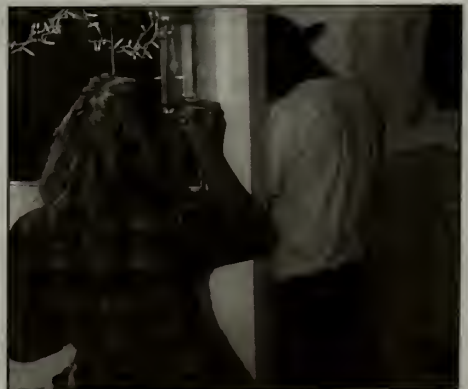
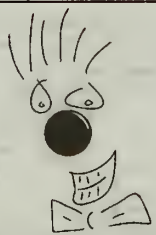




Photo by Maxx Buchanan

Co-ed dorms will make couples not need to worry about their lovers staying over.

# Around the Campus

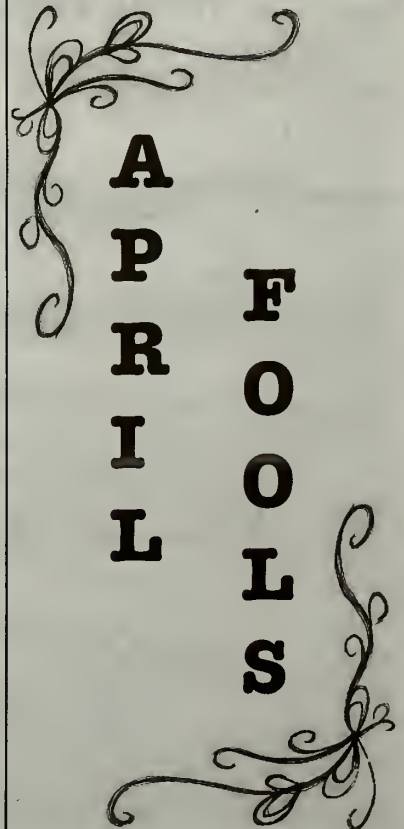
<b>WEDNESDAY</b> April 1  <b>April Fools' Day</b> All Day, Everywhere	<b>THURSDAY</b> April 2  	<b>FRIDAY</b> April 3  <b>All-You-Can-Eat Buffet</b> Open to Close in the Centrum	<b>SATURDAY</b> April 4  <i>"I hope life isn't a big joke because I don't get it."</i> ~Jack Handey
<b>SUNDAY</b> April 5  <b>Apocalypse</b> Commences at Dawn  	<b>MONDAY</b> April 6  <b>No School</b> Due to it being Monday (enough said)	<b>TUESDAY</b> April 7  	<b>NEXT WEEK ON CAMPUS</b>  <b>CHRISTMAS SUNDAY</b> April 12



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## Ghost says goodbye to Mt. Clef

By Heather Taylor  
Echo Staff Writer

Hemp bracelets. Cheez Doodles. Season One of Chappelle's Show. These are just a few of the many things gone missing in the Mt. Clef dormitory. The vandalized students aren't necessarily worried, seeing as the Cheez Doodles were stale anyhow. One poltergeist in particular is not amused.

"What the-? This expired last October! Damn, what are these kids today eating," said the notorious Mt. Clef ghost.

Decades ago, the floating pale spirit was a little boy roaming aimlessly down the halls of Mt. Clef looking to quiet his lost soul. The ghost has since porked out into a bloated white transparent blob. He knows completing his unfinished business is a wash, he would rather relax and be peaceful for eternity.

"There was like, a rumor that my name is Francisco," Peter said. "It's so not true. I mean, listen to it will ya? Francisco. The last part sounds like that guy who sang the 'Thong Song' in the '90s. C'mon man, I'm Peter through and through."

"The '90s were pretty cool here though. I liked those Giga Pets a whole lot."

Peter has been secretly slipping into bedrooms at Mt. Clef during the dead of night and stealing personal belongings of the students since 1968.

He started because he was lonely and bored wandering the halls. Peter knew talking to students would scare them so he stole instead.

"The '90s were pretty cool here though. I liked those Giga Pets a whole lot."

— Peter

they do? Blame the roommate. Then they fight and everything is cool and I come back a week later and do it again."

"I like to piss people off," he

said.

Tucked away over by Mt. Clef is a special closet that Peter has dubbed "the treasure chest," where Homer Simpson figurines, tie-dye T-shirts, neon rubber bracelets and back issues of Spin magazine can be found.

"Check it dude, this is back when Chuck Klosterman used to write for 'em," Peter said, flipping through a worn issue with The White Stripes on the cover.

Peter drops the magazine and rubs his eyes which are the only colored part of his form. They are deep red and appear half-closed at all times.

"What are we talking about

again man? NASA? I think it was NASA. I keep seeing spaceships in my eyes. It's so damn sick dude! Like going to the movies in your pupils," Peter said.

Recently, he has been considering moving on past Mt. Clef and pursuing the surrounding buildings. A promising prospect is Trinity Hall, where Peter could bring some of his friends to journey through the halls.

"It's time for change. Like, all year I kept hearing people going, 'Change has come' and I was like, 'uh no,'" Peter said. "I'm still going around the same halls, seeing the same bedrooms I did a long time ago."

"So I'm gonna see what's up with Trinity. Casper is coming with me too. Like, sometimes he's kind of a bad influence but I like him. He's the godfather of the ghost world."

Peter pulls out a Monopoly game board which spills tiny shoes, irons and a dime bag everywhere. He hastily picks it up and gives it a long glance.

"Huh. Thought I smoked this already," he said, confused for a moment. He smiles widely and tucks the bag into his pocket.

"I'm gonna plant this into a certain someone's room and call an RA on them. Let's just say, a stale Cheez Doodle made me do it." APRIL FOOLS'! : )



Photo by Doug Barnett

Peter, the mischievous ghost who has haunted Mt. Clef since 1968, is preparing to move to the new Trinity Hall.

## Two CLU Residents Seeking Roommate

Trinity Hall Fall 2009

Must be friendly, have a good sense of humor and a love of junk food

Look for Peter in Mt. Clef for more info

## THE ECHO

California Lutheran University  
2008-2009

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\*\*We don't believe in proof-reading our paper.

# CLU student gets a chance for love



By Jen Reissman  
Echo Staff Writer

CLU senior Kyle Hansen has been chosen to be the next bachelor on ABC's hit show "The Bachelor" for its 14<sup>th</sup> season which is set to premiere next fall.

Fred Wilcox, producer for the hit series "The Bachelor," wanted something different for the upcoming season. He wanted a younger crowd to be involved in the show and came up with the idea of having a college student as the next bachelor. He went to many different college campuses across Southern California to find the next bachelor.

It was at a local Starbucks where he discovered Hansen. He was waiting patiently for his beverage that he ordered when Wilcox approached him. He was definitely caught off guard because he had never thought of doing something like this. Hansen considered the offer and said he would call Wilcox back in a few days after doing some serious thinking.

"The second I saw Kyle I knew he was going to be the next bachelor. He was exactly what we were looking for and I wasn't going to let him say no," Wilcox said.

After careful consideration, Hansen accepted the offer to be

the next bachelor. He said that he was in extreme shock when this all happened.

"Well after all the research I did, I felt like I could represent the show really well," Hansen said.

Hansen doesn't seem to be bothered by being the youngest bachelor ever to be on the show but he did say that the one thing he was worried about most for the show was remembering all of the girls' names. He plans on being honest with them from the beginning but will tell them they are going to have to put up with it if he mixes up their names.

Bailey Smith, who is not only a student at CLU but also an avid watcher and huge fan of "The Bachelor," was stunned when Hansen had been officially announced as the next bachelor.

"I just cannot get over the fact that I am friends with the next bachelor," Smith said. "It has been my favorite show ever since it came on and now I am going to tell everyone I know to make sure they watch it. I hope Kyle finds someone special on the show

and doesn't make the same mistake as the last bachelor."

Hansen has a specific taste in girls and hopes someone who is around 7-feet tall and is skinny as a rail with hair down to her ankles and huge gapped teeth on the show. And for those girls who are just on the show because they want their "15 minutes of fame," he plans on letting them know from the very first rose ceremony that that is not OK.

"I hope [Hansen] finds someone special on the show and doesn't make the same mistake as the last bachelor."

— Bailey Smith

His speech will go something like this: "Listen straight up, if you're not here for me, this rose is not for you and I hope you feel OK not just walking out of here right now but dancing out

the door while the song "Walk It Out" is playing."

Hansen is very excited for the long walks on the beach, the fancy dinners and dates and all the romancing. "Oh and not to mention the million dollars I will make after the show is over," he said.

People can watch ABC's "The Bachelor" with Hansen as the next bachelor when it begins airing sometime next fall.

# ASCLU president refuses to step down

By Michelle Schwartz  
Echo Staff Writer

To many students' surprise, current ASCLU president Andrew Brown will not be stepping down from his position for the 2009 – 10 school year.

"I have come to enjoy my role as ASCLU president and with the recession, I knew I needed something I could count on to occupy my time for next year," he said. "I want to ride out the recession more or less for an additional year."

Most CLU students have since been wondering why they even took the time to vote for a new president a few months back. The student body ended up picking Reshai Tate as the next president. He is studying in Washington, D.C. and he flew back to CLU for the elections.

"I think Andrew's counting

on me not making it back to California," Tate said. "My flight reservations were mysteriously cancelled via iPhone."

Regarding Tate's pending presidential position, Brown said that "Reshai was never technically elected. The sitting ASCLU president has to finalize the election and I chose not to do so. I am not confident anybody could serve in this capacity as well as I did."

"As far as my position on the Regents, they voted unanimously to allow me to continue as the ASCLU president since I was uncomfortable leaving my role at this pivotal time in our school's history. Reshai will still be the ASCLU president-elect, until I so choose to step down from my position."

"When I heard the news, I was shocked to say the least," Tate said. "So many things were going



Photo by Eric Vaughn

ASCLU president Andrew Brown dictates his authority.

through my head like: 'I won the freaking election.' Not to mention Andrew is a graduating senior."

Some students have been wondering if Brown would serve the school well for another year. But he is confident that he will be a great president for another school year.

"Let's face it, you learn from your mistakes and being in office for 12 months quite frankly isn't enough time," Brown said. "I feel the students would be better served allowing an experienced ASCLU president as opposed to transitioning into another rookie president."

Tate, who is not amused by the situation, was asked about how he thinks Brown will do for another year.

"As for how he'll do next year," Tate said, "Who cares, I'm transferring to Pepperdine...I like the beach more anyway."

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# Mascots elope

CLU's beloved Kingsman and Regal make their love official.

By Desiree D'Arienzo  
Echo Staff Writer

Surprise and excitement is not something that our campus is used to on a regular basis, but that all will change now.

The other day, The Echo office received a postcard from Bora Bora. The postcard showcased a beautiful sunset off the beach in that exotic location. But the biggest surprise was when the card as flipped over. On the opposite side was a message from our very own Regal. The content was anything but ordinary.

The message read:

"Greetings from Bora Bora,  
We are so sorry for leaving without saying goodbye, but we could not take being at CLU any longer. We have decided to come here and get married. We loved being your mascots, but it has been long enough and we want to just begin our lives after CLU. We hope you will understand and we love you all. Go Cal Lu.  
Love, Kingsman and Regal"

The Echo office stood in silence as Editor in Chief Candice Cerro read the postcard out loud to the entire staff. Many different thoughts came to our minds as the message from the Kingsman and Regal ran through our heads. Everyone had questions, but few had answers.

The biggest question is what to do about finding a new mascot



Photo by Art Miller

The Kingsman and Regal, flirting in the early days of their relationship.

for our school. The Kingsman and Regal seem to be very happily married and we can only hope to find a new mascot to fill their shoes.

After we received this surprising postcard, Cerro got a phone call from the Kingsman. He told her all about the wedding they had. He described a beautiful setting and an even more beautiful bride. They were wed right on the beach at sunset.

He said right when the sky was an amazing array of color, they recited their vows. It was then that they shared a kiss and ran off into the night. They boarded a ship right off of the shore and sailed along the coast while

dining and enjoying each other's company.

Kingsman said, "I am so glad to be spending the rest of my life with the most gracious and loving woman I have ever met. Regal looked absolutely stunning."

Regal wore a gorgeous white gown with a bright purple flower in her hair. It is nice to see that though she is gone from our school, purple and gold run through her blood.

The ceremony was quiet, though not too quiet due to the random clinking of metal armor. Our campus will now remain quiet just as they wanted their love.

## Campus Quotes

"Who is the hottest teacher on campus?"



"Professor Lim.  
Enough said."

-Senior  
Jaymes White

"Amanda Carpenter,  
counselor. So hot."

-Freshman  
Willy Tiernan



"Dr. Cefola is by far  
the most beautiful  
woman on campus."

-Senior  
Jake Cosineau



"Miss Renee Rock."

-Senior  
Ben Streeter



"I have a huge crush  
on Susan Murphy."

-Senior  
Anonymous



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# Good-bye Lutheranism

God has no place in our school at least not if I were running things.

It's high time we abandon our Lutheran roots and adopt a modern secular movement in our campus community.

The school has for too long suppressed the "traditional" university experience in favor of a more sedate, wholesome and conservative lifestyle.

Our out-dated rules, and traditions have stifled students for long enough.

Shaming kids into thinking their behavior is "amoral," "deviant" and above all "sinful."

Remember back to when you were young and your father told you not to do something?

It made you want to do it more right?

Instead of making funny faces and crossing your eyes, the Lutheran leadership of this university has been frowning upon more, ahem,

"adult" behavior.

Rather than prevent the "scourges" of premarital sex and underage drinking, Martin Luther and his compadres have in a roundabout way promoted them, by creating a stigma and fostering curiosity.

People should still be able to practice and worship as they wish, succumbing to the rapturous shackles I call church convention.

The university, however will cease all formal ties with the church in name and in practice if I have my way.

Aside from ditching all Lutheran ties, there are a number of other things I'd implement if I were in charge:

1.) The school will be renamed. California Lutheran University will now be called California University.

2.) The campus should will

hence forth be a wet campus.

In what was formerly called Samuelson Chapel, beer, wine and spirits will be sold and taxed.

The emporium will be called Samuelson Adamson House of Spirits.

We will have our own brand of high proof liquor, Kingsmen Cobra, distilled from amber waves of grain planted in Kingsmen Park.

3.) We will field offers from Anheuser-Busch, Molson-Coors and Miller Brewing for rights to build a new state-of-the-art stadium.

Mt Clef Stadium will be bulldozed and a parking lot put in its place.

4.) Sodexo shall lose its contract.

Need I say more?

5.) All college dormitories will now be co-ed and there will be no curfew or rules against "sleep-

overs."

Co-habitation will be promoted.

We will use scripture to guide us here, "go forth and multiply."

It's hoped by implementing these strategies California University will welcome the 21<sup>st</sup> century with a new sense of freedom and the sense of responsibility that comes with that freedom.

By leveraging the support of corporate sponsors and continuing to search for and hire the best and brightest faculty liquor revenue can buy, California

University will charge to the forefront of scholastic and athletic excellence.

Changes must be made.

If anyone's listening I'm available for a small

consultation fee.  
Happy April Fools' everyone!

The school however will cease all formal ties with the church in name and in practice if I have my way.



Nathan Hoyt

## LETTER TO THE EDITOR (CANDICE "AWESOME" CERRO)

The following was a submission in response to the article "Rihanna needs sense knocked into her," submitted by Rihanna.

Excuse me Miss Thing, but how dare you talk about me and my man.

I cannot believe that you had the audacity to stick your stuck-up, little private-school nose in my business.

Yeah, Chris hit me.

So what if he broke my nose, and so what if he decided to run it, run it all over my face?

It's nothing a little time at the

plastic surgeon can't fix.

Can you run it, run it?

Because you better learn, I'll be after you too for all your remarks.

What matters is that I love him and he loves me.

We have our differences, but we are working on them.

We will be together forever,

ever, ever, probably forever on the dance floor.

Plus, let me tell you something you don't know about the whole altercation.

I hit him

first with my umbrella, ella, ella. Ay?

Come on, we all know I'm just a good girl gone bad.

Hey, what can I say, I just wasn't feeling his kiss, kiss so he decided to take me down.

It felt like I was going insane, yeah?

However, Chris knows exactly what to do so I can't stay mad at him for too long, it's just wrong.

But that whole little incident of disturbia in our relationship was just the darkness in the light, I am now back to doubling his pleasure whenever I can.

And for all that nonsense about this whole stupid thing ruining my career, you're so wrong.

How many times have you seen my name in the headline the past month?

That's right, it's in there almost every day.

This little event is just giving me even more and more publicity for my upcoming single, a remake of the classic 80's song, "Hit Me with Your Best Shot."

So I suggest that you take your pretty little mouth and just shut up and drive as far away as possible so that I never have to see your face again, I know I definitely wouldn't mind that.

The following was not actually submitted by Rihanna. Instead it was the creative, collaborative effort of Margaret Nolan, opinion editor and Candice Cerro, editor in chief, in hopes of providing you with a good laugh.

Happy April Fools' Day everyone!

Please Don't Respond

Mail

Why Bother?

California University  
60 W. Olsen Rd. #3650  
Thousand Oaks, CA 91360

Phone

(805) -we-don't care


E-mail

echo@callutheran.edu  
(never use this)


Letters to the editor are welcome on any topic related to CLU or to The Ecco.

Letters must include the writer's name, zodiac symbol, relationship status and personal info.

Letters are subject to change if they suck.  
April Fools!



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# ASCLU-G dark secrets uncovered

## What really goes on during ASCLU-G meetings

Here's the inside scoop on the Associated Students of California Lutheran University-Government, better known as ASCLU-G.

You know them as your peers, friends and significant others who do their best to put on Club-Lu events and make things better for the school.

But the truth is, ASCLU-G really doesn't care about what others think.

ASCLU-G members have their own agendas rather than everyone else's.

Just look at some of their projects.

The printer in the SUB, the shredder in the mailroom, who really uses those?

How are you as a student going to benefit from activTrax in the gym, bar stools in Trinity Hall, new sub furniture, new volleyball standards or chairs for the Black Box Theater?

Maybe we should put seating in Mt. Clef and Overton as well.

Maybe golf carts to transport students from class to class. Senate has the money, right?

And then those Club Lu nights...those fun drunken nights.

I mean, er, what?

No CLU student ever gets drunk, right?

How about Exec Cab?

Do you know what really goes on at those meetings?

Let me tell you, Mayan White and Kyle Hitch are yelling the whole time, telling everyone what to do.

Andrew Brown spent \$25 to get more paper and pens for the office, and they flip.

Kyle went off about how that was a waste of money, and Mayan started crying because it was her job, not Andrew's.

Jesse Knutson was just sitting in the corner wide-eyed as this whole thing went down, not even saying a word.

He's just always so quiet and sad.

Myself, I am the real brains of the operation.

But everyone else just doesn't realize that—they're so incompetent.

I mean I e-mail Andrew at 8 a.m. and he doesn't even get back to me until 8:45 A.M. How rude!

I can't work like that. How can he do that to me?

How do we all even work together?

Maybe that's why things can be chaotic.

But overall, I love being on government.

You can really do a lot for the university but if you know any of us on it, we're really not like that.

So this is when I must explain that this has all been fake.

The names and projects are real, but the rest is just a fun satire... Happy April Fools everyone!

And by the way, we really want to hear your thoughts and ideas for the university.

Contact your local ASCLU-G member today.



Beth Peters

# Celebrate capitalism

Easter is only a week and a half away, and I can hardly wait.

Most of you are just as anxious, probably because this holiday gives us students a four-day weekend.

And sure, extended weekends provided by religious holidays are great.

Even you atheists can admit religion is good for something.

But I'm particularly excited about satisfying my sweet tooth with the sugary goodies that the Easter Bunny will surely supply me with in my Easter basket.

Yes, I believe in the Easter Bunny. And so should you.

(Bear with me — I gave up common sense for Lent.)

Easter, of course, is the holiday in which Christians celebrate the resurrection of Jesus Christ after his death by crucifixion.

But that story sometimes doesn't have its desired effect on people.

As most of us know, the only people that come back from the dead are zombies or serial killers like Jason Voorhees.

I refuse to believe that Jesus is a zombie or a machete-wielding mass murderer.

For one thing, there's nothing in the Bible about Jesus devouring human brains or wearing a ski mask.

I wonder if Good Friday has ever fallen on Friday the 13<sup>th</sup>?

Anyway, the Easter Bunny is most certainly the real deal.

A rabbit delivering candy-filled baskets house to house seems plausible to me.

And what a wonderful campaign this rabbit is running.

Not only is the Easter Bunny delivering sweets to children across the world, he's breaking into

houses to do it.

Santa Claus does practically

the same thing, and there are no complaints from parents about it.

The kids just love it.

They may not admit it to your

face, but you have to believe

that dentists have some sort of pact

with the Easter Bunny.

With all that chocolate rotting

a children's teeth, parents empty

their wallets to get cavities drilled

and filled.

I'm pretty sure dentists also have

some sort of hand in the trick-or-

treating tradition of Halloween.

Okay, maybe you still don't believe in

the Easter Bunny.

At the very least, believe in what he

stands for: capitalism.

You're not American

if you don't believe in

capitalism.

Think of the good that the Easter

Bunny is doing for our markets.

Candy sales are up in these tough

economic times, according to a

recent New York Times article.

With candy as cheap as it is, a lot

of people are fitting it into their budget.

And they may not admit it to your face, but you have to believe that dentists have some sort of pact with the Easter Bunny.

Sweets often lift the spirit when we're feeling down, and, as The New York Times article points out, candy "provides a nostalgic reminder of

better times."

Candy companies like Cadbury, Nestle and Hershey have seen profits increase over the recession.

Willy Wonka has managed not to lay off many of the Oompaloompas at his factory.

If nothing else, the Easter Bunny is encouraging us to spend, spend, spend.

And what's wrong with that?

If they haven't already, parents will be buying their children those

elaborate Easter baskets, filled with assorted "fun-sized" candy bars

and marshmallow Peeps.

And in general, people will give into their temptation of having

Easter-themed candies.

Lord knows I've already had one

too many of those Reese's Peanut Butter Eggs.

So, remember the true reasons for celebrating Easter: capitalism and the resurrection of Christ.

Not specifically in that order.



Kevin Holt

## Summer Day Camp Jobs

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# Sekurity finds a way to give back

## Money from parking tickets goes to a good cause

My anger went away after receiving two CLU parking tickets within two days when I found out that the money you pay for these tickets goes to charity.

I returned to campus at 12:30 a.m. and drove around the Grace parking lot several times before concluding I would have to do some walking.

I found a spot in front of the ELS International Language building, jumped out of my car and walked quickly indoors.



Leslie Gerard

The next morning, my car, was patiently waiting with a lovely bright green envelope in the windshield wipers, and a ticket totaling \$25.

I had parked in a yellow marked spot, but didn't realize because it was late and the paint was barely visible.

The next night I returned to campus around 12:30 a.m. facing the same parking dilemma.

This time I called Sekurity to ensure I parked in a correct parking spot.

I obviously didn't understand what the person had said, since the next day I returned to my car with another

green envelope hugging my wipers.

Angered at the \$50 I would have to pay, I called Dr. Chris

Kimball, university president.

We had a long discussion on the subject.

When it was over, I thought, "I need to get more parking tickets."

How can this be you ask?

The money a person pays for a parking ticket they have received goes to charity.

Each month the head of security chooses a different local charity in need, and all the money collected that month is given directly to the charity.

In September, when the plan was first implemented, security chose the local charity called Mini Mansions.

This non-profit organization offers tiny housing to women and their children who are unable to pay for housing.

Due to the economy, Mini Mansions is housing more clients then ever.

The organization is housing more than 1,000 women and children.

It also offers day programs for children in order to encourage early childhood confidence.

In November, the ticket money was then given to the organization called Canoe Valley Women's Resource.

This organization helps women who are victims of domestic violence.

After two months of collecting ticket money, CLU security presented Canoe with a check of \$3,700.

This is an incredible amount of money.

Security has decided to give

all of the money collected from the 2009 spring semester to one charity.

The American Cancer and Gemini Society, will be receiving the money, and security is hoping to raise \$6500.

The ACGS is always in need of funding.






This would be a great opportunity for CLU students to donate money, so break out those wallets people.

Next time you get a parking ticket, don't be upset like I was.

It's a great way to give back to the community.

So get out there and park in the wrong parking spots.

## Real Sport Schedules

	Wed 1	Thur 2	Fri 3	Sat 4	Sun 5	Tues 8
 <b>REGALS</b> Softball				Occidental* DH 12 p.m.		
<b>Knights</b> Rugby				@ TBA Playoffs		
 <b>REGALS</b> Water Polo	Pomona- Pitzer* 5 p.m.			@ C-M-S* 11 a.m.		Redlands* 5 p.m.
 <b>KINGSMEN</b> Baseball			Redlands* 3 p.m.	@ Redlands* DH 11 a.m.		
 <b>KINGSMEN REGALS</b> Track & Field				@ Pomona-Pitzer Invitational 9:30 a.m.		
 <b>KINGSMEN</b> Tennis			@ Redlands* 2 p.m.	@ Whittier & Chapman 9:30 a.m. & 3 p.m.		

Shade denotes home game. \* Conference Game. DH= Double Header.

## Mascot controversy causes mixed opinions

By Melissa Conway  
*Echo Staff Writer*

After a lot of careful consideration CLU has decided to change the school mascots from the Kingsmen and Regal to a yet-to-be-determined one.

One of the big reasons this decision has been made is so we can have one mascot represent the men and women of CLU, and make sure there is no favoritism of one mascot over another. The question of what a Regal actually is will no longer come up.

Many excellent arguments from both sides have been discussed but it is final. The new mascot will be chosen in time for the Fall 2009 school year.

Once they finally decided to speak on this matter, both the Kingsmen and Regal made sure that their opinions were known.

"We have given so many years to this school, I don't understand why they need a new mascot," Regal said.

"It just doesn't seem right. We have represented this school very well since day one and now there just trading us in," Kingsmen added.

Students around campus have mixed feelings.

Junior Mylene Alarcon is one of many students who do not agree with the changing of the mascot.

"When I decided to come to CLU, I came knowing I would be a Regal. Knowing that is going to change as I enter into my last year here doesn't make me happy," Alarcon said.

"I think the mascot should remain as is, because the Kingsmen and Regal are what helps make CLU, CLU.

On the other hand there are a lot of underclassmen who believe that this would be a good change for CLU.

Freshmen Christy Jo Rubley believes that the idea of a new mascot would be great.

"It would get rid of any confusion people might have with the mascots," Rubley said. "I never did understand why we needed to have one for men and one for women."

Next Monday there will be a suggestion box in the SUB for students who want to weigh in on what the new mascot should be. Your suggestions will be greatly appreciated, as well as taken into consideration.

## Writers caught on steroids

Professional athletes are no longer the only people abusing performance-enhancing drugs.

It seems college students who write about sports are also taking advantage of steroids.

Two reporters for The Echo were listed among the 104 names of collegiate sports journalists who tested positive for banned substances, according to a source that wishes to remain anonymous.

The list was compiled using seized documents from the Bay Area Laboratory Co-Operative, the company in the middle of Barry Bonds' steroid scandal.

The names are being kept confidential while investigators continue their investigation.

"We don't know exactly who is involved here," News and Sports Editor Scott Beebe said. "This could be a big blow to the staff of The Echo if we have to suspend them for an extended period of time."

Among the BALCO documents taken by the anonymous source there were shipping forms to on-campus mailboxes and checks made out by The Echo.

The documents begin as early as last October and consistently continue into the new year.

Banned substances such as Methenolone and Boldenone, both anabolic steroids were

listed in the shipping forms. These substances increase protein synthesis and increase the buildup of muscle tissue, according to Wikipedia.

"I have no idea what you're talking about," Andrew Parrone said when approached for a comment at a Kingsmen baseball game. "Aren't you a sportswriter, too?"

Phone calls to other writers went unanswered and voice mails were not replied to.

Stories like this are popping up around the country. Journalism majors are entering one of the worst job markets

in history, and many seem to be willing to do anything to gain an advantage.

**T**wo reporters for The Echo were listed among the 104 names of collegiate sports journalists who tested positive for a banned substances.

While the developing report would seem like a catastrophic setback to the university's newspaper, some are not fully convinced.

"I don't really see how steroids could even help a writer," said

Dr. Steven Ames, lecturer in communication and faulty adviser to The Echo. "Seriously, I don't."

However, the numbers tell a different story.

Since the dates mentioned in BALCO documents, the number of words per article have gone up and the number of AP errors and typos have gone down for a handful of writers.

Their leads have been written much better, and there has been no quote stacking.

Also, writers are meeting their deadlines in astounding fashion, and attendance to The Echo Staff class on Fridays is at an all-time high.

"I would be lying if I said I didn't have an inkling something like this was going on," Beebe said, "but we can't assume anything illegal is going on just yet."

There is no precedent to follow in this case as no journalist has ever been caught using performance-enhancing drugs.

Nothing is written in The Echo's Staff handbook pertaining to journalists and steroids.

Investigators are still reviewing documents and will deliver Judicial Affairs subpoenas to those suspected of being involved by the end of the week.

"I don't see any major punishments being handed down in this situation," Ames said. "At least I hope not. We don't have anyone else to replace them, to be honest."



Cory Schuett



Photo courtesy of Mike Aragon

Mike Aragon's favorite animal is now applying to be the mascot.

# Football moves to Division I

By Jeff Shalem  
Echo Staff Writer

A lot of change has been occurring on campus lately. New dorm rooms are being built for the continuing growth of enrollment. North campus has also really improved the sports facilities and helped to improve the success of all athletic teams.

One program benefiting the most is the Kingsmen football team. The past few years have been very successful for the Kingsmen gridiron athletes. With the growing success comes outside recognition. In fact, our school has gained so much recognition and respect from outsiders that the decision has been made to go NCAA Division I from Division III.

"It's about time," senior defensive end Sawyer Merrill said. "I've always felt that this team could play with anyone on Saturday afternoons."

We'll see about that this fall, as the Kingsmen move out of the SCIAAC and jump into the Western Athletic Conference.

CLU's official sponsor will be And I, their first sponsorship as a college football team. When you hear And I most people automatically think basketball. With the tough economic times, the company decided to branch out and target other athletic programs. CLU will be its first example of this new campaign.

As for the competition the men will be facing in the fall, the road seems tough. However, the confidence to still be successful runs high in the sights of team captain, Merrill. "We can definitely have an undefeated season," he said. "We have the talent to play with anyone and have a great coaching staff."

A few of the key matchups will come in the preseason when they open with a scrimmage against USC at the Los Angeles coliseum.

The very next week, the Kingsmen open at home with a very tough game against defending national champions, the Florida Gators.

As to why schedule such a tough preseason schedule, three teams in the Top 25, Merrill said, "we go big, we aren't scared of anyone and we want to shock the world and play for that national championship."

One of the biggest tests this season will come Week 5 as the team will play their first game at a big-time program university in front of thousands of fans, a huge difference than playing in "The Pit," as some people call Mt. Clef Stadium.

"Our best games have come on the road," Merrill said. "We don't get too nervous before games, I can't see the attendance being an issue."

Many people fear that CLU stadium is inadequate for a Division I program. Last year's All-American defensive end and SCIAAC defensive player of the year, Jacob Calderon doesn't feel that way at all. "It may be small, but its that close intimate feeling we love when we're on the field," he said. "We've always had a great following; I think it will benefit them more than anything."

Merrill also thinks the current stadium is just fine.

"We're sticking with what we got. The pit is our home and we love the raggedy stands," Merrill added. "They bring character to our stadium. Bring on the 'U' and we'll show 'em what a real stadium is about."

You can catch the Division I Kingsmen in their home opener, here at the beloved "Purple Pit" against the defending national champion, Florida Gators on Sept. 12, 2009 at 1 p.m.

"I think it's a great opportunity for the players, coaches and fans alike," Calderon said. "I think the team will do well, we have the talent to play with anyone."



Photo courtesy of Erik Hagen

Quarterback Jericho Toilolo looks to lead the Kingsmen against Division I foes.

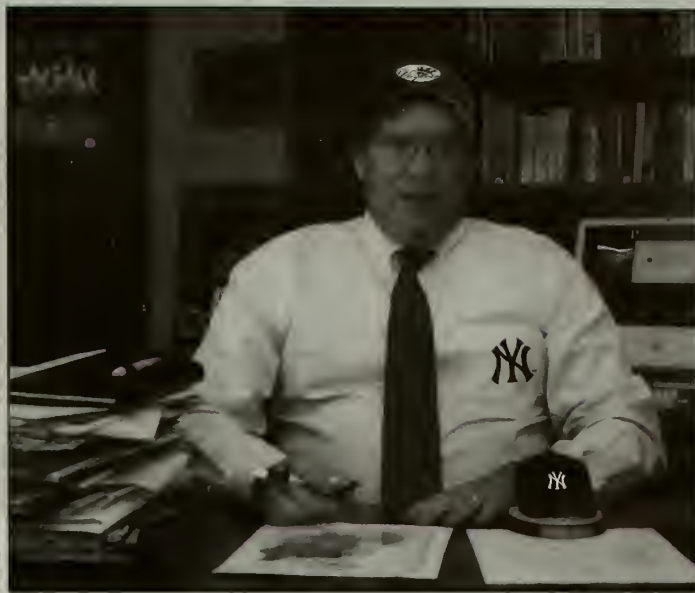


Photo illustration by Eric Vaughn

Dr. Chris Kimball sells out and considers the alternative to the Red Sox's.

## Kimball leaves the 'Nation' for pin stripes

### Long time Red Sox's fan switches teams

By Zach McVicker  
Echo Staff Writer

Three years ago, Boston Red Sox centerfielder Johnny Damon left the team when his contract expired and signed with the archrival New York Yankees.

He was labeled by Red Sox fans as a traitor, was ridiculed on talk shows, and booed when he returned to play in Boston with the Yankees.

Now on the opposite side of the country, Dr. Chris Kimball, CLU president has decided to follow in Damon's footsteps.

Kimball, a longtime-diehard Red Sox fan, has decided to switch allegiances and embrace the Yankees as his favorite Major League Baseball team.

"It came to me suddenly," said Kimball, who grew up 20 miles from Boston's Fenway Park and attended Red Sox games regularly growing up. "It will take some time, but I believe that Red Sox Nation will make the switch too."

The move came as a shock to many of those close to Kimball, especially considering the

intensity and hatred associated with the Red Sox-Yankees rivalry.

"It was totally unexpected," said junior Adam Czajowski, who works in the president's office.

"He even used to play this soundtrack with all the Red Sox players' intro music, and there is a picture in his office with him wearing a Red Sox uniform. If anything I thought I would convert him to being an Angels fan."

But perhaps even more shocking is the reason behind the switch, given Boston's recent success.

The team had not won a championship since 1918, but in 2004 they broke an 86-year title drought.

It added another World Series crown in 2007, and have competed in the playoffs every year since 2003. Success would normally be a draw for a fan, but not for Kimball.

"I looked back at the old Red Sox, and they were terrible," he said. "They would always compete, but lose in the end. They had a bunch of washed-up players at the end of their careers. Now, they are a really good team and they win all the time."

"I asked myself, 'Where can I find a team like the old Red Sox, one that is bad, with

chokers, and lousy players who are pathetic and overpaid?' And that led me to the Yankees."

New York missed the playoffs last year despite having the largest payroll in baseball.

This season, third baseman Alex Rodriguez (\$32 million), shortstop Derek Jeter (\$20 million), first baseman Mark Teixeira (\$20 million) and pitcher C.C. Sabathia (\$14 million) will combine to make more than half of other teams' entire rosters.

Rodriguez also has had to deal with the discovery of his illegal usage of steroids between 2001-03.

"I also like the fact that the Yankees are cheaters," Kimball said. "What is their third baseman's name? Alex...Alex something? I can root for a guy like that."

Is Kimball afraid of receiving the same sort of criticism and shunning that Damon received for making the switch?

"Red Sox fans are shortsighted and don't understand the real tradition," Kimball said. "It is important to embrace a hopeless loser."

"You get used to losing. It really is much more democratic, because you can only have one winner, but you can have many losers."

And while Kimball said he will always respect the Boston teams of old, he has a message for Red Sox Nation today.

"I want them to think back to the great history of the Red Sox, and that they have a chance to reclaim all of that," he said. "I hope people will join me in this crusade."

# Baseball ends season with strike

Players outraged by treatment by Athletic department

By Andrew Parrone  
Echo Staff Writer

In a stunning move, the Cal Lutheran baseball team has forfeited the rest of their season due to a conflict with the athletic department.

Leaders of the team decided to walk out on the season after an agreement could not be worked out with the university regarding benefits for the players.

"So you have a few leaders that want to be paid to play, receive housing and food, and all books that are outrageously priced already to be paid for," said head coach Marty Slimak.

"If you belong to a so-called players union it's all or nothing."

The athletic department was not available for comment.

The players believe they are not being fairly rewarded for their services.

They represent the university well on and off the field, but don't get the advantages of athletes at other universities.

The book store sells Kingsmen baseball hats and T-shirts, but the team doesn't see any of the profits.

Slimak has sided with his players on this issue, even though he doesn't agree with all of their demands.

He hopes that the two parties can come to a reasonable compromise quickly.

"I think if both sides can get to the table and discuss the issues, maybe someone will give," he said.

"If the university refuses the play for pay option, maybe they will give in on the books, housing and food issues."

New equipment is something the players would like to see as part of a deal as well.

"We could really go for more than three or four team bats," sophomore Colin Gray said.

"We pretty much all hit bombs, and we dent the bats very easily. Playing with faulty bats that are dented and cracked isn't only a disadvantage; it's a safety hazard as well."

Confronting the athletic beast."

department on these issues sounds intimidating, but players are prepared to get what they deserve.

"We are going to miss playing but we won't play until our demands are met," sophomore Travis Dadigian said.

"Facing this problem is like being a warrior and fighting a mythical

"Hopefully we can come to terms and have a peaceful end to this dispute... until then our backs are turned..."

— Travis Dadigian

play. All the dedication and work that



Photo courtesy of Tracy Maple

After sweeping rival Oxy, the Kingsmen are hanging up the cleats due to contract negotiations.

resulted in this success is now for nothing.

"The biggest bummer is that all our hard work is going to be wasted," Dadigian said.

"Our morning workouts, running class and plyometrics that help us get bigger, faster, and stronger now won't be put to good use. It's back to the drawing board."

Now that their season has been cut short, players have a lot of free time on their hands.

Some plan on helping out with charities while others look to pursue

job interests.

"After I finish my charity work I plan on going to the Republic of the Congo and possibly joining one of the semi-pro baseball teams there," Gray said. "I want to enhance my world view and see something new."

The players are open to the administration but remain united in their stance.

"Hopefully we can come to terms and have a peaceful end to this dispute," Dadigian said. "But until then our backs are turned and we're walking out."



Here at the Echo, we all have a pretty good sense of humor so when we checked out the calendar and saw that one of our issues fell on April Fools' Day... we couldn't resist! We hope you have as much fun reading it as we did putting it together.

Happy April Fools' Day from the entire Echo staff!

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# THE ECHO

CALIFORNIA LUTHERAN UNIVERSITY

Volume 53, Number 10

April 29, 2009

## Kimball becomes 7th President



Top: Dr. Kimball is presented the presidential mace.  
Dr. Kimball addresses the audience about his hopes for the future of CLU.

Photos courtesy of Erik Hagen

By Aaron Hilf  
*Echo Staff Writer*

Welcoming in the 7<sup>th</sup> President in California Lutheran University history, the inauguration of Dr. Christopher Kimball was both historic and memorable for all those that were a part of it.

With events ranging from distinguished speakers, to President's Day at the Ballpark the inaugural weekend culminated with the installation service on Sunday, April 26.

"I thought the ceremony was a great way to officially welcome Dr. Kimball as the President of CLU," said sophomore Tyler Lee.

"I am happy that he is President and it was great to have the weekend focus around his inauguration."

Beginning with a procession of the crucifer and student flag bearers as well as faculty, staff, past presidents, Board of Regents and many others, the ceremony had many aspects of historical tradition as well as those looking further into the future of CLU.

"I was honored to do it because of the importance of the event," said senior Kevin Holt who acted as the crucifer for the inauguration ceremony.

As the crucifer, Holt was required to lead the procession into the Gilbert Arena and remain standing with the cross for the remainder of the procession, which was no easy feat.

"I couldn't place the cross in its stand until President Kimball took his spot on stage," said Holt. "So my arms were definitely feeling the weight of the cross towards the end."

Rev. Howard Wennes, D.Min welcomed the audience of students, staff and community members to the wonderful event.

With the Gilbert Arena completely transformed for the occasion, scores of people showed up in their support for Dr. Kimball and CLU.

Along with the audience, and the Kingsmen and Regal Quartet, the University Wind Ensemble performed multiple Hymns for the event. Junior Reshai Tate also performed for Dr. Kimball and

the crowd.

Campus Pastors Scott and Melissa Maxwell-Doherty were joined by the Bishop of the Evangelical Lutheran Church in America, Rev. Mark S. Hanson as well as Rev. Frank Nausin, Chair of the Convocation and Rev. Dean Nelson, Bishop of the Southwest California Synod.

All of these religious leaders and more came to present their prayers and wishes of success for Dr. Kimball as he continues in his presidency at CLU.

Gaylyn Talbot, member of the presidential selection committee and secretary of the Board of Regents presented the president for his Rite of Installation.

Dr. Kimball was also presented with the presidential medallion and mace which both represent his status as the president of CLU.

President Dr. Kimball also gave his inaugural address which lasted 26 minutes.

"I am happy that he is President and it was great to have the weekend focus around his inauguration."

— Tyler Lee

His address covered topics ranging from his family to his faith and talked about his hope for the future of CLU.

With his warmth and character coming through in every word he spoke, Dr. Kimball inspired and excited all those who will be working with him for years to come.

Concluding with a prayer led by Rev. Scott Maxwell-Doherty, the Alma Mater written by CLU's first president Orville Dahl and the benediction led by Bishop Nelson and Dr. Wennes the inauguration

of President Dr. Chris Kimball was both a time where CLU could look back at where it's come from and be excited for where it's going.

For more  
Inauguration  
Coverage see:  
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Inauguration excitement fills the campus

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Regals water polo clinches SCIAC title

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Kingsmen take one of three against P-P.

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## Inauguration Events

Lutheranism  
at a Lutheran  
universityBy Kailee Loughlin  
*Echo Staff Writer*

The Samuelson chapel was packed with students, faculty, alumni and members of the community on Friday, April 24<sup>th</sup> who all came to listen to Dr. Mark Schwehn, Valpraiso University's new provost kick off the inauguration lecture.

Schwehn was one of the speakers during inauguration week and while he could not stay for the actual event occurring over the weekend, he gave an insightful lecture on the importance of the relationship between Lutheranism and the future of a Lutheran university.

"Universities today need wisdom above all virtues, beyond information, practice and skill," Schwehn said.

As members of a Lutheran university, it is our duty to set an example of our faith by reorganizing the way students study, learn and grow, but still continue to retain and reinforce our beliefs.

In order to do this, we must communicate with others of other faiths and backgrounds and remember to use correct language.

"The world cannot be secular and it would be unwise to not include world religions," Schwehn said.

As college students, our plans may fall through along the way, but we still have a calling. Some people, who do not have a future path in mind, prepare for life, not a livelihood and can lead to questions of who we are and what we've become.

"If you want to make God laugh, tell him your plans," Schwehn said. "Be faithful."

CLU's fate in Lutheranism is contributed by all beliefs and backgrounds of other world religions.

By shaping and securing the university, dynamic change can come about.

"The inclusion of world religions is important. I liked

the point about cultivating leaders by being able to write and speak well and be able to judge the truth." Lisa Loberg, the Director of Study Abroad at CLU said at the lecture.

While CLU is still a university and not a church, metaphorically, students and parents of the university must live together and open windows of transcendence toward others.

"The balance sometimes may be too high to maintain, but you can succeed through hope, gratitude and prayer," Schwehn said.

Several students seated in the back rows were also interested in what Schwehn had to say.

"I went to the speech for extra credit for my Econ class," Sophomore Jack Williams said. "I thought he started the inauguration weekend off well."

Use the gifts that God granted us for human good because we were all saved by grace and not by the works of intellect.

"The truth seeking delusion is always a power struggle and humans will never find it," Schwehn said.

"Lutherans know that all the knowledge in the world avails to nothing when standing in front of God."

## IN BRIEF

The Festival of Scholars began this week on Monday with various panels and the Pi Delta Phi, French Honor Society, Induction.

Tuesday's events included the general poster session, the history panel, Reel Madness: Villains we Love to Hate- A Film Series and the Lambda Pi Eta induction ceremony (Communication Honor Society) among other things.

Tonight the Pi Sigma Alpha, Political Science Honor Society, Induction will be held on Pederson Ranch House Lawn at 6 p.m. and the Psi Chi (Psychology Honor Society) and there will be various panels on topics like civic engagement and community service.

The Pi Sigma Alpha induction will feature keynote speaker Colleen Cason of the Ventura County Star.

On Thursday there will be lunch with an historian, theological conversations and Reel Madness: Villains we Love to Hate- A Film Series will continue.

Also on Thursday, the musical Into the Woods will kick off its weekend run at 7:30 p.m. at the Civic Arts Plaza on Thousand Oaks Blvd.

Finally on Friday, more poster sessions will be held and the Festival will conclude with a reception for participants at 3:00 p.m. in Overton Hall.

The annual Honor's Day Banquet will be at 5:30 p.m. on Friday evening and Into the Woods will start at 7:30 p.m. again at the Civic Arts Plaza.

For more information on the Festival of Scholars, visit the [http://www.callutheran.edu/our/events/festival\\_of\\_scholars/](http://www.callutheran.edu/our/events/festival_of_scholars/) or call Michele LeBlanc at 805-493-3276.



Photo by Maxx Buchanan  
Senior Matt Johnson volunteers at the Habitat for Humanity build.

Students, faculty  
gather to lend  
helping handBy Ben Hogue  
*Echo Staff Writer*

The sounds of hammers and drills filled the Administration parking lot on Saturday for the Habitat for Humanity Playhouse Build put on by CLU's Community Service Center.

Volunteers worked from 8 a.m. to 4:30 p.m. to put together a playhouse to be later auctioned off in the Thousand Oaks community. Proceeds, often over \$10,000, will go towards supplies for other Habitat for Humanity projects.

"I wanted to do something beneficial for the community and also work with friends," said sophomore Ember Mitchell, a volunteer at the site. "It makes me feel good knowing I am helping others."

A wide range of people came out to participate in the playhouse build. Volunteers included students, alumni, faculty, staff and members of the executive cabinet including President Kimball.

The event, which highlighted CLU's commitment to service and justice, was also in conjunction with the Inauguration Weekend and the many activities students, faculty and community members were encouraged to participate in.

"I really love building with Habitat and it's not something I get to do every weekend," said student volunteer Scott Smith, a Senior at CLU. "I went on the Biloxi service trip and had a lot of fun so I knew this would be fun as well."

People visiting the project could watch volunteers at work as well as participate in other craft service projects at the site.

Crafts included sun catchers to be delivered by CLU students to retirement centers in the local area, letters to soldiers to send out by "A Million Thanks", and paper bag puppets for the Children's Hospital of Los Angeles.

The Community Service Center works to connect individuals and groups to volunteer opportunities relating to their interests.

"Part of the University's mission is learning how to give back to our world. We try to put on events for students so they can do just that," said Katie Bode, a Community Service Center Intern and the lead coordinator for the Playhouse Build.

The mission of the CSC is to provide an environment and programs that promote leadership, social justice, responsibility, understanding, and an appreciation of differences through opportunities to serve and engage communities worldwide.

"Having a Community Service Center on campus shows the character of our University," Mitchell said.



Dr. Mark Schwehn

Photo by Erik Hagen

# History of The Echo

## Early growth has led to the current publication

By Jonathan McDermott  
Echo Staff Writer

If you like to keep up with current events while you are walking to class early in the morning, you have a choice selection of a few publications that CLU has delivered on a daily basis.

One could choose the USA Today or the Los Angeles Times or the Ventura County Star; these publications have a rich history in informing the masses on Monday through Sunday.

Although, it is CLU's own publication, The Echo, has a rich history all to itself.

The Echo has been a localized publication for the campus since the 1960s and has not slowed since.

Initially a part of the English department The Echo moved to the Communication department in the 1980s.

The only major change that The Echo has dealt with is its emergence into the electronic age

from a more hands on labor intensive style during the '60s through the '80s.

Dr. Michaela Reaves, a history professor at CLU, wrote for The Echo in the

late '70s and discussed how things were different then and also how The Echo evolved throughout the years.

She explained how The Echo during the '70s and '80s was the only source of national and local news to CLU students because there were no other publications available on campus.

She said The Echo offices were spread all over campus.

For instance, the headquarters for The Echo back in the day was located in the Student Union Building.

The staff also had to typeset

the issue where the Welcome Center is today.

Another interesting fact about the early years of The Echo is that all issues were printed by the Thousand Oaks News Chronicle, which is now the Ventura County Star, in a building on Thousand Oaks Boulevard where the 24-Hour Fitness building is now.

Reaves also expressed how the staff had to do everything manually when creating issues for The Echo like doing layouts by hand.

"Doing it by hand, it was delightful," she said sarcastically.

An interesting freeze frame of time during the history of The Echo was during the politically charged period of time during the Vietnam War.

Reaves expressed how The Echo was very involved in the anti-war protest in Thousand Oaks during that turbulent time.

She distinctly remembers when The Echo covered and was involved in an anti-war walk that was held on Moorpark Road back in the '70s, which was completely closed off by police just for

the protest.

The April Fool's Day issue was still as popular then as it is today with roots back in the '70s.

A very interesting fact about these previous April Fool's Day issues of the past was that they were often sponsored by the local Sperm Bank.

So the next time you have to choose between the various publications that are offered at CLU to read before class or maybe even during class choose, The Echo.

It has a richer history than you may think.



Dr. Ellis Jones discusses how to be more environmentally and socially responsible.

Photo courtesy of Eric Hagen

# A better world starts with us

By Kelsey McBride  
Echo Staff Writer

Students were encouraged to make a positive difference in the world by changing some of their daily actions by Dr. Ellis Jones when he spoke to an Earth Day audience at Samuelson Chapel.

Jones, author of "The Better World Handbook" and "The Better World Shopping Guide," spoke on "bringing social change down to earth."

He highlighted some main points from his books on social responsibility of the general public.

"It's all about individuals and having them take action in their own lives," Jones said.

In our everyday existence, people can make an impact in our world by creating social sustainable changes. He emphasized how small changes can make a big difference from how a person spends his or her money to riding a bike to work.

Jones outlined five important steps one should make in order to make a change. First, articulate a personal vision of a better world. Second, seek out quality information about global problems. Third, uncover practical options for action. Fourth, act in line with values. The fifth step is to recognize limits. Following these steps will help one have hope and do something about a certain global problem.

He also explained the seven foundations for a better world. These include economic fairness, comprehensive peace, ecological sustainability, deep democracy, social justice, simple living and revitalized community.

Jones conducted extensive research on commonly purchased products and rated them from A to F, like an academic scale, based on their records of social and environmental responsibility over the last twenty years.

He put all of his findings together and created "The Better World Shopping Guide." The book contains household items, clothing, groceries, gas, electronics and more. It is small enough to keep in a pocket and ranks every product on the shelf from A to Z.

It is a great tool to carry around when shopping as a reference to how the product is rated in sustainability. This is a perfect example of a small change that a consumer can implement in their daily life to make a big difference in the world.

Jones asked the audience "What kind of impact does your dollar have?"

Not many people are aware that the products they purchase have a major impact on the world and every dollar makes a difference.

"It is important to know where all the goods you are buying come from," senior Allyson Hallam said. "We have a lot of power when we buy products, so choosing a product that we have researched and can rely on to make sustainable choices is a great step we can take to make a difference."

The top 10 companies based on their overall records of social and environmental responsibility are Seventh Generation, Working Assets, Eden Foods, Organic Valley, Clif Bar, Honest Tea, Patagonia, Tom's of Maine, Ben and Jerry's and Aveda.

"I have actually read both of his books. 'His Better World

Handbook" was assigned to me in one of my sociology courses and I have read his second book because it is a quick read with really valuable information," Hallam said.

"I would definitely recommend his books to other students because they are so accessible. What Dr. Jones does in a great way is to provide academic research and ideas to people in an interesting and understandable way."

Jones discussed the many different hats that he wears as an activist, sociologist, teacher and author.

He joined the Peace Corps where he spent two years in Panama doing environmental education where he gained his passion for teaching. He said that it was a wonderful experience and recommends it to everyone.

Jones gives presentations across the country and teaches sociology at UC Davis.

"I'm dedicated to bringing sociology to a public forum," he said.

He gave students advice on making a personal change, instructing that each person should make a small change in their daily life for something they are personally passionate about fixing.

His book on iTunes and can be read right from an iPhone. This allows you to access it while shopping to see how a certain food or clothing store is rated in sustainability before making a purchase.

Alpha Kappa Delta (AKD), the International Sociology Honor Society, sponsored the event. The aim of AKD is to investigate humanity for the purpose of service.

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## Around the Campus

<b>WEDNESDAY</b> April 29	<b>THURSDAY</b> April 30	<b>FRIDAY</b> May 1	<b>SATURDAY</b> May 2
<b>Holocaust Remembrance Service</b> 10 a.m. Samuelson Chapel  <b>Common Ground</b> 9 p.m. Samuelson Chapel  <b>The Need: <i>Carly Escoto</i></b> 10:10 p.m. SUB	<b>Festival of Scholars</b> All Day, Campuswide  <b>Into the Woods</b> 7:30 p.m. T.O. Civic Arts Plaza	<b>Festival of Scholars</b> All Day, Campuswide  <b>CLU on the Road: Santa Barbara Zoo</b> 10 a.m. Santa Barbara  <b>Into the Woods</b> 7:30 p.m. T.O. Civic Arts Plaza	<b>Into the Woods</b> 7:30 p.m. T.O. Civic Arts Plaza  
<b>SUNDAY</b> May 3	<b>MONDAY</b> May 4	<b>TUESDAY</b> May 5	<b>NEXT WEEK ON CAMPUS</b>
<b>Lord of Life Student Congregation</b> 6:15 p.m. Samuelson Chapel  <b>Into the Woods</b> 7:30 p.m. T.O. Civic Arts Plaza	<b>Peter Tokofsky, Art and Memorials: The Aesthetics of Remembering</b> 5 p.m. Nygreen Hall, Room 3	<b>Celebration of Service</b> 6:30 p.m. Samuelson Chapel  	<b>Trash 2 Treasure</b> May 11 - May 15 Near your residence hall  

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### SESSION DATES

Session 1: May 26 - August 18  
Session 2: May 26 - July 7  
Session 3: July 8 - August 18

Registration Begins April 14

# Student display documents 24 hours

Multimedia students highlight the CLU campus, Thousand Oaks and Los Angeles with Project 24

By Michelle Schwartz  
Echo Staff Writer

Last week the halls of the Humanities building were suddenly filled with more than 20 banners displaying pictures and maps of CLU, Thousand Oaks and Los Angeles.

This gallery is called Project 24 and all the students in the advanced multimedia class put it on. Multimedia students do this project every year, but it always looks completely different.

The project displays CLU, T.O. and L.A. in a 24-hour span. In shifts, the students took a video camera and a digital SLR camera out

around all three areas for a full 24 hours. The main idea of this project is to show a full day in the life of each location.

Students have been working on this project since the fall of 2008. Senior multimedia major Travis Sidebotham was in charge of putting together the gallery. He was asked to take over this necessary job by multimedia instructor, Dan Restuccio.

Sidebotham's gallery assistant was Hannah

Dinsmore.

Sidebotham and Dinsmore worked together to design the banners, organize hundreds of pictures, design maps and create a story within each banner.

"I wanted to give each banner not only a story, but a great design," Sidebotham said. "In the past there weren't always the most interesting background on the banners, so I tried to make each one unique and iconic."

Project 24 isn't just displayed

in the art gallery. A coffee table book was also made for the project. Junior Chase Hamano was assigned to take over the production of the book.

"The most enjoyable part of this project was seeing it all come together."

— Travis Sidebotham

This year the book will not only have pictures but stories as well. Each student in the multimedia class will contribute his or her own story and pictures. Although Project 24 has been going on for several years, this will be the first year it will have a third element: a Web site, <http://cluproject24.com>.

Because of his interest in Web design, junior Erik Mathre was put in charge of building the Web site.

"I have been working on

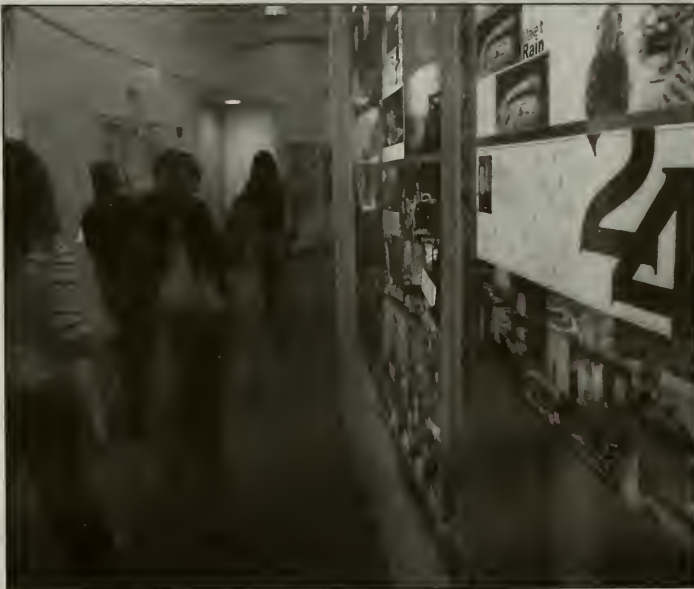


Photo by Doug Barnett

Students observe the walls in the Humanities building, which are adorned with work from Project 24.

the Web site since a week before the [spring] semester started. I have probably put in an average of 15 hours a week just getting things to fit perfectly," Mathre said. "I did not have any help building the Web site from any other students, but I did get some consulting from the Web masters of CLU, Erik Hagen

and Art Miller."

Overall, all students said they enjoyed working on this project. Although it was very time consuming and at some points very challenging, they all said it was worth it.

"The most enjoyable part of this project was seeing it all come together last week," Sidebotham said. "With

the help of CLU's printing services and a handful of classmates, it came together better than I could have ever imagined."

"I do enjoy the work on the project because I know it will help me with new projects and it has really made me work hard for the achievement of completion," Mathre said.

## Accomplished composer performs at CLU

Composer Eric Whitacre and soprano Hila Plitman perform for CLU presidential inauguration

By Emily Peterson  
Echo Staff Writer

The CLU Chapel was packed full of community members and students, waiting in anticipation of the amazing musical talents of Eric Whitacre and Hila Plitmann who performed for the seventh annual music concert on Friday.

Whitacre is a composer, conductor and lecturer. Soprano Hila Plitmann was featured at this concert along with the CLU Choral Ensembles. The audience was anxious to hear the new pieces presented at the concert.

"Eric Whitacre is a big inspiration and I am excited he is visiting CLU," senior Adam Erickson said.

Whitacre had no professional training before the age of 18, when he attended the

University of Arizona.

Plitmann started singing when she was in high school and she enjoys working with contemporary music that has been composed within the last century. Her style and techniques serve as an inspirational listening experience.

Whitacre and Plitmann attended Juliard School of Music where they met and have been married for more than 11 years. During the introduction of the concert, Whitacre mentioned that many of their songs are beautiful and personal poems that act as snapshots of how they were when the two artists starting dating.

Freshman

Kelsey Blassingham said that she is "glad CLU offers these sorts of events where students are able to come support the show."

Musical events are beneficial at universities because they allow students to be exposed to many different genres of music and composer styles which would otherwise be overlooked by most college students.

"I sang Eric Whitacre's song called 'Sleep' my senior year of high school, so it is good to finally be able to see him in person," said Kelly Fry, a junior and former singer in the CLU choir.

The concert was presented in conjunction with the inauguration of Dr. Chris Kimball, new university

president. His presence at the concert was acknowledged and appreciated by students and the local community.

"Eric Whitacre is a big inspiration...I am excited he is visiting CLU."

— Adam Erickson

## THE ECHO

California Lutheran University  
2008-2009

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# Nothing can stop senior Stevens' spirit

By Mayan White  
Special to The Echo

Senior Michelle Stevens stays responsible and tests herself regularly. She plans ahead for low blood sugars by carrying juice and a snack. If she has an extra snack, she shares with hungry friends.

Stevens has a sweet tooth but she doses for it with the proper amount of insulin based on the carbohydrates. The same goes for all food she consumes. She exercises as much as her schedule allows because it helps stabilize her blood sugar, even into the next day.

One of the 23.6 million people in the U.S. who has been diagnosed with diabetes, Stevens will graduate from CLU with a bachelor's in exercise science and sports medicine with an emphasis in human performance and study and volunteer in Lima, Peru, in June. Stevens will continue her education at George Washington University to earn a master of exercise science in clinical exercise physiology.

While anticipating Christmas,

as most 5-year-olds do, she remembers losing a lot of weight and feeling very dehydrated, even though she was constantly drinking water.

"This was my body's way of dealing with my high blood sugar due to a lack of insulin being produced," Stevens said.

"I got really sick at the kindergarten Christmas party and when my parents came home from work I was so weak I couldn't lift myself from the

couch."

She calls it staying proactive, but anyone who takes a look at her schedule would need to borrow a few of her snacks to have the energy to keep up with

"People with that much energy and passion are hard to come by...[Stevens] brings out the best in people."

— Amanda Whealon

her.

"Michelle is aware of how being involved at school enhances her whole experience here," fellow student Jessica Kolstad said.

This year she was member of CLU's Orientation Staff, a member of the University Hearing Board, CLU choir and inner tube water polo team.

This fall, she started the Swing N' Lindy Club, was a Wellness intern in the Student Life

office, and participated with the Community Service Center's Justice on the Border trip.

"People with that much energy and passion are hard to come by," said Amanda Whealon, coordinator of Student Leadership and Programs. "She brings out the best in people."

However busy Stevens gets at CLU, supporting others with diabetes never takes a backseat.

"I have been blessed with a strong social network of diabetics. I was a camper for 10 summers at Camp Conrad Chinnock in Angelus Oaks (San Bernardino County). Some of my best friends were campers with me. Some of us are on staff together now."

Along with camp, she has also been involved with Pediatric Adolescent Diabetes Research and Education Foundation,

which allows her to stay in contact with campers, staff members and other diabetics throughout the year through monthly social events.

With all she has accomplished so far, the disease can't seem to get in her way.

"Diabetes can be serious, but we always joke around and have fun," Stevens said. "It's the best way to deal with it."

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# Music Column: Iron and Wine

By Desiree D'Arienzo  
Echo Staff Writer

Friedrich Nietzsche once said, "without music life would be a mistake." Nietzsche was a man of many words and his ideas were so post-modernistic. Music, when it's good, can evoke the same message with its sound. At this point in time it's not about moving forward. It's about moving back in time, creating something different while still recognizing the past. See, right now the music of today has been getting inspiration from the past or recreating songs of the past. Either way, the past is where music is heading. I love when artists have a new take on an old idea. For instance, the next artist that I will be featuring is putting his own indie spin on folk music. His organic attitude and literary eloquence brings out a mesmerizing sound that people should not ignore. So, enjoy and please go listen to Iron and Wine. Besos!

## Artist to Watch: Iron and Wine

Iron and Wine is the stage and recording name for Samuel Beam. His music career has consisted of many albums under the Iron and Wine title, a variety of singles and an entire EP collaboration with Calexico.

Beam is an extremely talented musician and well-established songwriter. He plays the guitar, banjo and a couple other instruments, which are all in some way included in his records. Beam's lyrics are unique and his sound is quite distinct in its own respect. Iron and Wine's music has

been compared to that of Elliott Smith and Simon and Garfunkel. Their albums are innovative and theme-driven accounts of Beam's experience and thought.

In 2002, Iron and Wine released its first album, "The Creek Drank the Cradle." This album was a gem in a sea of washed out records from artists that seemed not to stand out. Beam recorded the entire album in his home studio.

"Lion's Mane" is an epic song that to this day is still one of my favorites by Iron and Wine. The ballad is outstanding, although some can be thrown off by his old sound.

He followed up with the release of "The Sea and The Rhythm." This EP could almost be considered an extension of "The Creek Drank the Cradle" due to the sound being so reminiscent of it.

Then in 2004, Iron and Wine released "Our Endless Numbered Days" that was recorded in an actual professional studio.

The album was still highly focused on the acoustic sound, but a new sound emerged upon the addition of other members.

"The Shepherd's Dog" was the next album to be released. This album was released in 2007 and was a phenomenal album with an undeniable following.

Beam has also been asked to feature his songs on several soundtracks. Garden State was the first soundtrack he was featured on for his cover of The Postal Service's song "Such Great Heights."

The Iron and Wine single "Naked as We Came" was featured in shows like "The L Word" and "Grey's Anatomy."

Other songs were featured in "One Tree Hill," the movie "In Good Company," the Bob Dylan-based movie "I'm Not There" and "Twilight."

The song "Flightless Bird, American Mouth" is the selection made for the "Twilight" soundtrack and let me tell you it is hands down one of the most beautifully-disturbing songs that I have ever heard. The song is written in waltz tempo and the lyrics on top of that create this awkwardly satisfying song. It is raw and full of passion. That's what I love in a song.

Iron and Wine has performed many shows including Bonnaroo in 2005. Iron and Wine in that sense has the ability to reach people through music. Beam is an extraordinary artist and deserves to be out spreading his art to everyone who will listen.

So, enjoy his music and remember what Nietzsche said, "without music life would be a mistake."

Favorite Iron and Wine Songs:  
"Flightless Bird, American Mouth"  
and "Such Great Heights"

Favorite Iron and Wine Album:  
"The Creek Drank the Cradle"

## Upcoming Shows:

May

6 - Iron and Wine, San Francisco,  
(Swedish American Hall)

7 - Iron and Wine, San Francisco,  
(Swedish American Hall)

8 - Iron and Wine, Los Angeles,  
(Masonic Hall)

9 - Iron and Wine, Los Angeles

# Campus Quotes

"What advice do you have for graduating seniors?"



"Good luck finding a job!"

-Sophomore  
Anthony Williams

"Stay in school as long as you can."

-Junior  
Chris Hertz



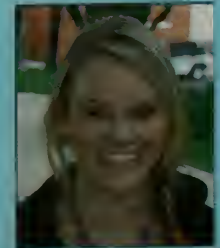
"Take a year off."

-Freshman  
Jamie Donnelly



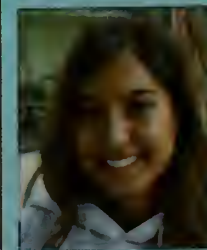
"Make a lot of money."

-Freshman  
Alana Boyd



"Don't have kids too soon."

-Freshman  
Laju Choudhury



# The Fashion Plate: A well-balanced serving each week

By Heather Taylor  
Echo Staff Writer

## All the buzz

If you have been past the storefront windows of Anthropologie lately, you may have noticed handmade hives and bottles of honey on display alongside the mannequins. From Rockefeller Center to San Jose, this is not a new nationwide fashion campaign for the store.

Anthropologie is celebrating Earth Day by raising awareness of the decline of the honey bee. Since 2006, a phenomenon called Colony Collapse Disorder has led to the death of over a third of honeybees in the United States.

The loss of the honeybee affects fruit and vegetable crops, nuts and spices including cinnamon. With no real cause behind the disorder, scientists are searching for the reasons behind the loss of the bees.

Edun, an online eco-friendly clothing site founded by Ali Hewson and Bono, will team up with Anthropologie to create "bee tees," graphic T-shirts made of 100 percent organic cotton. Available at select Anthropologie locations, the shirts will spread recognition about the disappearing honeybees.

Now that's sweet.

## The bows and the bees

Every now and then, a girl's gotta channel her inner Blair Waldorf.

Portrayed by Leighton Meester on Gossip Girl, Blair schemes to get what she wants without any regard to how it will affect others. And she does it all impeccably dressed with her signature headbands.

Forever 21 has the corner on decadent headbands in rich teal silks and classic black satin. With additional adornments like flowers and pearls, you can turn an outfit on its ear just by sliding a headband on. I recommend any with striking shades for a pop of color or headbands with veils attached for '40s pinup glam.

If you crave a bow instead, Keira is the place to be. At [www.keira.uk.com](http://www.keira.uk.com), leather hair bows in gold and metallic pink are sold alongside the ankle bow, a bow meant to be worn around your ankle that can take any shoe and accentuate it up big time.

Established by Edinburgh College of Art graduate Keira Thorley, Keira holds the philosophy of creating looks that are strong and feminine while remaining beautiful. Marilyn

Monroe and Bettie Page are among two of the ladies who have inspired Keira's collections and soon to include a one Miss Blair Waldorf on that list.

## Hostess with the mostess

I've got a confession to make. I'm a dunce in the kitchen. While my friends are making four course meals entirely from scratch, I'm toasting a tray of Pop Tarts and breaking them apart in an attempt to look like I've been baking.

Chef supreme or Chef Boyardee, with the aprons in Elizabeth Skokin's Haute Hostess line, one can perfect the look of the cocktail hostess anytime.

Three different lines are in the collection. Glam It Up are the classic aprons available in a wide variety of hues with names like Fifi and Mimi. Glam It Up Luxe takes the apron to the next step with patterns, ribbons and glitter detailing.

Give Me Sugar is the only collection with the aprons styled to the waist only for special occasions like Halloween and Sorority Girl.

These aprons are all 50 percent off on the site for a limited time so be sure to catch one before they're gone.

# Go get Stuff

Great food at incredible prices make it perfect for students

You may only know Stuff Bar and Grill for its amazingly cheap Stuff sticks or a pint of its Honey Blonde beer, but the restaurant does so much more for the students of CLU and the local community than merely fill our stomach without emptying our wallets.

Some of you have perhaps attended the mixers at Stuff Pizza this year for CLU's lacrosse team.

With the help of Stuff, the team was able to buy real uniforms for the first time.

"We looked a lot better than ever before because our uniforms matched and fit everyone the way a uniform is supposed to," said Ben Streeter of the lacrosse team. "I think the uniforms also sparked something in us. Since the minute we opened to the box to the end of the season, the men's lacrosse team has never done better."

The owners of Stuff, TJ Patel and Raj Gujral, feel it's extremely important to get involved with CLU because of the culture of college.

"We want students to find another place to feel at home," Patel said.

"We like to give students special discounts because we know they can't afford expensive prices."

You might be familiar with four dollar Stuff sticks on Mondays, 25 percent off with college IDs on Thursdays and the everyday happy hour prices from 3 to 6 p.m.

All of these great deals are designed to give college students a fun place to hang out at prices they can afford.

Now with the addition of a full bar, Stuff has extended these discounts and mixed drinks can be purchased during happy hours seven days a week for around four dollars.

Gujral and Patel also catered the Go For Green Concert at CLU this year, offered sponsorships for Admitted Student's Day and Freshmen Orientation Week and raised funds for Rwanda relief as well.

In addition to its many

charitable partnerships and donations to the university, Stuff also feeds the starving editors of The Echo every Monday as we put together that week's issues in exchange for one small advertisement in the paper.

The owners of Stuff don't only reach out to CLU, the list of local organizations they have sponsored is endless.

The Salvation Army, AIDS relief for African youth, the local Kiwanis, Conejo Valley Little League, Thousand Oaks Baseball Booster Club, Military Veterans, Westlake Village Junior Women's Club and many more.

"Raj and TJ own a local business that is trying to do things

for the community just as a big corporate business does, and in this economy I think that says a lot," Streeter said.

Many CLU students showed their support for Stuff Bar and Grill when it petitioned to get a liquor license in recent months.

By writing letters and showing up at the hearing, students sent a clear message that they wanted to help the restaurant they love so much.

"We wanted a liquor license to be competitive in the market with the downturn in the economy," Patel said.

"We want our customers to have more variety and we don't want to lose business because of limited options."

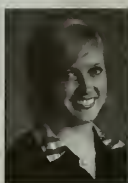
Stuff Bar and Grill plans to do many more events with CLU in the coming years including a lacrosse formal coming up in May.

If you haven't visited Stuff Pizza, you must stop by for a beer, wings, pizza or maybe even a mixed drink from its newly-stocked full bar.



The food is great, the drinks are awesome and the prices are even better.

Plus, with televisions everywhere you turn, it is hard to miss a single sporting event. So the next time you're bored, grab your friends and head over.

You are sure to have a great time and leave pleasantly Stuff.



Candice Cerro  
Editor in Chief

**Stuft**  
BAR & GRILL

presents

## Cinco de Mayo

May 5th 2009 4 p.m.

**\$.50 Habanero Wings**  
**\$2 Chicken Tacos**  
**\$3 Coronas**  
**\$4 House Margaritas**  
**\$5 Cadillac Margaritas**

**\*\*\*CINCO DE MAYO SPECIAL\*\*\***  
**Try our new mexican pizza**

# Beth knows best

Sometimes your gut instinct is the best advice

The new phenomenon, a craze if you will, is "Britain's Got Talent." It begins with a 47-year-old woman named Susan Boyle.

Strange woman with an amazing voice.

I mean I had no idea. First I see her on the news, then youtube, now everyone is asking more about her.

From never been kissed, to her appearance, you name it, it's being asked.

When she started singing "I've Dreamed a Dream" from "Les Miserables," I almost cried. What a beautiful voice!

Then the 12-year-old wonder, Shaheen Jafargholi, he came out singing Amy Winehouse. But then Simon Cowell stopped him and asked him to sing another song.

His Michael Jackson song was amazing. He has a great future ahead of him.

Now, I have known this show existed and youtube it from time to time, but never as much as I do now.

If you have some time, scratch that, make time to watch some more "Britain's Got Talent."

Watch Flawless, an amazing dance crew, Good Evans, a family singing group and Greek Irish Dancers who are just hilarious.

On a totally different subject, I want to answer some questions and leave you with some advice.

Some of you keep asking how I deal with not having my fiancé around all the time.

Well, it's hard, but you deal. I just try to keep myself busy and keep friends close.

We also keep in touch with Skype, e-mail, AIM and occasional short phone calls...those things make him seem a little closer and keep us involved with what's happening with each other.

Electronic Communication makes this relationship so much easier.

I even occasionally have him look over my papers and articles for The Echo.

There are some times when it feels almost easier to be more involved without having him here, as awful as that sounds.

I have more time to do things and spend with friends.

I wish be was here everyday, yet I know that's not an option.

So, we both try to make the best of it, cherish the times we do get to spend together, and look forward to a time when we'll be together more.

Finally, I'd like to give you some parting advice.

You don't always have to listen to people when they give you advice about your relationship, because who knows it better than yourself.

Sometimes a friend's advice is good, but sometimes you know better than your friend does what's best for you.

Remember, every relationship is different; just because something worked for someone else doesn't mean it will work for you.

I've enjoyed our time together in this column and hope you have, too.

Have a great end of the school year!



Beth Peters

# Four years isn't enough

As the spring semester nears its end, senioritis has started to set in for me.

And I'm not even graduating. However, at the same time, it makes sense that I should have this sudden lack of drive with less than three weeks to go.

Technically, I am part of the class of 2009.

Two years ago, I transferred to Cal Lutheran after spending two years at Moorpark College.

Yet, some of my classes didn't transfer along with me.

How was I supposed to know that advanced basket-weaving wouldn't count?

So I am part of the class of 2009. Fall 2009, that is.

Last fall, I decided to declare a minor in hopes that it would push me back another semester.

There's nothing wrong with graduating in the winter, but I decided that if I was going to be here for one more semester, I might as well make it one more year.

Even so, according to the Registrar's Office, I have 14.5 credits left to go.

So, next year, I will be somewhat of a fifth-year senior. And I'm cool with that.

I've already registered for my classes next semester, all three of them. 12 credits total.

I am determined not to finish on time.

And I'm very excited about it.

I think that might require a bit of an explanation.

Good thing too, because I still have more than 250 words to go on this bad boy.

Some students get really excited about finally graduating from college and going out into the real world.

But now is not the time to have that excitement.

I don't mean to be a Debbie Downer, but our economy is in the figurative toilet.

I'm excited that I do not have to enter the job market right now because this is a difficult time to get a career going.

To my friends who are graduating this year, I wish you the best of luck.

But I'll be around campus next year.

And that's something that I am looking forward to.

I don't know about you, but I love this university.

During the last two years, I have met some unforgettable people and have made lasting friendships.

People say to not have regrets, but personally, I do have some regret at not getting to spend

all four years of my post-high school education at CLU.

The fact that I get to spend one more year here is exciting to me.

Along with being a transfer student, I have been a commuter student for the past two years.

Growing up in Thousand Oaks, I've lived my entire life at home.

And while I have been a fairly involved student at CLU, one thing that I haven't been able to enjoy in my college life is living on campus.

Next year, I will get to experience that.

This is the one thing that I look forward to most of all.

I look forward to it most of all because I will be living in Mogen with my best friend.

All together now: "Awwww!"

As for this semester, this is the last regular issue of The Echo for the spring.

Next week will be the Grad edition.

And, in turn, this is my last column for you, my devoted,

loyal, would-jump-in-front-of-a-bus-to-save-me readers.

However, fret not.

If you so dearly desire another column from me at any time next year, feel free to let me know.

I shouldn't be too hard to spot.

I'm the conceited-looking guy.

**I** don't know about you, but I love this university. In the last two years, I have met some unforgettable people and have made lasting friendships.



Kevin Holt



Leslie Gerard

# Plan B for 17

Plan B, also known as "the morning after pill," is now available to 17-year-olds.

The Food and Drug Association (FDA) recently lowered the age from 18, in order to comply with a federal court judge's ruling, and the FDA says an appeal is not in the future.

Many people are arguing that Plan B should not be available to 17-year-olds without a prescription.

On the other hand, think it is good that young girls have access.

Plan B is not an abortion pill; it only prevents a girl from getting pregnant in the first place.

Plan B prevents a fertilized egg from attaching itself to the wall of the uterus.

Plan B is a set of two pills that can be taken within 72 hours of having unprotected sex and is basically a higher dosage of a regular birth control pill.

The pill does not interfere with an existing pregnancy and is shown to be highly effective.

Plan B lowers a woman's chances of getting pregnant by 89 percent.

Will sexual practices increase now that Plan B is offered over the counter?

I think this is the question on everyone's mind and no I don't believe it will.

First, I don't believe by giving 17-year-olds the opportunity to purchase Plan B, the sexual

activity rate will increase because those who are active will continue being active.

On the other side of the spectrum, those who do not engage in sexual activities most likely will not be persuaded because a new form of prevention is available.

My next point is the cost of Plan B.

It ranges from \$35 - \$60 per purchase.

I was 17-years-old when I got my first job, and I was not making enough money to be able to consistently buy something that cost that amount.

If a parent is giving his or her child that much money on a regular basis they should be questioning what the money is being used for,

and if the daughter is honest, then it is time to get a prescription for birth control.

Also, birth control costs less than Plan B.

I realize it's more of a hassle to have to take daily, but your saving money.

Finally, I think it is better that girls have this option rather than having to face parenthood.

Not all teens are thinking that they can have sex and then go out and buy the morning after pill, they now know that if something happens there is a back-up plan.

Teens are not capable of being parents, and if it lowers the percentage of teen pregnancies, then that fact alone makes the age change a wise choice.

# Saving the world with toilets

Every year around this time people start talking green.

For some it's because they're plotting on how to spend their tax refund, for others it's because of Earth Day.

Depending on who you talk to, a week ago, the nation celebrated either its 39<sup>th</sup> or 40<sup>th</sup> Earth Day on April 22.

Just as people rushed out and bought Prius to validate how environmentally conscious they were, so did people rush out to do something special for Earth Day.

What about the other 364 days out of the year?

Climate change, I don't like the term "global warming" (some areas are getting wetter and colder), is a very real threat for many of us on this blue marble.

So why then do we think about our environmental impact only on "Earth" day?

For some low-lying coastal areas and many island nations, sea level rise threatens to drown whole communities.

Other areas, i.e., California, face

the immediate threat of running out of water.

Due to population booms and to one of the worst droughts in recent years, California is facing a water crisis.

The other day on National Public Radio one of the hosts was interviewing a guest and asked what he thought was the worst invention civilization had ever come up with.

His answer shocked me somewhat, but upon explanation made total sense.

The response was something to the effect of "the toilet is the worst invention civilization has ever created."

The toilet? Really?

The guest justified his answer by asking what person, what civilization, would take perfectly drinkable, perfectly nourishing, life sustaining water and flush it down the drain with excrement?

What a waste. His answer makes total sense.

On a seemingly unrelated note, earlier this week I read a story on CNN.com about how a non-

profit in Los Angeles, TreePeople, is partnering with the Los Angeles Department of Water

and Power to install five large demonstration cisterns to collect rainwater from throughout the city and use it as irrigation and yes, flush toilets.

One of the founding members of TreePeople,

Andy Lipkis, estimates that L.A. "hemorrhages" 7.6 billion gallons of water when we get one inch of rain, and that with his five demonstration cisterns they'll be able to collect 1.25 million gallons of rainwater from one inch of rain.

That's a lot of toilet flushing. That's also a brilliant idea.

Otherwise the same rain that hits your roof runs down the street into the storm drains and carries with it all sorts of nasty stuff all the way to the ocean.

By collecting some of this cistern water and using it to flush your toilet, it gets treated before being discharged into the ocean.

Los Angeles uses a system of

horribly inefficient 100-year-old aqueducts to route water from the Eastern Sierras into the city.

According to Lipkis, 19 percent of the electricity and a full one-third of the natural gas the state uses are used to route water throughout the state.

Are cisterns

the solution?

Probably not the whole solution, but they're definitely part of the solution.

My point with all of this is Lipkis and many other innovators don't think about the environment, what impact they're having and what they can do better only on one day.

They spend the majority of their days doing that.

Maybe we should all be a bit more conscious as to how we use our natural resources and think about it more than one day out of the year.

Instead of Earth Day, make it Earth Year.

Or better yet, an Earth Lifetime.



Nathan Hoyt

## How to Respond

### Mail

Letters to the Editor  
Calif. Lutheran Univ.  
60 W. Olsen Rd. #3650  
Thousand Oaks, CA 91360

### Phone

(805) 493-3465

### E-mail

echo@callutheran.edu  
(preferred)

Letters to the editor are welcome on any topic related to CLU or to The Echo.

Letters must include the writer's name, year/position and major/department.

Letters are subject to editing for space and clarity.

## Why is the NFL draft so boring?

My interest in the NFL draft has been consistently diminishing over the past few years.

After sitting through hours of pre-draft speculation, not to mention the draft itself, I have decided to quit watching it entirely from now on.

As with most problems I have with sports, this can be blamed on that four-letter network based in Bristol, Connecticut.

ESPN did a great job of creating draft interest - one of many things ESPN did well in the

1990s. In this case, they decided to change something worthy of note into an entertainment extravaganza.

The main problem with turning news into this kind of entertainment is that ESPN must incessantly hype the draft to make sure it entertains sports fans.

I am no longer putting up with the hype overkill around this event that essentially boils down to someone announcing names at a podium.

Speaking of which, it baffles me that people go to watch the draft in person

ESPN had a five-hour pre-draft special - you know, to cover stuff it hadn't gotten to over the past several months.

On the first day, I saw ESPN bring out Stephanie Bell, who was called an "injury analyst/licensed physical therapist." Really?

Then again, this is the same network that let Emmitt Smith reinvent the English language for a couple years. If you haven't seen the YouTube clip where Smith says things like "committing pelaties"

and "rice of passage," you need to.

ESPN hypes the NFL draft the sake of hype, and hype must always be fed with more hype. For instance, I have never seen a reason for mock drafts to change from, say, the first week of April to draft day.

The combine and pro days have long since passed. What change in a prospect's talent profile causes him to rise or fall when nothing important has happened?

It's paralysis by analysis.

Could it be the seemingly endless mock-tell-you-drop updates are the

only things that could possibly justify the popularity of Mel Kiper Jr. and Todd McShay?

And how is it possible to give a team a grade on their draft picks hours after the draft?

There's absolutely no way any team deserves an A or an F until the draftees actually play on the field.

Don't get me wrong, though. I understand why the draft is so important. I understand what it means to the progression of a team.

Maybe some of this is due to the fact that there is a large group of fans that care more about what goes into building teams than the actual games.

Recruiting Web site star ratings are the college version of mock drafts and are just as wrongly used to judge good players and busts.

Those fans exist, and if that's what you like, that's fine.

To me, almost all of this is information based on conjecture, which isn't at all reliable.

One site already has a 2010 mock draft posted, with Tim Tebow being drafted by the Rams with the No. 2 pick.

God help us.



Cory Schuett

## Lacrosse season ends with controversial finish

By Jeff Shalem  
Echo Staff Writer

With an overall record of 6-4, the California Lutheran University Kingsmen Lacrosse team played their last game on Sunday, April 19<sup>th</sup> against Pepperdine University, one of the Kingsmen's biggest rivalries.

"We have rivalries with Pepperdine, Concordia and Occidental. We beat both Concordia and Occidental, but lost by one to Pepperdine, which was really tough on all of us," said co-captain Will Scarbrough, senior.

Even though the Kingsmen went out with a loss, they have achieved the two goals they made for themselves, doing better than a 500 season record and promote Stuft Pizza & Brew Co.

They can also look back on the huge victory over University of Irvine. According to Scarbrough, the Kingsmen would not have had a winning season without their goalie, Rudy Dini and Lane Dagher, who takes their face-offs.

However, the winning season and many accomplishments the Kingsmen made this season they were not able to participate in playoffs.

"I'm very disappointed that

we were disqualified from the playoffs, especially since it would have been the first time CLU lacrosse would make it to the postseason," said Gavin Ongsingco, senior. Many of the players are very upset about the season ending.

"I don't feel good at all about the season ending because the league wouldn't let us participate in the playoffs because we were on probation for not having a coach earlier in the season and any team that is on probation can't go any further than the regular season," said Lane Dagher, junior.

According to Dagher, it's hard to watch other teams advance to playoffs since the Kingsmen have come so far in the past couple of years.

"This team has gone such a long way since my first year playing lacrosse, four years ago. Other than improvements in skill, team chemistry was the best I have ever seen it this past season. The older members of the team really stuck it out to get this team to function as one unit," said Ongsingco.

Unfortunately, the majority of the players have played their last season and are graduating in May.

"I look forward to rebuilding

the team since everyone is graduating. It's going to be very interesting to see how the team does," said Dagher.

According to Scarbrough, the Kingsmen need a young roster and a new coach.

"Unless we get more players, the team won't have a full roster to field a team and the team will cease to exist. Unless we get a coach, the teams success will also plateau," said Scarbrough.

"Getting a coach is going to be the most important thing for next year. The returning players are going to have to get better and become leaders to recruit new guys and teach them how to play before it gets too late into the season," said Dagher on the upcoming season.

"That way we can have a winning season and the opportunity to make it to playoffs again."

Lacrosse has become a huge hobby for these Kingsmen players.

"CLU lacrosse is a group of guys who just like to play ball. When you watch the CLU lacrosse games, with some random person acting as a stand in coach, you will see that this is a team of self-motivated guys who just love to play ball and compete," said Ongsingco.

## Softball loses final games and hopes of playoff selection

### Regals miss playoffs by tie-breaker

By Melissa Conway  
Echo Staff Writer

Last Friday the Regals softball team played their last SCIAAC game against La Verne.

The pair of losses concluded the Regals softball team.

CLU was unable to obtain a win, losing the first one 8-0 in five inning run-ruled game and followed that with a 10-2 loss that was stopped after six innings.

Junior Emily Robertson was able to add to her record-setting this year, hitting a home run in the second game.

Robertson broke the school record for home runs in a season this year with 13 and

only watch on Saturday as Whittier College won its final two games and earned the fourth seed in the four-team SCIAAC Tournament.

The Regals came just short of being in the SCIAAC tournament.

It came down to CLU and Whittier they both had identical 11-13 records in SCIAAC play and tied for fourth place.

Unfortunately the Poets had a better record against the top three teams in the conference and were able to take the tiebreaker.

Cal Lutheran finished the 2009 campaign with a 23-17 overall mark and the 11-13 conference record in a season.

Fortunately, the Regals consist of freshmen, sophomores, and juniors so the squad will all be back next year and ready to go with new recruits coming in.

"I'm very confident for next year, we are very young and have amazing talent," sophomore Lizzie Novak said.

"Next year I see us dominating and being one of the top teams. We have the talent and intelligence as athletes and we have grown so much this year to be able to take it to the next season."

Robertson finished off her junior campaign with 11 home runs bringing her Regal career total to 24.

"I'm very confident for next year, we are very young and have amazing talent."

— Lizzie Novak

became the all-time leader in career homers at CLU with 23.

The CLU softball team could



Photo courtesy of Kevin Baxter

The Regals up to bat at their final SCIAAC game against La Verne.

# Football looks to fill voids

By Selase Amoaku  
Echo Staff Writer

The Kingsmen football team has big shoes to fill after losing 14 seniors, seven of them starters, but coaches are confident they can get it done.

Last season the Kingsmen football team finished second in SCIAC with a 7-2 record. They also had the No. 5 overall defense in the country. The team's two losses of the year came to two undefeated teams (Oxy, Willamette).

The big spots to fill will come from the defensive side as the Kingsmen lose All-American and SCIAC defensive player of the year, Jacob Calderon, all-SCIAC selection Clayton Cardenas, captain Ebere Winston, nose tackle Ian Freeman and nickel back Selase Amoaku.

However, the "black shirt" Kingsmen defense return six starters from the top-rated defense. Defensive lineman Sawyer Merrill, second team All-SCIAC selection Roland Jenkins and All-SCIAC and All-West Region selection Victor Edwards are expected to be huge contributors as well safeties Eric Lopes and Garrett Redd.

The defense is looking for quick fixes as scouts have recruited several community college athletes to fill positions of need.

"Nose tackle and defensive end are positions looking to get filled on the line as these positions are the hardest to fill in NCAA DIII football, so were looking for a good nose "guard," said Anthony Lugo, a second-year Assistant coach and defensive backs coach in the program.

"A Ventura College corner is looking to contribute right away with a blazing 4.4 speed and long arms as a person of high interest in the recruiting process, but nothing has been set in stone.

Linebackers are looking to sophomores Jake Norlock and Mike Azhocar to step up and join Roland Jenkins as the enforcers of the defense."

As for the offense, the Kingsmen have a majority of the core players returning, but have been hit with some significant losses.

CLU will graduate All-SCIAC selection wide receiver Danny Hernandez, spiritual leader Jesse Matlock and man-child Kyle Van Vales at the tight end position, but coaches feels that recruiting is going better than anticipated and young guys are looking to step up.

Returning starters include second team All-SCIAC selection Jericho Toilolo, running back Antoine Adams, All-SCIAC and All-West Region kicker Jackson Darron and a solid core of young linemen including center Matt Rosen, who started most of last season.

"We're returning tons of experience at all positions including receiver, but were still looking for that game breaker at either running back or wideout, but our success this year will mostly revolve around the chemistry and experience of the team," said Jericho Toilolo, Kingsmen two-year starting quarterback.

Even though a plethora of experience is leaving CLU, coaches and players alike are optimistic about what the future has in store for the Kingsmen. Inside sources say that spring training is progressing and athletes are already looking bigger and faster, a testament to the desire left behind from the graduating class and the expectations of the program.

"I'm hoping they can pull it off next season, expectations are high for them from what we did last season and I'm hoping some guys can come in and maintain that elevation of the program," said Cardenas.



Photo courtesy of Scott Chisholm

Senior Joy Cyprian contributed five goals to the Regals SCIAC title.

## Regals capture SCIAC crown

### Regals land spot in Division I Playoffs

By Tiffany Michaels  
Echo Staff Writer

The California Lutheran Regals water polo team came from behind and won the SCIAC championships for the first time in CLU history.

Cal Lutheran (19-12, 10-0 SCIAC) will play for the first time in the 2009 NCAA Championships that takes place May 8-10, at the University of Maryland.

After only six seasons, CLU coach Craig Rond brought his team to the victory and reached the crucial goal as a coach, to win a title.

On Sunday, in the conference title game the Regals won 8-7 over Pomona-Pitzer.

The Regals took the lead early in the game, 1-0, which was the

only lead they held until the last 2 minutes of regulation.

Pomona came right back to tie up the game.

The Sagehens pushed the lead to 4-2 by the first quarter, and 7-4 by the end of the first half.

During the second half CLU made an impressive comeback

and four steals.

Cyprian also scored two of the nine goals.

Juniors Butte and Lauren Bridges each had one goal.

Kelsey Bergemann added one goal to the score.

First year goalie Rachel Hahn made a total seven saves, and sophomore Bobby Sanders made five steals.

The Regals beat Caltech in the first round of the SCIAC tournament on Friday with a 7-0 victory and a team effort of six different Regals.

"We're a tight knit team," Gomez said.

"That's a key part in us winning SCIAC."

"We're a young team and you can bet we're only going to get better in the years to come."

— Gabriella Gomez

and held the Sagehens scoreless.

CLU scored one goal in the third quarter, bringing the score to 7-5 going into the fourth quarter.

Meredith Butte tied the game at 7-7, and Joy Cyprian won the game with a goal with just over two minutes left in regulation.

Cyprian had an impressive game with five goals, Ashley Bentz had two and Butte had one.

"This team deserved the win," Gabriella Gomez said. "We're a young team and you can bet we're only going to get better in years to come."

The Regals beat Redlands in the semi-finals on Saturday to earn their way into the finals with a final score of 9-5.

Junior Ashley Bentz led the team with four goals



Photo courtesy of Scott Chisholm

The Regals mark their place in history as SCIAC champs.



Photo by Eric Vaughn

The Kingsmen line works on the blocking for next season.

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# Baseball takes one of three from Sagehens

Kingsmen hope for at-large bid for post season

By Andrew Parrone  
Echo Staff Writer

After dropping two out of three games against SCIAC No. 1 Pomona-Pitzer, the Cal Lutheran baseball team can only make postseason as an at-large bid.

Though the Kingsmen played the Sagehens tough, they lost the first two games of the series, 8-7 and 8-5.

CLU was able to salvage the final game of the series, winning 10-7.

Their record now stands at 28-9 overall, 14-4 in conference play.

"Our guys felt confident going into the series and this last win will keep us that way."

— Marty Slimak

Pomona-Pitzer [33-4 overall, 17-1 in SCIAC], the third ranked team in the nation according to D3 baseball.com, now has

clinched at least a share of the SCIAC title and will receive the conference's automatic bid into the NCAA Division III baseball tournament.

The Kingsmen can make the playoffs as an at-large team if they are voted in the top six of the Western Region.

The team can help its cause with a strong series this weekend against Whittier College.

They travel to face the Poets [12-25 overall, 6-12 in SCIAC] on Friday, and host a doubleheader at George "Sparky" Anderson Field at Ullman Stadium on Saturday, starting at 11 am.

Head Coach Marty Slimak was pleased with the effort of his team despite the two tough losses.

"This was just a great three game series for both teams," he said.

"Both teams just played lights out. There was no give or take. Each game could have gone either way."

The first game was the closest of the series.

Senior Nick Reitz and junior Paul Hartmann each homered and had the Kingsmen up two runs late in the game, but Pomona answered with three runs in the eighth and stole the game.

"I think our whole team was there for the games," Hartmann said.

"Our intensity was great we just made a few mistakes. We were in every game, just a couple of times things did not go our way."

Juniors Jordan Ott and Chris Hertz each hit solo home runs in the first home game, but again the Sagehens scored eight runs and prevented the Kingsmen from taking the series.

The Kingsmen secured the win in the final game with a solid all-around effort.

Junior right-hander Chase Tigert pitched over six innings, gave up only four runs and picked up his seventh win of the season.

Ott and Reitz homered again and senior Nick Dingman picked up his fourth and fifth RBI of the series.

Though losing the series

"I still think we are better than them [P-P] in every aspect of the game though."

— Paul Hartmann

hurt, winning the final game took off some of the sting.



Photo by Maxx Buchanan

Kingsmen bats look to keep the offense strong when they face top-ranked Pomona-Pitzer.

"It was huge to get that last game because you never want to be swept, especially on your own field," Slimak said.

"Our guys felt confident going into the series and this last win will keep us that way."

Despite the outcome of the

series, the Kingsmen believe they can defeat anyone.

"I think offensively they were the best team we have faced because each of their players could hit well," Hartmann said.

"I still think we are better than them in every aspect of the game though."

## SCIAC Baseball Standings

	Conference	Overall
Pomona-Pitzer	17-1	33-4
Cal Lutheran	13-4	28-9
Redlands	12-6	23-14
La Verne	11-7	22-14
C-M-S	9-9	17-20
Whittier	6-12	12-25
Occidental	3-15	13-24
Caltech	0-18	2-24

## SCIAC Softball Standings

	Conference	Overall
Redlands	20-4	27-10
La Verne	16-8	27-13
C-M-S	15-9	26-12
Whittier	11-13	24-16
Cal Lutheran	11-13	23-17
Pomona-Pitzer	8-16	11-27
Occidental	3-21	14-23

## SCIAC Women's Water Polo Standings

	Conference	Overall
Cal Lutheran	SCIAC Champions	
Pomona-Pitzer	7-2	22-9
Occidental	6-3	16-11
Redlands	5-5	13-18
C-M-S	5-5	10-14
Whittier	2-6	9-18
La Verne	1-6	3-23
Cal Tech	0-9	0-16

For Games Through: April 27, 2009



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